St. James Cathedral
The Most Holy Body & Blood of Christ
June 11, 2023
The Annual Catholic Appeal funds ministries and services for your local Catholic community.

Please make your 2023 ACA gift today!
ORDER OF CELEBRATION FOR
The Most Holy Body and Blood of Christ

Procession with the Blessed Sacrament (10:00am)

PRELUDE

La Fête-Dieu
Théodore Dubois (1837–1924)

ENTRANCE

Let all mortal flesh keep silence
PICARDY

1. Let all mortal flesh keep silence,
2. King of kings, yet born of Mary,
3. Rank on rank the host of heaven,
4. At his feet the six-winged seraph,

And with fear and trembling stand;
As of old on earth he stood,
Spreads its vanguard on the way,
Cherubim with sleepless eye,

Ponder nothing earthly minded
Lord of lords in human vesture,
As the Light of Light descending
Veil their faces to the Presence,

For with blessing in his hand
In the Body and the Blood
From the realms of endless day,
As with ceaseless voice they cry,

Christ our God to earth descending,
He will give to all the faithful
That the pow’rs of hell may vanish
“Alleluia, alleluia,

Our full homage to demand,
His own self for heavenly food.
As the darkness clears away.
Alleluia, Lord, most high!”

PENITENTIAL ACT

Missa de angelis
Vatican VIII

Have mercy on us.
Presider

Choir

ALL

Choir

ALL

Choir

ALL

Choir

ALL

Choir

ALL

Choir

ALL

Glory to God in the highest, and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,
O God, almighty Father,

Lord Jesus Christ,
Only Begotten Son,

Lord God, Lamb of God,
Son of the Father,

You are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit,
in the glory of God the Father.

Amen.
The Liturgy of the Word

FIRST READING
Deuteronomy 8:2-3, 14b-16a

RESPONSORIAL PSALM
Psalm 147
Michel Guimont (b. 1952)

SECOND READING
1 Corinthians 10:16-17

SEQUENCE (10:00)

Sion, praise thy Saviour singing,
Hymns with exultation ringing
Praise thy King and Shepherd true.

Honor Him, thy voice upraising,
Who surpasseth all thy praising;
Never canst thou reach his due.

Let the Bread, life-giving, living,
Be our theme of glad thanksgiving,
Now indeed before thee set;

As of old the Lord provided
When the twelve, divinely guided,
At the holy table met.

ALLELUIA
Melchior Vulpius (1570–1615)

GOSPEL
John 6:51-58

HOMILY
Father Michael G. Ryan

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

[ALL BOW]
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

[ALL STAND UPRIGHT]
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.
PRAYER OF THE FAITHFUL

OFFERTORY

(Duration 10:00)

(Noon)

SANCTUS

MYSTERY OF FAITH

AMEN

LORD’S PRAYER

AGNUS DEI
COMMUNION

“This is my body which is given up for you; this is the cup of the new covenant of my blood,” says the Lord.

Each time that you partake thereof, do it in memory of me.

Hoc corpus

Mode VIII

Panis angelicus

César Franck (1822–1890)

Upon returning to your place after Holy Communion, please kneel or be seated.

Low-gluten hosts are distributed at the credence table near the presider’s chair.

HYMN OF PRAISE

At that first Eucharist

UNDE ET MEMORES

Eucharistic Procession (10:00am)

Please join in the procession at the direction of the ushers. Please, no photography during the procession.

See the following page for music to sing during the procession.

Please join in the sung and spoken prayers along the way.

Please follow the directions of the ushers to enter the procession.

PROCESSION

Chorale Fantasy on “St. Thomas”

C. Hubert H. Parry (1848-1918)
Procession with the Blessed Sacrament following 10:00am Mass
Please join in the procession at the direction of the ushers.

MUSIC FOR ALL TO SING DURING THE PROCESSION

_Nostra phalans (in the courts of the angels)_ 12th c., Santiago de Compostela, Codex Calixtinus

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Angelo rum in curia.

___Laudate Dominum___

Jacques Berthier (1923–1994)

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Praise you the Lord, praise you the Lord, all you peoples.

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Alle lulia.

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Alle lulia.

___Eat this bread___

Jacques Berthier

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Eat this bread, drink this cup, come to me and never be hungry.

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Eat this bread, drink this cup, trust in me and you will not thirst.
**HYMN**

**ALL BOW OR KNEEL**

Pange lingua gloriosi

**Tantum ergo sacramentum**

Genitori, genitoque

**Veneremur cernui,**

Laus et jubilatio,

**Et antiquum documentum**

Salus, honor, virtus quoque

**Novo cedat ritui,**

Sit et benedictio!

**Præstet fides supplementum**

Procedenti ab utroque

**Sensuum defectui. Amen.**

Compar sit laudatio. Amen.

Father Ryan: You have given them bread from heaven.

**ALL:** Having all sweetness within it.

**EUCHARISTIC COLLECT**

**DIVINE PRAISES**

all sing in response as Father Ryan chants the Divine Praises

Blessed be God.
Blessed be God's holy name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most holy sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious assumption.
Blessed be the name of Mary, virgin and mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in the angels and in the saints.

**REPOSITION OF THE BLESSED SACRAMENT**

**THE CORPUS CHRISTI ACCLAMATION**

**ALL RISE**

**Choir/ALL**

Christus vincit, 9th century

Elliott Bay Pipe Band — Tyrone Heade, *Director*
WELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are — whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

Corpus Christi
June 11, 2023

ON THE COVER We, though many, are one body, for we all partake of one loaf. Loaves and fishes. Stained glass window, St. James Cathedral Chapel. Charles Connick, artist.

FLOWERS AT THE ALTAR are offered by Lisa and Michael Forbes in loving memory of Scott Hamilton. Your gentle soul and kind ways are missed.

FLOWERS AT THE NORTH TRANSEPT SHRINE OF THE BLESSED VIRGIN MARY are offered by Nellie Calacat with prayers for Fortunato Calacat on the 2nd anniversary of his death.

HOSPITALITY AFTER SUNDAY 10:00AM MASS Join us in Cathedral Hall for parmesan bacon biscuits from Macrina Bakery, fresh fruit, and the chance to visit with fellow parishioners.

ST. VINCENT DE PAUL THANKS YOU A middle aged man works two jobs in order to help keep up with his expenses. Unfortunately, a bout of Covid and medical bills strained his budget. The man set up a payment plan with his landlord to pay off the back rent he needed to cover for three months rent. The payment plan added an agreed amount of money to his monthly rent until the back rent was paid. However, the man found the additional rent obligation was a strain. He decided to seek assistance to help catch up. The man called the St Vincent de Paul Helpline (206-767-6449) requesting assistance. With your help, we contributed a portion of his rent and helped ease his burden. Information, Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com.

CARE FOR CREATION TIP OF THE WEEK This week, take time to pray for the children who are already suffering the consequences of the socio-environmental crisis, and that we may learn to be simple and joyful like them despite the hardships. “Each year sees the disappearance of thousands of plant and animal species which we will never know, which our children will never see, because they have been lost forever”—Pope Francis, Laudato Si’

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of Blessed Sacrament in Seattle, and Sacred Heart in Seattle, Bellevue, Bellingham, Tacoma, and Lacey.
WOMEN OF ST. JAMES CATHEDRAL Would you like to join with other parishioners to make new friends and build community as we share scripture and our faith journeys? We will gather in the Holy Names Room at the Pastoral Outreach Center for six Saturdays starting July 8, 3:00-4:30pm. Refreshments will be provided. Information or to register, Anisa Ralls, 206-382-4284 or aralls@stjames-cathedral.org.

BRAIN HEALTH BLOCK PARTY You’re invited to celebrate Alzheimer’s and Brain Awareness Month by participating in the 1st annual Brain Health Block Party. 12:30-2:30pm on June 21, stop by any of the 7 sites to enjoy an outdoor brain-healthy activity, including St. James Cathedral. Walking between all stations is about 1 mile. Information, thememoryhub.org/event/brain-health-block-party

ARCHDIOCESE MENTAL HEALTH MINISTRY WELLNESS WEDNESDAYS 1st Wed. of each month, 7-8pm, on Zoom, free presentations on different mental health topics. Next session 7/5, Latisha Sternomd, MS, LMHC will speak about Trauma, Shame, and the Whole Person. To register for this and future events, visit archseattle.org/ministries/outreach-ministries/mental-health-ministry/

NW PRO-LIFE CONFERENCE Pro-life organizations from around Washington state, and members of the St. James Cathedral Respect Life committee, are coming together to host the first annual Northwest Pro-Life Conference, at the University of Washington, Tacoma campus on June 24, 2023. The conference will have speakers from several different organizations and will be oriented toward actions to further the pro-life cause. Registration, www.nwprolifeconference.org.

TOILETRY DONATIONS If you are traveling and staying at a hotel, consider bringing the small toiletries back to St. James. There is a donation bin located in the Cathedral Bookstore. Our St. Vincent de Paul conference packages the toiletries and distributes them to those in need. Thank you!

SANDWICH MAKING MINISTRY Healthy sandwiches can be made at home and then brought to the Cathedral to share with men staying at the St. Martin de Porres Shelter. This is a great summer activity for families with young children, people with busy lives, and anyone who is not able to go out and serve. Information, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

OUTREACH AND ADVOCACY NEWSLETTER Learn about upcoming events and opportunities as well as stay informed on Catholic social teaching by receiving this monthly newsletter. Subscribe, outreach@stjames-cathedral.org.

FIND OUT MORE ABOUT BECOMING CATHOLIC Are you, a family member, or a friend interested in learning more about the Catholic Church? Are you curious about how a person becomes Catholic? Information, John Marquez, jmarquez@stjames-cathedral.org.

HUNTHAUSEN BENEFIT DINNER & SILENT AUCTION Can you help with an item for the auction? Our annual dinner and auction benefiting the Cathedral Kitchen is coming up on Monday, August 28 (see flyer in this bulletin). We are now seeking items for our raffle and silent auction. Our wish list includes…

- Restaurant gift certificates
- Gift cards valued at $25 to $50 of any kind—Amazon, Starbucks, Safeway, iTunes, etc.
- Vacation rentals make great auction items!
- Sporting event or theatre tickets
- Bottles of wine for our wine roulette

If you have other ideas of items to donate, we would love to hear about them! All proceeds benefit the Cathedral Kitchen. Information, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org.

CHOIR CAMP 2023 All children and youth with unchanged (treble) voices entering grades 1 through 8 are encouraged to register for Choir Camp! All are welcome: parishioners and non-parishioners alike. Camp occurs daily August 7-11, Monday through Friday, 9am until 4pm. Camp concludes with all choristers returning at 9am on August 13 to sing for the 10am Sunday Mass. Information, Youth Music Office, 206-382-4876 or youthmusic@stjames-cathedral.org.

FAITH FRIENDS INCLUSION MINISTRY Faith Friends is an inclusion ministry serving children and teens from across the Archdiocese of Seattle. We are a unique blend of our Faith Mentor and Children’s Faith Formation program, and provide Sacramental Preparation, as well as opportunities for friendship with other youth. The program starts up again in September. Consider getting involved! Information, Jennifer Wong, 206-619-0816, faithfriends@stjames-cathedral.org, or www.faithfriendsstjames.org.

CHILDREN’S FAITH FORMATION St. James Cathedral provides the Children’s Faith Formation program from September to June for children ages 4-11, and Confirmation (for children in 7th and 8th Grade). Classes take place on Sunday from approximately 11:10am to 12:10pm. Information, Theresa Van de Ven, 206-219-5822 or tvandeven@stjames-cathedral.org.

Sacred Steps

REST IN PEACE Please pray for the repose of the souls of Andrew Walker and Albert Nakamura.

CONGRATULATIONS AND GOD’S BLESSINGS to Sylvester Chanda and John Paul Tomassi, ordained priests in the Cathedral last Saturday. Ad multos annos!
Brain Health Block Party

You’re invited to celebrate Alzheimer’s and Brain Awareness Month this June!

Join your First Hill neighbors for our first annual **Brain Health Block Party**. From 12:30–2:30 pm on **Wednesday, June 21**, stop by any site on the map to enjoy an outdoor brain-healthy activity such as bike-powered smoothie making, games and more.

Start wherever you like, pick up an event map, and get it stamped by partners as you visit activity stations. Visit at least three stations for a chance to be entered into a drawing for a special brain-health raffle prize! Simply drop your map off at any station when you’re done. Walking between all seven stations is about 1 mile.

**MORE INFO:** thememoryhub.org/event/brain-health-block-party

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**The Memory Hub:** 1021 Columbia St
Activity Station located at building entrance on Columbia St

**Frye Art Museum:** 704 Terry Ave
Activity Station located on north side of building on Columbia St

**Murano Senior Living:** 620 Terry Ave
Activity Station located at building entrance on Terry Ave

**Skyline:** 715 9th Ave
Activity Station located at the Terraces building entrance

**St. James Cathedral:** 804 Ninth Ave
Activity Station located at the NW corner of Columbia St and Terry Ave

**Horizon House:** 900 University St
Activity Station located at side entrance on Terry Ave

**Swedish First Hill:** 747 Broadway Ave
Activity Station located at building entrance on Broadway Ave
The Hunthausen Charity Golf Tournament is back!

Since 1997, this tournament has raised funds to support the neediest in our community. In 2022, the tournament raised an extraordinary $169,000 for our neighbors in need. This year, we hope you will be there to make the event bigger and better than ever!

Your support is urgently needed as our region continues to grapple with a massive housing and food insecurity crisis. Your support of this event is a tangible response, helping us provide resources directly to those in need. This event makes possible our Cathedral Kitchen, serving hot, nutritious meals every weeknight to homeless and low-income men and women. The tournament also supports other Cathedral outreach ministries, including our Solanus Casey Center, Sunday Early Breakfast, Immigrant Assistance Program, and Mental Health Ministry.

On behalf of the many, many people who are helped through the outreach programs of St. James Cathedral, THANK YOU for your generous support of the Archbishop Hunthausen Charity Golf Tournament.

Sponsorship Opportunities

Your sponsorship of the tournament is tax-deductible and directly supports our Cathedral outreach ministries.

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<tr>
<th>Sponsorship Level</th>
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<th>Description</th>
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<tr>
<td>Co-Sponsor</td>
<td>$10,000</td>
<td>Four complimentary foursomes, course signage, corporate name and logo on all tournament literature</td>
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<tr>
<td>Major Sponsor</td>
<td>$7,500</td>
<td>Three complimentary foursomes, corporate signage on each golf cart, corporate name and logo on all tournament literature</td>
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<tr>
<td>Double Eagle Sponsor</td>
<td>$5,000</td>
<td>Two complimentary foursomes, course signage, corporate name and logo on all tournament literature</td>
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<tr>
<td>Eagle Sponsor</td>
<td>$2,500</td>
<td>One complimentary foursome, course signage, corporate name and logo on all tournament literature</td>
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<td>Birdie Sponsor</td>
<td>$1,500</td>
<td>One complimentary twosome, course signage, listing in program</td>
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<td>Tournament Sponsor</td>
<td>$1,000</td>
<td>One complimentary golf registration, course signage, listing in program</td>
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<td>Hole Sponsor</td>
<td>$350</td>
<td>Course signage, listing in program</td>
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<tr>
<td>Dinner Sponsor</td>
<td>$300</td>
<td>Two tickets to the Benefit Dinner &amp; Auction, listing in souvenir program</td>
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Put together a foursome or join us as a solo golfer!

Registration opens 10:30am
Shotgun start 12:00pm

The entry fee of $275* per golfer includes
Golf Cart - Tee Prizes - Beverage Tickets
Box Lunch - Awards Dinner

*$100 of each player registration is tax-deductible

To register visit www.stjames-cathedral.org/golf

Information, Maria Laughlin at 206-382-4284 or mlaughlin@stjames-cathedral.org
ST. JAMES CATHEDRAL | 804 NINTH AVENUE | SEATTLE, WA 98104