ST. JAMES CATHEDRAL
The Fourth Sunday in Ordinary Time
January 29, 2023
We are surrounded by a great cloud of witnesses

**HEBREWS 12:1**

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**SUNDAY GIVING AT ST JAMES CATHEDRAL**

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THROUGH JANUARY 20, 2023

Total pledges received...........................................................................................................626
Average pledge......................................................................................................................$240/month
% participation so far (out of 2,374 households).................................26%

We are still 92 pledges short of where we were last year at this time!
If you haven’t already done so, it’s not too late to make a commitment for 2023. Make your pledge online at www.stjames-cathedral.org.

*Information, Maria Laughlin, mlaughlin@stjames-cathedral.org.*
ORDER OF CELEBRATION

Fourth Sunday in Ordinary Time

The Introductory Rites

PRELUDE

Hymn-Prelude on “St. Columba”
Healey Willan (1880–1968)
Pastorale
Isadore Freed (1900–1960)

ENTRANCE

O blest are you
ST. COLUMBA

1. O blest are you, Christ Jesus said, Who
2. O blest are you, the poor, the meek, Who
3. O blest are you, through grief and loss, Who
4. O blest are you, who work for peace, With
5. O blest are you, Christ Jesus says, Who

know how deep your need. For you, I open
toil your whole lives long. Though worldly scorn may
weep from sorrow rows borne. Come stand beneath my
patient hope and care. And blest are you, when
know rejection’s pain. From bearing witness

heaven’s door, Where earthly wants are freed.
deem you weak, My joy will make you strong.
empty cross: I comfort all who mourn.
mercy shapes Your life as loving prayer.
for my sake. I call you by my name!

PENITENTIAL ACT

St. James Mass for Peace
Bern H. Herbolsheimer (1948–2016)
GLORIA

New Mass for Congregations
Carroll Thomas Andrews (1919–2014)

Cantor or Choir:
Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING
Zephaniah 2:3, 3:12-13

SECOND READING
I Corinthians 1:26-31

GOSPEL
Matthew 5:1-12a

HOMILY
Father Alex Pablo (Sunday Noon and 5:30pm)
Father Michael B. Raschko (all other Masses)
CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

All BOW

and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier (1923–1994)

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE OFFERINGS

Offertory (10:00)

Sicut cervus

Giovanni Pierluigi da Palestrina (1525–1594)

Like the deer that yearns for running streams, so my soul is yearning for you, my God.

Ps. 42:2

(Sunday evening)

Blessed

Bern H. Herbolsheimer

SANCTUS

St. James Mass for Peace

Bern H. Herbolsheimer

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.
MYSTERY OF FAITH

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

AMEN


LORD’S PRAYER

AGNUS DEI

Response 1, 2

Have mercy on us.

Response 3

Grant us peace.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

Blessed are the pure in heart, for they shall see God:
Blessed are the peacemakers, for they shall be called children of God:
Blessed are those who suffer persecution for the sake of justice,
for theirs is the kingdom of heaven.

(10:00)

My soul is thirsting for God, the God of my life;
when can I enter and see the face of God?

Ps. 42:3

Beati mundo corde

Mode I

Sitivit anima mea

Giovanni Pierluigi da Palestrina
HYMN OF PRAISE

O God beyond all praising
THAXTED

Allegro con spirito
Frank Bridge (1879-1941)

PRAYER AFTER COMMUNION

DISMISSAL

PROCESSION

ST. JAMES CATHEDRAL
The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR
The Very Reverend Michael G. Ryan

PAROCHIAL VICAR
Reverend Alex Pablo

IN RESIDENCE
Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION
Lawrence N. Brousse (206-382-4280)

FAITH FORMATION
John Simpson, Director of Faith Formation (206-654-4658)
John Marquez, RCIA (206-654-4640)
Theresa Van de Ven, Children’s Faith Formation (206-219-5822)
Andrew Braley, Youth Minister (206-382-2018)
Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)
Patty Pruitt, Administrative Assistant

Theresa Van de Ven, Children’s Faith Formation (206-219-5822)
John Marquez, RCIA (206-654-4640)
John Simpson, Director of Faith Formation (206-654-4658)

FAITH FORMATION
PASTORAL ASSISTANT for ADMINISTRATION
The Very Reverend Michael G. Ryan
The Most Reverend Paul D. Etienne, Archbishop of Seattle
ST. JAMES CATHEDRAL

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M, W, F)
Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Tang Nguyen, Facilities Supervisor (206-264-2087)
FACILITIES and GROUNDS
Bev Mauser, Louise Mennella, Wedding Coordinators
Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Joseph Adam, Director of Music & Cathedral Organist
Christopher Stroh, Assistant Director of Music & Organist
Stacey Sunde, Director of Youth Music
Marjorie Munday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY
Patrick Barredo, Director (206-382-4515)
Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),
Tom Bentler (206-264-2091)

MENTAL HEALTH and WELLNESS MINISTRY
Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)
Christopher J. Koehler, Director
Patrick Suhrbier, Senior Immigrant Legal Services
Sayuko Selvik, Tutoring Coordinator
Laura Murton, Immigration Legal Coordinator
Erica de Klerk, Refugee Welcome Coordinator

STEWARDSHIP and DEVELOPMENT
Maria Laughlin, Director (206-382-4284)
Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE
Yanti Kapoyos, Weddings and Funerals (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators
Mary MacLean, Bookkeeper (206-382-4564)
Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS
Tang Nguyen, Facilities Supervisor (206-264-2087)
Alan Fraser, Brian Jones, Frank Wang, Abeba Ghezai, facilities

CELEBRATIONS of the SACRAMENTS
MASS
Sundays: 8:00am - 10:00am - 12 Noon - 5:30pm
Weekdays: 8:00am (M, T, W, Th, F, S) & 12:10pm (M, W, F)
Saturdays: 8:00am & "Vigil" 5:30pm

VESPIERS and BENEDICTION of the BLESSED SACRAMENT
Sundays at 4:00pm

CONFESSIONS/SACRAMENT of RECONCILIATION Saturdays,
8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM
Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Theresa Van de Ven for information, 206-219-5822.

MARRIAGE
Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

ANOINTING of the SICK
In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS
for parishioners, contact Yanti Kapoyos, 206-382-4288

CATHEDRAL COLUMBARIUM
Maria Laughlin, 206-382-4284

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.
After-hours Emergency answering service for parishioners: 206-467-3049
804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org

WELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are — whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

The 4th Sunday in Ordinary Time
January 29, 2023

ON THE COVER
Jesus went up the mountain, and he began to teach them. View from Mount Tabor.

HOSPITALITY AFTER SUNDAY 10:00AM MASS
Join us in Cathedral Hall for Macrina scones (orange currant and raspberry oat vegan scones), hard-boiled eggs, fresh fruit, and the chance to visit with fellow parishioners.

FEAST OF ST. BLAISE
Friday, February 3 is the Feast of St. Blaise. The traditional blessing of throats will take place during each of the Masses, at 8:00am and 12:10pm. All are welcome.

EVERNING PRAYER WITH MUSIC FROM TAIZÉ
Friday, February 3 at 6:30pm. All are welcome to this celebration of evening prayer with candlelight and the haunting music of the ecumenical community of Taizé, France.

YOUNG ADULTS
If you’re looking for community and to grow deeper in your devotion to Jesus Christ, you’re invited to join our weekly Young Adult Gathering! We meet every Sunday at the Pastoral Outreach Center from 6:30-8:00pm immediately following the 5:30pm Mass. A simple supper and drinks will be provided, and parking is available at O’Dea. Information, Andrew Braley, abraley@stjamescathedral.org or text 206-330-1512.

2023 WASHINGTON STATE LEGISLATIVE SESSION
The Washington State Catholic Conference (WSCC) provides weekly updates on bills that can help support some of the most vulnerable in our state. This year, some of the proposed bills include help for Medicaid recipients, promotion of climate-friendly practices, and support for survivors of human trafficking. In addition, the WSCC opposed bills on the mishandling of human embryos as well as expansion of assisted suicide. To find out more about these and other bills, to learn how to contact your local legislators, and to use your voice for those who are voiceless, sign up for the WSCC’s weekly newsletter. Subscribe, https://www.wacatholics.org/be-an-advocate/join-our-network.

PARISH REMEMBRANCE
Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Mary in Aberdeen, Seattle, and Seaview; St. Bridget in Seattle; and Star of the Sea Mission in Stevenson.
JOIN VIRTUALLY IN THE PARISH PILGRIMAGE TO THE HOLY LAND On January 22, a group of 100+ pilgrims departed on an 8-day pilgrimage to the Holy Land. Photos, videos, and reflections will be posted daily on Instagram and Facebook. Visit www.stjames-cathedral.org/holyland to read about the itinerary, and download the prayer book. Information, Maria Laughlin, mlaughlin@stjames-cathedral.org.

YOUTH MINISTRY OPEN HOUSE Parents of teens are invited to our Youth Ministry Open House on February 5. Come meet our Youth Minister and find out how you can support your teen’s spiritual growth and get them involved in our community. We will meet Sunday, February 5 at 1:00pm in the Cabrini Room 411, on the 4th floor of Cathedral Place (immediately following the noon Mass). Lunch will be provided and all are welcome! Information and RSVP, Andrew Braley, abraley@stjames-cathedral.org or 206-330-1512.

ST VINCENT DE PAUL THANKS YOU A middle aged man relocated to Seattle to get a fresh start. While this neighbor found work in his field, he did not have enough money saved to lease an apartment and had to live in his vehicle for 15 months. Finally after moving into an apartment, his opportunities to work steadily ended. Unless he is called to work a specific job, he is not paid. The man fell behind in paying rent. Seeking help he called the St Vincent de Paul Helpline (206-767-6449). With your support, we were able to give him a helping hand with his rent. Information, Jo Ann Wiesner, 206-291-4012 or wiesjerjo@gmail.com.

SAVE THE DATE: CHOIR CAMP 2023 All children and youth with unchanged (treble) voices entering grades 1 through 8 are encouraged to register for Choir Camp! All are welcome: parishioners and non-parishioners alike. Camp occurs daily August 7-11, Monday through Friday, 9:00am until 4:00pm. Camp concludes with all choristers returning at 9:00am on August 13 to sing for the 10:00am Sunday Mass. Contact the Youth Music Office to register today! Information, Youth Music Office, 206-382-4876 or youthmusic@stjames-cathedral.org.

JANUARY IS POVERTY AWARENESS MONTH During the month of January, the U.S. Bishops have urged Catholics to take up Pope Francis’ challenge to live in solidarity with the poor. In the Eucharistic liturgy, we are united with the Body of Christ on the altar, and in our sisters and brothers in the worship assembly. Pope Francis reminds us, “In service of the poor, there is no room for competition. Rather, we should humbly recognize that the Spirit is the source of our actions that reveal God’s closeness and his answer to our prayers.”

FAITH FRIENDS INCLUSION MINISTRY Faith Friends is an inclusion ministry serving children and teens from across the Archdiocese of Seattle. We are a unique blend of our Faith Mentor and Children’s Faith Formation program, and provide Sacramental Preparation, as well as opportunities for friendship with other youth. Information, Jennifer Wong, 206-619-0816, faithfriends@stjames-cathedral.org, or www.faithfriendsstjames.org.

Opportunities to Serve

CATHEDRAL KITCHEN As the Cathedral Kitchen prepares to return to complete in-person dining each weekend, consider joining the Kitchen team by committing to prepare and serve meals once a week. Information, Mick McHugh, 206-264-2091 or MickMcHugh00@gmail.com.

SUNDAY BREAKFAST There are only two opportunities for homeless and low-income people to enjoy a free breakfast on Sunday mornings, and St. James is one of them. Volunteers come in either on Saturdays to cook, or Sundays to heat up and serve breakfast. Information, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

SANDWICH MAKING MINISTRY Healthy sandwiches can be made at home and then brought to the Cathedral to share with men staying at the St. Martin de Porres Shelter. This is a great activity for families with young children, people with busy lives, and anyone who is not able to go out and serve. Information, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

TEEN, YOUNG ADULT AND ADULT VOLUNTEERS NEEDED FOR FAITH FRIENDS MINISTRY Faith Friends is a unique blend of our Faith Mentor, children’s faith formation program, and an inclusion ministry. The ministry’s goal is to give children and teens ages 7-18 with physical, cognitive and/or intellectual disabilities access to the parish community, social events, and faith formation. Faith Peers are teens and young adults who have chosen to live out their discipleship and share some of their personal time in dedication and service to the goals of the program. Adult volunteers are needed for the Adult Leadership team. Information, Jennifer Wong, 206-619-0816, faithfriends@stjames-cathedral.org, or www.faithfriendsstjames.org.

ADULT CONFIRMATION Are you or is someone you know 17 or older and in need of the Sacrament of Confirmation? The sacrament will be celebrated on Thursday, May 11 at 7:00pm. Classes in preparation for Confirmation begin on Tuesday, February 28. Catholic Baptism and First Communion are required. The deadline for registration is February 21. Information and registration, John Marquez, 206-654-4640 or jmarquez@stjames-cathedral.org.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!). You can register online at www.stjames-cathedral.org.
On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.
YOUTH MINISTRY OPEN HOUSE

Sunday, February 5, 2023
1:00pm (after Noon Mass)
Cathedral Place, 4th Floor (Cabrini Room 411)

Parents of teens are invited to a Youth Ministry Open House on Sunday, February 5. Come and meet our Youth Minister and find out how you can support your teen’s spiritual grown and get them involved in our community.

We will meet in Cabrini Room 411 on the 4th floor of Cathedral Place at 1:00pm, immediately following the Noon Mass. Lunch will be provided and all are welcome!

Information and to RSVP, Andrew Braley, Youth Minister
abraley@stjames-cathedral.org or 206-330-1512

St. James Youth Ministry
www.stjames-cathedral.org/youthministry * www.facebook.com/cathedral.youth * @SaintJamesYouth
Loreto Aramendi is an international concertist and the main organist of the Cavaillé-Coll organ (1863) of the Basilique of Santa María del Coro in San Sebastián, Spain. She brings a delightfully varied program of organ music to St. James Cathedral. Ms. Aramendi has given numerous recitals at international festivals in the United States, Japan, Russia, Canada, Argentina, and most of the European countries. Venues have included Tokyo Opera City Concert Hall, Auditorio Nacional of Madrid (Bach Vermut), Notre Dame of Paris, Moscow Cathedral, Hallgrímskikja in Reykjavik, Saint Patrick's Cathedral of New York, Westminster Cathedral, and the Stavanger Konserthus.

Advance tickets:
www.stjames-cathedral.org/music/concerts (suggested donation $20; $12 senior & student; or pay what you can). For cash & check advance tickets, visit the Columbia St. parish office reception desk.

Walk-up tickets will be available at the Marion & Terry door only. Doors open at 6:30pm, concert begins at 7:00.

The Cabrini Garage will not remain open for this concert.

More info: musicoffice@stjames-cathedral.org or 206-382-4874.
Society of St Vincent de Paul
St James Cathedral-BL Rosalie Rendu Conference

Calendar year ending December 31, 2022

INCOME

$190,756 donations collected for us by St James Cathedral, including online donations to SVDP (via the St James Website), and special collections taken at Mass.

$13,068 donations from other SVdP sources, from the SVdP conference at Holy Family in Kirkland and a $7,068 grant awarded to one family (additionally gift cards were distributed by us but paid for by others: $4,100 in Christmas gift cards donated by parishioners at St Jude in Redmond and $100 donated by St James Cathedral that we gave to families living near St James Cathedral, including 47 adults and nearly 70 children).

$203,824 TOTAL INCOME

EXPENSE

$204,376 paid for direct aid to residents of our parish, including:

- $202,078 for rent (averaging $16,840 per month)
- $573 for utilities (electricity, natural gas, water, sewer, garbage)
- $310 for food and sundries (grocery store vouchers)
- $1,415 for beds (does not include approx. $2,500 for beds purchased in Nov and Dec that will be billed in January 2023). Bed purchases had lapsed early in the pandemic due to the supply chain issues. During mid-2022, bed purchases started again.

$204,376 TOTAL DIRECT AID

$2,000 paid to the Seattle RV Project, a SVdP project that helps the unsheltered

$1,045 Paid for operating expenses (postage, mailing supplies, a “new” used computer, computer supplies, bank fees and SVdP voucher books)

$207,421 TOTAL EXPENSE (averaging $17,285 per month)

We thank you for your donations, which we put to work directly helping people as quickly as we can. Thanks to an increase in donations at the end of 2021 we started the 2022 with a large balance in our treasury. Simply put, this is the reason our expenses are larger than our income. We did not have a negative bank balance. Most of our money is used to help pay rent to avoid eviction – an escalating need due to high monthly rents, accumulating rent debts caused by widespread unemployment during the pandemic and the fact that eviction moratoriums recently ended.

The best way to make financial donations to us is to donate to SVdP online via the St James website (https://www.stjames-cathedral.org/BusinessCenter/Giving.aspx) – be sure to indicate your gift is for “SVdP.” Checks should be made payable and delivered to St James Cathedral – be sure to write “SVdP” or “St Vincent” on the memo/for line. Bequests, memorial funds and matching gifts from employers are all welcome. We are unpaid volunteers, so 99% of your donation goes directly to help those in need.

Questions? Please contact any conference officer:
President Pauline Smetka (206)697-2411; Vice President Susan Picht (206)724-8768;
Secretary Blake Steller (907)244-6683; Treasurer Jo Ann Wiesner (206)291-4012