



ST. JAMES CATHEDRAL  
*The Fifth Sunday of Lent*  
April 3, 2022

# ST. JAMES CATHEDRAL

March 28, 2022

Dear Friends,

I am excited to be able at last to share with you some good news for the future of our parish and our local Church. For the last two years, we, along with the Archdiocese of Seattle, have been in conversation about several Catholic-owned properties on First Hill. We have been exploring how we can make the best use of the resources which have been entrusted to us, and whether they can be maximized more effectively to serve the Church's mission. Currently, between the Chancery, the Cathedral, O'Dea, and Catholic Community Services, the Catholic presence sprawls over six city blocks and twelve buildings!

The timing couldn't be better for these conversations. During the pandemic, we've come to realize that a lot of things we accepted as certain are not so certain. We've had to rethink the way we work together, the way we pray together, and the way we gather together. The pandemic disrupted our sense of "the way we've always done it," and made it possible for us to think more broadly about our priorities and our future. And in some ways, it's made it possible for us to look at the future in a way we couldn't have dreamed of before.

After a long period of intense conversation and consultation, we have entered into a transaction with a Vancouver, B.C.-based developer, Westbank, that is already deeply invested in First Hill and Seattle. With the recommendation of our Parish Finance Council and in cooperation with Archbishop Etienne and the Archdiocese of Seattle, we will be selling the half block on which the Chancery's Pigott Building (710 Ninth Avenue) and our Pastoral Outreach Center (907 Columbia Street) sit.

Let me say a few words about the sale of our Pastoral Outreach Center. The parish built what is now the Pastoral Outreach Center as a convent for the Sisters of the Holy Names of Jesus and Mary back in 1965, and on the departure of the sisters from the parish in 2004, the building was converted to parish use as part of our Centennial Campaign. Many of you were generous donors toward making that project a reality, and I know most of you have attended events in the Pastoral Outreach Center in the nearly twenty years (!) since then. It's been the hub of much activity and has seen constant use over the years.

And we never would have considered parting with that building without having alternative space for parish staff and activities. Thankfully, we will have ample alternative space to move into! At the time of the sale, we will be purchasing from the

Archdiocese of Seattle new office and gathering spaces which will more than make up for the loss of the Pastoral Outreach Center. The sale price of the quarter block on which the Pastoral Outreach Center sits is \$13 million. With \$4 million of these proceeds, we will acquire the 1980s Chancery building at 910 Marion Street, including 11,000 square feet of office and gathering space, as well as two levels of parking with thirty-seven parking places (a welcome addition!). In addition, we will re-acquire from the Chancery the third and fourth floors of Cathedral Place (which we sold to them for office space back in 1990). The purchase price for those two floors, some 12,800 square feet, will be \$2.5 million. This will give us greatly expanded office and meeting space.

The Finance Council and I are enthusiastic about the possibilities this arrangement presents to us as a parish. This sale and the acquisition of new property will not only provide the parish the space to expand our offerings in the future, but will also secure a much-needed “nest egg” to ensure that our ministries of outreach, faith formation, music, and the arts, continue. In addition, the sale will provide funds to maintain and preserve our Cathedral, as well as the Cathedral Rectory and Cathedral Place, historic buildings that have significant, ongoing maintenance needs.

First Hill has seen a lot of change since I first arrived at the Cathedral in 1988. It has been experiencing an extraordinary boom in recent years, with new apartment and senior living facilities which have greatly enriched and enhanced the makeup of the parish. The advantage of partnering with a developer like Westbank is that they understand and value the importance of the presence of the Cathedral in this part of our beautiful city. Westbank sees the Cathedral not just as the crowning glory of the First Hill of bygone days, but as the heart of the First Hill of the future. I like the thought that the development of the neighborhood will not detract from the Cathedral’s presence, but will point to and enhance it.

At moments like this I can’t help but be reminded that each time we walk through the doors of St. James Cathedral, we are the beneficiaries of the foresight and generosity of the generations of parishioners that have gone before us. As pastor, I am particularly aware of their legacy. It’s a legacy that is embodied in everything we do here – our worship, our witness, our outreach – and, of course, in the beautiful Cathedral itself and in the wonderful parish facilities that we enjoy today. We should feel very blessed, then, by this new and promising development in the life of our parish. Like those who have gone before us, we get to hand on our own legacy to generations yet to come!

  
Father Michael G. Ryan  
Pastor

ORDER OF CELEBRATION FOR  
*The Fifth Sunday of Lent*

THIRD SCRUTINY OF THE ELECT (10:00am)

INTROIT

*Iudica me, Deus*

chant, adapt. Thomas B. Stratman (1939–2008)

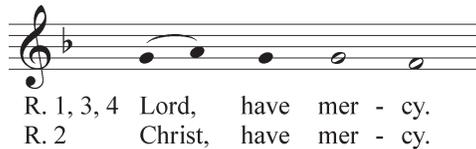


GREETING

PENITENTIAL ACT

Priest Have mercy on us, O Lord.  
ALL **For we have sinned against you.**  
Priest Show us, O Lord, your mercy.  
ALL **And grant us your salvation.**

chant, Vatican XVII



OPENING PRAYER (COLLECT)

*The Liturgy of the Word*

FIRST READING

Ezekiel 37:12-14

PSALM RESPONSE

Psalm 130  
Michel Guimont (b. 1952)

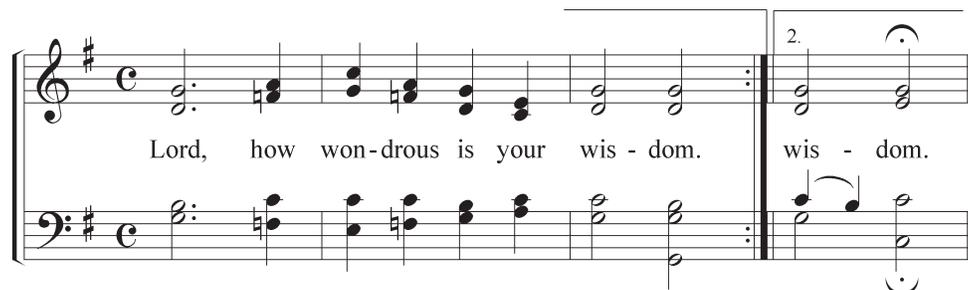


SECOND READING

Romans 8:8-11

TRACT

Thomas B. Stratman



GOSPEL

John 11:1-45

HOMILY

Father Michael G. Ryan

PROFESSION OF FAITH (except Sunday 10:00am)

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All BOW*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.

*All STAND UPRIGHT*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

*Third Scrutiny of the Elect* (10:00am)

INTERCESSIONS

Litany of Saints



Lord, we ask you, hear our prayer.

PRAYER OF EXORCISM

LAYING ON OF HANDS

*Come out from tombs of death and sin*  
TALLIS CANON

DISMISSAL OF THE ELECT

Thomas B. Stratman

Choir: I give them life long and full,



and I show them my power to save, says the Lord.

*The Liturgy of the Eucharist*

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00am)

*O, for a closer walk with God*  
Charles Villiers Stanford (1852–1924)

Oh! for a closer walk with God, a calm and heavenly frame;  
a light to shine upon the road that leads me to the Lamb!

William Cowper

(Sunday Evening)

*When Jesus wept*  
William Billings (1746–1800)

SANCTUS

*Missa Deus genitor alme*  
Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
cae-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MYSTERY OF FAITH

Roman Missal

When we eat this Bread and drink this Cup,  
we pro-claim your Death, O Lord, un-til you come a-gain.

AMEN

Christus vincit

A - men, A - men, A - - - men.

*The Communion Rite*

LORD'S PRAYER

AGNUS DEI

Vatican XVII

R. 1, 2 mi-se-re-re no-bis.  
R. 3 do-na no-bis pa-cem.

COMMUNION

*Videns Dominus*

Mode VII

When the Lord saw the sisters of Lazarus in tears near the tomb, he wept in the presence of the Jews and cried: "Lazarus, come forth." And out he came, hands and feet bound, the man who had been dead for four days.

Upon returning to your place after Holy Communion, please kneel or be seated.

**Low-gluten hosts are distributed at the credence table near the presider's chair.**

(10:00am)

Your holy city has become a wilderness.  
Zion has become a wilderness,  
Jerusalem has been made desolate.

*Civitas sancti tui*  
William Byrd (1543–1623)



1. For - ty days and for - ty nights You were fast - ing in the wild:
2. Shall not we your sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;



For - ty days and for - ty nights Tempt - ed and yet un - de - filed.  
 Fast - ing with un - ceas - ing prayer, Strong with you to suf - fer pain?  
 Vic - tor in the wil - der - ness, Grant we may not faint nor fail!  
 Round us, too, shall an - gels shine, Such as served you faith - ful - ly.  
 That with you we may ap - pear At the\_e - ter - nal East - er - tide.

## PROCESSION

*The Way of the Cross* (Noon)

Immediately following the Noon Mass, Father Ryan and the children of the Cathedral Parish will lead the Way of the Cross. If you do not wish to remain for this brief prayer,

**please depart as quietly as possible.**

Father Ryan We adore you, O Christ, and we praise you.

ALL **Because by your holy Cross you have redeemed the world.**

## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### PAROCHIAL VICAR

Reverend Alex Pablo

### IN RESIDENCE

Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

John Marquez, Interim Director of RCIA (206-654-4640)

John Simpson, Faith Formation (206-654-4658)

Andrew Casad, Children's Faith Formation (206-274-3108)

Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Peter Burns, John Marquez, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Maria Tally (Assistant Director) (206-264-2091)

### MENTAL HEALTH and WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

Erica de Klerk, Refugee Welcome Coordinator

Marina Ortiz, Immigrant Legal Services Assistant

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-654-4650)

### YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

### PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-654-4650)

Open Position, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Michelle Lazo, Lino Nillas

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

#### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

#### CONFESSIONS/SACRAMENT OF RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Theresa Van de Ven for information, 206-219-5822.

**MARRIAGE** Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Wedding Office, 206-382-4288.

**ANOINTING of the SICK** In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

**FUNERALS** for parishioners, contact Corinna Laughlin, 206-264-2086

**CATHEDRAL COLUMBARIUM** Maria Laughlin, 206-382-4284

**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**W**ELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

## The Fifth Sunday of Lent April 3, 2022

**ON THE COVER** *I will open your graves and have you rise from them.* Icon of the Raising of Lazarus. Joan Brand-Landkamer, Cathedral iconographer.

**MASS FOR CHILD ABUSE PREVENTION MONTH** April is National Child Abuse Prevention Month. To mark the beginning of this month-long observance, Archbishop Etienne will celebrate Mass on Monday, April 4 at 8:00am. During this Mass, we will acknowledge the sins and failings of the past, pray for all victim survivors of abuse, and strengthen our resolve that every home, school and parish will be a safe place for children.

**CHRISM MASS** On Thursday, April 7 at 7:00pm, Archbishop Etienne will gather with the priests, deacons, and lay leaders of the local Church to bless the holy oils that will be used in the celebration of the sacraments at Easter and throughout the coming year. All are invited to participate in this special celebration.

**PRAYERS TO OUR LADY OF LOURDES** The men and women of the Order of Malta will be going on pilgrimage to the healing shrine of Lourdes in southern France at the end of April. They will take with them intentions from local parishes, which will be remembered at the Grotto of Our Lady of Lourdes. Stop by the Shrine of the Blessed Virgin Mary, write your petition on the form provided, and drop it in the box of intentions.

**THE OFFICE OF TENEBRÆ:** On Wednesday of Holy Week, April 13, at 7:30pm, we observe the office of Tenebræ (a Latin word meaning "shadows") in which the sufferings of Christ are foretold in the Lamentations of Jeremiah (musical setting by Tomás Luis de Victoria) and commemorated in the slow extinguishing of candles. The St. James Cathedral Cantorei and the Men's Chant Choir also offer chanted psalms, *Vinea mea electa* by Francis Poulenc, and Gregorio Allegri's stirring setting of Psalm 51, *Miserere mei, Deus* ("Have mercy on me, O God"). The Very Reverend Michael G. Ryan, presider. Please note that the Cabrini Garage will not be open for this liturgy. Limited free parking (~65 spaces) is available in the O'Dea lot. Paid street parking is enforced until 8:00pm.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day.* This week we pray for the parishes of Star of the Sea in Bremerton and Port Townsend; St. George in Seattle; and St. George Byzantine in Olympia.

Everyone needs a stable foundation to thrive.

Health Through Housing (HTH) is a Regional approach addressing chronic homelessness. Becoming familiar with, advocating for, expressing concerns, inputting ideas, asking for clarification, and just letting your voice be heard about this program are powerful tools we can wield to address and end this crisis plaguing our city. And, becoming informed advocates when it's time to vote can only lead to success in this struggle.

*"The fundamentals of democracy are ... if we see a big problem ... we talk about it until you get to a good solution. So that's what we're going to do."*

~ Marc Dones, CEO

King County Regional Housing Authority

### Here's how to learn more about HTH

Website for the King County Department of Community and Human Services:

<https://kingcounty.gov/depts/community-human-services/initiatives/health-through-housing.aspx>

DCHS Blog page for updates and info:

<https://dchsblog.com/tag/health-through-housing/>

*"Alone, we can do so little. Together, we can do so much."*  
~ Helen Keller

## WHAT IS YOUR DREAM FOR THE CHURCH?

- "What I want is for the Church to be a refuge where *all* are welcome."
- "I want the Church to be a place for my daughter to grow, a place where she will have role models."
- "These sessions are Vatican II, continued."



Beginning in Lent and continuing into Easter, every member of the Cathedral community is invited to participate in the worldwide Synodal process initiated by Pope Francis. "Every encounter—as we know—calls for openness, courage and a willingness to let ourselves be challenged by the presence and the stories of others.... the experience of encounter changes us; frequently it opens up new and unexpected possibilities" (Pope Francis). **Sign up online to attend a synodal gathering:**

- Monday, April 4 at 4:00pm (Zoom)
- Tuesday, April 5 at 6:30pm (Zoom)
- Tuesday, April 19 at 6:30pm (Zoom)
- Wednesday, April 20 at 4:00pm (Zoom)
- Monday, April 25 at 4:00pm (Zoom)
- Wednesday, April 27 at 6:30pm (Zoom)
- Saturday, April 30 at 9:30am (in person)
- Monday, May 2 at 4:00pm (Zoom)
- Thursday, May 5 at 6:30pm (Zoom)

[www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**FLORAL OFFERINGS ARE A WONDERFUL WAY** to remember a deceased loved one, celebrate an anniversary, or give thanks for a prayer that has been answered. Weekends open for floral offerings include May 22, July 10, and July 31. *Information*, Maggie Corrigan, [mcorrigan@stjames-cathedral.org](mailto:mcorrigan@stjames-cathedral.org) or 206-622-3559.

**FAITH FRIENDS INCLUSION MINISTRY** Do you know a child or teen age 7-18 with physical, cognitive and/or intellectual disabilities? Faith Friends is an inclusion ministry serving children and teens from across the Archdiocese of Seattle. We are a unique blend of our Faith Mentor and Children's Faith Formation program, and provide Sacramental Preparation, as well opportunities for friendship with other youth. *Information*, [faithfriends@stjames-cathedral.org](mailto:faithfriends@stjames-cathedral.org) or [stjames-faithfriends.weebly.com](http://stjames-faithfriends.weebly.com).

**CRS RICE BOWL STORIES** Over the past few weeks, we traveled to Guatemala, Bangladesh and Rwanda, where families are doing some pretty amazing things. We all have dreams. What we do



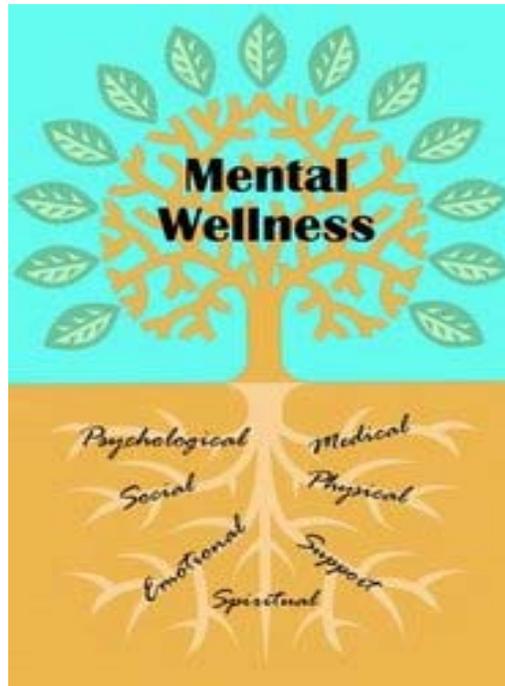
to achieve those dreams makes a difference in our lives and the lives of those we love. Raúl and Lilian achieved their dream of starting a business. Now they hope to grow that business so others can benefit. Noornobi wanted to help his family succeed. Now his niece and nephew can attend school and work towards their dreams. Glorioso and her husband wanted their children to attend a good school. Now they earn enough money to make that happen. Sometimes it takes hard work and a desire to learn new things to succeed. Even though Raúl and Lilian lost many crops at first, they kept trying. Noornobi's land flooded often before he learned how to keep the floods away. Glorioso learned how to save money and apply for a loan to grow her business and support her family. Although we are in the final days of Lent, there's still plenty of time to continue the three pillars of prayer, fasting and almsgiving to grow with God and our sisters and brothers around the world. Just like how children have to practice reading or math or playing their favorite sport or instrument, we have to practice these pillars regularly—even when it's not Lent. Please note that CRS Rice Bowls will be collected at the Holy Thursday Mass of the Lord's Supper. Learn more at [www.CRSRiceBowl.org](http://www.CRSRiceBowl.org).

**JOIN THE CATHEDRAL KITCHEN TEAM!** The Cathedral Kitchen, which serves 100 meals each weeknight to our homeless and low-income neighbors, is looking to add a new staff member to our team. Responsibilities include oversight of the grocery store gleaning program, working with dedicated staff and volunteers to prepare dinners, and interacting with Kitchen guests. Candidate must have a valid Washington State driver license and be able to lift cases of produce and canned goods. *Information*, Patrick Barredo, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org) or 206-382-4515.

**St. James Cathedral Mental Health & Wellness Ministry  
and Seattle Archdiocese Mental Health Ministry**

**are pleased to announce**

**WELLNESS WEDNESDAYS**



This educational forum, taking place every first Wednesday, will feature professionals from various mental health disciplines speaking on topics of interest.

Our first guest speaker on Wednesday, April 6 is Dr. Travis L. Osborne, PhD, ABPP. Dr. Osborne is the Co-Director of the Anxiety Center and the Director of Training at the Evidenced based Treatment Center of Seattle (EBTCS). He specializes in the treatment of anxiety and related problems, including hoarding.

Dr. Osborne's talk, entitled "**Understanding Hoarding Disorder,**" will provide an overview of hoarding, as well as current treatment modalities. There will be a discussion of how family members can encourage their loved ones to get help.

Wednesday, April 6, 2022 from 7-9 pm. Everyone is invited.

To Register: <https://archseattle.org/ministries/outreach-ministries/mental-health-ministry/wellness-wednesdays/>

Zoom link to join: <https://seattlearch-org.zoom.us/j/87157205880>

# TRE ORE

GOOD FRIDAY April 15 NOON—3

St. James Cathedral observes the traditional Good Friday devotion of TRE ORE (“Three Hours”) with music and homilies focused on the words of Christ from the cross.

This year, Father Tom Lucas, SJ will offer meditations on the Seven Last Words of Christ.

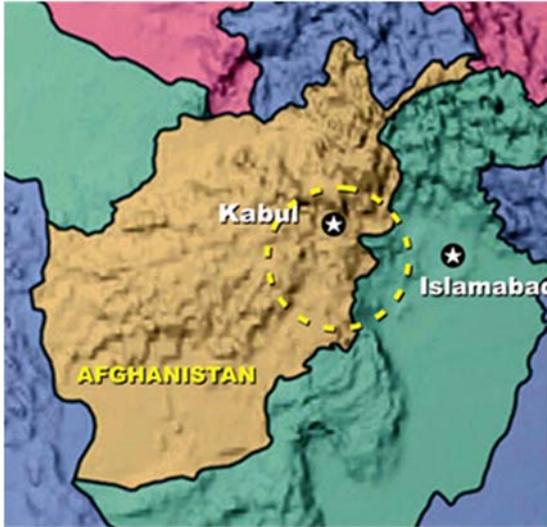
Father Michael G. Ryan will preside. The women of the Cathedral Cantorei will present Pergolesi’s matchless *Stabat Mater*.

*A free-will offering will be accepted during the service. The entire service will be livestreamed on Vimeo & Facebook.*



Tom Lucas, SJ is an artist, designer, historian, story teller, gardener, and most importantly, a Jesuit priest, He has followed a rich and winding path over four decades in the Society of Jesus. For many years the Rector of the Jesuit community at Seattle University, he now serves as pastor of St. Ignatius Parish in Sacramento, California.

# Afghanistan: Then and Now



The **St. James Sponsor Circle Team** has welcomed two recently-arrived Afghan families, living out our call to welcome the stranger. Team members have helped with shopping, moving, enrolling in health care, connecting to a local mosque, airport arrivals, interpretation, finding jobs, and more.

More than 70,000 Afghans were evacuated and brought to the U.S. over the past six months. Some of those who have come to the Seattle area have been welcomed by Sponsor Circles like ours, others by refugee resettlement agencies, and others have come on their own. They join an existing local and vibrant Afghan community.

To learn more about how these families came to be here, and the work of the Sponsor Circle, *Immigrant Assistance* and the *Racial Solidarity Team* are co-sponsoring an event that will feature a panel discussion on Afghanistan – its history and culture, the current situation in that war-torn country, and a look at the issues facing Afghan refugees as they resettle in our country. Speakers include:

**Professor Farid Saydee, Ph.D.** – Kean University, Afghan refugee and founder of Language Mentors International

**Mr. Karimi** – currently studying for his citizenship with help from an Immigrant Assistance tutor

**Brian Beattie** – St. James parishioner and currently a member of the St. James Sponsor Circle Team

**Wednesday, April 27, from 6:00 – 7:00pm**

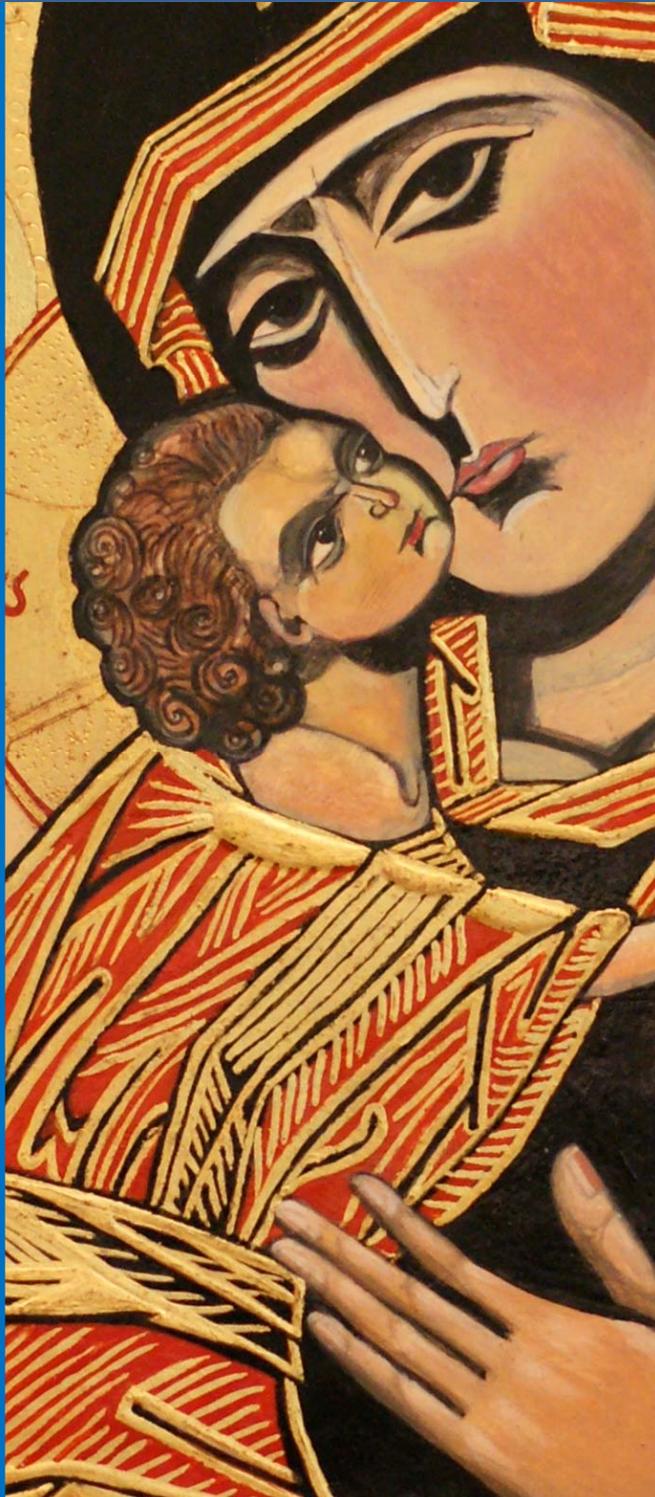
*This presentation will be on Zoom*

To receive the Zoom link, please contact Chris Koehler at [ckoehler@stjames-cathedral.org](mailto:ckoehler@stjames-cathedral.org)

Co-Sponsored by  
St. James Cathedral Racial Solidarity Team  
and  
St. James Cathedral Immigrant Assistance  
[www.stjames-cathedral.org/immigrant](http://www.stjames-cathedral.org/immigrant) 206.382.4511

# LOVE

Contemplative Prayer  
with music from Taizé



**Friday, May 6, 2022**  
**6:30pm**  
St. James Cathedral

*Living God, at times we are strangers on the earth, disconcerted by the violence, the harsh oppositions. Transfigure the deserts of our doubts and so prepare us to be bearers of reconciliation wherever you place us, until a hope of peace arises in our world.*

Brother Alois of Taizé

On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.

# Participating in the Synod

## AT ST. JAMES CATHEDRAL

### WHAT IS THE SYNOD?

In coming together for these sessions, whether in person or on Zoom, we're doing something really historic: we're participating in the Synod on Synodality. What does that mean, the "Synod on Synodality"? Synod is a word used for a Church gathering, usually of bishops. It comes from two Greek words that literally mean "together on the way." A "synod," then, is the Church journeying together, dialoguing together, discerning together. This is the first Church Synod in history in which the whole Church – clergy and faithful – have been invited to participate together.

### THE SYNODAL SESSION

The session you'll participate in is not like a business meeting or a town hall. Think of it as almost like a liturgy, a sacred time set apart for the Holy Spirit. Our listening and dialogue will take place in a context of prayer, as we invite the Holy Spirit into our midst. There will be time for silent reflection, so that we can really listen to each other and to the Holy Spirit – because if there is no room for the Holy Spirit, as Pope Francis has said, there will be no synod. In our gatherings, we join together as a large group for an opening prayer. Then we will break into small groups of 6-8 people for a conversation that will last about an hour. We will use a simple, prayerful process, guided by a facilitator.

### HOMEWORK

Yes, there's homework! Your prayerful participation in the synod begins at home as you pray over and reflect on the central question of the synod: **A Synodal Church, in announcing the Gospel, "journeys together."** How is this "journeying together" happening today in your local Church? What steps does the Holy Spirit invite us to take in order to grow in our "journeying together"? An essential part of the synod process is taking time to reflect on this question at home so you come to the gathering prepared to share your heartfelt response.



A reflection guide to get you thinking will be available in advance of your gathering. You will find that the experience will be much richer for the time spent in preparation.

### HOW DO I SIGN UP?

At St. James Cathedral, synod sessions have been scheduled through Lent and into Easter. You can register at the Cathedral website. *Advance registration is required* so that we can provide homework and assure we have enough facilitators. Visit the Cathedral website to sign up for ONE session:

- Monday, April 4 at 4:00pm (Zoom)
- Tuesday, April 5 at 6:30pm (Zoom)
- Tuesday, April 19 at 6:30pm (Zoom)
- Wednesday, April 20 at 4:00pm (Zoom)
- Monday, April 25 at 4:00pm (Zoom)
- Wednesday, April 27 at 6:30pm (Zoom)
- Saturday, April 30 at 9:30am (in person)
- Monday, May 2 at 4:00pm (Zoom)
- Thursday, May 5 at 6:30pm (Zoom)

### PRAY!

Please pray for the gifts of the Holy Spirit on our local Church and throughout the world as we enter, together, into this synodal process, which is unprecedented in its scope.

### INFORMATION

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