



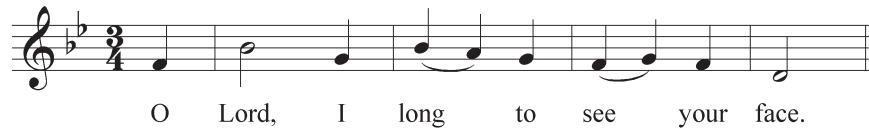
ST. JAMES CATHEDRAL  
*The Second Sunday of Lent*  
March 5, 2023

ORDER OF CELEBRATION FOR  
*The Second Sunday of Lent*

INTROIT

*Tibi dixit*

chant, adapt. Thomas B. Stratman (1939–2008)

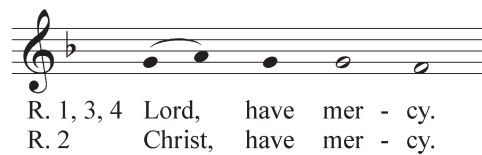


GREETING

PENITENTIAL ACT

Priest Have mercy on us, O Lord.  
ALL **For we have sinned against you.**  
Priest Show us, O Lord, your mercy.  
ALL **And grant us your salvation.**

chant, Vatican XVII



OPENING PRAYER (COLLECT)

*The Liturgy of the Word*

FIRST READING

Genesis 12:1-4a

PSALM RESPONSE

Psalm 33  
Richard Proulx (1937–2010)

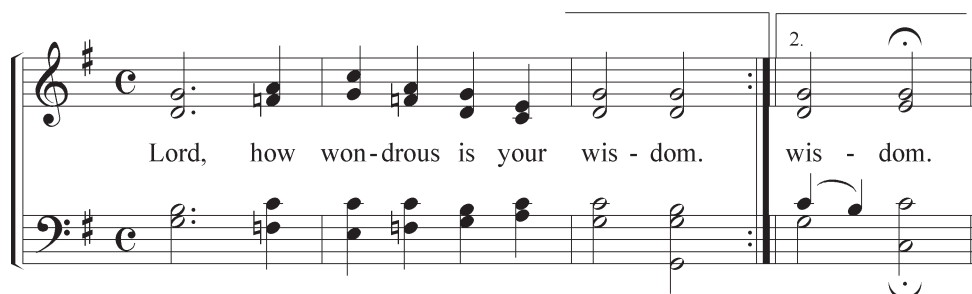


SECOND READING

2 Timothy 1:8b-10

TRACT

Thomas B. Stratman



GOSPEL

Matthew 17:1-9

HOMILY

**Father Michael G. Ryan**

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

Stratman

Choir "I give them life long and full,  
ALL **and I show them my power to save," says the Lord.**

# COMMISSIONING OF YOUTH EXTRAORDINARY MINISTERS OF COMMUNION (Noon)

## PROFESSION OF FAITH

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All BOW*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.

*All STAND UPRIGHT*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## PRAYER OF THE FAITHFUL

Litany of Saints



Lord, we ask you, hear our prayer.

## *The Liturgy of the Eucharist*

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00am)

*O nata lux*

Morten Lauridsen (b. 1943)

O born light of light, Jesus, Redeemer of the world,  
mercifully deem worthy and accept the praises and prayers of your supplicants.  
Thou who once deigned to be clothed in flesh for the sake of the lost ones,  
grant us to be made members of your holy body.

(12:00pm)

*A song of the light*

Simon Lole (b. 1957)

Light of the world, in grace and beauty, Mirror of God's eternal face.  
Transparent flame of love's free duty, you bring salvation to our race.  
Now as we see the lights of evening, we raise our voice in hymns of praise.  
Worthy are you of endless blessing, Sun of our night, Lamp of our days.

## SANCTUS

*Missa Deus genitor alme*

Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MYSTERY OF FAITH

Roman Missal

When we eat this Bread and drink this Cup,  
we pro-claim your Death, O Lord, un - til you come a - gain.

AMEN

Christus vincit

A - - men, A - - men, A - - - men.

*The Communion Rite*

LORD'S PRAYER

AGNUS DEI

Vatican XVII

R. 1, 2 mi - se - re - re no - bis.  
R. 3 do - na no - bis pa - cem.

**Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.**

COMMUNION

*Visionem quam vidistis*

Tell no one about the vision you have seen  
until the Son of Man has risen from the dead.

Mode I

(10:00am)

*Christ, whose glory fills the skies*  
T. Frederick H. Candlyn (1892-1964)

Christ, whose glory fills the skies, Christ, the true and only Light,  
Sun of righteousness, arise! Triumph o'er the shades of night:  
Dayspring from on high, be near; Daystar, in my heart appear.

Dark and cheerless is the morn Unaccompanied by thee;  
Joyless is the day's return, Till thy mercy's beams I see;  
Till they inward light impart, Glad my eyes and warm my heart.

Visit then this soul of mine! Pierce the gloom of sin and grief!  
Fill me, Radiancy Divine; Scatter all my unbelief;  
More and more thyself display, Shining to the perfect day. Amen.

Charles Wesley (1707-1788)

(12:00pm)

*How lovely is that dwelling-place*  
Scottish melody; arr. David Iliff (b.1939)

Upon returning to your place after Holy Communion, please kneel or be seated.  
**Low-gluten hosts are distributed at the credence table near the presider's chair.**



1. 'Tis good, Lord, to be here! Your
2. 'Tis good, Lord, to be here, Your
3. Ful - fill - er of the past! Prom -
4. Be - fore we taste of death, We
5. 'Tis good, Lord, to be here! Yet



glo - ry fills the night; Your face and gar - ments,  
 beau - ty to be - hold, Where Mo - ses and E -  
 ise of things to be! We hail your bod - y  
 see your king - dom come; We long to hold the  
 we may not re - main; But since you bid us



like the sun, Shine with un - bor - rowed light.  
 li - jah stand, Your mes - sen - gers of old.  
 glo - ri - fied, And our re - demp - tion see.  
 vi - sion bright, And make this hill our home.  
 leave the mount, Come with us to the plain.

## PRAYER AFTER COMMUNION

## BLESSING AND DISMISSAL

## PROCESSION

*The Way of the Cross* (Noon)

Immediately following the Noon Mass, Father Ryan and the children of the Cathedral Parish will lead the Way of the Cross. If you do not wish to remain for this brief prayer, **please depart as quietly as possible.**

Father Ryan We adore you, O Christ, and we praise you.

ALL **Because by your holy Cross you have redeemed the world.**

## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

**PAROCHIAL VICAR** Reverend Alex Pablo

**IN RESIDENCE** Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)  
John Marquez, RCIA (206-654-4640)  
Theresa Van de Ven, Children's Faith Formation (206-219-5822)  
Andrew Braley, Youth Minister (206-382-2018)  
Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)  
Patty Pruitt, Administrative Assistant (206-274-3108)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)  
Julie Sharples, Peter Burns, Wendell Dyck, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist  
Christopher Stroh, Assistant Director of Music & Organist  
Stacey Sunde, Director of Youth Music  
Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)  
Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),  
Tom Bentler (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director  
Patrick Suhrbier, Senior Immigrant Legal Services  
Sayuko Setvik, Tutoring Coordinator  
Laura Murton, Immigration Legal Coordinator  
Erica de Klerk, Refugee Welcome Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)  
Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

### PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)  
Bev Mauser, Louise Mennella, Wedding Coordinators  
Mary MacLean, Bookkeeper (206-382-4564)  
Maggie Corrigan, Office Manager (206-622-3559)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)  
Alan Frasher, Brian Jones, Frank Wang, Abeba Ghezai, facilities

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm  
Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)  
Saturdays 8:00am & "Vigil" 5:30pm

#### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

#### CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays,

8:30am-9:30am (following 8:00am Mass) and by appointment

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.

**MARRIAGE** Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

**ANOINTING of the SICK** In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

**FUNERALS** for parishioners, contact Yanti Kapoyos, 206-382-4288

**CATHEDRAL COLUMBARIUM** Maria Laughlin, 206-382-4284

**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

**804 Ninth Avenue, Seattle, WA 98104**

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**WELCOME, VISITORS!** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

## The Second Sunday of Lent March 5, 2023

**ON THE COVER** *Lord, it is good that we are here.*  
Icon of the Transfiguration of the Lord. Joan Brand-Landkamer, Cathedral iconographer.

**HOSPITALITY AFTER SUNDAY 10:00AM MASS** Join us in Cathedral Hall for quiche and fresh fruit, and the chance to visit with fellow parishioners.

**CATHEDRAL YOUTH UNITE! GATHER AFTER SUNDAY NOON MASS** Youth and families, you are invited to Cathedral Hall after Mass for a light lunch of macaroni and cheese and a chance to visit with fellow parishioners.

**CATHEDRAL YOUNG ADULTS** If you're looking for community and to grow deeper in your devotion to Jesus Christ, you're invited to join our weekly Young Adult Gathering! We meet every Sunday at the Pastoral Outreach Center from 6:30-8:00pm immediately following the 5:30pm Mass. A simple supper and drinks will be provided, and parking is available at O'Dea. *Information*, Andrew Braley, [abraley@stjamescathedral.org](mailto:abraley@stjamescathedral.org) or text 206-330-1512.

**ANOINTING OF THE SICK** On Friday, March 24 at 12:10pm, Father Ryan will celebrate a special Mass with the Anointing of the Sick. Those who struggle with chronic illness, who are facing surgery, or who deal with the weakness that comes with age are especially encouraged to participate.

**SCAM ALERT!** Cybercrime is hitting dioceses nationwide. If you receive a message from Father Ryan (or other Cathedral staff) from a @gmail address asking for help or requesting you to purchase a gift card, please delete it. It is a scam! This email scam is happening across the country. When in doubt, contact the parish office to verify the legitimacy of any request you receive from the parish. Thank you! *Information*, Maria Laughlin, 206-382-4284.

**CARE FOR CREATION TIP OF THE WEEK** During this Lenten season when we are called to a deeper sense of prayer, consider designing your own prayer corner either inside or outside your home, using second-hand materials that can help focus your time with God.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Joseph in Seattle, Tacoma, and Lynden, and the St. Joseph Mission in Kalama.*

**ST VINCENT DE PAUL HELPS A NEIGHBOR GET BACK ON HER FEET** A young woman enjoyed her full time job at a restaurant. When working, the woman was standing and walking continually during her shift. Unfortunately, she broke an ankle and being on her feet was no longer an option. After she took her accumulative leave, her ankle had not fully healed and she could not return to work. With the loss of income, this neighbor did not have enough funds in which to pay her rent. The woman called the St Vincent de Paul Helpline requesting assistance (206-767-6449). With your support, we were able to help her get on her feet financially until she was able to return to work. *Information*, Jo Ann Wiesner, 206-291-4012 or [wiesnerjo@gmail.com](mailto:wiesnerjo@gmail.com).

**JOB OPENINGS** The Cathedral Kitchen is looking to fill the paid position of **Assistant Director**, responsible for oversight of Kitchen operations. This is a 30-35 hour/week position with benefits. The Cathedral Kitchen provides 100 meals each weeknight for our homeless and low-income neighbors. The Social Outreach and Advocacy department is looking to hire a paid **Outreach Assistant** to provide administrative and program support. This is a part-time, 10-15 hour/week position. *Information*, Patrick Barredo, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org) or 206-382-4515.

**RICE BOWL STORIES** The changing climate has had an impact on Honduras, but farmers there are learning new techniques to water their crops, protect their natural resources, and keep their families healthy. Rony Figueroa, his wife Reina, and their two sons grow corn, beans, and bananas on their land, which is in an area hard hit by high temperatures and lack of rain. Recently, they have experienced frequent drought and strong storms as well. Rony joined a CRS project where he learned to repair an old reservoir and install a low-cost irrigation system that uses very little water. He also learned from CRS how to let his harvest residue rot, providing much needed fertilizer for his soil. He now has enough produce and income to feed his family, help others in his community, and even send his oldest son to soccer academy! Rony has become an avid advocate for the environment, saying "I have learned a lot about how to take care of, value, and protect the natural resources that the Lord has given us. That is the best way to guarantee the lives of our families and the animals." If you would like a Rice Bowl mailed to your home OR if you would like to become more involved in CRS efforts taking place right here in Seattle, contact Joyce Mork-O'Brien, 206-226-4099 or [jamob14@comcast.net](mailto:jamob14@comcast.net).

**ST. JAMES HOUSING ADVOCACY COMMITTEE MARCH 23** According to the Cathedral's most recent vision statement, "we listen to the voices of the poor and marginalized." The St. James Housing Advocacy Committee invites you to their upcoming meeting on Thursday, March 23 at 7pm to learn more about how you can use your voice on behalf of those who are unhoused. *Information*, Patrick Barredo, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org) or 206-382-4515.

**TOILETRY DONATIONS** If you are traveling and staying at a hotel, consider bringing the small toiletries back to St. James. There is a donation bin located in the Cathedral Bookstore. Our St. Vincent de Paul conference packages the toiletries and distributes them to those in need. Thank you!

**TEEN, YOUNG ADULT AND ADULT VOLUNTEERS NEEDED FOR FAITH FRIENDS MINISTRY** Faith Friends is a unique blend of our Faith Mentor, children's faith formation program, and an inclusion ministry. The ministry's goal is to give children and teens ages 7- 18 with physical, cognitive and/or intellectual disabilities access to the parish community, social events, and faith formation. Perhaps the most unique aspect of the Faith Friends program is the Faith Peer program. Faith Peers are teens and young adults who have chosen to live out their discipleship and share some of their personal time in dedication and service to the goals of the program. Adult volunteers are needed for the Adult Leadership team. *Information*, Jennifer Wong, 206-619-0816, [faithfriends@stjames-cathedral.org](mailto:faithfriends@stjames-cathedral.org), or [www.faithfriendsstjames.org](http://www.faithfriendsstjames.org).

**MINDFUL ALTERNATIVES SUPPORT GROUP** Monthly support group for family members of adult children with mental illness. Meets via Zoom on the last Saturday of each month. This group has the very specific focus of helping family members navigate resources available to those who suffer from a disabling mental illness and reminding us that we need to take care of ourselves as we walk this difficult road. *Information*, Terry, [mindfulalternative@gmail.com](mailto:mindfulalternative@gmail.com).

**SEEKING VOLUNTEERS FOR THE MEMORY HUB** Do you enjoy hospitality and connecting with people? Would you like to be part of building a welcoming and vibrant community center for people with memory loss and their families, here on First Hill? Join the team at the new Memory Hub as a Front Desk Volunteer! *Information*, Debra Cayz, Operations Lead, 206-221-8284 or [debcayz@uw.edu](mailto:debcayz@uw.edu).

**NAMI SUPPORT GROUPS** Open to anyone with a family member/loved one living with a mental health condition. On the first Saturday of the month online; on the third Saturday of the month in person at St James Cathedral in Pastoral Outreach Center (enter through courtyard), 1:30-3pm. *Information and to register for online meeting*, [www.namiseattle.org](http://www.namiseattle.org). Mindful Alternative Support Group is offered on the last Saturday of the month, 2-3:30pm, online only. *Information and to register*, [mindfulalternative.org](http://mindfulalternative.org).

**SAVE THE DATE: CHOIR CAMP 2023** All children and youth with unchanged (treble) voices entering grades 1 through 8 are encouraged to register for Choir Camp! All are welcome: parishioners and non-parishioners alike. Camp occurs daily August 7-11, Monday through Friday, 9:00am until 4:00pm. Camp concludes with all choristers returning at 9:00am on August 13 to sing for the 10:00am Sunday Mass. Contact the Youth Music Office to register today! *Information*, Youth Music Office, 206-382-4876 or [youthmusic@stjames-cathedral.org](mailto:youthmusic@stjames-cathedral.org).



# REFLECT AND RENEW WEEK I - ENCOUNTER

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*This Lent, many Catholics around the Archdiocese are gathering for a five-week series to reflect on God's word and share their faith with one another. Even if you are unable to join in one of the sessions offered at the Cathedral, you are invited to pray and reflect each week.*

## OPENING PRAYER

O God,  
who established the Holy Church  
upon the foundation of the Apostles  
with Christ Jesus himself as the chief cornerstone,  
grant that the people gathered in your name  
may revere you, love you, follow you  
and grow into the temple of your glory,  
until led by you, they come at last to the heavenly city.  
Through Christ our Lord. Amen.

## READING

Mt 16:13-19

When Jesus went into the region of Caesarea Philippi he asked his disciples, "Who do people say that the Son of Man is?"

They replied, "Some say John the Baptist, others Elijah, still others Jeremiah or one of the prophets."

He said to them, "But who do you say that I am?"

Simon Peter said in reply, "You are the Christ, the Son of the living God."

Jesus said to him in reply, "Blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but my heavenly Father. And so I say to you, you are Peter, and upon this rock I will build my Church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the Kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven."

## REFLECTION QUESTIONS

- How did you first encounter Christ—really encounter him?
- How do we encounter Christ in parish life?

## CONCLUDING PRAYER

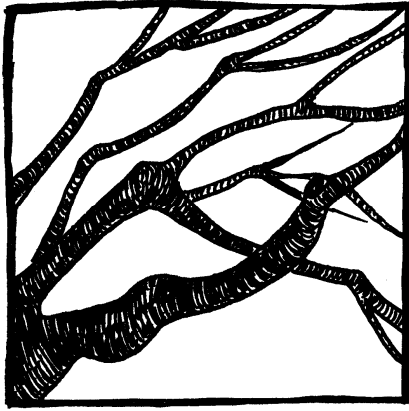
Almighty, ever-living God,  
pour out your grace upon the Church and upon our parish  
and extend the gift of your help to all who call upon you,  
that the power of your word and of the Sacraments  
may strengthen the hearts of your faithful.  
Through Christ our Lord. Amen.



# The Rite of Christian Initiation for Adults

## JOURNEY OF THE ELECT

Lent is a time of intensive prayer and preparation for our Catechumens, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Soon they will no longer be called *Catechumens*, but "*Elect*," following the celebration of the Rite of Election. This final period of purification and enlightenment, which, since the beginnings of the Church, has taken place during Lent, consists more of interior reflection than catechetical instruction. It is intended to purify the hearts and minds of the Elect as they search their own consciences and do penance. This period is also intended to enlighten their minds and hearts with a deeper knowledge of Christ the Savior.



*The following are some important moments in the journey of our Catechumens:*

**RITE OF ELECTION** We begin a season of intensified preparation by celebrating the Rite of Election on February 25. On the basis of the testimony of sponsors and catechists, the Church judges the state of readiness of the Catechumens for baptism, and decides on their advancement toward the sacraments of initiation. This step is called

"election" and is based on the Catechumens' election by God, in whose name the Church acts. From this point on, those preparing for Baptism are referred to as the Elect.

**THE SCRUTINIES** Lent began in the Church as a time of intense spiritual preparation and healing for the Elect. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place at the 10:00am Mass on March 12, 19, and 26.

**SATURDAY, APRIL 8, 8:30pm: THE EASTER VIGIL** On this holiest of nights, we celebrate the sacraments of Baptism, Confirmation and Eucharist with our Elect. The Easter Vigil is the undisputed high point of the entire liturgical year, the "mother of all vigils," as St. Augustine called it.

*Please pray for those to be baptized at the Easter Vigil:*

**Celeste Axelson • Dave Duche  
Kate Fay • Olivia Hall  
Sherri Pimentel • Aster Starr  
Jacob Hughes**

Please visit the Place of Prayer near the Cathedral font or on the Cathedral website, and pray for our Elect each day during this season of Lent. As Easter draws near, you are invited to write a note telling our Elect of your prayerful support.

## Official Lenten Regulations from the Archdiocese of Seattle

**F**or this penitential season, the Church draws on the wisdom of the Scriptures and tradition in suggesting a time of intense prayer, fasting, and almsgiving.

Catholics in the United States are obliged to abstain on Ash Wednesday and on all Fridays during the season of Lent. Catholics are also obliged to fast on Ash Wednesday and Good Friday. Self-imposed observance of fasting on all weekdays of Lent is strongly recommended, as is abstinence from meat on all Fridays of the year. *Archbishop Etienne has granted a dispensation for Friday, March 17, St. Patrick's Day.*

**Ash Wednesday is February 22, 2023. Good Friday is April 7, 2023.**

**Fasting.** On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk and juices, are permitted. **Abstinence.** On days of abstinence eating of meat is not allowed.

The obligation of fasting binds Catholics who are 18-59 years old. The obligation of abstinence applies to those 14 years and older. The law does not oblige when health or ability to work would be seriously affected.

# Musical Prayer during Lent

## THE TENEBRAE CHOIR: A HYMN OF HEAVENLY BEAUTY Saturday, March 11 at 8:00pm

The award-winning U.K. choir Tenebrae, directed by Nigel Short, is one of the world's leading vocal ensembles, renowned for its passion and precision. In their first-ever Seattle concert appearance, they sing a program celebrating some of the finest choral works from the Renaissance through to the present day, ranging from the haunting Allegri *Miserere mei, Deus*, to Harris' spectacular *Faire is the Heaven*. Other works showcase the rich, dark sound world of the Russian orthodox, the prayerful intimacy of English masters, and the soaring contrapuntal lines of the late Renaissance. *Tickets and more information*, <https://www.stjames-cathedral.org/music/concerts> or 206-382-4874.



## OPUS 7 VOCAL ENSEMBLE: SHOW US YOUR MERCY Saturday, March 25 at 8:00pm

Opus 7 Vocal Ensemble presents a powerful collection of choral music for the Lenten season expressing mercy and hope. Contemplate the solemnity of the season with lush romantic works by Mendelssohn, Rheinberger, Georg Schumann, Pizzetti, Szymanowski and Vilette; the crystalline, plaintive melodies of Henry Purcell; and American composers William Albright, Gwyneth Walker, and Seattle's Peter Hallock. The central work is Krzysztof Penderecki's *Agnus Dei*, written in 1981 as part of his *Polish Requiem* and dedicated to Cardinal Stefan Wyszyński. *The Polish Requiem* began as a commission from the trade union Solidarity to memorialize those killed in anti-government protests. *Tickets and more information*, <http://opus7.org/music/concerts/>.



## THE OFFICE OF TENEBRÆ Wednesday, April 5 at 7:30pm

The name Tenebræ (the Latin word for "shadows") was originally given to the ancient monastic services of matins (celebrated after midnight) and lauds (celebrated at dawn) of the last three days of Holy Week. By the late Middle Ages, these services were consolidated into a single daily celebration on each evening before Holy Thursday, Good Friday, and Holy Saturday.

Following numerous 20th-century papal reforms, Tenebræ today is celebrated in many different forms, which can include the chanting of the Lamentations of Jeremiah, in which each verse is introduced by a letter of the Hebrew alphabet, and the gradual extinguishing of candles and other lights in the church to signify the darkness that overshadowed the earth at Christ's crucifixion. The loud noise, or strepitus, at the conclusion of the service suggests the earthquake described in the Passion narratives. The single candle left burning is the symbol and promise of Christ's triumph over death and darkness.

The Cathedral Cantorei will sing Thomas Tallis' setting of the *Lamentations of Jeremiah* and the sublime *Miserere mei, Deus* by Gregorio Allegri, as well as plainchant psalmody. Father Michael G. Ryan, president.

## TRE ORE Friday, April 7 from 12pm-3pm

We observe the traditional Good Friday devotion of Tre Ore ("Three Hours") in which we remember the last words of Christ proclaimed from the cross. These brief exclamations from Jesus alternate with movements from Giovanni Battista Pergolesi's *Stabat Mater* and meditations by Diana Macalintal on the Seven Last Words of Christ. The Pergolesi is sung by Jubilate! Young Women's Ensemble, Stacey Sunde, director with the Cathedral Chamber Orchestra, conducted by Joseph Adam.

