



*I set my bow in the clouds to serve as a sign of the covenant*  
*Detail of the Ceremonial Bronze Doors, St. James Cathedral.*  
*Ulrich Hen, artist.*

ST. JAMES CATHEDRAL  
*The First Sunday of Lent*  
February 22, 2015

# PLACE OF LIGHT, PLACE OF WELCOME

## A NEW CAPITAL CAMPAIGN FOR ST. JAMES CATHEDRAL

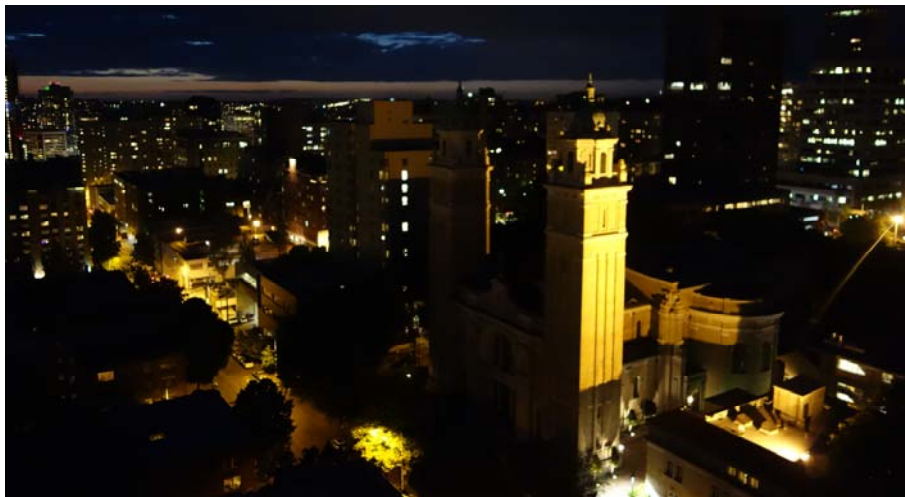
### ...AND A NEW REASON TO GIVE!

**Y**ou may be aware of an exciting new capital campaign that is underway here at the Cathedral. The *Place of Light, Place of Welcome* campaign is all about making the Cathedral the beacon it once was (when it dominated the city's First Hill!) and it's also about making it an even more welcoming place than it already is.

We are working with a gifted local lighting designer to create dramatic, innovative, and energy-efficient exterior lighting that will let the Cathedral shine and make it as beautiful and welcoming by night as it is by day. It will also considerably enhance its safety by night. The new lighting is quiet evangelization: an invitation to the city to come explore the beauty of our historic and beloved Cathedral.

In addition to exterior lighting, we will also take the necessary – and costly -- steps to upgrade the Cathedral's now-obsolete interior lighting, as well as to provide updated accessibility to the Cathedral, the Chapel, and the Rectory building for persons of limited mobility.

Right now, there's an added incentive to donate!



*The current exterior lighting of the Cathedral leaves much to be desired*

**A generous parishioner recently offered a \$20,000 challenge grant. Each gift that comes in, up to \$20,000, will be matched dollar for dollar. Would you consider making a gift—large or small—to the campaign at this time? So far, we've received \$6,601 in response to the challenge grant!**

You can read more about the campaign at [www.stjames-cathedral.org](http://www.stjames-cathedral.org). *Information*, Maria Laughlin, 206-382-4284 or [mlaughterlin@stjames-cathedral.org](mailto:mlaughterlin@stjames-cathedral.org).

## PLACE OF LIGHT, PLACE OF WELCOME

I/WE PLEDGE:

TOTAL PLEDGE AMOUNT ..... \$ \_\_\_\_\_

INITIAL PAYMENT ..... \$ \_\_\_\_\_

BALANCE ..... \$ \_\_\_\_\_

I/WE PREFER TO MAKE PAYMENTS AS FOLLOWS:

- ☐ ONE-TIME GIFT  
☐ ANNUALLY (OVER 3 YEARS)

- ☐ MONTHLY INSTALLMENTS  
☐ OTHER \_\_\_\_\_

NAME(S) \_\_\_\_\_ TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

ORDER OF CELEBRATION FOR  
*The First Sunday of Lent*

THE INTRODUCTORY RITES

INTROIT

Psalm 91: *Qui habitat*  
adapt. Stratman

Cantor I give them life long and full,



and I show them my power to save, says the Lord.

GREETING

PENITENTIAL ACT

chant, Vatican XVII

Priest Have mercy on us, O Lord.

ALL **For we have sinned against you.**

Priest Show us, O Lord, your mercy.

ALL **And grant us your salvation.**



R. 1, 3, 4 Lord, have mer - cy.

R. 2 Christ, have mer - cy.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Genesis 9:8-15

RESPONSORIAL PSALM 25

Kreutz



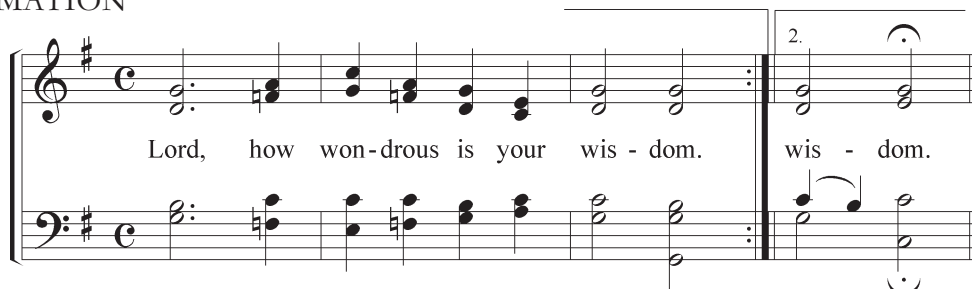
Re - mem - ber your mer - cies, O Lord.

SECOND READING

I Peter 3:18-22

GOSPEL ACCLAMATION

Stratman



Lord, how won-drous is your wis - dom.

wis - dom.

GOSPEL

Mark 1:12-15

HOMILY

Father Ignatius Ohno, SJ

DISMISSAL OF THE ELECT, CATECHUMENS AND CANDIDATES (10:00)

Stratman

Cantor: I give them life long and full. **All: And I show them my power to save, says the Lord.**

CREED *chanted on one tone*

(10:00 and Sunday Evening)

Credo III

*Presider Credo in unum Deum,*

Schola Patrem omnipotentem factorem cæli et terræ,  
visibilium omnium et invisibilium.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things  
visible and invisible.**

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,  
Fi - li - um De - i u - ni - ge - ni - tum.

**I believe  
in one Lord Jesus Christ,  
the Only Begotten Son of God,**

**born of the Father  
before all ages.**

Schola Et ex Patre natum ante omnia sæcula.

ALL

De - um de De - o, lu - men de lú - mi - ne,  
De - um ve - rum de De - o ve - ro.

**God from God, Light from Light,  
true God from true God,**

Schola Genitum, non factum, consubstantialem Patri:  
per quem omnia facta sunt.

**begotten, not made,  
consubstantial with the Father;  
through him all things were made.**

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram  
sa - lú - tem de - scén - dit de cæ - lis.

**For us men and for our salvation  
he came down from heaven,**

*ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:*

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,  
et homo factus est.

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

ALL

Cru - ci - fī - xus é - ti - am pro no - bis  
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death  
and was buried,**

Schola Et resurrexit tertia die, secundum Scripturas.

**and rose again on the third day  
in accordance  
with the Scriptures.**



ALL

Et a - scén - dit in cæ - lum,  
se - det ad déx - te - ram Pa - tris.

**He ascended into heaven  
and is seated  
at the right hand of the Father.**

Schola Et iterum venturus est cum gloria,  
judicare vivos et mortuos,  
cuius regni non erit finis.

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

ALL

Et in Spí - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -  
cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from  
the Father and the Son,**

Schola Qui cum Patre et Filio  
simul adoratur et conglorificatur:  
qui locutus est per prophetas.

**who with the Father and the Son  
is adored and glorified,  
who has spoken  
through the prophets.**

ALL

Et u - nam, san - ctam, ca - thó - li - cam  
et a - pos - tó - li - cam Ec - clé - si - am.

**I believe in one, holy,  
catholic and apostolic Church.**

Schola Confiteor unum Baptisma in remissionem peccatorum.

**I confess one Baptism  
for the forgiveness of sins**

ALL

Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

**and I look forward  
to the resurrection of the dead**

Schola Et vitam venturi sæculi.

**and the life  
of the world to come.**

ALL

A - - - - - men.

**Amen.**

## PRAYER OF THE FAITHFUL

Litany of Saints

Lord, we ask you, hear our prayer.

# THE LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

Cantor I give them life long and full,

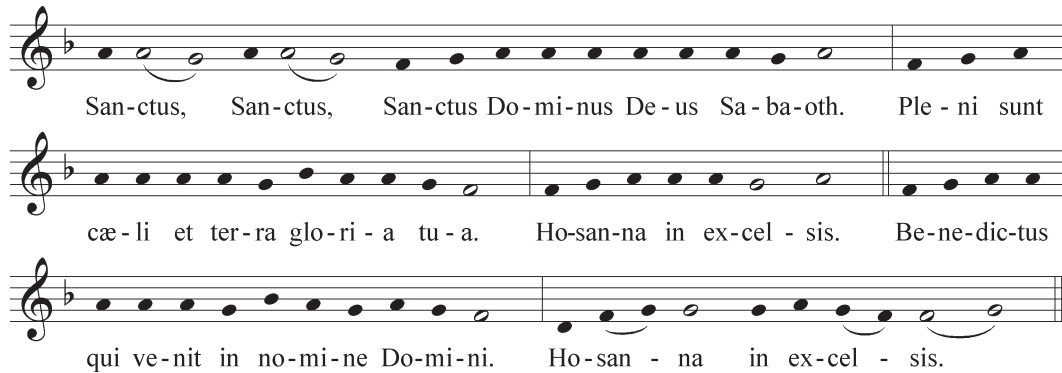
Psalm 91

ALL **And I show them my power to save, says the Lord.**

Stratman

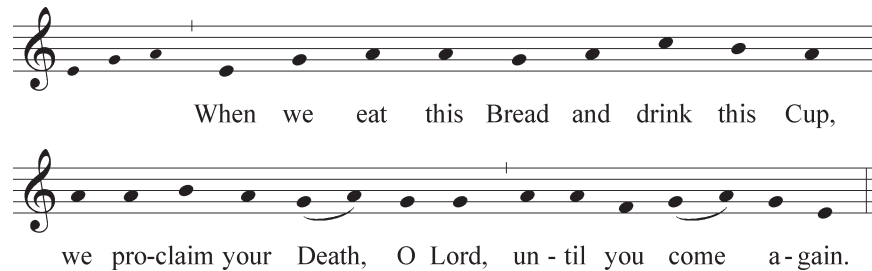
## SANCTUS

chant



## MEMORIAL ACCLAMATION

chant, *Roman Missal*



## AMEN

chant

## THE COMMUNION RITE

### LORD'S PRAYER

### AGNUS DEI

Vatican XVII



## COMMUNION

If you live in the shelter of the Most High,  
make you home in the shade of the Almighty  
you say to the Lord, "my Rock, my Fortress, my God in whom I trust."

Psalm 91

Stratman

Cantor I give them life long and full,

Stratman

ALL **And I show them my power to save, says the Lord.**

Upon returning to your place after Holy Communion, please **kneel or be seated.**

*Low-gluten hosts are distributed at the credence table near the presider's chair.*

## HYMN OF PRAISE **No. 422 in Worship hymnal**

*The glory of these forty days*

ERHALT UNS HERR

## PROCESSION

ICON OF THE CRUCIFIXION OF THE LORD ACKNOWLEDGEMENTS: Texts of the Roman Missal, Third Edition, copyright © 2010 International Commission on English in the Liturgy. Psalm 91 by Tom Stratman, copyright © St. James Cathedral. All rights reserved. Psalm refrain by Kreutz, copyright © 1986 by GIA Publications, Chicago, IL. Reprinted under oneLicense.net #A706828. All rights reserved.

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, Ward Johnson, John Marquez, sacristans

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Interim Director of Music & Organist

Samuel Libra, Assistant Organist

Stacey Sunde, Director of Youth Music

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Christine Trigg, Immigrant Legal Services

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-622-3559)

Alan Frasher, Melina McCombs, Dane Nelson, Steve Raab

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**WELCOME!** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**TELEPHONE SYSTEM HELP** The parish is evaluating an upgrade for its telephone system and would welcome assistance from a parishioner with expertise in this area. *Information*, Renan Jeffereis, [rjeffereis@stjames-cathedral.org](mailto:rjeffereis@stjames-cathedral.org).

**CATHEDRAL KITCHEN GARDEN** It's time to begin the 2015 growing season in our Cathedral Kitchen Garden. We will kick off the year with a potluck dinner of locally sourced foods on Friday, February 27, 6:00 pm in the Pastoral Outreach Center. This potluck will be an opportunity for us to renew relationships built in the garden during the last growing season and create new relationships with anyone who wants to volunteer in the upcoming season. We will also lay out a plan for the upcoming work parties, the planting, harvesting, weeding and watering needs, and the evolving vision for the garden as we work to bring healthy, locally produced food to the guests of the Cathedral Kitchen. Our first work party of the season will be March 14. "Lettuce" rejoice and be glad as we gather for fellowship and labor! *Information*, Patty Bowman, 206-382-4515, [pbowman@stjames-cathedral.org](mailto:pbowman@stjames-cathedral.org).

**OPERATION RICE BOWL** Join our parish community—and more than 13,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Don't forget to download the CRS Rice Bowl app! This week, we learn about farming in Tanzania where the simple soybean is changing lives. What actions can you take this Lent to change lives—at home and around the world? Learn more at [www.crsricebowl.org](http://www.crsricebowl.org).

**HUMAN TRAFFICKING: MODERN DAY SLAVERY** Did you know slavery still exists? That there are more slaves now than at any other time in human history? That it's even happening here, in Seattle? Join us to learn more about this scourge of modern-day slavery, also called human trafficking. What is it, why does it still exist, and how are we called to respond? Our presenter will be Annapatrice Clark from the Intercommunity Peace and Justice Center. Monday, March 2, 7:00 pm, Pastoral Outreach Center. *Information*, Patty Bowman, 206-382-4515, [pbowman@stjames-cathedral.org](mailto:pbowman@stjames-cathedral.org).

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Peter in Seattle and St. Peter Mission in Deming, Suquamish, and Tenino.*

## YOUNG ADULT MINISTRY

*For parishioners in their 20s and 30s*

**LENTEN EVENING REFLECTIONS** Starting tonight, join your fellow young adults for Lenten reflections on Sundays at 7pm in the Rectory Parlors. We will discuss the Lenten Gospel readings. There is no commitment to come to all the sessions; please bless us with your presence whenever you can make it!

**THEOLOGY ON TAP RETURNS!** Join us for a special Lenten edition of Theology on Tap! On Wednesdays, February 25, March 4, and March 11, meet at Kells Irish Pub (1916 Post Alley) at 7pm to discuss the life, death, and resurrection of Jesus. Our fantastic speakers this session are Bishop Elizondo, Dr. Victoria Ries, and Fr. James Eblen.

**FIRST FRIDAY TAIZÉ AND SIMPLE SUPPER** On Friday, March 6, join other young adults for Taizé prayer at 6:30 in the Cathedral. Afterwards, we will meet in the north entrance of the Cathedral for a simple supper.

### WANT TO LEARN MORE?

Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org)  
[Facebook.com/StJamesYoungAdultMinistry](https://www.facebook.com/StJamesYoungAdultMinistry)

## YOUTH MINISTRY

**OSCAR PARTY** Sunday, February 22 at 5:00pm in the Cathedral Rectory. Join us for food, ballots, and fun as we collectively enjoy the 2015 Academy Awards.

**JUNIOR HIGH RALLY** Saturday, March 7. This year, the archdiocesan rally of Catholic middle school youth (Grades 6-8) will be held right here at the cathedral, in cooperation with O'Dea High School. Please join us, along with 600+ middle school students, in an energizing day packed with lively music, dynamic speakers, and powerful prayer experiences, including a cathedral Mass with Archbishop Sartain! Contact Joe for a registration form. High school helpers needed.

**MIGRANT FOOD BANK TRIP** March 20-21. In an effort to grow our ongoing relationship with the migrant community, we will once again assist with the migrant food bank in Burlington. Join us for an overnight experience with youth from St. John Vianney. Contact Joe for a permission form.

**QUESTIONS?** Joe Cotton, 206-264-2082  
[jcotton@stjames-cathedral.org](mailto:jcotton@stjames-cathedral.org)

**SHARE YOUR LOVE OF GOD AND THE CHURCH WITH THE CHILDREN OF ST JAMES** Join the Children's Faith Formation team. We have immediate need for one fifth grade catechist. Classes meet most Sundays from 11:00am to 11:45am through June 5, 2015. Materials and training provided. *Information*, Brenda Bellamy 206-274-3108 [bbellamy@stjames-cathedral.org](mailto:bbellamy@stjames-cathedral.org).

**SOCIETY OF ST VINCENT DE PAUL** Due to popular demand, SVdP's annual "Stuff the Truck" event has been expanded to include Saturday, March 21 in addition to Sunday, March 22! Please bring your gently used clothes, household goods and other items to our truck in the O'Dea parking lot before and after Saturday evening and Sunday morning Masses: 5-7 pm Saturday, March 21 and 7:30 am to 1:15 pm Sunday, March 22. Your donated items will be sold through local SVdP thrift stores, with proceeds used to support SVdP activities throughout King County, all of which benefit our neighbors in need. *Information*, event chair Bob Clifford, 206-718-4158.

**DO YOU HAVE QUESTIONS ABOUT SOCIAL SECURITY DISABILITY?** Linda Worthington, JD explains the difference between SSI & SSDI, reviews requirements and eligibility, how you can work while receiving benefits and more. Linda is an Attorney at Schroeder, Goldmark and Bender and the co-Vice President of NAMI Greater Seattle's Board of Directors. Wednesday, February 25, 6:00pm, Pastoral Outreach Center. *Information*, Nancy Granger, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)

**'DISORDERED THINKING – A PSYCHIATRIC PERSPECTIVE'** Monday, March 16, 7:00pm, Pastoral Outreach Center. Cathedral parishioner and practicing psychiatrist, Dr. Pablo Proano will offer an overview and discussion on various psychiatric disorders. *Information*, Nancy Granger, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)

**HER BEAUTIFUL BRAIN** Hear local author Ann Hedreen read from and discuss her newly published memoir about her experience with her mother's diagnosis of Early Alzheimer's. Wednesday, April 1, 7:00pm, Pastoral Outreach Center. *Information*, Nancy Granger, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)

**MENTAL HEALTH FIRST AID** Saturday, April 11, 8am-6pm Cathedral Place Room 1EW. Don't miss out on what many others have called the best mental health training around! This evidenced based program facilitated by Dwayne Stone, LMHC and Brooke Amyx, LICSW, helps individuals learn about, understand, and respond to individuals with signs of mental illness and substance use disorders. Learn a simple 5-step action plan to help an individual in crisis. Cost \$100. NAMI scholarship available to residents of King County. *Information*, Nancy Granger, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)

**THE SACRAMENT OF CONFIRMATION** Preparation classes for youth aged 16 or older, as well as for adults will begin Wednesday evening, April 8, and continue each Wednesday into June. *Information*, Rosanne Michaels at 206-654-4658, or [rmichaels@stjames-cathedral.org](mailto:rmichaels@stjames-cathedral.org)



# Lent 2015 at St. James Cathedral

**THE RICE BOWL PROGRAM** is a wonderful way to grow in solidarity with the poor and the millions in our world who lack the basic necessities of life. Rice Bowls are available in the vestibules of the Cathedral throughout Lent.

**MASS** The Masses of Lent are the ideal way to grow closer to the Lord Jesus. The scriptural readings for the Sunday and weekday celebrations are particularly rich in their ability to inspire and challenge. Weekday Masses are at 8:15am and 5:30pm.

**STATIONS OF THE CROSS** The unique Stations of the Cross are the work of Cathedral iconographer Joan Brand-Landkamer. They were inspired by the work of 20th-century French artist Georges Rouault. The stations were created from found objects which Landkamer collected near her home in Ocean Shores. Each station is unique, and together they form a stark and intensely moving portrayal of the last journey of Jesus.

**PRAYING THE STATIONS** is a wonderful Lenten tradition in the Church. There are *three* opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). *You can also pray the stations online at [www.stjames-cathedral.org](http://www.stjames-cathedral.org).*

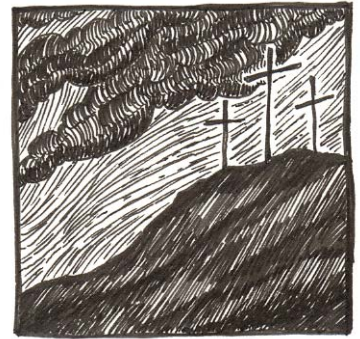
**LITURGY OF THE HOURS** Each weekday at 12:10pm in the Cathedral Chapel, we pray the Liturgy of the Hours. This short community prayer is based on the psalms, and includes readings from scripture and from our rich Catholic tradition.

**LENTEN HOLY HOUR** Each Friday during Lent, we will have a Holy Hour with Exposition of the Blessed Sacrament at 12 Noon. Holy Hour, which includes the Liturgy of the Hours, meditations, and rosary, is the perfect midday retreat at the end of a busy week.

**VESPERS AND BENEDICTION OF THE BLESSED SACRAMENT** This beautiful prayer is part of the Liturgy of the Hours, the official prayer of the Church. It is celebrated in the Cathedral each Sunday afternoon at 4:00pm.

## CONTEMPLATIVE PRAYER ON THE FRIDAYS OF LENT

Every Friday evening at 6:30 pm, the Cathedral offers a meditative evening prayer of song, scripture, and silence, with the music of the ecumenical community of Taizé in France. All are welcome.



**SACRAMENT OF RECONCILIATION** This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions will be heard each Saturday from 4:00 – 5:00pm. Communal penance services will be on Saturday, March 21 at 3:30pm, and Monday, March 23 at 7:30pm.

**LIVING WATER: LIVING THE GOSPELS OF LENT** In this series, we will pray with and learn about the Gospel readings for the Sundays of Lent. In the first part of each session, we will approach the Gospels through the ancient practice of *lectio divina*. Then we will learn more about the Gospel in the context of Scripture, Catholic teaching, and our lives and our world today. Tuesdays, February 24 through March 24, 7:00pm, Rooms 1EW.

**YOUNG ADULT LENTEN REFLECTIONS** Join us for the first five Sundays in Lent as we discuss the Gospel readings of Lent. Young adults throughout the Archdiocese will read the same reflections, fostering a sense of community throughout Western Washington. Sessions will be held at 7pm in the Rectory Parlors with light refreshments. Feel free to make it to as many sessions as you can. *Information, Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org), 206-382-4235.*

**YOUNG ADULT HOLY THURSDAY PILGRIMAGE** Archbishop Sartain will lead several hundred young adults on this year's Holy Thursday Pilgrimage. Mass at St. James will be at 6pm, and the pilgrimage will begin afterwards from the Cathedral's west steps. We walk to St. Mary's, Immaculate Conception, the Chapel of St. Ignatius, and back to St. James Cathedral. Vans will be available for those who cannot walk. *Information, Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org), 206-382-4235.*

## RCIA During Lent

**JOURNEY OF THE ELECT** Lent is a time of intensive prayer and preparation for our Catechumens, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Soon they will no longer be called *Catechumens*, but "*Elect*," following the celebration of the Rite of Election. This final period of purification and enlightenment, which, since the beginnings of the Church, has taken place during Lent, consists more of interior reflection than catechetical instruction. It is intended to purify the hearts and minds of the Elect as they search their own consciences and do penance. This period is also intended to enlighten their minds and hearts with a deeper knowledge of Christ the Savior.

*Please pray for:*

**Maile Carey  
Willard G. Ling  
Amity Ludders  
Anna Rice  
Caleb Vandebos  
Jonathan Anderson  
Shea Carstens**

Please pick up a prayer card at the Place of Prayer in the south aisle and pray for our Elect each day during this season of Lent. As Easter draws near, you will be invited to write a note telling our Elect of your prayerful support.



*The following are some important dates in the journey of our Catechumens:*

**RITE OF ELECTION** We begin a season of intensified preparation by celebrating the Rite of Election. On the basis of the testimony of sponsors and catechists, the Church judges the state of readiness of the Catechumens for baptism, and decides on their advancement toward the sacraments of initiation.

This step is called "election" and is based on the Catechumens' election by God, in whose name the Church acts. From this point on, those preparing for Baptism are referred to as the Elect.

**THE SCRUTINIES** Lent began in the Church as a time of intense spiritual preparation and healing for the Elect. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place on Sunday, March 8 at 10:00am, Sunday, March 15 at 12:00pm, and Sunday, March 22 at 10:00am.

**SATURDAY, APRIL 4, 8:30pm: THE EASTER VIGIL** On this holiest of nights, we celebrate the sacraments of Baptism, Confirmation and Eucharist with our Elect. The Easter Vigil is the undisputed high point of the entire liturgical year, the "mother of all vigils," as St. Augustine called it.

## Choral Prayer during Lent

**Saturday, March 7,  
& Sunday, March 8, 8:00pm**

### ***Caritas***

Grammy award-winning Seattle Pro Musica presents *Caritas*, a tribute to great female composers throughout the centuries. Chants composed by St. Hildegard of Bingen will be juxtaposed with works by 20th Century composers Dobrinka Tabakova, Hyo-won Woo, and Lucija Garuta as well as Pacific Northwest composers Melinda Bargreen and Karen P. Thomas. *Information*, 206-781-2766 or [www.seattlepromusica.org](http://www.seattlepromusica.org).

**Saturday, March 14, 8:00pm**

### ***Peace on Earth***

Opus 7 Vocal Ensemble presents *Peace on Earth*. This program will highlight the Slavic music of Russia and the Ukraine, including movements from Rachmaninoff's *All-Night Vigil*, celebrating the work's centenary. *Information*, [www.opus7.org](http://www.opus7.org) or 206-782-2899.

**Wednesday, April 1, 7:30pm**

### ***Office of Tenebrae***

Cathedral musicians chant this office as well as singing excerpts from the *Leçons de Ténèbres* by François Couperin, the *Miserere Mei*, *Deus of Allegri*, and other works for this solemn occasion. Father Ryan, presider. Free will offering.

# *Living Water*

## *Praying the Gospels of Lent*

PARISH PROGRAM FOR LENT 2015



**Tuesdays, February 24,  
& March 3, 10, 17, & 24**  
7:00 pm, Cathedral Place 1EW

In this series, we will pray with and learn about the Gospel readings for the Sundays of Lent. In the first part of each session, we will approach the Gospels through the ancient practice of *lectio divina*: listening, meditation, prayer, and contemplation, led by parishioner Scott Webster. In the second part, we will learn more about the Gospel in the context of Scripture, Catholic teaching, and our lives and our world today with a different presenter each week.

**February 24 – The Transfiguration**  
*Scott Webster, Corinna Laughlin*

**March 3 – The woman at the well**  
*Scott Webster, Patty Bowman*

**March 10 – The man born blind**  
*Scott Webster, Suzanne Lee*

**March 17 – The raising of Lazarus**  
*Scott Webster, John Simpson*

**March 24 – The Passion according to Mark**  
*Scott Webster, John Marquez*

[WWW.STJAMES-CATHEDRAL.ORG](http://WWW.STJAMES-CATHEDRAL.ORG)



## The Archdiocese of Seattle's Young Adult Ministry Presents:

*Theology on Tap*  
a speaker series exploring

### **JESUS CHRIST** *Life, Death & Resurrection*

*February 25, March 4 and March 11*  
*Kell's Irish Pub*



#### Wed, Feb 25-- Bishop Elizondo, Auxiliary Bishop of Seattle



Bishop Elizondo will begin the series with an exploration into the life of Jesus. He will lead us in a discussion considering and getting to know the historical Jesus, the Jesus who walked this Earth, the Jesus who felt love and hurt and joy and sorrow.

#### Wed, March 4 -- Victoria Ries



Victoria has served in ministry in the archdiocese for over 35 years. She began as a campus and young adult minister working with the two colleges and the 20 parishes in Pierce County. Since then she served as Pastoral Associate at St. George Parish for 7 years, as Pastoral Life Director at St. Patrick for 10 years, and as the Pastoral Coordinator St. Catherine of Siena. Today she is officially retired. Victoria has a PhD in systematic theology from the

University of Chicago Divinity School and she is an adjunct faculty at the School of Theology and Ministry at Seattle University. Victoria's talk is on the Passion and Death of Christ. She has titled her talk **Walking with Jesus to the Cross: His Suffering and Death & Our Own.**

#### Wed, March 11 -- Fr. James Eblen



Fr. James Eblen is a senior priest of the Archdiocese of Seattle. As Professor Emeritus at Seattle University's School of Theology and Ministry, Fr. James has taught courses in Scripture, homiletics and ecumenical theology for more than twenty-five years. As weekend assistant, he has celebrated liturgical ministry in a number of Seattle-area parishes. Senior priest status means more time for prayer and writing along with parish adult education courses. Fr. James's talk will focus on the Resurrection of Christ and its implications in our own lives today.

**Questions? Contact Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org), 206-382-4235**

# CATHOLIC ADVOCACY DAY

Thursday, March 26, 2015



## *Proclaim Justice and Life for All*

### REGISTRATION REQUIRED

Contact Patty Bowman:  
206-382-4515

[pbowman@stjames-cathedral.org](mailto:pbowman@stjames-cathedral.org)

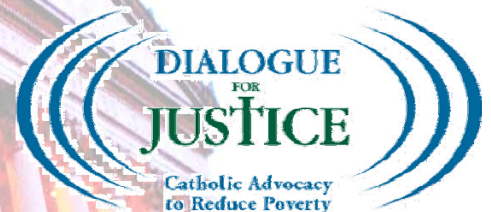
The 2015 Washington Legislative Session will make crucial decisions on funding education, housing, mental health, and programs for the most vulnerable. Join Father Ryan, St. James Cathedral staff and parishioners, and thousands of Catholics from across the state as we take a message of compassion and justice to Olympia. The day will include Mass, legislative briefings and meetings with legislators. Bus transportation to Olympia provided.

### **Learn about the issues! Legislative forums will be held:**

- *Sunday, February 8, Immaculate Conception Parish, 820 18th Ave, Seattle, 2:00pm—4:00 pm **OR***
- *Saturday, February 28, Our Lady of Guadalupe Parish, 7000 35th Ave SW, Seattle, 9:00 am—11:00 am*

### **Catholic Advocacy Day is sponsored by:**

Intercommunity Peace & Justice Center • Washington State Catholic Conference • Catholic Community Services • Archdiocese of Seattle • Pierce County Deanery • St. Vincent de Paul







# Cathedral Blood Drive

Sunday, March 15, 2015  
O'Dea High School Gym

8:30am to 2:30pm (*closed 10:30am-11:30am*)

## *The Perfect Lenten Gift*

What could be a more personal, caring and meaningful gift than the gift of blood to someone in our community who has the need? Donating blood invites us to consider a different aspect of stewardship: the gift of ourselves in a way that is fundamental and essential to life itself.

## *Who needs blood?*

It is very likely that someone you know at St. James has had a need for blood. People who need blood transfusions include those who have been in accidents or require surgery or chemotherapy. Often transfusions enable those receiving chemotherapy to continue with treatment. To meet the needs in our community, over 900 people must donate blood through the Puget Sound Blood Center every weekday.

## *St. James & Bloodworks Northwest*

St. James has been sponsoring Lenten and Fall blood drives since 2006. Bloodworks Northwest (formerly the Puget Sound Blood Center) is always enthusiastic about our partnership in this effort, but most especially about the number of *new donors* at our blood drives. **We invite those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please do so again!**

**Sign up at coffee hours on 3/1 or 3/8.**

Or e-mail [crobl@comcast.net](mailto:crobl@comcast.net) to sign up or to find out more.

At left: St. Luke the Physician. *Madonna & Child with Saints* (detail), Neri di Bicci, ca. 1456

*Sponsored by St. James Cathedral's Health and Healing Ministry*