



ST. JAMES CATHEDRAL
The Fifth Sunday in Ordinary Time
February 9, 2025

ORDER OF CELEBRATION FOR THE
Fifth Sunday in Ordinary Time

CELEBRATION OF THE SACRAMENT OF BAPTISM (10:00am)

PRELUDE

Praeludium in D-Major, BuxWV139

Dieterich Buxtehude (1637–1707)

In quiet mood

Florence Price (1887-1953)

The Introductory Rites

ENTRANCE

Praise, my soul, the King of heaven

LAUDA ANIMA



1. Praise, my soul, the King of heav - en; To his feet your
 2. Praise him for his grace and fa - vor To his peo - ple
 3. Fa - ther - like he tends and spares us; Well our fee - ble
 4. Frail as sum - mer's flow'r we flour - ish, Blows the wind and
 5. An - gels, help us to a - dore him; You be - hold him



trib - ute bring; Ran - somed, healed, re - stored, for - giv - en,
 in dis - tress; Praise him still the same as ev - er,
 frame he knows; In his hands he gent - ly bears us,
 it is gone; But while mor - tals rise and per - ish,
 face to face; Sun and moon, bow down be - fore him,



Ev - er - more his prais - es sing: Al - le - lu - ia!
 Slow to chide, and swift to bless: Al - le - lu - ia!
 Res - cues us from all our foes. Al - le - lu - ia!
 God en - dures un - chang - ing on: Al - le - lu - ia!
 Dwell - ers all in time and space: Al - le - lu - ia!



Al - le - lu - ia! Praise the ev - er - last - ing King.
 Al - le - lu - ia! Glo - rious in his faith - ful - ness.
 Al - le - lu - ia! Wide - ly yet his mer - cy flows.
 Al - le - lu - ia! Praise the high e - ter - nal one!
 Al - le - lu - ia! Praise with us the God of grace.

WELCOMING OF THE CHILD TO BE BAPTIZED (10:00am)

PENITENTIAL ACT

Mass in Honor of the Immaculate Conception

Peter Latona (b. 1968)

Cantor, then ALL:



Lord, have mer - cy. Christ, have mer - cy.



Lord, have mer - cy.

GLORIA

Mass in Honor of the Immaculate Conception
Peter Latona

Cantor/Choir and Congregation in alternatim

Cantor: Glory to God in the highest, and on earth peace to people of good will.

ALL:

We praise you, we bless you, we a - dore you.

Cantor: we glorify you, we give you thanks for your great glory.

ALL:

Lord God, heav - en - ly King, O God, al - might - y Fa - ther.

Cantor: Lord Jesus Christ, Only begotten Son, Lord God, Lamb of God, Son of the Father.

ALL:

you take a - way the sins of the world, have mer - cy on us;

Cantor: you take away the sins of the world, receive our prayer.

ALL:

you are seated at the right hand of the Fa - ther, have mer - cy on us.

Cantor: For you alone are the Holy One, you alone are the Lord.

ALL:

you a - lone are the Most High, Je - sus Christ,

Cantor: with the Holy Spirit, in the glory of God the Father.

ALL:

A - - - - - men.

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING

Isaiah 6:1-2a, 3-8

PSALM RESPONSE

Psalm 138
Michel Guimont (b. 1952)

In the sight of the an - gels, I will sing your prais - es, O Lord.

SECOND READING

1 Corinthians 15:1-11

ALLELUIA

Mode VII

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

Luke 5:1-11

HOMILY

Father Michael G. Ryan

CREED (except at 10:00am):

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

ALL BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

ALL STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier (1923–1994)



Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son.

The Rite of Baptism (10:00am)

INTERCESSIONS AND LITANY OF SAINTS

BLESSING OF WATER

PROFESSION OF FAITH All join in the response, **I do.**

ACCLAMATION FOLLOWING THE BAPTISM

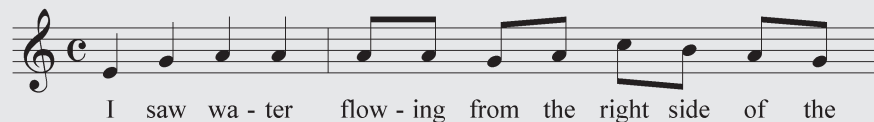
Unity Mass

Norah Duncan IV (b. 1954)

SPRINKLING WITH BAPTISMAL WATER

I saw water

Peter Latona



I saw wa - ter flow - ing from the right side of the



Tem - ple, al - le - lu - ia, al - le - lu - ia.

Please, no applause following the baptisms.

EXPLANATORY RITES

Anointing with Chrism, White Garment Prayer, Presentation of a Lighted Candle

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

PROCESSION OF GIFTS Please follow the directions of the ushers and come forward to the altar with your offering. If you give online, you are still encouraged to participate in the procession!
Use one of the white envelopes in the pews and simply drop it in the basket.

Offertory (10:00)

Love bade me welcome

David Hurd (b. 1950)

(12:00)

Tantum ergo

Jessica French (b. 1984)

(Sunday evening)

Ave Maria

Camille Saint-Saëns (1835–1921)

SANCTUS

Mass in Honor of the Immaculate Conception

Peter Latona

Ho-ly, Ho-ly, Ho - ly Lord God of hosts.
Heav'n and earth are full of your glo - ry. Ho - san - na in the
high - est. Bless'd is he who comes in the name of the
Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

MYSTERY OF FAITH

Peter Latona

We pro - claim your Death, O Lord, and pro - fess your
Re - sur - rec - tion, un - til you come a - gain.

AMEN

Peter Latona

A - men, a - men, a - - - men.

LORD'S PRAYER

AGNUS DEI

Mass in Honor of the Immaculate Conception
Peter Latona

Cantor: ALL:

R. 1, 2 have mer - cy on us. have mer - cy on us.

Cantor: ALL:

R. 3 grant us peace. grant us peace.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

Introibo ad altare Dei

I will go in to the altar of God, to the God who gives joy to my youth.

chant, Mode VIII

COMMUNION MOTET

(10:00)

Holy, Holy, Holy

Peter Ilyich Tchaikovsky (1840–1893)

HYMN OF PRAISE

Take up your cross
OLD HUNDREDTH

1. Take up your cross, the Sav - ior said, If you would
 2. Take up your cross, let not its weight Fill your weak
 3. Take up your cross, heed not the shame, And let your
 4. Take up your cross, then, in his strength, And calm - ly
 5. Take up your cross, and fol - low Christ, Nor think till

my dis - ci - ple be; Take up your cross with will - ing
 spir - it with a - larm; His strength shall bear your spir - it
 fool - ish heart be still; The Lord for you ac - cept - ed
 ev - 'ry dan - ger brave; It guides you to a bet - ter
 death to lay it down; For on - ly those who bear the

heart, And hum - bly fol - low af - ter me.
 up, And brace your heart and nerve your arm.
 death Up - - on a cross, on Cal - v'ry's hill.
 home And leads to vic - t'ry o'er the grave.
 cross May hope to wear the glo - rious crown.

PROCESSION

“Allegro” from *Concerto No. 1 in G-Major, BWV 592*
Johann Sebastian Bach (1685-1750)

ICON OF VENERABLE FATHER AUGUSTUS TOLTON. ACKNOWLEDGEMENTS: Psalm response by Michel Guimont, Baptism Alleluia by Norah Duncan IV, copyright © 1986, 1995, 2003, 2010, by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. Prayer of the Faithful response by Jacques Berthier, copyright © 1978, 1980, 1981 by Les Presses de Taizé (France), GIA Publications, Inc., Chicago, IL, exclusive agents. Reprinted under OneLicense.net #A706828. All rights reserved. Sprinkling Rite refrain by Peter Latona, copyright © Birnamwood Publications, a division of MorningStar Music Publishers, Inc., St. Louis, MO. Reprinted under OneLicense.net #A706828. All rights reserved. *Mass in Honor of the Immaculate Conception* by Peter Latona, copyright © 2011 by Peter Latona, Washington, D.C. Used with permission. All rights reserved. Hymn of Praise text by Leon M. Adkins, copyright © 1955, 1964 by Abingdon Press. Reprinted under OneLicense.net #A706828. All rights reserved.

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Rev. Alex Pablo

IN RESIDENCE Rev. Bryan Hersey, Rev. David Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, RCIA (Becoming Catholic) (206-654-4640)

Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION

Tami Kowal, Director of Children's Faith Formation (206-219-5822)

Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck,

sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Nathan Braxton, Marc Blasquez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays,

8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM Communal celebrations are held monthly. A preparation

program for parents and godparents is required. Contact Patty

Pruitt for information, 206-274-3108.

MARRIAGE Registered parishioners may begin the scheduling

process up to 14 months in advance. Contact Yanti Kapoyos,

Wedding Office, 206-382-4288.

ANOINTING of the SICK In case of serious illness, impending

surgery, or advanced age, please call the parish office. The

Sacrament of the Anointing of the Sick should not be delayed

until the person is unconscious or in imminent danger of death.

FUNERALS for parishioners, Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES The parish has several advocates ready to

assist with marriage cases (commonly called 'annulments').

Information, Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open weekdays 11-3 and after weekend

Masses

CATHEDRAL COLUMBARIUM Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN serves dinner Monday to Friday, 4pm—

4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org

WELCOME TO OUR PARISH FAMILY

ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

The 5th Sunday in Ordinary Time February 9, 2025

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

ON THE COVER *Put out into deep water and lower your nets for a catch.* Detail of the Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, artist.

FLOWERS AT THE ALTAR are offered by a parishioner with love, gratitude and appreciation for everyone.

SUNDAY HOSPITALITY AFTER 8:00AM MASS

8:00am Mass-goers are invited to our monthly hospitality in the Pastoral Outreach Center after Mass. Enjoy coffee and tea, parmesan bacon biscuits from Macrina Bakery, and fellowship.

SUNDAY HOSPITALITY AFTER 10:00AM MASS

Join us in Cathedral Hall for parmesan bacon biscuits from Macrina Bakery, fresh fruit, and fellowship.

ICON OF VENERABLE AUGUSTUS TOLTON The entrance procession at today's Mass featured an icon of Venerable Augustus Tolton, the first recognized Black priest in the United States, whose cause for sainthood is underway. During Black History Month, you are encouraged to find out more about Father Tolton. You'll find resources in the Cathedral Bookstore. You can also visit www.bcacseattle.org to find out more about "Father Gus" and five other Black American Catholics on the road to sainthood!

IN OUR OWN VOICE PRESENTATION On Saturday, March 22, 10:00am-11:30am in the Pastoral Outreach Center, 907 Columbia Street, you are invited to attend a free 90-minute presentation by trained NAMI Seattle presenters living in recovery from mental health conditions. Open to anyone who wants to learn more about mental health! Sponsored by the Mental Health and Wellness Ministry. *Information*, Anisa Ralls, aralls@stjames-cathedral.org or 206-382-4269.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish family of St. Patrick and Holy Cross in Tacoma and St. John Vianney on Vashon Island.*

EMMAUS COMPANIONS Consider joining this welcoming ministry where we minister to those in need. Volunteers are needed at all Masses, hospitality, weekday dinner at the Cathedral Kitchen, and Sunday breakfast. Consider becoming an Emmaus Companion! Training provided. *Information*, Anisa Ralls, Mental Health and Wellness Ministry, aralls@stjames-cathedral.org or 206-382-4269.

ST VINCENT DE PAUL THANKS YOU This older woman is proud of her full-time work as a case manager. Recently she fell behind on rent when the car she uses for work was stolen and vandalized. She was able to work from home while the car was being repaired, but the cost caused her to fall behind on one month of rent. Because of her work, she knew that she could contact the SVdP Helpline for assistance (206-767-6449 or apply online <https://svdpseattle.org/get-help/online-help-request-form/>). Due to your generous gifts, her back rent is nearly paid off. *Information*, Blake Steller 907-244-6683 or blsteller@gmail.com.

QUESTIONS ABOUT CATHOLICISM? Do you have questions about the Catholic faith? Are you new to Mass and wondering what it's all about? Are you cautiously curious about the Church, or perhaps decidedly interested in becoming Catholic? *Information*, John Marquez, 206-654-4640, jmarquez@stjames-cathedral.org.

MONTHLY FOOT CARE CLINIC Seattle and King County Public Health are offering free monthly foot clinics and blood pressure checks, last Wednesday of every month, 1-4pm, held at Pastoral Outreach Center, 907 Columbia St. Next session: February 26. No registration required.

WEEKLY MENTAL HEALTH AND WELLNESS GROUPS Open to anyone who needs support, weekly groups are held every Friday of the month, 10-11:30am. The Mental Health and Wellness Ministry is offering different groups for mental health support, including art, board games, a mental health support group, mindfulness, yoga, and prayer, and a movie. Everyone is welcome! Held in the Pastoral Outreach Center. *Registration*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

FLORAL OFFERINGS ARE A WONDERFUL WAY to remember a deceased loved one, celebrate an anniversary, or give thanks for a prayer that has been answered. Currently, the weekends of May 25, June 29, July 20, and July 27 are available. *Information*, Maggie Corrigan, 206-622-3559 or mcorrigan@stjames-cathedral.org.

SEASON OF SERVICE To honor the history of the local Church, while embracing our Catholic Social teachings, the Archdiocese of Seattle will host a "Season of Service." From March 1 to May 31, 2025, local Catholics, parishes, schools, ministries and families are invited to participate in service with the goal of reaching 175,000 collective hours of service across Western Washington. More information to come to learn how you can participate through St. James Cathedral.

PORTICO PROJECT CONSTRUCTION began on Monday, January 6 and will continue through March 4. During this time, the Cathedral's Terry and Marion entrance will be inaccessible, and the Cathedral restrooms will be closed. At each weekend Mass, restrooms in Cathedral Hall will be open. These restrooms can be easily accessed from Columbia Street. In addition, there is a wheelchair accessible restroom on the south side of the west vestibule. This small restroom is reserved for families and those with mobility issues. Lastly, portable restrooms will be available at the Terry Avenue entrance to the Cathedral Courtyard (near the fenced area around the dumpster). Thank you for your patience during construction!

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES?

Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. Please register! Registered parishioners receive important mailings from the Cathedral, including the Cathedral's journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the Catholic Rainbow Schools at parishioner rates (and become eligible for Cathedral scholarships). To register, visit www.stjames-cathedral.org or use the QR code to the right.



ST. JAMES CATHEDRAL'S FAITH FRIENDS

The program's goal is to give children and teens ages 7-17 with learning differences, physical, cognitive and/or intellectual disabilities access to parish community, social events and faith formation. Perhaps the most unique aspect of the Faith Friends program is the Faith Mentor/Faith Peer program. Faith Mentors are youth and Faith Peers are young adults who have chosen to live out their discipleship and share some of their personal time in dedication and service to the goals of the program. After completing an intake process and training, these Faith Mentors volunteer at various monthly Faith Friend meetings and other group activities. Faith Peers can also serve as a Faith Mentor by being paired with a Faith Friend.



SACRAMENT OF CONFIRMATION FOR ADULTS The Sacrament of Confirmation will be celebrated on Sunday, May 18, 2025, at 5:30pm. Weekly classes for adults, college age and older, in preparation for the Sacrament begin on Tuesday, February 25, 2025, at 7pm. Registration is required. Must be baptized in the Catholic Church and have received First Communion. *Information*, John Marquez, jmarquez@stjames-cathedral.org, 206-654-4640.

OUTREACH AND ADVOCACY NEWSLETTER Learn about upcoming events and opportunities as well as stay informed on Catholic social teaching by receiving this e-newsletter. *Subscribe*, outreach@stjames-cathedral.org.

The Saintly Six

The Saintly Six are noteworthy Black Catholics on the path to Canonization. Currently, there are no Black saints among the 11 saints associated with the United States. These six candidates are on the path to becoming the United States' first African American saints.

During this Black History Month, the St. James Racial Solidarity Team welcomes you to reflect on two of the Saintly Six, whose lives of faith in the pursuit of justice and freedom have placed them on the road to sainthood. May these holy women and men inspire us to promote the racial justice needed in our Church, our nation and our world.



Venerable Pierre Toussaint (1766-1853) was well known as an exceptionally devout and charitable person within the Catholic community. He donated to various charities, generously assisting Blacks and Whites in need. He and his wife opened their home to orphans and educated them. The couple also nursed abandoned people

who were suffering from yellow fever. In 1989, Toussaint's remains were transferred from Lower Manhattan to St. Patrick's Cathedral, where he is currently the only lay person buried alongside the former cardinal archbishops of New York City. On December 17, 1997, he was declared Venerable by Pope John Paul II.

Venerable Mother Mary Lange (1789-1882) was born as Elizabeth Lange in Haiti. She was raised and educated in Cuba, leaving there in the early 1800s, and eventually settling in Baltimore. Recognizing that there was no free public education for African American children, she responded by opening a school in her home. Elizabeth and three others became the first women to

profess vows as the Oblate Sisters of Providence, the first congregation of African American women religious in the history of the Catholic Church. Elizabeth, the foundress and first superior general, took the religious name Mary. A formal investigation into Mother Lange's life and works of charity was opened in 1991. Pope Francis named her as Venerable on June 22, 2023.



**The canonization process occurs in four steps:
*Servant of God, Venerable, Blessed, and Saint***

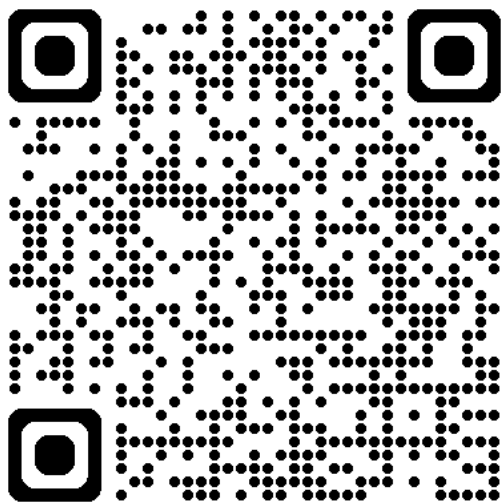
These short biographies are taken from the Diocese of Austin, TX.



The Cathedral Kitchen

50TH ANNIVERSARY CELEBRATION

Saturday, February 22, 2025 at 7:00pm



REGISTRATION IS OPEN!

<https://www.osvhub.com/stjames-cathedral/forms/cathedralkitchendinner>

Join us to celebrate the Cathedral Kitchen's 50th birthday!

We'll share a family-style spaghetti dinner prepared by friends from Pagliacci Pizza.


There is no charge for the dinner, but registration is required.

There will be an opportunity when you register to purchase a warm vest to give to one of our neighbors in need!



Information, Maria Laughlin, mlaughterlin@stjames-cathedral.org

REGISTER EARLY—SPACE IS LIMITED

 CATHOLIC RELIEF SERVICES
and St. James Cathedral Life, Peace and Justice Commission
invite you to an in-person and online presentation

BUILDING A FUTURE OF HOPE AND HUMAN DIGNITY IN WEST AFRICA

DOREEN KARGBO,
PRESENTER

Thursday, February 27, 2025, 7pm—8pm
St. James Cathedral Pastoral Outreach Center
907 Columbia Street
Also livestreamed



How are we making a difference among poor countries in West Africa?

Come and learn how our work in education, agriculture, and public health are lifting people out of poverty and creating a more stable, peaceful society in Sierra Leone, one of Africa's poorest countries. Doreen Kargbo will introduce you to the people making a difference!

Doreen Kargbo is a senior policy officer with CRS. She is a native of Sierra Leone and an attorney with law degrees from Sierra Leone and London.

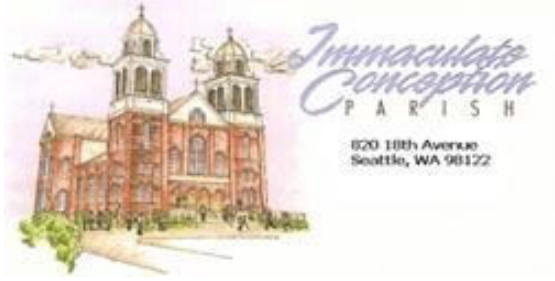
Catholic Relief Services (CRS) is the international aid agency of the U.S. Catholic community, working around the world with your support.

Your participation in this 50th year of CRS Rice Bowl supports the work of CRS to address hunger around the world and throughout Western Washington.
Your generosity builds a future of hope!

"Hope overflows in generosity."
Pope Francis, 2025 World Day of Peace Message

Information, Parking registration, and Livestream link
Patrick Barredo
Director of Social Outreach and Advocacy
pbarredo@stjames-cathedral.org | 206-382-4515





2025 Immaculate Mardi Gras Celebration!!!

Dear Neighbors, Parishioners, ICC Supporters & Friends of Immaculate,

We're back LIVE. It's been too long. We will be holding our annual Mardi Gras Celebration in Jean Moran Hall, Immaculate Conception Church 820 18th Ave, Seattle 98122. Let's celebrate and bring some much-needed joy, fellowship, and fun.

WHEN: 5:30PM to 10:00PM Friday, February 28, 2025

FOOD: Delicious southern dinner, no host bar

Dancing, raffle and dessert auction

Music by DJ Cliff

We hope to raise at least \$10,000. **Please support us early to help reach our goal:**

- **Buy tickets** - \$25 for adults and \$10 for Youth ages 5 to17. Purchase tickets at the back of the Church following the 11 AM Mass or call Toni Hall at 206-772-3536 or email tonira@comcast.net, or Brenda Mirasol-Stalling sat 206 465-2958
- **If you're unable to attend but would like to make a monetary donation, please contact either Brenda or Toni.**
- **Donate a dessert.** Call Reesa Walls at 206 852-8698.
- **Donate Auction Items.** Contact Jane Powers, 206 979-9719
jpowers@ewingandclark.com

For donations made to our Fundraiser, our tax ID # is 91-564749.

Laissez les bons temps rouler and God Bless!

Father Michael Ryan
Toni Hall, Chairperson



MORNING MOBILITY



Saturday, March 1, 2025, 11:00am to 11:45am
St. James Cathedral Pastoral Outreach Center
Led by Blake Steller, Certified Personal Trainer

Join us every *odd* month in 2025 for a refreshing and rejuvenating experience, sponsored by the Mental Health and Wellness Ministry!

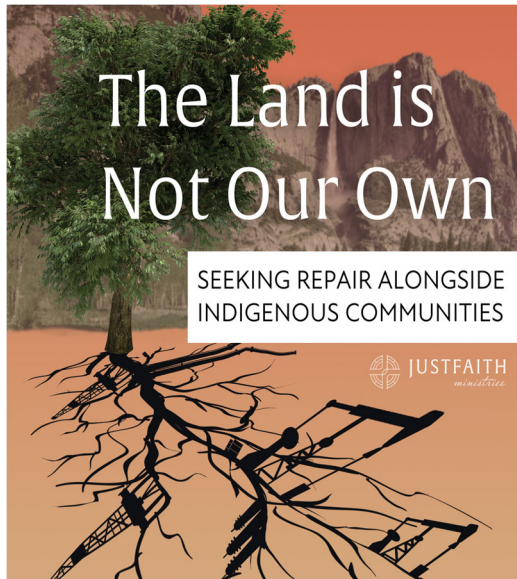
Morning Mobility is held on the first Saturday of every *odd* month of 2025.

Through 45-minutes of gentle, guided movements, you'll enhance flexibility, alleviate joint stiffness and muscle tightness, and learn mobility exercises you can practice daily at home.

No matter your age or fitness level, this class is perfect for anyone recovering from an injury, wanting to improve daily movement, or simply looking to feel more energetic.

Please RSVP by February 28, 2025.

Blake Steller
(907) 244-6683
blake@stellercoaching.com



The St. James Racial Solidarity Team invites you to this small group study series.

Tuesdays, March 25 to May 27

6:30pm - 8:30pm

on Zoom

MAURA FALLON & BROOK RIGGIO,
FACILITATORS

“It is your right, your birthright, to seek out others to work toward a world you imagine, a world where we are all free.” — Sarah Augustine

The Land Is Not Our Own: Seeking Repair Alongside Indigenous Communities will inspire and equip you to stand alongside Native communities in working for justice and repair. This 8-week small group lays a foundation of trust and relationship, so that together participants can acknowledge injustice, honor the interconnectedness of all Creation, and seek healing, repair, and hope alongside Indigenous communities.

The Land Is Not Our Own is an invitation to hope, joy, and healing. Together, the small group will celebrate Indigenous artists and activists, engage in a spiritual reorientation toward honoring our sacred connection with one another and all Creation, and learn concrete ways that individuals, churches, and communities can partner with Native leaders in their work for justice and repair.

GOALS

- Guide participants in “discern[ing] how Christian communities can address the extinction, enslavement, and extraction done in the name of Christ on Indigenous lands.”
- Equip participants to seek justice and repair alongside Indigenous leaders.
- Celebrate the wisdom and traditions of Indigenous authors, artists, and spiritual teachers
- Through spiritual reorientation, inspire daily decision-making that honors participants’ sacred relationships with all of Creation.
- Transform the participants into a community of love and support. The members will continue to encourage one another as you seek spiritual transformation and take action for justice after the program has finished.

Information, Patrick Barredo, Director of Social Outreach and Advocacy
206-382-4515 | pbarredo@stjames-cathedral.org