

# CAMINO SEATTLE

A FOUR-WEEK PILGRIMAGE, JUNE 25—JULY 23, 2023

**SET YOUR WALKING AND PRAYER GOAL!** Everyone can determine their own mileage goal, based on their time and physical ability. **We suggest a goal of 60 miles or more** – the minimum to receive a *compostela* in Spain. You're also encouraged to bring your own special intentions to your walking, and to set a prayer goal as well. This might be saying a prayer as you set out, or offering a rosary or listening to a prayerful podcast as you walk.


**COLLECTING STAMPS** Each week, you can collect stamps to indicate your progress. A stamp station is available in the Cathedral Bookstore.



**CONCLUSION** Camino Seattle will conclude with the Feast of St. James, July 23, 2023. Please join in the celebration of St. James the Greater after the 10:00am and Noon Masses!

NAME: \_\_\_\_\_ GOAL: \_\_\_\_\_ MILES

**WEEK ONE June 25-July 1**

25	26	27	28	29	30	1	STAMP HERE 
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**WEEK TWO July 2-8**

2	3	4	5	6	7	8	STAMP HERE
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**WEEK THREE July 9-15**

9	10	11	12	13	14	15	STAMP HERE
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**WEEK FOUR July 16-22**

16	17	18	19	20	21	22	STAMP HERE
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