



ST. JAMES CATHEDRAL
The Second Sunday of Lent
March 16, 2025

ORDER OF CELEBRATION FOR

The Second Sunday of Lent

INTROIT

Tibi dixit

chant, adapt. Thomas B. Stratman (1939–2008)

O Lord, I long to see your face.

GREETING

PENITENTIAL ACT

chant, Vatican XVII, adapt.

R. 1, 3 Lord, have mer - cy.
R. 2 Christ, have mer - cy.

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

Genesis 15:5-12

PSALM RESPONSE

Psalm 127

Michel Guimont (b. 1956)

The Lord is my light and my sal - va - tion.

SECOND READING

Philippians 3:17–4:1

TRACT

Thomas B. Stratman

Lord, how won-drous is your wis - dom. wis - dom.

GOSPEL

Luke 9:28b-36

HOMILY

Father Michael Raschko (Saturday 5:30pm, Sunday 8:00am, 10:00am)

Father Alex Pablo (Noon)

Father William Heric (Sunday evening)

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

Thomas B. Stratman

Choir "I give them life long and full,
ALL **and I show them my power to save," says the Lord.**

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Litany of Saints



Lord, we ask you, hear our prayer.

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

All are invited to come forward to the altar with your offering. If you give online, you can still participate in the procession! Use one of the white envelopes in the pews and simply drop it in the basket.

Offertory (10:00am)

O nata lux

Morten Lauridsen (b. 1943)

O born light of light, Jesus, Redeemer of the world,
mercifully deem worthy and accept the praises and prayers of your supplicants.
Thou who once deigned to be clothed in flesh for the sake of the lost ones,
grant us to be made members of your holy body.

(12:00pm)

Lift thine eyes

Felix Mendelssohn (1809-1847)

Lift thine eyes, O lift thine eyes to the mountains, whence cometh help.
Thy help cometh from the Lord, the Maker of heaven and earth.
He hath said, thy foot shall not be moved. Thy keeper will never slumber.
Lift thine eyes, O lift thine eyes to the mountains, whence cometh help.

SANCTUS

Missa Deus genitor alme

Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt
cae-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MYSTERY OF FAITH

Roman Missal

When we eat this Bread and drink this Cup,
we pro-claim your Death, O Lord, un - til you come a - gain.

AMEN

Christus vincit

A - - - men, A - - - men, A - - - - men.

The Communion Rite

LORD'S PRAYER

AGNUS DEI

Vatican XVII

R. 1, 2 Mi - se - re - re no - - bis.
R. 3 Do - na no - bis pa - - cem.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

Visionem quam vidistis

Tell no one about the vision you have seen
until the Son of Man has risen from the dead.

Mode I

(10:00am)

Christ, whose glory fills the skies
T. Frederick H. Candlyn (1892-1964)

Christ, whose glory fills the skies, Christ, the true and only Light,
Sun of righteousness, arise! Triumph o'er the shades of night:
Dayspring from on high, be near; Daystar, in my heart appear.

Dark and cheerless is the morn Unaccompanied by thee;
Joyless is the day's return, Till thy mercy's beams I see;
Till they inward light impart, Glad my eyes and warm my heart.

Visit then this soul of mine! Pierce the gloom of sin and grief!
Fill me, Radiancy Divine; Scatter all my unbelief;
More and more thyself display, Shining to the perfect day. Amen.

Charles Wesley (1707-1788)

(12:00pm)

How lovely is that dwelling-place
Scottish melody; arr. David Iliff (b.1939)

**Upon returning to your place after Holy Communion, please kneel or be seated.
Low-gluten hosts are distributed at the credence table near the presider's chair.**

HYMN OF PRAISE

'Tis good, Lord, to be here!

SWABIA



1. 'Tis good, Lord, to be here! Your
2. 'Tis good, Lord, to be here, Your
3. Ful - fill - er of the past! Prom -
4. Be - fore we taste of death, We
5. 'Tis good, Lord, to be here! Yet



glo - ry fills the night; Your face and gar - ments,
 beau - ty to be - hold, Where Mo - ses and E -
 ise of things to be! We hail your bod - y
 see your king - dom come; We long to hold the
 we may not re - main; But since you bid us



like the sun, Shine with un - bor - rowed light.
 li - jah stand, Your mes - sen - gers of old.
 glo - ri - fied, And our re - demp - tion see.
 vi - sion bright, And make this hill our home.
 leave the mount, Come with us to the plain.

PRAYER AFTER COMMUNION

BLESSING AND DISMISSAL

PROCESSION

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Rev. Alex Pablo

IN RESIDENCE Rev. Bryan Hersey, Rev. David Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, OCIA (Becoming Catholic) (206-654-4640)

Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION

Tami Kowal, Director of Children's Faith Formation (206-219-5822)

Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck,

sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Nathan Braxton, Marc Blasquez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays,

8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM Communal celebrations are held monthly. A preparation

program for parents and godparents is required. Contact Patty

Pruitt for information, 206-274-3108.

MARRIAGE Registered parishioners may begin the scheduling

process up to 14 months in advance. Contact Yanti Kapoyos,

Wedding Office, 206-382-4288.

ANOINTING of the SICK In case of serious illness, impending

surgery, or advanced age, please call the parish office. The

Sacrament of the Anointing of the Sick should not be delayed

until the person is unconscious or in imminent danger of death.

FUNERALS for parishioners, Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES The parish has several advocates ready to

assist with marriage cases (commonly called 'annulments').

Information, Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open weekdays 11-3 and after weekend

Masses

CATHEDRAL COLUMBARIUM Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN serves dinner Monday to Friday, 4pm—

4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org

WELCOME TO OUR PARISH FAMILY

ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

The Second Sunday of Lent March 16, 2025

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

ON THE COVER *This is my beloved Son, hear him.*
Icon of the Transfiguration of the Lord. Joan Brand Landkamer, Cathedral iconographer.

CATHEDRAL RESTROOMS While construction on the Portico Project is underway, the Cathedral's main restrooms remain closed. At each weekend Mass, restrooms in Cathedral Hall are open. In addition, there is a wheelchair accessible restroom on the south side of the west vestibule. This small restroom is reserved for families and those with mobility issues. Lastly, portable restrooms are available at the Terry Avenue entrance to the Cathedral Courtyard.

ST. VINCENT DE PAUL COLLECTION

This is the Third Sunday of the Month!

As you leave the Cathedral, the ushers

will be at the doors to receive any

offering you are able to make in support

of our St. Vincent de Paul Society outreach to the

poor and needy in our downtown neighborhood.

Your support makes a tremendous difference!



SUNDAY HOSPITALITY AFTER 10:00AM MASS

Join us in Cathedral Hall for morning rolls from

Macrina Bakery, fresh fruit, and fellowship.

ST PATRICK'S DAY MASS

You are invited to join the Irish community at Seattle's annual St

Patrick's Day Mass on Monday, March 17, at

6:00pm at St. John the Evangelist Catholic

Church, 7916 1st Ave NW, Seattle. Mass readings,

prayers and hymns will be from the Mass of St.

Patrick as celebrated in Ireland. The Presider will

be Rev. John Madigan assisted by Rev. Martin

Bourke and other priests of the archdiocese.

MENTAL HEALTH STATIONS OF THE CROSS

Presented by the Mental Health and Wellness

Ministry, Stations of the Cross with a focus on

mental health concerns, held after 12:10pm Mass

on Friday, March 28 in the Cathedral.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish families of St. Margaret in Seattle, Vietnamese Martyrs in Tukwila, and SS Peter and Paul in Tacoma.*

THE WAY OF THE CROSS is a wonderful Lenten tradition in the Church. On Sunday, March 30 (note date change!), Cathedral youth will lead the Stations of the Cross following the 12 Noon Mass.

PARISH PILGRIMAGE MARCH 10-20, 2025 This Lent, Father Ryan is leading a group of 101 parishioners on a journey of prayer in France and Italy. The group will visit holy places in Normandy and Paris, before heading to Rome, passing through the Holy Door and celebrating Mass at St. Peter's Basilica. At each stop along the way, the pilgrims will pray for our parish community. Please pray for the pilgrims as they pray for you! You can follow along with the pilgrims from day to day on Instagram and Facebook.

IN OUR OWN VOICE PRESENTATION On Saturday, March 22, 10:00am-11:30am in the Pastoral Outreach Center, 907 Columbia Street, you are invited to attend a free 90-minute presentation by trained NAMI Seattle presenters living in recovery from mental health conditions. Open to anyone who wants to learn more about mental health! Sponsored by the Mental Health and Wellness Ministry. *Information*, Anisa Ralls, aralls@stjames-cathedral.org or 206-382-4269.

VISITING CHOIR AT 5:30 MASS NEXT SATURDAY, MARCH 22 ICantori (Italian for "the singers"), the select choir of Walla Walla University, is an auditioned group chosen from the 1,500-member student body. The choir, directed by Dr. Kraig Scott, will provide music for next Saturday's 5:30pm Mass, and will offer an extended prelude (beginning around 5:15pm) and postlude of sacred choral music selections.

LENTEN BLOOD DRIVE St. James Cathedral is running another virtual blood drive from March 23 through April 5. Give blood at ANY Bloodworks Northwest location during this timeframe! When you arrive to donate, provide the code SJC so we can track our impact. Register at this link <https://donate.bloodworksnw.org/donor/schedules/geo/> to give back to others in need during this season of Lent.

MONTHLY FOOT CARE CLINIC Seattle and King Co Public Health are offering free monthly foot clinics and blood pressure checks, last Wednesday of every month, 1-4pm, held at Pastoral Outreach Center, 907 Columbia St. No registration required. Next session: Wednesday, March 26.

A CONVERSATION WITH FR. GREG BOYLE, S.J. Wednesday, March 26 at Seattle Prep, 6pm Reception, 7pm Conversation Fr. Greg Boyle has worked for over three decades in the Boyle Heights neighborhood of Los Angeles, the gang capital of the world. Last year, he was awarded the Presidential Medal of Freedom. RSVP, btoomey@seaprep.org / 206-577-2252.

HELP NEEDED IN THE CATHEDRAL KITCHEN The Cathedral Kitchen is currently in need of a driver on Friday mornings from 9:00-11:00am to "glean" food from local grocery stores. Okay to bring a friend/helper along, too! *Information*, Mick McHugh, 206-949-6114 (call or text).

COMPANIONSHIP TRAINING Learn how to support individuals in the community with mental illness, insecure housing, substance use disorders, and trauma in this training offered by trainer Lizbeth Adams, based on 5 practices of companionship developed by Rev. Craig Rennebohm, workshop will be held Saturday, April 26, 9am-12pm, Pastoral Outreach Center, 907 Columbia St. Space is limited; registration required by April 17. *Information*, Anisa Ralls 206-382-4269 or aralls@stjames-cathedral.org.

TOILETRY DONATIONS If you are traveling and staying at a hotel, consider bringing the small toiletries back to St. James. Donations can be brought to the Cathedral Bookstore. Our St. Vincent de Paul conference packages the toiletries and distributes them to those in need. Thank you!

PAYING IT FORWARD AS A LEAD MOTHER IN NIGERIA

In Nigeria, over 25 million people are experiencing extreme food insecurity due to climate change, poverty and conflict. Because of violence in their hometown, Amina and her family were forced to flee and start life over again in a new village. Learn how Amina's participation in a Catholic Relief Services program helped her prepare nutritious meals for her family and support other families in her community to overcome the challenges of hunger and malnutrition. Visit crsricebowl.org/week-2 to read this week's Story of Hope.



THE LAND IS NOT OUR OWN The St. James Racial Solidarity Team is sponsoring a study series on seeking repair alongside Indigenous communities. More details are on the flyer in this bulletin. If you cannot join the group, you are welcome to read the books that will be used: *They are Living Nations*, *Living Words* and *The Land is Not Empty*. You can purchase them in the Cathedral Bookstore.

GARDEN VOLUNTEERS NEEDED We are looking for garden enthusiasts, green thumbs and novices to join our team of volunteers in the cathedral garden. Our busy season is about to begin and we need help planting, growing and harvesting fresh vegetables and fruits for the cathedral kitchen. *Information*, Peter Burns, 206-264-2082, or pburns@stjames-cathedral.org

ST VINCENT DE PAUL THANKS YOU This gracious gentleman works full-time as a security guard in a nearby theater and enjoys being a DJ in his spare time. Recently his car was towed from his apartment's parking garage because there was no signage and he didn't know he was in an illegal spot. Part of his rent money had to go to impound fees which accrue at an alarming rate. Thanks to your generosity, the SVdP ministry was able to help with a portion of his rent. Those in need of assistance can call the SVdP Helpline (206-767-6449 or apply online <https://svdpseattle.org/get-help/online-help-request-form/>) *Information*, Blake Steller 907-244-6683 or blsteller@gmail.com.

Lent at St. James Cathedral

MASS The Sunday and weekday Masses of Lent are the ideal way to grow closer to the Lord Jesus. The scriptural readings for are particularly rich in their ability to inspire and challenge. Weekday Masses are at 8:00am daily, and Mondays, Wednesdays, and Fridays at 12:10pm.

THE WAY OF THE CROSS is a wonderful Lenten tradition in the Church. There are two opportunities to pray the Stations each week: on Mondays following 12:10pm Mass, and Fridays following the 8:00am Mass. On Sunday, March 30, Cathedral youth readers will lead the Stations of the Cross following the 12 Noon Mass. *The Cathedral's Stations of the Cross are the work of Joan Brand-Landkamer, inspired by French artist Georges Rouault.*



MENTAL HEALTH STATIONS OF THE CROSS Presented by the Mental Health and Wellness Ministry, Stations of the Cross with a focus on mental health concerns will be held after the 12:10pm Mass on Friday, March 28.

VESPERS AND BENEDICTION OF THE BLESSED SACRAMENT This beautiful prayer is part of the Liturgy of the Hours, the official prayer of the Church. It is celebrated in the Cathedral each Sunday afternoon at 4pm.

ADORATION OF THE BLESSED SACRAMENT Each Thursday during Lent, Exposition of the Blessed Sacrament will follow the morning Mass and continue until 9:30am, with rosary and time for quiet adoration.

THE RICE BOWL is a wonderful way to grow in solidarity with the millions in our world who lack the basic necessities of life. Rice Bowls are in the vestibules of the Cathedral. Daily reflections available at www.crsricebowl.org.

SACRAMENT OF RECONCILIATION This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions are heard every Saturday from 8:30am-9:30am. Our communal celebrations of the Sacrament of Penance will be Monday, April 7 at 7:00pm and Saturday, April 12 at 10:00am.

OCIA during Lent

JOURNEY OF THE ELECT Lent is a time of intensive prayer and preparation for our Catechumens, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Now, they are no longer called *Catechumens*, but "*Elect*," following the celebration of the Rite of Election. This final period of purification and enlightenment, which, since the beginnings of the Church, has taken place during Lent, consists more of interior reflection than catechetical instruction. It is intended to purify the hearts and minds of the Elect. This period is also intended to enlighten their minds and hearts with a deeper knowledge of Christ the Savior.

THE SCRUTINIES Lent began in the Church as a time of intense spiritual preparation and healing for the Elect. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place at the 10:00am Mass on March 23, 30, and April 6.

SATURDAY, APRIL 19, 8:30pm: THE EASTER VIGIL On this holiest of nights, we celebrate the sacraments of Baptism, Confirmation and Eucharist with our Elect. The Easter Vigil is the undisputed high point of the entire liturgical year, the "mother of all vigils," as St. Augustine called it.

Please pray for those to be baptized at the Easter Vigil:

Leonor Aparicio • Brian Appelman • Shay Appelman • Paris Counter • William Demoraes • Charlie Glaser • Vinnie Glaser • Dora Gyarmati • Jared Ilg • Thomas Nolan • Alston Prater • Karan Verma • Lindsey Vigo • Pam Vilonza

Youth Elect: Liam Kimble

Please visit the Place of Prayer near the Cathedral font and pray for our Elect each day during this season of Lent. As Easter draws near, you are invited to write a note telling our Elect of your prayerful support.

Musical Prayer during Lent

OPUS 7 VOCAL ENSEMBLE AND CHAMBER ORCHESTRA: HEAR MY PRAYER

Saturday, March 15 at 8:00pm



Opus 7 performs a Lenten concert of profound music for choir and orchestra by Eastern European and Scandinavian composers as a musical prayer for hope and perseverance; comfort for those who grieve and those who are fearful; and peace and justice in Ukraine. Tickets (\$15-\$60)* & more info: <https://opus7.org/>.

CAPPELLA ROMANA and 45th PARALLEL UNIVERSE: REQUIEM FOR THE FORGOTTEN

Friday, March 28 at 7:30pm

Requiem for the Forgotten by Frank La Rocca for choir, organ, and strings commemorates the displaced and the homeless, championing the inherent dignity of every person. The program opens with the a cappella *Mass for Double Choir* by Josef Rheinberger (1839-1901), who dedicated it to Leo XIII, a pope known for his advocacy for social justice. Tickets (\$15-\$58)* and information, <https://cappellaromana.org/concert/requiem-for-the-forgotten/>.

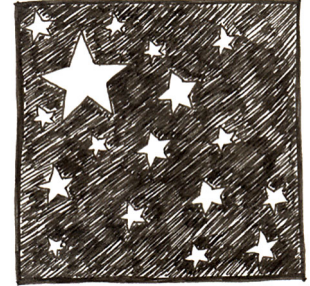
MEDIEVAL WOMEN'S CHOIR: PENITENTIA

Saturday, April 5 at 8:00pm

Lent is a time for reflection upon human frailty, sorrow for our sinful nature, and the desire to make amends. There is a rich tradition of song that reflects this medieval reality, inspiring believers to repent and guiding them on the path towards salvation. Full of beauty and pathos, this is some of the most profound music in the medieval canon. Tickets (\$30; St. James parishioners free at online ticketing) and information, <https://medievalwomenschoir.org/events/>.

THE OFFICE OF TENEBRAE

Wednesday, April 16 at 7:00pm



The name *Tenebrae* (the Latin word for "shadows") was originally given to the ancient monastic services of matins (celebrated after midnight) and lauds (celebrated at dawn) of the last three days of Holy Week. *Tenebrae* today is celebrated in many different forms, which can include the chanting of the Lamentations of Jeremiah, and the gradual extinguishing of candles and other lights in the church to signify the darkness that overshadowed the earth at Christ's crucifixion. The loud noise, or *strepitus*, at the conclusion of the service suggests the earthquake described in the Passion narratives. The single candle left burning is the symbol and promise of Christ's triumph over death and darkness. The Cathedral Cantorei will sing Palestrina's setting of the *Lamentations of Jeremiah* and the sublime *Miserere mei, Deus* by Gregorio Allegri, as well as plainchant psalmody. Father Michael G. Ryan, presider.

TRE ORE

Friday, April 18 from 12pm-3pm



We observe the traditional Good Friday devotion of Tre Ore ("Three Hours") in which we remember the last words of Christ proclaimed from the cross. These brief exclamations from Jesus alternate with movements from Giovanni Battista Pergolesi's *Stabat Mater* and meditations by Father Paul Janowiak, SJ, on the Seven Last Words of Christ. *Stabat Mater* is sung by the women of the Cathedral Cantorei with the Cathedral Chamber Orchestra, conducted by Joseph Adam.

Celebrate the 175th anniversary of the Archdiocese of Seattle! Volunteer with other Catholics as the living Body of Christ in this "Season of Service", March to May 2025.

May we recognize our legacy of faith by demonstrating our commitment to serving others.

Volunteer with a program below or of your own choosing. All Cathedral ministries count, including liturgy, music, faith formation and outreach. **As a Cathedral, our goal is 17,500 hours of service!**

Report your volunteer hours to Patrick Barredo, Director of Social Outreach and Advocacy, pbarredo@stjames-cathedral.org.



ST. JAMES CATHEDRAL

Sunday Breakfast is cooked on Saturdays and served on Sunday mornings. *Patrick Barredo, 206-382-4515, pbarredo@stjames-cathedral.org*

The Cathedral Kitchen serves the best free meal in Seattle every weeknight. *Mick McHugh, 206-949-6114, mickmchugh00@gmail.com*

The Cathedral Kitchen Garden grows organic produce used in the Cathedral Kitchen. *Peter Burns, pburns@stjames-cathedral.org*

The Solanus Casey Center helps with housing referrals and obtaining personal IDs. *Adriana Henry, 206-223-0907, adrianah@ccsww.org*

Sandwich Ministry provides homemade sandwiches for the St. Martin de Porres men's shelter. *Peter Burns, pburns@stjames-cathedral.org*

Volunteer Services welcomes volunteers to do yardwork for low-income elderly and disabled neighbors. *Griffin Cole, GriffinC@ccsww.org*

More service opportunities available at <https://archseattle.org/seasonofservice/>

SOUTH KING

Sacred Heart Family Shelter in Kent provides safe, comfortable shelter to families experiencing the crisis of homelessness. *Volunteer & Resources Coordinator Julie Thompson, juliet@ccsww.org*

The Federal Way Day Center welcomes adults who are homeless and vulnerably housed. There are showers, laundry, computers, access to health care and social services and more. *If interested, please call 253-893-7895.*

THE EAST SIDE

Issaquah Meals has served weeknight meals for over 35 years. *To volunteer, 425-679-0342, ccskingcountyinfo@ccsww.org*

New Bethlehem Day Center in Kirkland provides a welcoming and resource-rich destination for homeless families.

Contact 425-679-0354, nbpinfo@ccsww.org

LINKS Lunch Buddy Program in the Lake Washington School District is looking for caring adults to meet for 1 hour a week with elementary students for one-on-one time. *Victoria Goetze-Nelson lunchbuddy@lwsd.org*

Bellevue's **Sophia Way Organization** strives to end homelessness for adult women by providing shelter, social services, and supportive permanent housing. *Megan Duncan, megan.d@sophiaway.org*

THE NORTH END

Retired & Senior Volunteer Program volunteers check in clients, assist with selecting food, loading into the car, and more. *Paulette Jacobson, 425-374-6311, PauletteJ@ccsww.org*

Chore Volunteers help elderly and disabled neighbors maintain independence and dignity. Can you spare 1 or 2 hours a week to help with light housework or shopping? *Gretchen Wooten, 425-374-6323, MGWooten@ccsww.org*

Prepares (Pregnancy and Parent Support) Family Companions provide direct one-on-one support for struggling families. You can also act as a Companion on a team of volunteers. *Aleah Patulot 206-737-9264 prepares@ccsww.org*

Bringing Light Out of the Darkness

Sacred Listening Sessions



WEDNESDAY, MARCH 19TH 6:45 – 8:30 PM

SUNDAY, MARCH 23RD 12:30 – 2:00 PM

Immaculate Conception Church

Jean Moran Hall

820 18th Ave Seattle, WA

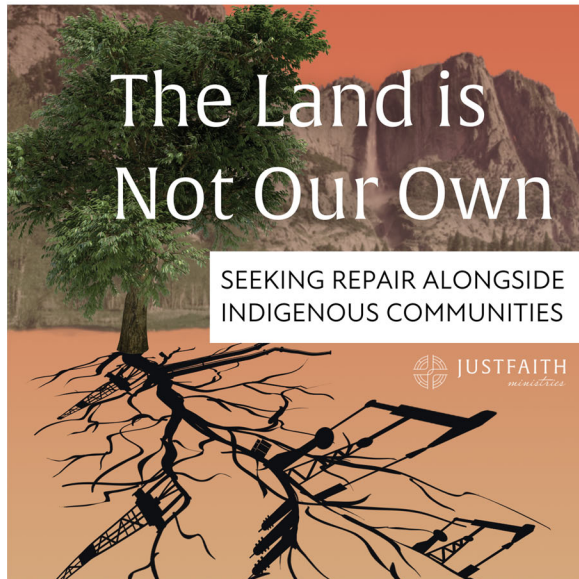
In many ways Catholics have been impacted by the tragedy of abuse by church leaders and its aftermath. These tragic experiences have a way of settling deep within our being. For this reason, opportunities to bring light out of this darkness called listening sessions have been scheduled.

Sacred listening sessions are structured events that encourage people to listen without judgment or expectation. This practice can help people connect with themselves and others and can be a source of renewal and inspiration.

Please register here. Registration not required but highly recommended.



Information, office@icseattle.com or call 206-322-5970



The St. James Racial Solidarity Team invites you to this small group study series.

Tuesdays, March 25 to May 27

6:30pm - 8:30pm

on Zoom

MAURA FALLON & BROOK RIGGIO,
FACILITATORS

“It is your right, your birthright, to seek out others to work toward a world you imagine, a world where we are all free.” — Sarah Augustine

The Land Is Not Our Own: Seeking Repair Alongside Indigenous Communities will inspire and equip you to stand alongside Native communities in working for justice and repair. This 8-week small group lays a foundation of trust and relationship, so that together participants can acknowledge injustice, honor the interconnectedness of all Creation, and seek healing, repair, and hope alongside Indigenous communities.

The Land Is Not Our Own is an invitation to hope, joy, and healing. Together, the small group will celebrate Indigenous artists and activists, engage in a spiritual reorientation toward honoring our sacred connection with one another and all Creation, and learn concrete ways that individuals, churches, and communities can partner with Native leaders in their work for justice and repair.

GOALS

- Guide participants in “discern[ing] how Christian communities can address the extinction, enslavement, and extraction done in the name of Christ on Indigenous lands.”
- Equip participants to seek justice and repair alongside Indigenous leaders.
- Celebrate the wisdom and traditions of Indigenous authors, artists, and spiritual teachers
- Through spiritual reorientation, inspire daily decision-making that honors participants’ sacred relationships with all of Creation.
- Transform the participants into a community of love and support. The members will continue to encourage one another as you seek spiritual transformation and take action for justice after the program has finished.

Information, Patrick Barredo, Director of Social Outreach and Advocacy
206-382-4515 | pbarredo@stjames-cathedral.org



A day of
REFLECTION & PRAYER
for the Jubilee of the Sick and
Health Care Workers.

Hosted by the NACC, the Archdiocese of Seattle, and Seattle University.

APRIL 5, 2:00-6:30PM PT

DAY OF REFLECTION

2:00–5:00pm

Speaker: The Most Rev. Frank R. Schuster

(Light dinner included if attending on-site)

Location: Seattle University Campus (detailed information to come)

MASS

5:30–6:30pm

Location: St. James Cathedral

804 Ninth Avenue

Seattle, WA 98104

Both events are **FREE** to attend on-site
or virtually. *RSVP is required for the retreat.*

To register use the QR code or visit

<https://www.nacc.org/jubilee-of-the-sick-and-health-care-workers/>



**SEATTLE
UNIVERSITY**



Celebrating a *Legacy of faith*

January 25, 2025 | 11am
Proto-Cathedral of St. James the Greater
Vancouver

February 22, 2025 | 11am
Our Lady Star of the Sea
Bremerton

March 1, 2025 | 11am
Immaculate Conception
Mount Vernon

May 31, 2025 | 11am
St. James Cathedral
Seattle



Learn more at Archseattle.org/175
Or scan QR code.