



ST. JAMES CATHEDRAL
The Fourth Sunday of Lent
March 30, 2025

ORDER OF CELEBRATION FOR
The Fourth Sunday of Lent

THE SECOND SCRUTINY OF THE ELECT (10:00am)

PRELUDE

Rhapsody No. 1 in D-flat
Herbert Howells (1892–1983)

“Cantilene” from *Sonata No. 11 in D Minor*, op. 148
Josef Rheinberger (1839–1901)

INTROIT

Lætare, Ierusalem
chant, adapt. St. James Cathedral

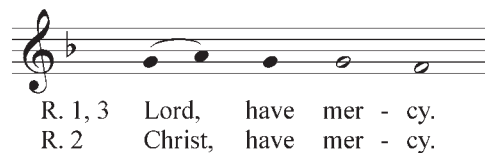


Re - jice, re - jice, Je - ru - sa - lem!

GREETING

PENITENTIAL ACT

chant, Vatican XVII, adapt.



R. 1, 3 Lord, have mer - cy.
R. 2 Christ, have mer - cy.

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

I Samuel 16:1b, 6-7, 10-13a

PSALM RESPONSE

Psalm 23
Dom Gregory Murray, OSB (1905-1992)



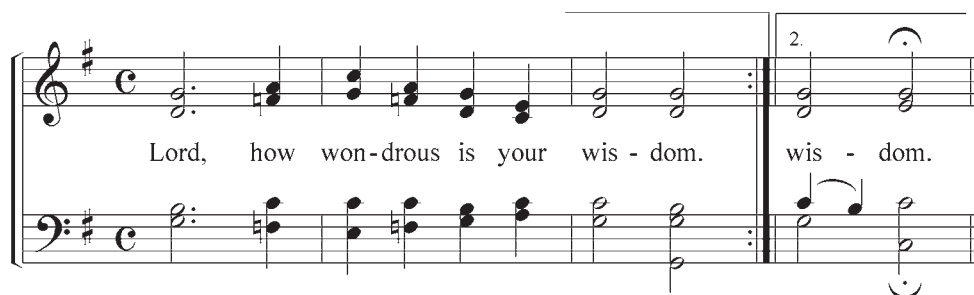
The Lord is my shep-herd, noth-ing shall I want: he
leads me by safe paths, noth-ing shall I fear.

SECOND READING

Romans 5:1-2, 5-8

TRACT

Thomas B. Stratman (1939–2008)



Lord, how won-drous is your wis - dom. wis - dom.

GOSPEL

John 9:1-41

HOMILY

Father Michael G. Ryan

PROFESSION OF FAITH (except Sunday 10:00am)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Second Scrutiny of the Elect (10:00am)

INTERCESSIONS

Litany of Saints

PRAYER OF EXORCISM

LAYING ON OF HANDS

Come open, Lord, the heart and ear
EISENACH

DISMISSAL OF THE ELECT (10:00)

Thomas B. Stratman

Choir "I give them life long and full,
ALL and I show them my power to save," says the Lord.

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

**PROCESSION OF GIFTS Please follow the directions of the ushers and come forward to the altar
with your offering. If you give online, you are still encouraged to participate in the procession!
Use one of the white envelopes in the pews and simply drop it in the basket.**

Offertory (10:00)

The Lord is my shepherd
John Rutter (b. 1945)

The Lord is my shepherd; therefore can I lack nothing.
He shall feed me in a green pasture, and lead me forth beside the waters of comfort.
He shall convert my soul and bring me forth in the paths of righteousness for his Name's sake.
Yea, though I walk through the valley of the shadow of death, I will fear no evil;
For thou art with me: Thy rod and thy staff comfort me.
Thou shalt prepare a table for me against them that trouble me:
Thou hast anointed my head with oil and my cup shall be full.
But thy loving kindness and mercy shall follow me all the days of my life
And I will dwell in the house of the Lord forever.

Psalm 23

Offertory (Noon)

The eyes of all
Richard Proulx (1937-2010)

The eyes of all look hopefully to you, O Lord, and you give them their food in due season.

Psalm 145

(Sunday evening)

Loving shepherd of thy sheep
Marie Pooler (1928-2013)

SANCTUS

Missa Deus genitor alme
Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt
 cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus
 qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MYSTERY OF FAITH

Roman Missal

When we eat this Bread and drink this Cup,
 we pro-claim your Death, O Lord, un-til you come a-gain.

AMEN

Christus vincit

A - men, A - men, A - - - men.

The Communion Rite

LORD'S PRAYER

AGNUS DEI

Vatican XVII

R. 1, 2 Mi-se-re-re no-bis.
 R. 3 Do-na no-bis pa-cem.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION PROCESSION

Hear us, Almighty Lord
ATTENDE DOMINE

Hear us, al-might-y Lord, show us your mer-cy;
 At-tén-de Dó-mi-ne, et mi-se-ré-re,
 Sin-ners we stand here be-fore you.
 Qui-a pec-cá-vi-mus tí-bi.

COMMUNION

Lutum fecit

Mode VI

The Lord made some clay with his spittle, and he spread it over my eyes;
and I went forth, I washed myself, I began to see, and I put my faith in God.

(10:00am)

Civitas sancti tui
William Byrd (c1540–1623)

Your holy city has become a wilderness.
Zion has become a wilderness, Jerusalem has been made desolate.

Isaiah 64:10

(Noon)

Be thou my vision
Dan Forrest (b. 1978)

Be thou my vision, O Lord of my heart, Naught be all else to me, save that thou art,
Thou my best thought, by day or by night, waking or sleeping, thy presence my light.

Traditional Irish hymn

Upon returning to your place after Holy Communion, please kneel or be seated.

Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

He healed the darkness of my mind
DUNEDIN



1. He healed the dark - ness of my mind The day he
2. Let oth - ers call my faith a lie, Or try to
3. Ask me not how! But I know who Has o - pened



gave my sight to me: It was not sin that made me
stir up doubt in me: Look at me now! None can de -
up new worlds to me: This Je - sus does what none can



blind: It was no sin - ner made me see.
ny I once was blind and now I see!
do — I once was blind, and now I see.

PROCESSION

“Postlude-Fantaisie,” from *L’Orgue Mystique*

“Latare,” Office No. 15, Op. 56

Charles Tournemire (1870–1939)

Preludium in C Major, BWV 547

Johann Sebastian Bach (1685–1750)

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Rev. Alex Pablo

IN RESIDENCE Rev. Bryan Hersey, Rev. David Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, OCIA (Becoming Catholic) (206-654-4640)

Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION

Tami Kowal, Director of Children's Faith Formation (206-219-5822)

Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck,

sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Nathan Braxton, Marc Blasquez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

ANOINTING of the SICK In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death.

FUNERALS for parishioners, Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES The parish has several advocates ready to assist with marriage cases (commonly called 'annulments'). Information, Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open weekdays 11-3 and after weekend Masses

CATHEDRAL COLUMBARIUM Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN serves dinner Monday to Friday, 4pm—4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org

WELCOME TO OUR PARISH FAMILY

ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

The Fourth Sunday of Lent March 30, 2025

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

ON THE COVER *One thing I do know is that I was blind and now I see.* Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, sculptor.

CATHEDRAL RESTROOMS While construction on the Portico Project is underway, the Cathedral's main restrooms remain closed. At each weekend Mass, restrooms in Cathedral Hall are open. In addition, there is a wheelchair accessible restroom on the south side of the west vestibule. This small restroom is reserved for families and those with mobility issues. Lastly, portable restrooms are available at the Terry Avenue entrance to the Cathedral Courtyard. **If all goes according to schedule, the new Portico will be dedicated next Sunday, April 6, at 10:00am Mass!**

SUNDAY HOSPITALITY AFTER 10:00AM MASS Join us in Cathedral Hall for homemade spring rolls, fresh fruit, and fellowship.

STATIONS OF THE CROSS Next Sunday, April 6, Cathedral youth readers will lead the Stations of the Cross following the First Sunday Noon Youth Mass.

TOILETRY DONATIONS If you are traveling and staying at a hotel, consider bringing the small toiletries back to St. James. Donations can be brought to the Cathedral Bookstore. Our St. Vincent de Paul conference packages the toiletries and distributes them to those in need. Thank you!

THE LAND IS NOT OUR OWN This week, the St. James Racial Solidarity Team began a study series on seeking repair alongside Indigenous communities. You are welcome to read the books that are being used (*Living Nations, Living Words* and *The Land is Not Empty*). They are available for purchase in the Cathedral Bookstore.

ALL ARE WELCOME TO DINE AT THE CATHEDRAL KITCHEN! Dinner: Monday to Friday, 4pm - 4:45pm. Sunday Breakfast: 7am – 8am. Meal service is dine-in only.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish family of St. Edward in Shelton and St. Michael in Olympia.*

NOVENA OF GRACE APRIL 1-9 Weekdays, 12:30-1:30pm, Saturday and Sunday, 11am-12pm, at Seattle University's Chapel of St. Ignatius. Join the Ignatian Spirituality Center this Lent for nine days of beautiful music, scripture, inspiring preaching, reflection, and heartfelt prayer within the context of a contemplative prayer service. Presenters include Arturo Araujo, SJ (Seattle U), Anna Robertson (Discerning Deacons) and Patrick Barredo (St. James Cathedral). Free to attend. All are welcome, either in-person or via livestream! *Information*, <https://www.ignatiancenter.org/novena-of-grace-2025>

HELP NEEDED IN THE CATHEDRAL KITCHEN The Cathedral Kitchen is currently in need of a driver on Friday mornings from 9:00-11:00am to "glean" food from local grocery stores. Okay to bring a friend/helper along, too! *Information*, Mick McHugh, 206-949-6114 (call or text).

MAKE A DIFFERENCE IN WASHINGTON STATE Stay informed with the Washington State Legislature's 2025 session by joining the Washington State Catholic Conference and advocate for issues impacting our vulnerable communities. Please do so by scanning this QR code.



COMPANIONSHIP TRAINING Learn how to support individuals in the community with mental illness, insecure housing, substance use disorders, and trauma in this training offered by trainer Lizbeth Adams, based on 5 practices of companionship developed by Rev. Craig Rennebohm, workshop will be held Saturday, April 26, 9am-12pm, Pastoral Outreach Center, 907 Columbia St. Space is limited; registration required by April 17. *Information*, Anisa Ralls 206-382-4269 or aralls@stjames-cathedral.org.

LENTEN BLOOD DRIVE St. James Cathedral is running another virtual drive from Sunday March 23 to Saturday April 5 to help Bloodworks restore supplies, please give blood at ANY Bloodworks Northwest location during this timeframe, when you arrive to donate, provide the code SJC so we can track our impact. Register using the QR code to give back to others in need during this season of Lent.



GARDEN VOLUNTEERS NEEDED We are looking for garden enthusiasts, green thumbs and novices to join our team of volunteers in the cathedral garden. Our busy season is about to begin and we need help planting, growing and harvesting fresh vegetables and fruits for the Cathedral Kitchen. *Information*, Peter Burns at 206-264-2082, or pburns@stjames-cathedral.org

QUESTIONS ABOUT CATHOLICISM? Do you have questions about the Catholic faith? Are you new to Mass and wondering what it's all about? Are you cautiously curious about the Church, or perhaps decidedly interested in becoming Catholic? *Information*, John Marquez, 206-654-4640, jmarquez@stjames-cathedral.org.

PROTECTING CROPS FROM NATURAL DISASTERS IN BANGLADESH

Shahadat's village, and much of Bangladesh, is located on flat lowlands. The intense rainy season causes flooding that often destroys farms and crops. Find out how Shahadat learned new farming skills from a Catholic Relief Services program that enabled him to increase the yield of his vegetable crops despite the challenges of climate change. Visit www.crsricebowl.org/week-4 to read this week's Story of Hope.



SING WITH THE CATHEDRAL CHOIR! The Cathedral Choir has openings in all voice parts! Auditions are held by appointment. Singers must know how to read music and be able to keep up with a fast pace of repertoire—we sing more than 70 different motets during a typical church year. The choir season begins in mid-September and runs through early June. Cathedral Choir sings for the 10:00am Sunday Mass (usually a 9:00am call time) and has a weekly rehearsal on Thursdays from 7:30–9:30pm. The Cathedral Choir depends on regular attendance at rehearsals and liturgies to achieve the high standards we have for our music ministry. *To schedule an audition*, musicoffice@stjames-cathedral.org or 206-382-4874. Please let us know your voice part (soprano, alto, tenor, or bass) and choral singing experience.

ST VINCENT DE PAUL THANKS YOU This older woman moved to Seattle from Arizona last year, hoping for a better climate. She tearfully listed a number of losses and stresses that followed. Perhaps due to confusion, she fell behind on her rent and was unsure of what she owed. SVdP was able to help her obtain a rental ledger and make plans for repayment, starting with a one-time rental assistance thanks to your donations. Thank you! *Information*, Blake Steller 907-244-6683 or blsteller@gmail.com.

REST IN PEACE Please pray for the repose of the souls of Jason Viydo, Robert Cusack, Brandon McKay, Ofelia Bautista, and Marvin McConnell. *Eternal rest grant to them, O Lord, and may the souls of all the faithful departed, through the mercy of God, rest in peace.*

WHO ARE WE? A SURVEY OF THE CATHEDRAL PARISH

As part of Partners in the Gospel, the three parishes in our family (St. James Cathedral, Immaculate Conception, and Christ Our Hope) are exploring the question of *who are we?* Please take a few moments to reflect on and complete the survey. You can respond to each question with a few words, or a sentence or two. Use the QR code or visit <https://www.surveymonkey.com/r/CVQVY5B>. The survey will be open until April 7. This will be tremendously helpful as we explore where God is calling us to grow as a parish in the years ahead. Center. *Information*, Maria Laughlin, mlaughter@stjames-cathedral.org





A day of

REFLECTION & PRAYER

for the Jubilee of the Sick and
Health Care Workers.

Hosted by the NACC, the Archdiocese of Seattle, and Seattle University.

APRIL 5, 2:00-6:30PM PT

DAY OF REFLECTION

2:00–5:00pm

Speaker: The Most Rev. Frank R. Schuster

(Light dinner included if attending on-site)

Location: Seattle University Campus (detailed information to come)

MASS

5:30–6:30pm

Location: St. James Cathedral

804 Ninth Avenue

Seattle, WA 98104

Both events are **FREE** to attend on-site
or virtually. *RSVP is required for the retreat.*

To register use the QR code or visit

<https://www.nacc.org/jubilee-of-the-sick-and-health-care-workers/>



**SEATTLE
UNIVERSITY**

ST. JAMES CATHEDRAL

Parish Communal Celebration of
THE SACRAMENT OF PENANCE



The Second Station: Jesus receives his cross
Joan Brand-Landkamer, artist

Monday, April 7, 2025
7:00pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance. *It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Easter. This will be the ideal time to do so.*

Celebrate the 175th anniversary of the Archdiocese of Seattle! Volunteer with other Catholics as the living Body of Christ in this "Season of Service", March to May 2025.

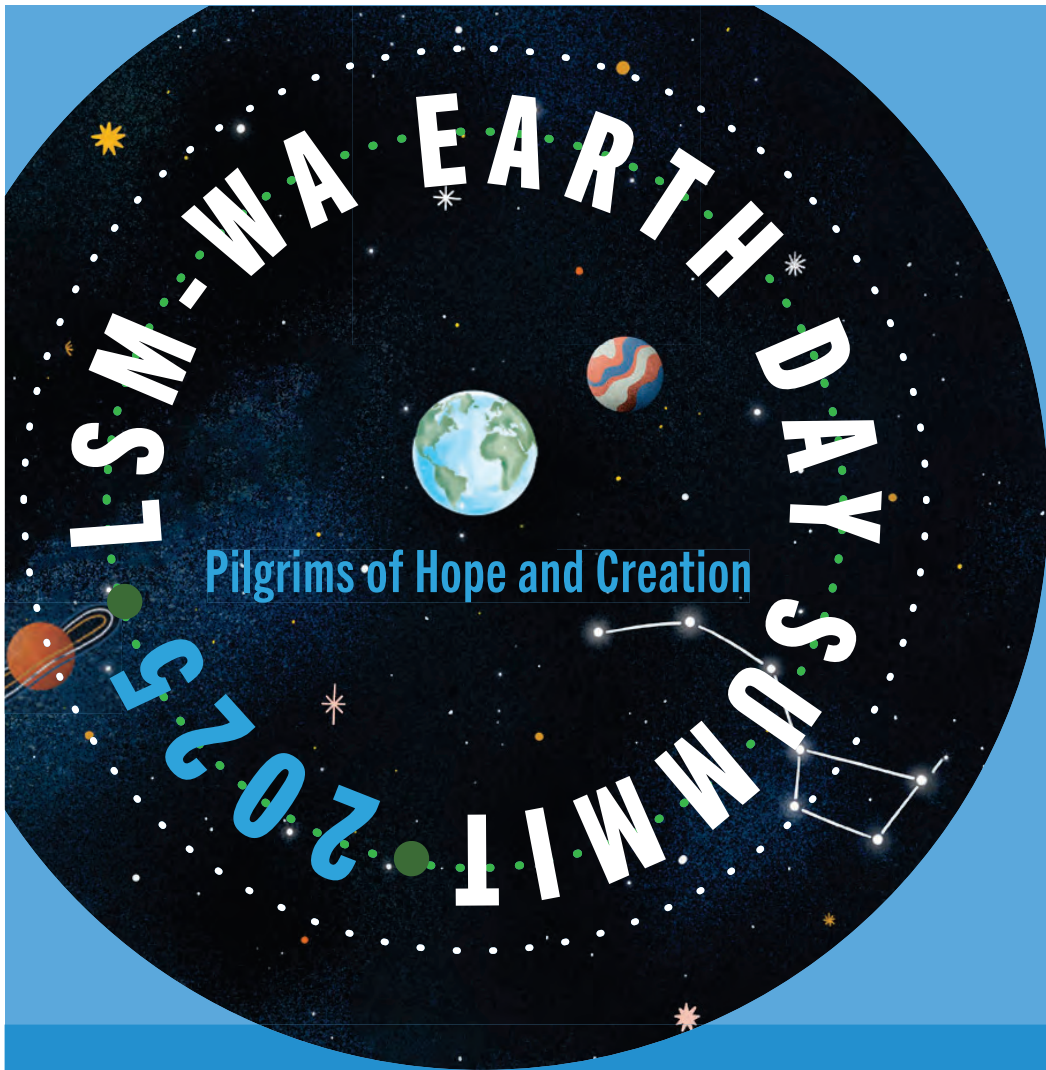
May we recognize our legacy of faith by demonstrating our commitment to serving others. Volunteer with a ministry at St. James Cathedral or through the Archdiocese of Seattle (<https://archseattle.org/seasonofservice/>).

Are you a youth sports coach or Scout leader? Do you provide pastoral care? Involved in faith formation with children, youth or adults? These are but a few of the many great volunteer activities with service hours you can count! All Cathedral ministries count, including liturgy, music, faith formation and outreach.

As a Cathedral, our goal is 17,500 hours of service!

Report your volunteer hours (and send pictures!) to Patrick Barredo, director of social outreach and advocacy, pbarredo@stjames-cathedral.org.





**SATURDAY,
APRIL 26TH
9AM-4PM
SEATTLE
UNIVERSITY**
LA ROUX
CONFERENCE CENTER
(STUDENT CENTER 160)

THE DAY WILL FEATURE:

- Keynote Speaker:
Dr. Robert D. Bullard,
Father of Environmental
Justice
- Community Building
- Pilgrimage Planning
- Faith Sharing
- And more!



**LEARN MORE &
REGISTER HERE**



bit.ly/LSM-WA-Earth-Day-Summit-2025-Registration

...HOSTED BY...



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Celebrating a *Legacy of faith*

January 25, 2025 | 11am
Proto-Cathedral of St. James the Greater
Vancouver

February 22, 2025 | 11am
Our Lady Star of the Sea
Bremerton

March 1, 2025 | 11am
Immaculate Conception
Mount Vernon

May 31, 2025 | 11am
St. James Cathedral
Seattle



Learn more at Archseattle.org/175
Or scan QR code.

Lent at St. James Cathedral

MASS The Sunday and weekday Masses of Lent are the ideal way to grow closer to the Lord Jesus. The scriptural readings for are particularly rich in their ability to inspire and challenge. Weekday Masses are at 8:00am daily, and Mondays, Wednesdays, and Fridays at 12:10pm.

THE WAY OF THE CROSS is a wonderful Lenten tradition in the Church. There are two opportunities to pray the Stations each week: on Mondays following 12:10pm Mass, and Fridays following the 8:00am Mass. On Sunday, March 30, Cathedral youth readers will lead the Stations of the Cross following the 12 Noon Mass. *The Cathedral's Stations of the Cross are the work of Joan Brand-Landkamer, inspired by French artist Georges Rouault.*



MENTAL HEALTH STATIONS OF THE CROSS Presented by the Mental Health and Wellness Ministry, Stations of the Cross with a focus on mental health concerns will be held after the 12:10pm Mass on Friday, March 28.

VESPERS AND BENEDICTION OF THE BLESSED SACRAMENT This beautiful prayer is part of the Liturgy of the Hours, the official prayer of the Church. It is celebrated in the Cathedral each Sunday afternoon at 4pm.

ADORATION OF THE BLESSED SACRAMENT Each Thursday during Lent, Exposition of the Blessed Sacrament will follow the morning Mass and continue until 9:30am, with rosary and time for quiet adoration.

THE RICE BOWL is a wonderful way to grow in solidarity with the millions in our world who lack the basic necessities of life. Rice Bowls are in the vestibules of the Cathedral. Daily reflections available at www.crsricebowl.org.

SACRAMENT OF RECONCILIATION This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions are heard every Saturday from 8:30am-9:30am. Our communal celebrations of the Sacrament of Penance will be Monday, April 7 at 7:00pm and Saturday, April 12 at 10:00am.

OCIA during Lent

JOURNEY OF THE ELECT Lent is a time of intensive prayer and preparation for our Catechumens, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Now, they are no longer called *Catechumens*, but "*Elect*," following the celebration of the Rite of Election. This final period of purification and enlightenment, which, since the beginnings of the Church, has taken place during Lent, consists more of interior reflection than catechetical instruction. It is intended to purify the hearts and minds of the Elect. This period is also intended to enlighten their minds and hearts with a deeper knowledge of Christ the Savior.

THE SCRUTINIES Lent began in the Church as a time of intense spiritual preparation and healing for the Elect. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place at the 10:00am Mass on March 23, 30, and April 6.

SATURDAY, APRIL 19, 8:30pm: THE EASTER VIGIL On this holiest of nights, we celebrate the sacraments of Baptism, Confirmation and Eucharist with our Elect. The Easter Vigil is the undisputed high point of the entire liturgical year, the "mother of all vigils," as St. Augustine called it.

Please pray for those to be baptized at the Easter Vigil:

Leonor Aparicio • Brian Appelman • Shay Appelman • Paris Counter • William Demoraes • Charlie Glaser • Vinnie Glaser • Dora Gyarmati • Jared Ilg • Thomas Nolan • Alston Prater • Karan Verma • Lindsey Vigo • Pam Vilonza

Youth Elect: Liam Kimble

Please visit the Place of Prayer near the Cathedral font and pray for our Elect each day during this season of Lent. As Easter draws near, you are invited to write a note telling our Elect of your prayerful support.

Musical Prayer during Lent

OPUS 7 VOCAL ENSEMBLE AND CHAMBER ORCHESTRA: HEAR MY PRAYER

Saturday, March 15 at 8:00pm



Opus 7 performs a Lenten concert of profound music for choir and orchestra by Eastern European and Scandinavian composers as a musical prayer for hope and perseverance; comfort for those who grieve and those who are fearful; and peace and justice in Ukraine. Tickets (\$15-\$60)* & more info: <https://opus7.org/>.

CAPPELLA ROMANA and 45th PARALLEL UNIVERSE: REQUIEM FOR THE FORGOTTEN

Friday, March 28 at 7:30pm

Requiem for the Forgotten by Frank La Rocca for choir, organ, and strings commemorates the displaced and the homeless, championing the inherent dignity of every person. The program opens with the a cappella *Mass for Double Choir* by Josef Rheinberger (1839-1901), who dedicated it to Leo XIII, a pope known for his advocacy for social justice. Tickets (\$15-\$58)* and information, <https://cappellaromana.org/concert/requiem-for-the-forgotten/>.

MEDIEVAL WOMEN'S CHOIR: PENITENTIA

Saturday, April 5 at 8:00pm

Lent is a time for reflection upon human frailty, sorrow for our sinful nature, and the desire to make amends. There is a rich tradition of song that reflects this medieval reality, inspiring believers to repent and guiding them on the path towards salvation. Full of beauty and pathos, this is some of the most profound music in the medieval canon. Tickets (\$30; St. James parishioners free at online ticketing) and information, <https://medievalwomenschoir.org/events/>.

THE OFFICE OF TENEBRAE

Wednesday, April 16 at 7:00pm



The name *Tenebrae* (the Latin word for "shadows") was originally given to the ancient monastic services of matins (celebrated after midnight) and lauds (celebrated at dawn) of the last three days of Holy Week. *Tenebrae* today is celebrated in many different forms, which can include the chanting of the Lamentations of Jeremiah, and the gradual extinguishing of candles and other lights in the church to signify the darkness that overshadowed the earth at Christ's crucifixion. The loud noise, or *strepitus*, at the conclusion of the service suggests the earthquake described in the Passion narratives. The single candle left burning is the symbol and promise of Christ's triumph over death and darkness. The Cathedral Cantorei will sing Palestrina's setting of the *Lamentations of Jeremiah* and the sublime *Miserere mei, Deus* by Gregorio Allegri, as well as plainchant psalmody. Father Michael G. Ryan, presider.

TRE ORE

Friday, April 18 from 12pm-3pm



We observe the traditional Good Friday devotion of Tre Ore ("Three Hours") in which we remember the last words of Christ proclaimed from the cross. These brief exclamations from Jesus alternate with movements from Giovanni Battista Pergolesi's *Stabat Mater* and meditations by Father Paul Janowiak, SJ, on the Seven Last Words of Christ. *Stabat Mater* is sung by the women of the Cathedral Cantorei with the Cathedral Chamber Orchestra, conducted by Joseph Adam.