A photograph of a church interior. The upper portion shows a white wall with a quote in black, hand-drawn style lettering. Below the wall is a simple, rectangular marble altar. The background wall behind the altar is made of dark, textured stone. The entire image is framed by a thick yellow border.

WERE NOT OUR HEARTS
BURNING WITHIN US
WHILE HE SPOKE TO US
ON THE WAY AND OPENED
THE SCRIPTURES TO US?

ST. JAMES CATHEDRAL
The Third Sunday of Easter
April 19, 2026

From the Pastor's Desk | April 19, 2026

ST. JAMES CATHEDRAL | IMMACULATE CONCEPTION | CHRIST OUR HOPE

Dear Friends,
As we enter into this Third Week of Easter, we continue to unpack the mystery of how God creates new life through the death and resurrection of his Son, Jesus. In my Easter column I reflected on the pattern that is foundational to the Christian understanding of the meaning of life. Jesus is the model for that pattern of living, dying and rising. I shared how that pattern is also reflected in the reorganization for mission that is underway in our parish family and throughout the archdiocese, called Partners in the Gospel.

Our three vibrant faith communities of Immaculate Conception, Christ Our Hope and St. James Cathedral are in the midst of a kind of dying and rising. We are dying, or letting go of our current reality of three separate parishes and moving toward rising to a new life together as one single parish in three locations in the Central District, Downtown and on First Hill. There is loss in this as we will not be who we were. But there is also gain in our new life together.

As I have mentioned before, the remarkable commonality in what our three parishes value, namely, good liturgy, hospitality and outreach and advocacy for those in need, provides a firm foundation on which to build our new parish. This foundation allows us to live into the primary goal of Partners in the Gospel, namely equipping us even more effectively for mission.

A recent article in the Catholic Extension Society magazine names well this priority: "Great parishes are ones that are mission-focused as opposed to member-centered. Clubs are member-centered, but a Catholic community is meant to go out." Our three parishes have always focused on "going out." Our welcoming hospitality and our vibrant liturgies nourish us for the work God gives us outside of our church doors.

We certainly need to encounter the Lord in our lives. God is the center of all that is in our lives and in the life of the world. To foster our encounter with the Lord of life and to nourish our relationship with the One who created us, saved us, and accompanies us on our journey is crucial for parish life. The worship of God, primarily at Mass, is the heart and soul of fostering that encounter.

Like the disciples on the road to Emmaus though, that encounter with the Lord in dialogue and in the breaking of the bread, sends us out to



announce the good news. A vibrant parish life nourishes us for mission, for sharing the Good News, especially with those who are in need or hurting in any way.

We do this well in our parish family. All three of our parishes connect our encounter with Christ in the Eucharist with service to the poor and vulnerable. None of our three parishes are "clubs." We are mission focused. It is hard for me to put into words how grateful I am for our parish family and our priorities. As we move into the future, and toward becoming one parish, let us heed the Lord's words to the disciples after the resurrection, "Do not be afraid!" Yes, we are going to have to let go of an identity that is ours as three separate parishes. But the new life that is ahead for us and for those we serve in our new parish, will be worth it.

Yes, my friends, as we hear in today's Gospel from the disciples who encountered the Risen Christ on the road, "The Lord has truly been raised!" May our journey on the road of Partners in the Gospel help us to proclaim that Good News ever more effectively.

Wishing you the peace and joy of the Risen Lord!

Father Gary Lazzeroni
Pastor

ORDER OF CELEBRATION FOR

The Third Sunday of Easter

The Introductory Rites

PRELUDE

“Adagio” from *Symphony No. 5*
Charles-Marie Widor (1844–1937)

ENTRANCE

Come, ye faithful, raise the strain
GAUDEAMUS PARITER



1. Come, ye faith - ful, raise the strain Of tri - um - phant glad - ness;
 2. 'Tis the spring of souls to - day; Christ has burst the pris - on,
 3. Now the queen of sea - sons, bright With the day of splen - dor,
 4. Nei - ther could the gates of death, Nor the tomb's dark por - tal,
 5. “Al - le - lu - ia!” now we cry To our King im - mor - tal,



God has brought his Is - ra - el In - to joy from sad - ness;
 And from three days' sleep in death As a sun has ris - en;
 With the roy - al feast of feasts, Comes its joy to ren - der;
 Nor the watch - ers, nor the seal Hold him as a mor - tal;
 Who, tri - um - phant, burst the bars Of the tomb's dark por - tal;



Loosed from Phar - aoh's bit - ter yoke Ja - cob's sons and daugh - ters;
 All the win - ter of our sins, Long and dark is fly - ing
 Comes to glad - den faith - ful hearts Who with true af - fec - tion
 For to - day a - mong the Twelve Christ ap - peared be - stow - ing
 “Al - le - lu - ia!” with the Son, God the Fa - ther prais - ing;



Led them with un - moist - ened foot Through the Red Sea wa - ters.
 From his light, to whom we give Laud and praise un - dy - ing.
 Wel - comes in un - wea - ried strains Je - sus' res - ur - rec - tion.
 Last - ing peace which ev - er - more Pass - es hu - man know - ing.
 “Al - le - lu - ia!” yet a - gain To the Spir - it rais - ing.

RITE OF SPRINKLING WITH BAPTISMAL WATER

I saw water
Peter Latona (b. 1968)



I saw wa - ter flow - ing from the right side of the



Tem - ple, al - le - lu - ia, al - le - lu - ia.

GLORIA

New Mass for Congregations
Carroll Thomas Andrews (1918–2014)

Glo - ry to God in the high - est, and on earth peace to peo - ple of good will. We
praise you, we bless you, we a - dore you, we glo - ri - fy you, we give you thanks for
your great glo - ry, Lord God, heav'n - ly King, O God, al - mighty Fa - ther.

Choir or Cantor: LORD Jesus Christ, Only Begotten Son, LORD God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you a - lone are the Ho - ly One, you a - lone are the Lord,
you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it,
in the glo - ry of God the Fa - ther. A - - - - men.

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING

Acts 2:14, 22-23

RESPONSORIAL PSALM

Psalm 118
Michael Joncas (b. 1951)

Lord, you will show us the path of life.

SECOND READING

I Peter 1:17-21

ALLELUIA

chant, *O filii et filiae*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

Luke 24:13-35

HOMILY

Father Sylvester Chanda (Saturday 5:30pm)
Father Michael G. Ryan (Sunday 8:00am, 5:30pm)
Father Gary Lazzeroni (Sunday 10:00am, Noon)

PROFESSION OF FAITH *During Eastertide, we pray the Apostles' Creed*

I believe in God, the Father almighty, Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,

[ALL BOW]

who was conceived by the Holy Spirit
born of the Virgin Mary,

[ALL STAND UPRIGHT]

suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,

and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier (1923–1994)



Ky-ri - e, Ky-ri - e, Ky-ri - e e - le - i - son.

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE OFFERINGS

PROCESSION OF GIFTS Please follow the directions of the ushers and come forward to the altar with your offering. If you give online, you are still encouraged to participate in the procession!
Use one of the white envelopes in the pews and simply drop it in the basket.

Offertory (10:00)

King of glory, King of peace
T. Frederick Candlyn (1892–1964)

King of glory, King of peace, I will love Thee;
And, that love will never cease, I will move Thee.
Thou has granted my request, Thou hast heard me;
Thou didst note my working breast, Though hast spared me.

Wherefore with my utmost art I will sing Thee,
And the cream of all my heart I will bring Thee.
Though my sins against me cried, Thou didst clear me.
And alone, when they replied, Thou didst hear me.

Seven whole days, not one in seven, I will praise Thee:
In my heart, though not in heaven, I can raise Thee.
Small it is, in this poor sort To enroll Thee:
Eternity's too short To extol Thee.

George Herbert (1593–1633)

(Sunday evening)

Praise: Let all the earth
George Dyson (1883–1964)

SANCTUS

St. James Mass for Peace
Bern H. Herbolsheimer

Ho - ly, ho - ly, ho - ly Lord, God of hosts.
Heav'n and earth are full of your glo - ry. Ho - san - na in the high-est.
Bles - sed is he who comes in the name of the Lord. Ho -
san - na in the high-est, ho - san - na in the high-est.

MYSTERY OF FAITH

Bern H. Herbolsheimer

Save us, Sav - ior of the world, for by your
Cross and Re - sur - rec - tion you have set us free.

AMEN

Bern H. Herbolsheimer

A - men, A - men, A - men, A - - - men.

LORD'S PRAYER No. 246

AGNUS DEI

Bern H. Herbolsheimer

Response 1, 2

Have mer - cy on us.

Response 3

Grant us peace._____

COMMUNION

The Lord has risen and has appeared to Peter, alleluia.

Surrexit Dominus
Mode VI

(10:00)

Let all the world in every corner sing
Kenneth Leighton (1929-1988)

**When you return to your place after receiving Holy Communion, please KNEEL OR BE SEATED.
Low-gluten hosts are distributed at the credence table near the presider's chair.**



1. At the Lamb's high feast we sing Praise to our vic - to - rious King.
2. Where the Pas - chal blood is poured, Death's dark an - gel sheathes his sword;
3. East - er tri - umph, East - er joy, This a - lone can sin de - stroy;



Who has washed us in the tide Flow - ing from his pierc - ed side;
Is - rael's hosts tri - umph - ant go Through the wave that drowns the foe.
From sin's power, Lord, set us free New - born souls in you to be.



Praise we him, whose love di - vine Gives his sa - cred Blood for wine,
Praise we Christ, whose blood was shed, Pas - chal vic - tim, Pas - chal bread;
Fa - ther, who the crown shall give, Sa - vior, by whose death we live,



Gives his Bod - y for the feast, Christ the vic - tim, Christ the priest.
With sin - cer - i - ty and love Eat we man - na from a - bove.
Spir - it, guide through all our days, Three in One, your name we praise.

DISMISSAL

PROCESSION

Toccata in G Major
Théodore Dubois (1837–1924)

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Gary F. Lazzeroni

PAROCHIAL VICARS Rev. Francis Thumbi, Rev. Sylvester Chanda

PASTOR EMERITUS Very Reverend Michael G. Ryan

IN RESIDENCE Rev. Bryan Hersey, Rev. David Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, OCIA (Becoming Catholic) (206-654-4640)

Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION

Tami Kowal, Director of Children's Faith Formation (206-219-5822)

Tiffany Blanco, Faith Mentors & Faith Friends (206-619-0816)

Blake Steller, Youth & Young Adult Ministry (206-382-4530)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant (206-264-2082)

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Nathan Braxton, Marc Blasquez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director

Patrick Suhrbier, Legal Services Program Manager

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Legal Services Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Margaret Lynch, Weddings (206-382-4854)

Bev Mauser, Louise Mennella, Wedding Coordinators

Yanti Kapoyos, Funerals (206-382-4288)

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VEPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM

Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.

MARRIAGE

Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, Wedding Office, 206-382-4854.

ANOINTING of the SICK

In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death.

FUNERALS

for parishioners, Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES

The parish has several advocates ready to assist with marriage cases (commonly called 'annulments').

Information, Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE

Open weekdays 11-3 and after weekend Masses

CATHEDRAL COLUMBARIUM

Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN

serves dinner Monday to Friday, 4pm—4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS:

Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org

WELCOME TO OUR PARISH FAMILY

ST. JAMES CATHEDRAL

IMMACULATE CONCEPTION | CHRIST OUR HOPE

The Third Sunday of Easter April 19, 2026

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Please note that restrooms are located at the Terry and Marion entrance to the Cathedral (the Portico).*

ON THE COVER *Were not our hearts burning within us while he spoke to us on the way and opened the Scriptures to us?* Robbie Schneider, sculptor. Photo © Kevin Scott.

SUNDAY HOSPITALITY After the 10:00am Mass, gather in Cathedral Hall for banana ginger walnut muffins from Macrina Bakery, fruit, coffee, and the chance to visit with fellow parishioners.

ST VINCENT DE PAUL COLLECTION This is the Third Sunday of the Month! As you leave the Cathedral, the ushers will be at the doors to receive any offering you are able to make in support of our St. Vincent de Paul Society outreach to the poor and needy in our downtown neighborhood. Your support makes a tremendous difference! Thank you.



YOUTH MINISTRY LISTENING SESSIONS Blake Steller, our new Youth and Young Adult Director, invites parents and teens to a listening session to help shape the future of youth ministry in our parish family. Join us today, Sunday, April 19 at 1:15pm (after the noon Mass) or Thursday, April 30 at 7:00pm at the Pastoral Outreach Center. *Information or to RSVP*, bsteller@stjames-cathedral.org or 907-244-6683.

TALLIS SCHOLARS CONCERT WEDNESDAY, APRIL 22 AT 7:30PM Cappella Romana presents Peter Phillips and The Tallis Scholars in "Mysteries and Miracles," tracing the life of Christ in vivid motets by Gabrieli, Guerrero, Gallus, Tallis, de Victoria, and de Wert. Two pieces by Arvo Pärt complete the program. Tickets, <https://cappellaromana.org/concert/tallis-scholars/>. Pay-as-able parishioner passes are available at the parish office reception desk or through the music office.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish family of St. Joseph in Chehalis, St. Mary in Centralia, St. Francis Xavier in Toledo, and St. Yves in Harmony.*

CATHEDRAL SCHOLARSHIP PROGRAM A Catholic education is one of the most important gifts you can give your child. St. James Cathedral provides scholarships to Cathedral children attending the Rainbow Schools (St. Joseph, St. Therese, St. George, Holy Family Bilingual), and the Simperman Scholars Program provides scholarships to those attending O’Dea, Holy Names, Bishop Blanchet, or Kennedy Catholic. Scholarships are awarded annually to parish families who demonstrate financial need and are actively involved in the parish through their gift of time, talent, and treasure. **Applications for the 2026-2027 school year are due April 30, 2026.**

Information or to request an application, Patty Pruitt, 206-274-3108 or ppruitt@stjames-cathedral.org.

SENIOR SPRING SING-ALONG All St James Seniors are invited to a sing-along event and luncheon on Wednesday, April 29, 11am-1pm, we will sing familiar songs and then enjoy lunch together! Held in the Pastoral Outreach Center, 907 Columbia St. Registration required by April 24. *Information, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.*

MORNING MOBILITY ON FIRST SATURDAYS Morning Mobility is the first Saturday of every month, 11:00am-11:45am. Through 45 minutes of gentle, guided movements, you’ll improve flexibility, ease joint stiffness and muscle tightness, and learn mobility exercises you can continue practicing at home. No matter your age or fitness level, this class is perfect for anyone recovering from an injury, wanting to move more comfortably, or simply hoping to feel more energetic in daily life. The next session will be May 2. *Information or to RSVP, Blake Steller, 907-244-6683 or blake@stellercoaching.com.*

MONTHLY FOOT CARE CLINIC Seattle and King Co Public Health are offering free monthly foot clinics and blood pressure checks, first Wednesday of every month, 1-4pm, held at Pastoral Outreach Center, 907 Columbia St. The next session will be Wednesday, May 6. No registration required.

MENTAL HEALTH SUPPORT GROUP Held on the third Friday of every month, 10-11:30am, at the Pastoral Outreach Center, 907 Columbia St (enter at the gate). All are welcome for spiritual support; we offer prayer, support, and community. The next session will be Friday, May 15. *Information Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.*

IN OUR OWN VOICE PRESENTATION Attend this free 60-minute presentation by trained NAMI Seattle presenters living in recovery from mental health conditions, open to anyone who wants to learn more about mental health, Sponsored by the Mental Health and Wellness Ministry, Saturday, May 16, 11am-12pm, Pastoral Outreach Center. *Information, Anisa Ralls, aralls@stjames-cathedral.org or 206-382-4269*

SPIRITUAL SUPPORT RETREAT The Healing Power of Forgiveness, Saturday, May 23, 9am-4pm, Peace and Spirituality Center, 1663 Killarney Way, Bellevue. Free retreat sponsored by NAMI Eastside and led by Joe Stevens, Holy Family Church Kirkland. The day will focus on the importance of mind, body, and spirit in making one whole and healthy. We will reflect on the power of forgiveness in the healing process. Space is limited to 30. Registration required. *Information or to register, stevensfmly@msn.com.*

ST. JAMES IMMIGRANT ASSISTANCE (SJIA) Many of SJIA’s clients are lawful permanent residents who need additional, uniquely-tailored support as they take the necessary steps to successfully apply for U.S. citizenship. Clients often come to SJIA having had their path to citizenship delayed, sometimes for years, due to obstacles such as health issues and/or resource challenges that they have found difficult to overcome on their own. SJIA staff take the time necessary to identify and address the individual hurdles preventing a client from successfully naturalizing. This assistance comes in many forms. Requesting accommodations at immigration for health-related limitations; working closely with healthcare providers to prepare medically-necessary exemptions from language and civics exams; obtaining necessary records from courts and public agencies related to marriage, adoptions, identity, taxes and case records; and meeting with clients in the community when traveling outside of their homes is not possible are a few of the ways we provide individualized assistance to access and navigate the process of becoming a U.S. citizen successfully. If you or someone you know needs assistance in becoming a U.S. citizen or just needs help identifying community resources related to immigration, we can help. *Information, Patrick Suhrbier psuhrbier@stjames-cathedral.org or Laura Murton lmurton@stjames-cathedral.org, 206-382-4511.*

QUESTIONS ABOUT CATHOLICISM? Do you have questions about the Catholic faith? Are you new to Mass and wondering what it’s all about? Are you cautiously curious about the Church, or perhaps decidedly interested in becoming Catholic? *Information, John Marquez, 206-654-4640, jmarquez@stjames-cathedral.org.*

CATHEDRAL BOOKSTORE The Cathedral Bookstore is open weekdays 11am-3pm, and after each weekend Mass. Stop by for a wide selection of books, rosaries, medals, socks, stickers, as well as Cathedral souvenirs of all kinds. *Information, Maria Laughlin, mlaughlin@stjames-cathedral.org.*

ATTENTION YOUNG ADULTS Are you a young adult who desires to grow in your faith and help build something meaningful within our parish community? We are forming a young adult leadership team to help shape the future of young adult ministry across our parish family. If you’re interested in being part of this mission, I’d love to connect with you. *Information, Blake Steller, bsteller@stjames-cathedral.org or text 907-244-6683.*

Sacred Steps

REST IN PEACE Please pray for the repose of the souls of *Maryann Gray* and *Thomas Schafer*.

DAVID

A MAN AFTER GOD'S OWN HEART

SPRING BIBLE STUDY

Tuesday evenings,
April 21—May 26, 2026
7:00pm, Cathedral Hall

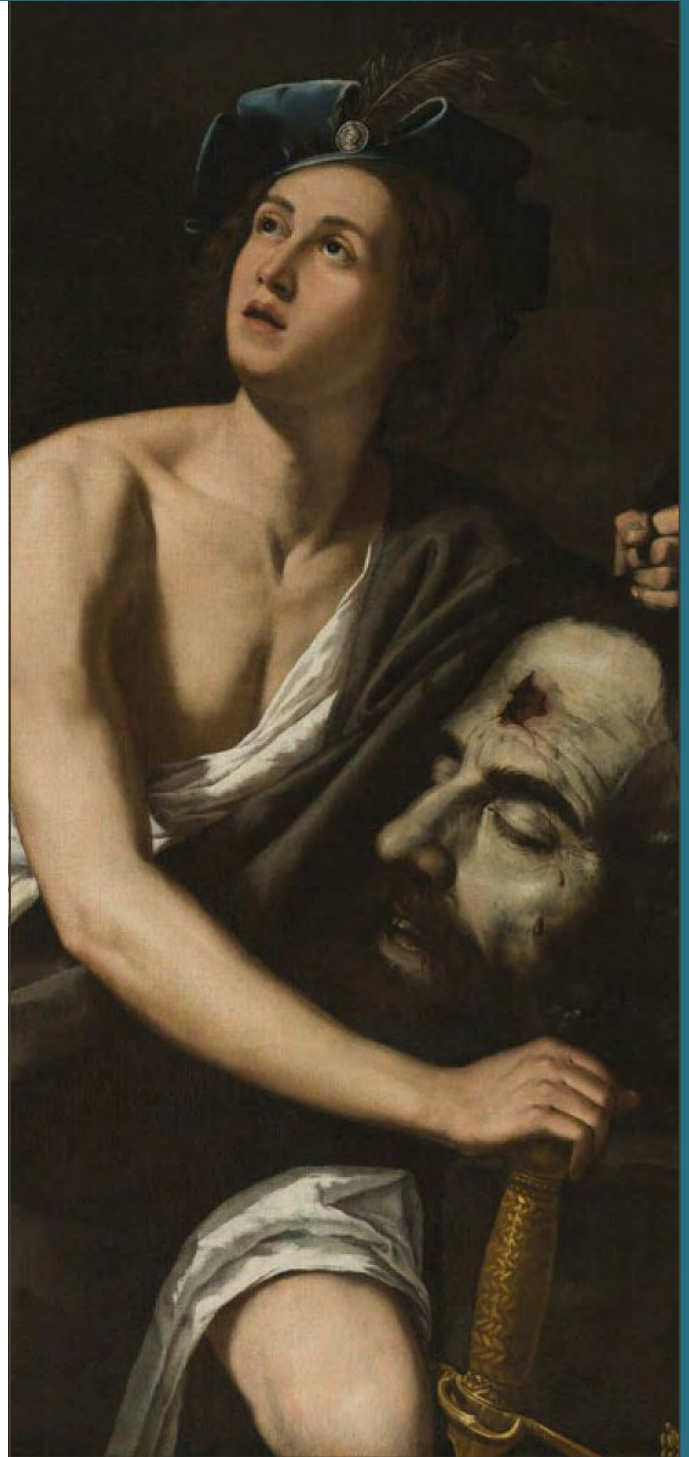
Director of Faith Formation
Dr. John Simpson will lead a six-
session study of the figure of
David in the Old Testament.

From the brave shepherd boy
to the imperfect king of Israel,
the sessions will explore David
and his story. The study will
meet on Tuesday evenings at
7:00pm beginning April 21.

All are welcome. Registration required.

Information and registration,
John Simpson, 206-274-3018 or
jsimpson@stjames-cathedral.org

*Art credit: David with the Head of Goliath.
Artemisia Gentilleschi, 1610.*



www.stjames-cathedral.org

2026 EARTH DAY SUMMIT

CARING FOR CREATION

Finding Common Ground

LAUDATO SI' MOVEMENT - WA

SATURDAY APRIL 25, 2026

8:30AM – 4:30PM

SEATTLE UNIVERSITY

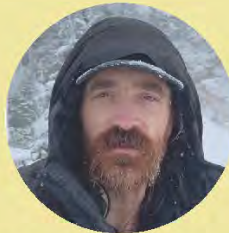
STUDENT CENTER LEROUX ROOM

Join us for a day of building bridges through love for creation with presenters representing diverse areas of specialty from across Washington State.



MORNING KEYNOTE

"Our Sacred Earth: The Care of Creation as a Spiritual Imperative" with Sr. Mimi Maloney, SNJM (Spokane), Sr. Mary Ellen Robinson, SNJM (Yakima), and Ms. Eleana Pawl (Seattle)



SPECIAL GUESTS

Daniel Harm,
Communications
Director for the
Center for Responsible
Forestry



Lynda Mapes,
retired Pulitzer
Prize-nominated
Environmental
Reporter for the
Seattle Times and
National Outdoor
Book Award Winner



Ashton Picard,
Vice-Chairman,
Nez Perce Tribal
Executive Committee,
and chair of the tribe's
Natural Resource
Subcommittee



Dick Warwick,
Cowboy Poet and
retired farmer of
eastern Washington

AFTERNOON BREAKOUT SESSIONS

- Going beyond nice: effective conversations on divisive topics
- Creating your parish Laudato Si' Action Plan
- A poetry writing workshop
- Protecting the Pacific Temperate Rainforest

REGISTER HERE:

bit.ly/annual-earth-day-summit-finding-common-ground



SPONSORED BY





Living in Authoritarian Times

Photo by [Meizhi Lang](#) on [Unsplash](#)

This workshop offers Catholic grounding, shared learning, and lived experience as we discern faithful responses to authoritarianism today — and explore the kinds of actions people can take.

PRESENTATIONS & LIVED EXPERIENCE PANEL

Saturday, May 2nd: 9:30 am – Noon
St. James Cathedral Hall (Columbia St.)

Presented by Pax Christi Seattle -
Parking available on street or at O'Dea High School Lot

SPEAKERS AND PANELISTS

Donna Teevan, PhD, Associate Professor, Seattle University's
Department of Theology and Religious Studies
"Church Teaching on Democracy, Freedom, and Tyranny"

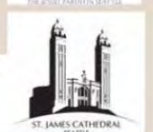


Sharon Spence-Wilcox, tenured Reference and Instruction
Librarian at Seattle Central College
"Understanding Authoritarianism and Autocracy."



Lived Experience Panel - Individuals who have lived under authoritarian regimes will share their experiences and highlight the kinds of actions people can take.

Sponsored by:



Security guidelines – no audio,
no video, no sharing of what
people have said on social
media

Register using QR code or
<https://forms.gle/FFLZHmbSbAdDLdwy8>
More info: paxchristi@stjosephparish.org



You are Invited to a SPRING FOREST THERAPY WALK



JOIN US!

Being in nature and experiencing the forest through our senses offers a world of delight – and it's good for our health! It's about slowing down, opening our senses, and feeling the beauty, relaxation and healing that nature has to offer.

- Everyone is welcome
- No experience necessary
- Slow-paced and gentle

An easy walk with many rests, 2 hours in total. Led by Dan Stroh, with the nonprofit organization Ancient Earth Outings. Dan is a forest therapy guide certified by the Association for Nature and Forest Therapy.

ancienteearthoutings.org

Our new series of forest therapy walks launches this Spring!

Two sessions offered:

- Sat, May 2, 2026, 10 am - 12 noon
Seward Park, Seattle
- Weds, June 10, 2026, 10 am - 12 noon
Washington Park Arboretum, Seattle

Space is limited; registration is required but there is no cost. To register or for additional information, please contact:

Anisa Ralls, (206)382-4269

aralls@stjames-cathedral.org

Sponsored by the Mental Health and Wellness Ministry, St. James Cathedral





CHOIR CAMP

INSTRUMENTS OF PEACE

AUGUST 17-21 & AUGUST 23

Jubilee Year of St. Francis



Choir Camp Registration is open!

Children and youth throughout the region are invited to register for Choir Camp at St. James this Jubilee year of St. Francis! Choir Camp is a fun and engaging week of prayer, musical instruction, singing, teamwork, and community outreach.

All are welcome to register regardless of your parish status or denomination. Tuition is \$150 per child. Scholarships are available: no child is turned away based upon financial need.

Eligibility

- All children/youth entering grades 1 through 8
- Unchanged (treble) voice
- Any level of singing experience is welcome



August 17-21 & August 23
Sing 10:00 AM Sunday Mass



9:00 AM - 4:00 PM daily
Doors open at 8:30 AM
Daily pick-up ends at 4:30 PM



St. James Cathedral
Cathedral Place
803 Terry Avenue



Scan the
QR code:

URL: [https://archseattle.ccbchurch.com/
goto/forms/7242/responses/new](https://archseattle.ccbchurch.com/goto/forms/7242/responses/new)

Contact: 206.382.4876
youthmusic@stjames-cathedral.org