



ST. JAMES CATHEDRAL  
*The Most Holy Body & Blood of Christ*  
June 19, 2022

# The Corpus Christi Procession



The Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi) is a celebration of our Catholic faith in the real presence of Jesus in the Eucharist. Every time we celebrate the Mass, the sacrifice of Jesus is renewed among us and for us. The bread becomes the Body of Christ broken for us; the wine his Precious Blood, poured out for us.

This is no ordinary food, which is assimilated into our bodies and becomes what we are. Rather, as St. Augustine observed centuries ago, when we receive this sacrament, we become what we receive—we are incorporated into the Body of Christ.

The traditional Corpus Christi procession, which takes place this year following the Saturday 5:30pm and Sunday 10:00am Masses, is a beautiful reflection of this reality. After communion, the presider places the Body of Christ in a monstrance. Then a procession forms, and the whole assembly—nourished by the Eucharist, formed into the Body of Christ—follows, out of the Cathedral and into the streets. In a very tangible way, we take our faith to the city, and give witness to our belief that Jesus is truly with us in the Eucharist. Walking together as a family of faith, we recognize that we are the body of Christ.

In his homily for Corpus Christi last year, Pope Francis said: “We need to break out of our tiny self-enclosed space and enter the vast expanse of wonder and adoration. Adoration: that is the attitude we need in the presence of the Eucharist. The Church must be a community with arms wide open, welcoming to all. Let us ask ourselves this question: when someone approaches who is hurting, who has made a mistake, who has gone astray in life, is the Church, this Church, large enough to welcome this person and lead him or her to the joy of an encounter with Christ? Let us not forget that the Eucharist is meant to nourish those who are weary and hungry along the way. A Church of the pure and perfect is a room with no place for anyone. On the other hand, a Church with open doors, that gathers and celebrates around Christ, is a large room where everyone – everyone, the righteous and sinners – can enter.... The procession with the Blessed Sacrament reminds us that we are called to go out and bring Jesus to others. To go out with enthusiasm, bringing Christ to those we meet in our daily lives. Let us break the bread of our lives in compassion and solidarity, so that through us the world may see the grandeur of God’s love.”

*Corinna Laughlin, Director of Liturgy*

*Manila, Malaysia, Tanzania, Germany,  
Orvieto, Seattle*

ORDER OF CELEBRATION FOR

*The Most Holy Body and Blood of Christ*

PROCESSION WITH THE BLESSED SACRAMENT (10:00am)

PRELUDE

*The celestial banquet*  
Olivier Messiaen (1908–1992)

ENTRANCE

*Let all mortal flesh keep silence*  
PICARDY



1. Let all mor - tal flesh keep si - lence,  
2. King of king, yet born of Mar - y,  
3. Rank on rank the host of heav - en  
4. At his feet the six - winged ser - aph,



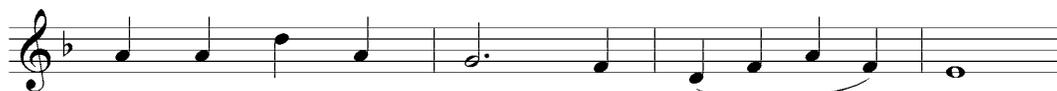
And with fear and trem - bling stand;  
As of old on earth he stood,  
Spreads its van - guard on the way,  
Cher - u - bim with sleep - less eye,



Pon - der noth - ing earth - ly mind - ed  
Lord of lords in hu - man ves - ture,  
As the Light of Light de - scend - ing  
Veil their fac - es to the Pres - ence,



For with bless - ing in his hand  
In the Bo - dy and the Blood  
From the realms of end - less day,  
As with cease - less voice they cry,



Christ our God to earth de - scend - - - ing,  
He will give to all the faith - - - ful  
That the pow'rs of hell may van - - - ish  
"Al - le - lu - ia, al - le - lu - - - ia,



Our full hom - age to de - mand.  
His own self for heav'n - ly food.  
As the dark - ness clears a - - - way.  
Al - le - lu - ia, Lord, most high!"

PENITENTIAL ACT

*Missa de angelis*  
Vatican VIII



Have mer - cy on us.

GLORIA

*Missa de angelis*  
Vatican VIII

Presider Gloria in excelsis Deo.  
Choir *Et in terra pax hominibus bonæ voluntatis.*

Glory to God in the highest,  
and on earth peace to people of good will.

ALL   
Lau-da - mus te.

We praise you,

Choir *Benedicimus te.*

we bless you,

ALL   
A-do-ra - mus te.

we adore you,

Choir *Glorificamus te.*

we glorify you,

ALL   
Gra-ti-as a-gi - mus ti - bi prop-ter mag-nam glo-ri-am tu-am.

we give you thanks  
for your great glory,

Choir *Domine Deus, Rex celestis, Deus Pater omnipotens.*

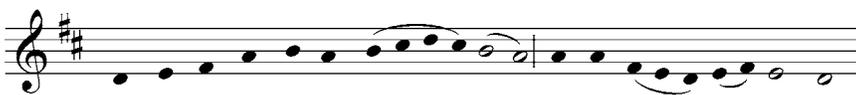
Lord God, heavenly King,  
O God, almighty Father.

ALL   
Do-mi-ne Fi-li u-ni-ge-ni-te Je-su Chri-ste.

Lord Jesus Christ,  
Only Begotten Son,

Choir *Domine Deus, Agnus Dei, Filius Patris.*

Lord God, Lamb of God,  
Son of the Father,

ALL   
Qui tol-lis pec-ca-ta mun - di, mi-se-re - re no-bis.

you take away  
the sins of the world,  
have mercy on us;

Choir *Qui tollis peccata mundi, suscipe deprecationem nostram.*

you take away  
the sins of the world,  
receive our prayer;

ALL   
Qui se-des ad dex-te-ram Pa - tris, mi-se-re-re no - bis.

You are seated at the right hand  
of the Father, have mercy on us.

Choir *Quoniam tu solus sanctus.*

For you alone are the Holy One,

ALL   
Tu so-lus Do - mi - nus.

you alone are the Lord,

Choir *Tu solus Altissimus, Iesu Christe.*

you alone  
are the Most High, Jesus Christ,

ALL   
Cum San-cto Spi - ri - tu, in glo-ri - a De - i

with the Holy Spirit,  
in the glory of God the Father.

  
Pa - tris. A - - - - men.

Amen.

OPENING PRAYER (COLLECT)

# The Liturgy of the Word

FIRST READING

Genesis 14:18-20

RESPONSORIAL PSALM

Psalm 110

Bower



Christ our Lord is a priest for - ev - er, like Mel -  
chi - ze - dek of old. Al - le - lu - ia! Al - le - lu - ia!

SECOND READING

1 Corinthians 11:23-26

SEQUENCE (10:00)

*Lauda Sion*

chant

Sion, praise thy Saviour singing,  
Hymns with exultation ringing  
Praise thy King and Shepherd true.

Honor Him, thy voice upraising,  
Who surpasseth all thy praising;  
Never canst thou reach his due.

Let the Bread, life-giving, living,  
Be our theme of glad thanksgiving,  
Now indeed before thee set;

As of old the Lord provided  
When the twelve, divinely guided,  
At the holy table met.

Very Bread, good Shepherd, tend us,  
Jesus, of thy love befriend us,  
Thou refresh us, thou defend us.  
Thine eternal goodness send us  
In the land of life to see;

Thou who all things canst and knowest,  
Who on earth such food bestowest,  
Grant us with thy saints, though lowest,  
Where the heavenly feast thou showest,  
Fellow heirs and guests to be. Amen.

(attributed to St. Thomas Aquinas)

ALLELUIA

Melchior Vulpius (1570-1615)



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

Luke 9:11b-17

HOMILY

**Father Eric Watson, SJ** (Sunday Evening)

**Father Michael G. Ryan** (all other Masses)

PROFESSION OF FAITH

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,**

[ALL BOW]

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

[ALL STAND UPRIGHT]

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy,  
catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**



Ky - ri - e e - le - i - son, e - le - i - son.

*The Liturgy of the Eucharist*

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

(Noon)

*Ave verum corpus*  
Wolfgang Amadeus Mozart (1756-1791)

*Tantum ergo*  
Jessica French (b. 1984)

SANCTUS

*Corpus Christi Mass*  
chant, adapt. Richard Proulx (1937-2010)

*Cantor, then All:*



Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

*Choir: Heaven and earth are full of your glory.*

*Cantor, then All:*



Ho - san - na in the high - est, in the high - est.

*Choir: Blessed is he who comes in the name of the Lord.*

*Cantor, then All:*

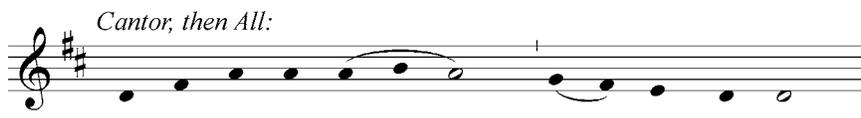


Ho - san - na in the high - est, in the high - est.

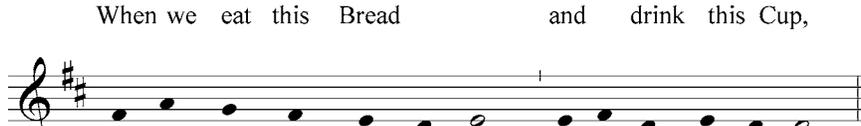
MYSTERY OF FAITH

chant, adapt. Proulx

*Cantor, then All:*



When we eat this Bread and drink this Cup,



we pro-claim your Death, O Lord, un-til you come a-gain.

AMEN

chant, adapt. Proulx

*All:*



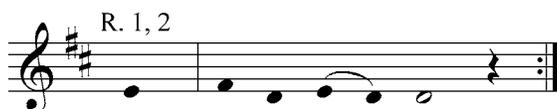
A - men, A - men, A - - - men.

LORD'S PRAYER

AGNUS DEI

chant, adapt. Proulx

R. 1, 2



have mer-cy on us.

R. 3



Grant us peace, grant us peace.

COMMUNION

*Hoc corpus*

“This is my body which is given up for you; this is the cup of the new covenant of my blood,” says the Lord.

Mode VIII

“Each time that you partake thereof, do it in memory of me.”

(10:00)

*Let all mortal flesh keep silence*

Edward C. Bairstow (1874–1946)

**Upon returning to your place after Holy Communion, please kneel or be seated.**

Low-gluten hosts are distributed at the credence table near the presider’s chair.

HYMN OF PRAISE

*At that first Eucharist*

UNDE ET MEMORES

1. At that first Eu - cha - rist be - fore you died,  
 2. For all your church, O Lord, we in - ter - cede;  
 3. So, Lord, at length when sac - ra - ments shall cease,  
 O Lord, you prayed that all be one in you;  
 O make our lack of char - i - ty to cease;  
 May we be one with all your Church a - bove,  
 At this our Eu - cha - rist a - gain pre - side,  
 Draw us the near - er each to each we plead,  
 One with your saints in one un - end - ing peace,  
 And in our hearts your law of love re - new.  
 By draw - ing all to you, O Prince of Peace.  
 One with your saints in one un - bound - ed love;  
 Thus may we all one Bread, one Bod - y be;  
 Thus may we all one Bread, one Bod - y be;  
 More bless - ed still in peace and love to be  
 Through this blest Sac - ra - ment of Un - i - ty.  
 Through this blest Sac - ra - ment of Un - i - ty.  
 One with the Trin - i - ty in Un - i - ty.

*Eucharistic Procession* (10:00am)

Please join in the procession at the direction of the ushers. Please, no photography during the procession.

See the following page for music to sing during the procession.

Please join in the sung and spoken prayers along the way.

**PLEASE FOLLOW THE DIRECTIONS OF THE USHERS TO ENTER THE PROCESSION.**

PROCESSION

*Processional with Fanfares*

Robert Below (1934-2020)

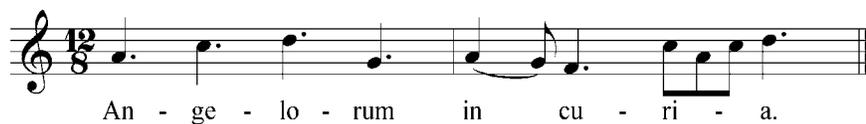
## Procession with the Blessed Sacrament following 10:00am Mass

PLEASE JOIN IN THE PROCESSION AT THE DIRECTION OF THE USHERS.

MUSIC FOR ALL TO SING DURING THE PROCESSION

*Nostra phalans (in the courts of the angels)*

12th c., Santiago de Compostela, Codex Calixtinus



*Jesus here present, our living Savior*

12th c., Cortona, adapt. Stratman

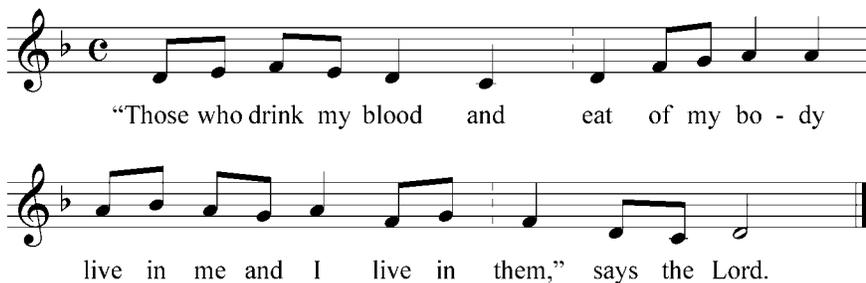
Cantor: Jesus here present, our living Savior,

All:



*Jesus, the font and foundation of loving*

12th c., Cortona, adapt. Stratman



## *Benediction of the Blessed Sacrament* on Terry Avenue

HYMN ALL BOW OR KNEEL

*Pange lingua gloriosi*

**Sing my tongue, the Savior's glory,  
Of His flesh the mystr'y sing,  
Of the blood all price exceeding,  
Shed by our immortal king.  
Destined for the world's redemption,  
From a noble womb to spring.**

**Tantum ergo sacramentum  
Veneremur cernui,  
Et antiquum documentum  
Novo cedat ritui,  
Præstet fides supplementum  
Sensuum defectui. Amen.**

Father Ryan: You have given them bread from heaven.

**ALL: Having all sweetness within it.**

EUCCHARISTIC COLLECT

EUCCHARISTIC BLESSING

*All make the sign of the cross as Father Ryan blesses the assembly with the Blessed Sacrament, exposed in the monstrance.*

DIVINE PRAISES

all sing in response as Father Ryan chants the Divine Praises

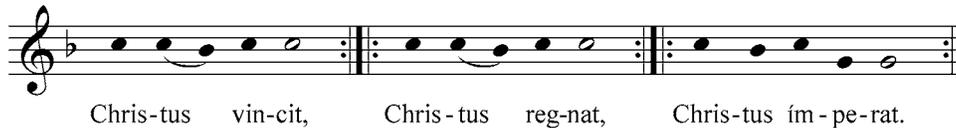
**Blessed be God.**  
**Blessed be God's holy name.**  
**Blessed be Jesus Christ, true God and true man.**  
**Blessed be the name of Jesus.**  
**Blessed be his most Sacred Heart.**  
**Blessed be his most Precious Blood.**  
**Blessed be Jesus in the most holy sacrament of the altar.**  
**Blessed be the Holy Spirit, the Paraclete.**  
**Blessed be the great Mother of God, Mary most holy.**  
**Blessed be her holy and Immaculate Conception.**  
**Blessed be her glorious assumption.**  
**Blessed be the name of Mary, virgin and mother.**  
**Blessed be St. Joseph, her most chaste spouse.**  
**Blessed be God in the angels and in the saints.**

REPOSITION OF THE BLESSED SACRAMENT

THE CORPUS CHRISTI ACCLAMATION ALL RISE

Christus vincit, 9th century

*Choir/ALL*



FESTIVAL PEAL of the South Tower bells

# Annual Catholic Appeal



**TOGETHER WE CAN be Christ to Others**

## **ANNUAL CATHOLIC APPEAL UPDATE** through June 9, 2022

ACA Goal: **\$319,221**  
Cathedral Rebate Goal: **\$180,000**  
**TOTAL GOAL: \$499,221**

**Donated through June 9:**  
**\$336,406**  
Participation: **17%** (394 gifts)

**Still need to raise: \$162,815**  
Participation goal: **40%** (542 more gifts!)

At this point, 100% of your donation comes back to the Cathedral in the form of a rebate. This year, the rebate supports our St. James Immigrant Assistance program!



As Catholics we are called by our baptism to be missionary disciples, to “go into the world and proclaim the Gospel to every creature.” MARK 16:15



Annual Catholic Appeal | 710 9th Avenue, Seattle, WA 98104  
800-809-4921 | [aca@seattlearch.org](mailto:aca@seattlearch.org) | [archseattle.org/GiveACA](http://archseattle.org/GiveACA)



## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

**PAROCHIAL VICAR** Reverend Alex Pablo

**IN RESIDENCE** Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, RCIA (206-654-4640)

Andrew Casad, Children's Faith Formation (206-274-3108)

Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Peter Burns, John Marquez, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Maria Tally (Assistant Director) (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

Erica de Klerk, Refugee Welcome Coordinator

Marina Ortiz, Immigrant Legal Services Assistant

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-654-4650)

### YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

### PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Frank Wang, facilities

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

#### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

#### CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays,

8:30am-9:30am (following 8:00am Mass) and by appointment

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Theresa Van de Ven for information, 206-219-5822.

**MARRIAGE** Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

**ANOINTING of the SICK** In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

**FUNERALS** for parishioners, contact Yanti Kapoyos, 206-382-4288

**CATHEDRAL COLUMBARIUM** Maria Laughlin, 206-382-4284

**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**W**ELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

## The Most Holy Body and Blood of Christ June 19, 2022

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer or uniformed security guard is present on the Cathedral campus.

**ON THE COVER** *I am the living bread that came down from heaven; whoever eats this bread will live forever.* Icon of the Last Supper. Joan Brand-Landkamer, Cathedral iconographer.

**FLOWERS AT THE ALTAR** are offered by Bryan Long in loving memory of his father, Thomas E. Long, and all fathers on this Fathers' Day weekend.

**HOSPITALITY AFTER SUNDAY 10:00AM MASS** Please come to Cathedral Hall after the 10:00am Mass for coffee, doughnuts, fresh fruit, and the chance to visit with fellow parishioners.

**SATURDAY 5:30PM** During this Mass, we celebrate our diversity and our unity in the Body of Christ as we mark the conclusion of the diocesan phase of the Synod. A special welcome to the representatives of some of the many multicultural communities that make up this local Church! All are encouraged to join in the Eucharistic procession and blessing at the conclusion of Mass.

**SUNDAY, 10:00AM—CORPUS CHRISTI PROCESSION** Following the 10:00am Mass today, we will have our traditional parish Corpus Christi procession. In this great celebration, we take our faith to the streets! We will process around the Cathedral block and conclude with Benediction of the Blessed Sacrament on Terry Avenue. All are encouraged to remain for this special procession and blessing.

**JUNETEENTH HOLIDAY** There will be just one Mass at 8:00am in the Cathedral on June 20 in observance of the Juneteenth national holiday. The Cathedral will close following the morning Mass.

**HOLY HOUR FOR VOCATIONS** On Friday evening, June 24 at 7:00pm, you are invited to join Archbishop Etienne to pray with and for the three young men who will be ordained to the priesthood in the Cathedral on June 25. As we pray for them on the eve of their ordination, we will also pray for many vocations to service in this local Church.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day.* This week we pray for the parishes of SS Peter and Paul in Tacoma, St. John the Baptist in Covington, and St. Anne Mission in Blaine and Tulalip.

**ORDINATIONS TO THE PRIESTHOOD** On Saturday, June 25 at 10:00am, all are welcome to participate in the joyful Mass of Ordination as Chad Hill, John De Palma, and Josh Nehnevaj are ordained to the priesthood for service in this local Church. The Mass will also be livestreamed on the Archdiocese of Seattle Vimeo and Facebook channels.

**ST VINCENT DE PAUL THANKS YOU** for your donations to the special collection taken for SVdP on the third Sunday of the month. Without your support, we could not provide material aid to residents of St James parish who call the SVdP Helpline (206-767-6449). Whether you drop a single dollar bill or many dollars into the SVdP collection basket, mail us a check or donate to SVdP at the St James website online, we know it is important to you to help our neighbors in need. Each time we make a home visit to one of those neighbors, we have the privilege of accepting their deep gratitude for your help. Thank you! *Information*, Jo Ann Wiesner, 206-291-4012 or [wiesnerjo@gmail.com](mailto:wiesnerjo@gmail.com).

**CHOIR CAMP 2022 REGISTRATION IS OPEN** All children and youth with unchanged (treble) voices entering grades 1 through 8 are encouraged to register. All are welcome: parishioners and non-parishioners alike. Camp occurs daily August 8-12, Monday through Friday, 9:00am until 4:00pm. Camp concludes with all choristers returning at 9:00am, August 14, to sing for the 10:00am Sunday Mass. Campers will sing, laugh, learn, and play in a beautiful and welcoming environment and discover a variety of music spanning the Church's history, from ancient to modern. Campers share their music through outreach at a mid-week mini-concert, a concert in the Cathedral on Friday, and the Sunday 10:00am Mass. Tuition is \$150 per chorister. Scholarships are available. *Information*, Youth Music Office, [youthmusic@stjames-cathedral.org](mailto:youthmusic@stjames-cathedral.org); 206-382-4876; <https://www.stjames-cathedral.org/music/youthmusic/choircamp.aspx>

**JOB OPENING: YOUTH MINISTER AND COORDINATOR OF YOUNG ADULT ACTIVITIES** St. James Cathedral has an opening for a Youth Minister who will also serve as mentor to our Young Adult community. Applicant must be an active member of a Catholic parish, have excellent people skills, and relevant experience. This is a full-time position with an Archdiocesan Benefits package. Interested applicants should email resume and cover letter to Larry Brouse, [lbrouse@stjames-cathedral.org](mailto:lbrouse@stjames-cathedral.org).

**ST. JAMES CATHEDRAL ON SOCIAL MEDIA** Be sure to follow the Cathedral on social media for up-to-date information about the life of the Cathedral! On Instagram: [@stjamescathedral](https://www.instagram.com/stjamescathedral). On Facebook: [@stjamesseattle](https://www.facebook.com/stjamesseattle). Also, find the Cathedral on Apple podcasts or visit <https://stjamescathedral.simplecast.com>. And of course, you can always visit [www.stjames-cathedral.org](http://www.stjames-cathedral.org) for up to date information on Cathedral happenings, or to sign up for our weekly e-bulletin.

## *Opportunities to Serve*

**MINISTRY OF PRESENCE IN THE CATHEDRAL** Each weekday afternoon from 1-4pm, a Cathedral parishioner sits at a welcome desk in the Cathedral to greet visitors and answer questions. It's a chance to spend some quiet time in the Cathedral and to be a welcoming presence to all who pass through the Cathedral's doors. *Information*, Caroline Okello, [cokello@stjames-cathedral.org](mailto:cokello@stjames-cathedral.org) or 206-654-4650.

**WELCOMING A UKRAINIAN FAMILY** St. James has formed a Sponsor Circle to welcome a family of three who have fled Ukraine. We expect this family will arrive Seattle in July and we are looking for donations of new or gently used household items, or gift cards to purchase these items, for their apartment. Additionally, we are looking for more Refugee Support Team members to accompany this family—volunteers will walk alongside the family as they access healthcare, navigate transportation, enroll in benefits, secure employment, establish community connections and more. Volunteers commit to one shift weekly, in-person or from home, over the next six months. *Information*, Erica de Klerk, [edeklerk@stjames-cathedral.org](mailto:edeklerk@stjames-cathedral.org).

**ST VINCENT DE PAUL MINISTRY WITH THE UNSHELTERED** Parishioner Ken Goddard writes: "When COVID arrived more than 2 years ago it eliminated volunteer opportunities I'd had to serve our neighbors directly/in-person. I missed the face-to-face interactions with our neighbors in need. In the spring of 2020 I learned St. Vincent de Paul Society had partnered with Seattle Public Utilities (SPU) to serve Seattle's unsheltered neighbors. Several days each week this program provides sanitation and basic human services to our neighbors living in vehicles and tents throughout our community. SPU pumps out RV wastewater tanks and buckets for RV residents while Vincentian volunteers accompany SPU on their rounds to meet in-person with those we visit to provide the basic elements of a home visit: reaching out to listen to their stories, offer care, support, referrals, and some material goods. This opportunity has made me feel I belong to a much larger community and I've met many wonderful neighbors as a result." Find out if this ministry is for you. *Information*, Ken Goddard, 206-981-7185.

**HYGIENE ITEMS FOR OUR UNSHELTERED NEIGHBORS** The St Vincent de Paul Society is seeking donations of hygiene items for Seattle's unsheltered neighbors. Donated items will be assembled into individual hygiene kits which will then be distributed in person by SVdP volunteers. Hygiene items being sought include: travel size shampoo/conditioner/lotion; bar soap; hand sanitizer; disposable razors; deodorant; lip balm; dental floss, toothbrush, travel size toothpaste; small packets of Kleengloves. The donation collection box is located in the Cathedral Bookstore. Donations can be made whenever the Bookstore is open, Monday through Friday, 11:00am-3:00pm and after each weekend Mass.

# JUNETEENTH

## FREEDOM DAY

**J**uneteenth marks a time in history that has long been celebrated among the African American community, but has remained largely unknown within the white community. The brutal history of slavery and segregation continues to inflict pain on our society, and Juneteenth offers a light of hope on the fight for freedom and justice.

As noted by the National Museum of African American History and Culture, Juneteenth is a time to celebrate, to gather as family, to reflect on the past and look to the future. Within the African American community, Juneteenth is known as our second “Independence Day”. It is a holiday that commemorates the June 19, 1865 announcement of the abolition of slavery in Texas, and more generally the emancipation of African American slaves throughout the Confederate South.

Emancipation did not finally come until General Gordon Granger rode into Galveston, Texas and issued General Order No. 3, on June 19, almost two and a half years after President Abraham Lincoln signed the Emancipation Proclamation on January 1, 1863.

Celebrated on June 19, the word is a portmanteau of “June” and “nineteenth.” The Black Catholic Advisory Circle of the Archdiocese of Seattle invites all of us to celebrate this day as a reminder of the transformative power of human liberation.

With President Joe Biden’s signing legislation into law in 2021, Juneteenth is now officially known as Juneteenth National Independence Day and is a US Federal holiday. We encourage all to spend time with family, reflecting on the meaning of the day by using this as a day of education about our collective history and taking the time to pray for real change.

*Members of the Black Catholic Advisory Circle*

### JUNETEENTH PRAYER

We pray, O Lord, for change.  
Jesus you revealed God  
through your wise words and loving deeds,  
and we encounter you still today  
in the faces of those whom society  
has pushed to the margins.  
Guide us, through the love you revealed,  
to establish the justice you proclaimed,  
that all peoples might dwell in harmony  
and peace, united by that one love  
that binds us to each other, and to you.  
And most of all, Lord, change our routine  
worship and work into genuine encounter with  
you and our better selves so that our lives will  
be changed for the good of all. Amen.

**The Black Catholic Advisory Circle of the Archdiocese of Seattle recommends the following resources for learning more about Juneteenth.**

- **What is Juneteenth?**  
<https://www.juneteenth.com/>
- **How do you celebrate Juneteenth?**  
<https://articles.bento-live.pbs.org/articles/2019/06/how-do-you-celebrate-juneteenth/>
- **What to know about the holiday**  
<https://www.usatoday.com/story/news/nation/2021/06/15/juneteenth-2021-history-holiday-how-celebrate/7633328002/>
- **Grappling with America’s legacy of slavery**  
<https://www.vox.com/identities/2018/6/19/17476482/juneteenth-holiday-emancipation-african-american-celebration-history>
- **So You Want to Learn About Juneteenth?**  
<https://www.nytimes.com/article/juneteenth-day-celebration.html>
- **Celebration and Mourning**  
<https://littlevillagemag.com/celebration-and-mourning-at-ic-area-juneteenth/>

# “Stuff the Truck” to Help Our Neighbors in Need!



**St Vincent de Paul donation truck  
in O’Dea High School parking lot  
on Sunday, June 26, 2022  
7:30am to 12:00pm**

*Clean your closets & de-clutter your living space!* Then bring your gently used (resellable) items to our truck. Your treasures will be sold through local St Vincent de Paul (“SVdP”) thrift stores, with proceeds used to support SVdP activities in King County, all benefiting our neighbors in need.

**Our #1 need is always clothing:** For men, women, children & babies ... including jackets & shoes.

**Other items that sell well in our stores:** Books, CDs, DVDs, bedding, lamps, kitchen items (pots & pans, silverware, dishes, etc.) and other household goods. Framed artwork. TVs, radios & DVD players in good working condition. Sports gear.

**Sorry, but our truck canNOT accept:** Furniture, carpets, large appliances, toilets, car parts, hot water tanks, construction materials, paint or anything torn, ripped, stained or hazardous.

Accepted items are eligible for tax deduction.



**Thank you for your generous support!**

*For more information about this event,  
contact Ken Goddard, 206-981-7185.*

# JOURNEY

Contemplative Prayer  
with music from Taizé



**Friday, July 1, 2022**  
**6:30pm**  
St. James Cathedral

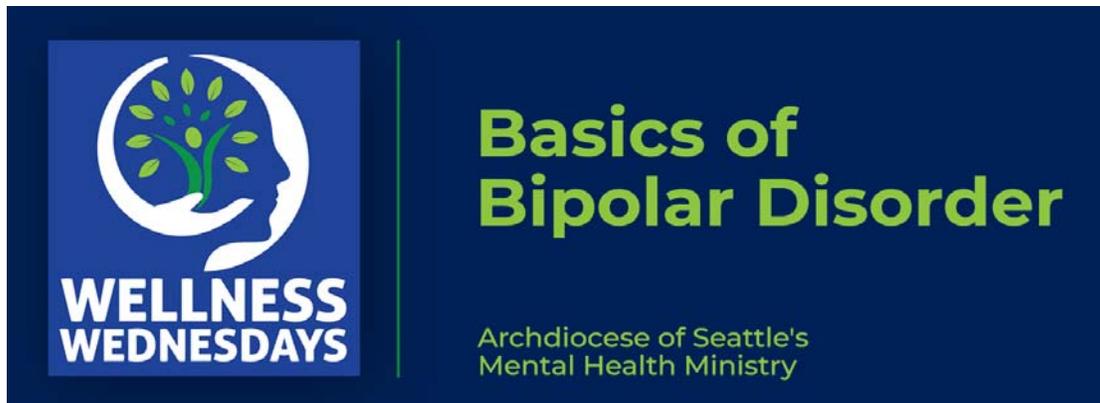
*Living God, at times we are strangers on the earth, disconcerted by the violence, the harsh oppositions. Transfigure the deserts of our doubts and so prepare us to be bearers of reconciliation wherever you place us, until a hope of peace arises in our world.*

Brother Alois of Taizé

On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.

# Hope and Health with Bipolar Disorder

July 6 @ 7:00 pm - 8:30 pm PDT



St. James Cathedral's Mental Health & Wellness Ministry and the Archdiocese of Seattle Mental Health Ministry are sponsoring *Wellness Wednesdays*, a monthly educational forum featuring professionals from various mental health disciplines speaking on topics of interest.

Our speaker on July 6<sup>th</sup> is Kathy Wilmering, MSW, ARNP-BC. In her local practice, Ms. Wilmering offers psychiatric medication management, counsels clients, and presents workshops on healing from trauma, moving through chronic mental and physical illness, and other life-altering situations. Kathy teaches approaches like qi gong, cross-cultural music / sound, and Therapeutic Touch to help people feel healthy and whole. She is also certified in EMDR and other trauma healing practices.

To Register: <https://archseattle.org/ministries/outreach-ministries/mental-health-ministry/wellness-wednesdays/>

Zoom link to join: <https://seattlearch-org.zoom.us/j/87157205880>

Wellness Wednesdays virtual events will be held on Zoom and will take place on the first Wednesday of the month.



# Parish Picnic

ON THE FEAST OF OUR PATRON,  
ST. JAMES THE GREATER

**Sunday, July 24, 2022**  
11:30am-3:00pm

**THE PICNIC IS BACK  
AND VOLUNTEERS  
ARE NEEDED!**

There are lots of different tasks to choose from. Help out for an hour, two hours, or more!

**Opportunities to help out:**

- **Set-Up:** 7:30am-10:00am
- **Food Service, including grill cooks:** 10:00am-12:30pm, 12:30pm-3:00pm
- **Bingo:** 11:00am-1:00pm, 1:00-3:00pm
- **Clean-Up:** 3:00pm-4:00pm

If you are interested in helping, contact **Anna Horton**,  
[annahorton@comcast.net](mailto:annahorton@comcast.net).

ST. JAMES CATHEDRAL AND PAGLIACCI PIZZA PRESENT THE 25TH ANNUAL  
ARCHBISHOP RAYMOND G. HUNTHAUSEN  
*Charity Golf Tournament & Benefit Dinner*

**MONDAY, AUGUST 29, 2022 | GLENDALE COUNTRY CLUB**  
13440 MAIN STREET | BELLEVUE, WA 98005

## The Hunthausen Charity Golf Tournament is back!

Since 1997, this tournament has raised funds to support the neediest in our community. In 2021, the tournament raised an extraordinary \$190,000 for our neighbors in need. This year, we hope you will be there to make the event bigger and better than ever!

**Your support is needed more than ever before.** This important event makes possible our Cathedral Kitchen, which has continued to operate safely throughout the pandemic, serving hot, nutritious meals to homeless and low-income men and women in the downtown area. The tournament also supports other important Cathedral outreach ministries, including our Solanus Casey Center, Sunday Breakfast, Immigrant Assistance Program, and Mental Health Ministry.

On behalf of the many, many people who are helped through the programs of St. James Cathedral, **thank you for your generous support of the Archbishop Hunthausen Charity Golf Tournament.**

### Put together a foursome or join us as a solo golfer!

Registration 10:30am  
Shotgun start 12:00pm

**The entry fee of \$275\* per golfer includes**  
Golf Cart - Tee Prizes - Beverage Tickets  
Box Lunch - Awards Dinner

\*\$100 of each player registration is tax-deductible

### Sponsorship Opportunities

Your sponsorship of the tournament is tax-deductible and directly supports our Cathedral outreach ministries.

- |  |                 |
|--|-----------------|
| <b>Co-Sponsor</b>  | <b>\$10,000</b> |
| Three complimentary foursomes, course signage, corporate name and logo on all tournament literature                    |                 |
| <b>Golf Cart Sponsor</b>   | <b>\$7,500</b>  |
| Two complimentary foursomes, corporate signage on each golf cart, corporate name and logo on all tournament literature |                 |
| <b>Major Sponsor</b>   | <b>\$5,000</b>  |
| Two complimentary foursomes, course signage, corporate name and logo on all tournament literature                      |                 |
| <b>Eagle Sponsor</b>   | <b>\$2,500</b>  |
| One complimentary foursome, course signage, corporate name and logo on all tournament literature                       |                 |
| <b>Birdie Sponsor</b>  | <b>\$1,500</b>  |
| One complimentary twosome, course signage, listing in souvenir program   |                 |
| <b>Tournament Sponsor</b>  | <b>\$1,000</b>  |
| One complimentary golf registration, course signage, listing in souvenir program                                       |                 |
| <b>Hole Sponsor</b>  | <b>\$350</b>    |
| Course signage, listing in souvenir program  |                 |
| <b>Dinner Sponsor</b>  | <b>\$300</b>    |
| Two tickets to the <i>Benefit Dinner &amp; Auction</i> , listing in souvenir program                                   |                 |

### Benefit Dinner

The Benefit Dinner is a fun early evening event after the tournament. Join us for a wonderful buffet dinner and fundraiser for the Cathedral Kitchen. *Space is limited this year—register early!*

5:00pm Cocktail hour | 6:00pm Benefit Dinner  
\$100 per person

Information, Maria Laughlin at 206-382-4284 or [mLaughlin@stjames-cathedral.org](mailto:mLaughlin@stjames-cathedral.org)  
or visit [www.stjames-cathedral.org/golf](http://www.stjames-cathedral.org/golf)

ST. JAMES CATHEDRAL | 804 NINTH AVENUE | SEATTLE, WA 98104