



The Year of Faith

FAITH, PRAYER, ACTION

EPIPHANY BLESSING OF THE HOME

January 2013

It is an ancient Catholic custom to bless our homes on Epiphany, with special prayers that recall the journey of the wise men to the infant Christ. Whether you live with others or alone, you can use this special blessing at the beginning of this new year. You just need a piece of chalk!

All make the Sign of the Cross.

Leader: Peace be to this house and to all who dwell here.

All: Amen.

Read a scripture passage from the family Bible. You might choose the beginning of John's Gospel (John 1:1-5,14), or the story of the wise men (Matthew 2:1-12).

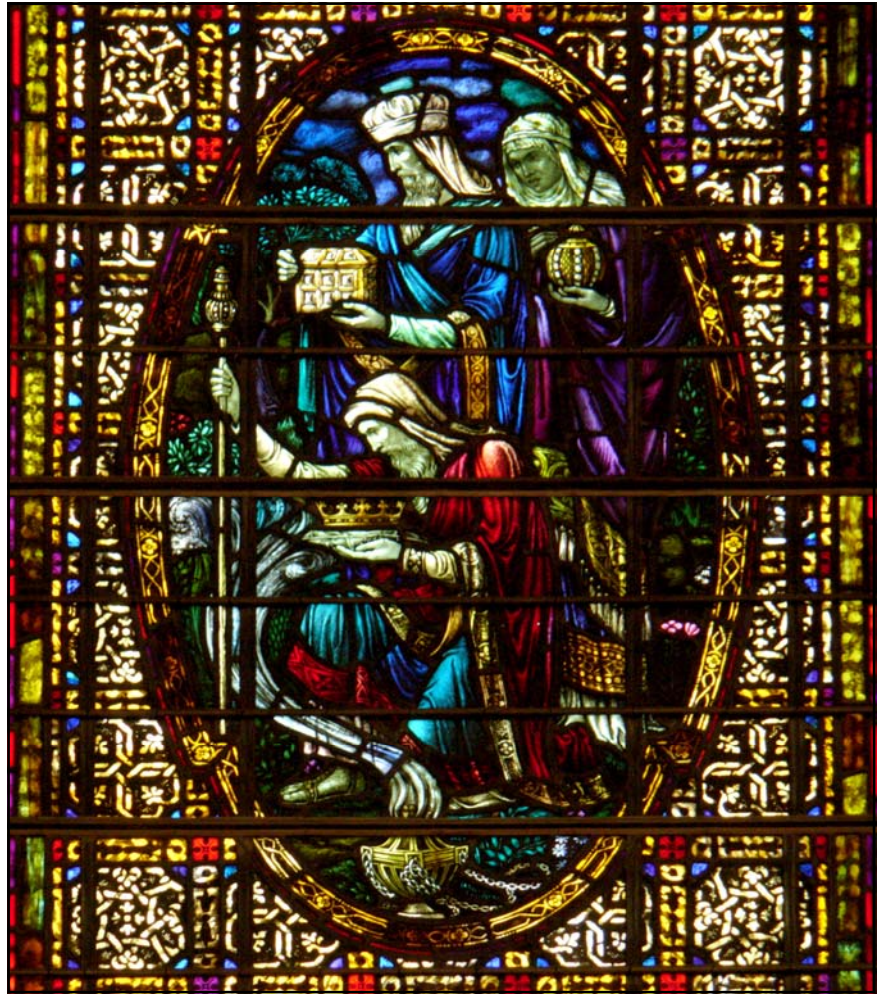
Leader: The three Wise Men, Caspar, Melchior, and Balthasar followed the star of God's Son who became human two thousand and thirteen years ago. May Christ bless our home and remain with us throughout the new year. Amen.

Using chalk, write the following inscription on the outside of your house, above or next to the primary entrance. Between the numerals of this new year are the letters C, M, B, the initials of the Magi – Caspar, Melchior, and Balthasar. They also stand for a simple prayer, Christus Mansionem Benedicat, "May Christ bless this house." Each part of the inscription could be written by a different member of the household.

20 + C + M + B + 13

**Leader:
Let us pray.**

May all who come to our home this year rejoice to find Christ living among us. May we be blessed with health, goodness of heart, gentleness, and faithfulness to your will. And may we seek and serve, in everyone we meet, that same Jesus who is your incarnate Word, now and forever. Amen.



You may wish to conclude by singing verses of a familiar hymn.

**We three kings of Orient are;
bearing gifts we traverse afar,
field and fountain, moor and mountain,
following yonder star.**

Refrain:

**O star of wonder, star of light,
star with royal beauty bright,
westward leading, still proceeding,
guide us to thy perfect light.**

**Glorious now behold him arise;
King and God and sacrifice:
Alleluia, Alleluia,
Earth to heaven replies.**

Refrain

perfect chaos

a reading and discussion about living with mental illness

Tuesday, January 15, 2013 | 7:00 pm
Cathedral Place, Second Floor
St. James Cathedral, Seattle



Linea Johnson



Cinda Johnson

Perfect Chaos is a memoir about Linea and Cinda Johnson's head-on battle with mental illness. Their ultimately inspiring journey breaks through the stigma of what it means to have bipolar disorder, but more importantly, what it takes to live with it. As this mother, daughter and close-knit family take down wall upon wall and face their greatest fears, we witness the human struggle against a debilitating illness and watch as their story reaches beyond the personal to the universal state of mental health today and the foibles of our healthcare system.

We'll have the opportunity to hear from Linea and Cinda themselves, and to ask questions and join in a general discussion about living with mental illness. Copies of the memoir are available in the Cathedral Bookstore. **All are welcome.**

RSVP to John Simpson, 206-274-3173 or e-mail jsimpson@stjames-cathedral.org.

"Perfect Chaos is an open-eyed, sometimes raw, always astoundingly honest account of a family's unanticipated battle with mental illness. Cinda and Linea's awe-inspiring resilience and the sheer courage of their emotional transparency moved me to my core and deepened my empathy for all those touched by mental illness, including beloved members of my own family. It is about the fierce, transformative love between a mother and daughter and how they both learn to share their truths."

—Glenn Close, Award-Winning Actress and Co-founder, *Bring Change 2 Mind*

"Perfect Chaos is a memoir of a daughter and mother working together to overcome the daily challenges of living with a mental illness. Through their trials and triumphs, their story provides encouragement and hope for individuals and their families affected by these illnesses."

—Former First Lady Rosalynn Carter

This event is co-sponsored by St. James/Order of Malta Mental Health Ministry and the Health and Healing Ministry.

www.stjames-cathedral.org



ARCHDIOCESE
OF SEATTLE

Archbishop J. Peter Sartain
invites you to participate in the

Mass for Life

Tuesday, January 22, 2013

9:30 A.M.

Marcus Pavilion • St. Martin's University, Lacey

*“The Incarnation
reveals to us...
that every human life
has a very lofty and
incomparable dignity.”*

Pope Benedict XVI
Homily, Vigil for All Nascent Human Life
Nov. 27, 2010

Due to limited parking, parishes are encouraged to use buses or carpool.

Directions to St. Martin's and maps for parking can be found online at seattlearchdiocese.org/CFF/Resources.aspx.

For questions about Mass details, contact the Liturgy Office at 206-382-4878.

For questions about parking and other logistics, email ocff@seattlearch.org.

Sponsored by the Office of Liturgy • Chancery Operations • Office of Catholic Faith Formation
ARCHDIOCESE OF SEATTLE • 710 Ninth Avenue • Seattle, WA 98104