



Teach me your ways, O Lord
Jonah and the Whale. Detail of the Ceremonial Bronze Doors. Ulrich Henn, artist.

ST. JAMES CATHEDRAL
The Third Sunday in Ordinary Time
January 25, 2015

ORDER OF CELEBRATION FOR

The Third Sunday in Ordinary Time

RITE OF RECEPTION INTO FULL COMMUNION (10:00)

PRELUDE (8:00 & 10:00)

“Pastorale” from *Sonata No. 1*

Guilmant

(Saturday 5:30 & Noon)

Partita on “Westminster Abbey”


Proulx

THE INTRODUCTORY RITES


ENTRANCE

For thy blest saints

ST. ANNE



1. For thy blest saints, a no - ble throng, Who
2. For James who left his fa - ther's side, Not
3. For Je - sus, James both worked and prayed, His
4. Then bold in love, James begged a place With
5. Lord, may we learn to drink the cup, And



fell by fire and sword, Or ear - ly died, or
ling - 'ring by the sea; He heard what could not
pil - grim staff in hand, That Gos - pel tid - ings
Je - sus on his throne; And bold in love, James
meek and firm be found, When thou shalt come to



flour - ished long, We praise thy Name, O Lord.
be de - nied, Thy sum - mons, “Fol - low me.”
might go forth Un - to the far - thest land.
drank in - stead His cup of mar - tyr - dom.
take us up Where thine e - lect are crowned.

RITE OF SPRINKLING (10:00)

Alleluia, alleluia!

Hurd

PENITENTIAL ACT

St. James Mass for Peace

Herbolsheimer




1, 3. Ky - ri - e e - le - i - son.
2. Chri - ste e - le - i - son.

GLORIA (Sunday Evening) **No. 341 in Worship hymnal**

Mass of Angels

(All other Masses)



Glo - ri - a in ex - cel - sis De - o.

(10:00am)

St. James Mass for Peace

Herbolsheimer

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Jonah 3:1-5, 10

RESPONSORIAL PSALM

Psalms 25

Proulx



SECOND READING

I Corinthians 7:29-31

ALLELUIA

St. James Mass for Peace

Herbolsheimer



GOSPEL

Mark 1:14-20

HOMILY

Father David A. Brant (Sunday Evening)

Father Michael G. Ryan (all other Masses)

RITE OF RECEPTION INTO FULL COMMUNION (10:00)

CALLING OF THE CANDIDATES (10:00)

CREED

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

[ALL BOW]

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

[ALL STAND UPRIGHT]

**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

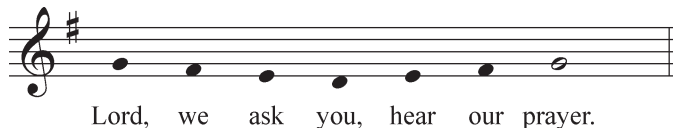
**I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

ACT OF RECEPTION (10:00)

CELEBRATION OF THE SACRAMENT OF CONFIRMATION (10:00)

PRAYER OF THE FAITHFUL

Litany of Saints



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Pilgrims' Hymn

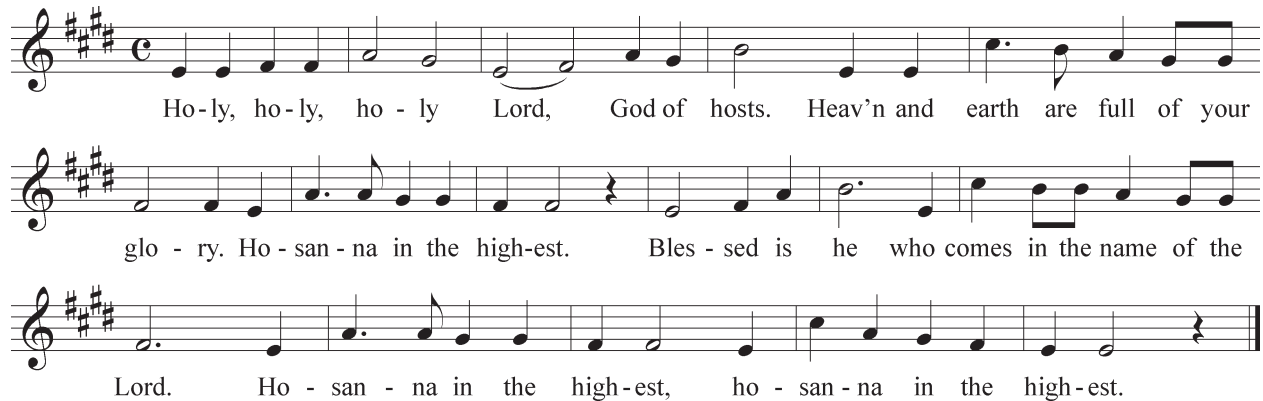
Paulus

Even before we call on your name
To ask you, O God,
When we seek for the words to glorify you,
You hear our prayer;
Unceasing love, O unceasing love,
Surpassing all we know. Ps. 139:4

SANCTUS

St. James Mass for Peace


Herbolsheimer



Ho-ly, ho-ly, ho-ly Lord, God of hosts. Heav'n and earth are full of your
glo-ry. Ho-san-na in the high-est. Bles-sed is he who comes in the name of the
Lord. Ho-san-na in the high-est, ho-san-na in the high-est.

MEMORIAL ACCLAMATION

Herbolsheimer



Save us, Sav-ior of the world, for by your
Cross and Res-sur-rec-tion you have set us free.

AMEN

Herbolsheimer



A-men, A-men, A-men, A-men.

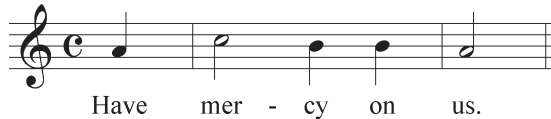
THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Herbolsheimer

Response 1, 2



Have mer-cy on us.

Response 3



Grant us peace.

COMMUNION

"Follow me; I will make you fishers of men." Whereupon they, leaving their nets and their boat, followed the Lord.

chant

(10:00)

Dear Lord and Father of mankind

Parry

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the presider's chair.

1. When Je - sus came from Na - za - reth
2. He led them o - ver un - known ways
3. We make our vows, O Christ, to - day
4. Lord, grant us grace to walk your way

He walked be - side the sea.
whose end they could not see,
to serve you faith - ful - ly,
and fal - ling, rise a - gain,

He saw four fish - er - men and called,
and, when they fal - tered, called a - gain,
for you have called us each by name,
re - stored, for - giv - en, hear - ing still,

"Come, fol - low, fol - low me!"
"Come, fol - low, fol - low me!"
"Come, fol - low, fol - low me!"
"Come, fol - low, fol - low me!"

THE CONCLUDING RITES

PROCESSION (Saturday 5:30, 8:00 & Noon)

Postlude

Vierne

(10:00)

"Final" from *Sonata No. 1 in D Minor*

Guilmant

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, Ward Johnson, John Marquez, sacristans

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Interim Director of Music & Organist (206-382-4597)

Samuel Libra, Assistant Organist

Stacey Sunde, Director of Youth Music

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Christine Trigg, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-622-3559)

Alan Frasher, Melina McCombs, Dane Nelson, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPER and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

FLOWERS AT THE ALTAR are the gift of the Corrigan family in loving memory of Mairead Corrigan on the first anniversary of her death.

NORTHWEST CATHOLIC COLLECTION *Northwest Catholic* is a magazine mailed 10 times a year to all registered parishioners in the Archdiocese of Seattle. It is an important initiative to evangelize and catechize. Your offering helps make *Northwest Catholic* available for free to more than 120,000 household in Western Washington. Thank you for your generosity.

TRANSITIONING TO TECH Are you interested in a career in technology? Parishioner Tarah Wheeler Van Vlack is returning in January with her popular four-part workshop Transitioning to Tech. Topics covered will include exploring tech as a career, getting notice and building a resume, interview skills, and building professional relationships. The workshop will be held on four consecutive evenings, Monday January 26 through Thursday January 29, 7:00 pm in the Pastoral Outreach Center. Attendance is free but registration is required. *To register*, contact Patty Bowman, 206-382-4515, pbowman@stjames-cathedral.org.

SEEKING A CHEF We are seeking a chef who could help coordinate and prepare our St. Patrick's Day Pancake Breakfast, which benefits the Solanus Casey Center. Preparation would be on Saturday, March 14 and the breakfast would be served on Sunday, March 15. Many helping hands will be provided, but an experienced chef is needed to coordinate the efforts of our volunteers. Can you help? *Information*, Maria Laughlin, 206-382-4284 or mlaughter@stjames-cathedral.org.

THANK YOU FROM THE CATHEDRAL KITCHEN

Thanks, Horizon House, for your donation of freshly made salads to our Cathedral Kitchen. They were greatly appreciated by our many meal guests during the month of January. Thanks also to Pagliacci Pizza for supplying your tasty pizza to our Cathedral Kitchen on Thursday, January 15. Your donation helped us serve more than 180 guests!

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Paul in Seattle and on the Swinomish Reservation, and the St. Paul Mission in Westport.*

MENTAL HEALTH MINISTRY

"THE COUNSELOR IS IN" - Licensed Mental Health Counselors and MHM Volunteers, Dwayne Stone and Emily Fell, are available by appointment to chat with parishioners after 10:00am and Noon masses. For an appointment, contact Nancy Granger 206-382-4269.

CREATIVE ARTS WORKSHOP – 2nd and 4th Thursdays. Gallagher Center, 12– 2pm. Let your creative juices flow in this supportive atmosphere. No artistic experience necessary! Next workshop: February 5.

HOLY YOGA – Reduce stress while enhancing physical and spiritual well-being with gentle stretching, balance and strength building postures in a faith filled atmosphere. Chair class: Wednesdays 4:00pm, Mat class: Tuesdays 6:30 pm, Pastoral Outreach Center. \$5 donation gratefully accepted.

GRIEF & LOSS SUPPORT GROUP – Wednesdays 10:30 – 12, Pastoral Outreach Center. For those suffering from any type of significant loss; be it loss of a loved one, health, job, or sense of well-being.

SAVE THE DATE! Thursday, March 19, 7 pm Pastoral Outreach Center. Ann Hedreen, writer, filmmaker, teacher author, and voice of the podcast and blog, "Restless Nest," will speak about her new book, *Her Beautiful Brain*, a memoir about her experience with her mother's early onset Alzheimer's.

Information and Registration,

Nancy Granger, Parish Mental Health Nurse,
206-382-4269 or ngranger@stjames-cathedral.org

SOCIETY OF ST VINCENT DE PAUL Are you facing eviction because you cannot pay your rent? Electricity shutoff because you cannot pay your electricity bill? Are you or your children sleeping on the floor because you cannot afford to buy a bed? Do you lack money to buy basic food or clothing that you cannot obtain from free food or clothing banks? SVdP helps residents in need. Call the SVdP helpline, 206-767-6449, Monday through Friday, 9 am to 3 pm.

MUFFIN MAKERS NEEDED FOR COFFEE HOUR Are you passionate about hospitality? Are you able to make a once-per-month commitment to the St. James community? Coffee Hour needs enthusiastic muffin makers for the second and fourth Sundays, 7:15am-9:15am. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org, 206-382-4235.

Sacred Steps

Sacramental Celebrations at St. James

REST IN PEACE Please pray for the repose of the soul of *Marvin Hurd*.

YOUNG ADULT MINISTRY

For parishioners in their 20s and 30s

FIRST FRIDAY TAIZÉ AND DINNER Friday, February 6, join other young adults for Taizé prayer at 6:30 in the Cathedral. Afterwards, we will meet in the north end of the Cathedral to decide on a place for dinner.

THIRD SUNDAY WINE AND CHEESE RECEPTION On Sunday, February 15, young adults are invited to the Rectory Parlors at 6:30pm for wine, cheese, and other light refreshments.

WANT TO LEARN MORE?

Tom Frasene, tfrasene@stjames-cathedral.org
[Facebook.com/StJamesYoungAdultMinistry](https://www.facebook.com/StJamesYoungAdultMinistry)

YOUTH MINISTRY

YOUTH NIGHTS – Sunday evenings from 6:30–8:30pm in the Pastoral Outreach Center. Open to 7th-12th grade students. Please join us for prayer, catechesis, and fun activities designed to integrate faith into everyday life. All are welcome!

NICARAGUA MISSION TRIP – August 6-14, 2015. Join us for a unique international experience devoted to kinship and mutuality with orphaned and abandoned children. We are joining forces with NPH USA, a national agency devoted to supporting orphanages in Latin America and the Caribbean. NPH Nicaragua is home to 260 children who are eager to connect with St. James youth. We desire to learn from the poor, serve alongside them, and return home transformed. Registration is happening NOW. Contact Joe for a packet.

WORLD YOUTH DAY 2016 WITH POPE FRANCIS IN KRAKOW, POLAND – Save the Dates – July 22 to August 2, 2016. Registration is happening NOW. Please contact Joe for a packet.

QUESTIONS? Joe Cotton, 206-264-2082
jcotton@stjames-cathedral.org

THE SOCK DRIVE NUMBERS ARE IN! St. James parishioners donated a total of 2,632 pairs of socks during Advent! Socks go to organizations that work to directly empower people experiencing homelessness such as St. Francis House, Urban Rest Stop, St. Martin de Porres Shelter, Lazarus Day Center, and our Cathedral's own Solanus Casey Center, Cathedral Kitchen, and Foot Care. Thank you for your generous support!

THE ESPRESSO MINISTRY is up and running after the 10:00am Mass. This month, all espresso sales benefit our Mental Health Ministry.



Grief Transformed

An Interactive Book Discussion on the Power and Possibility of Living through Loss

For many of us, grieving loved ones is an incomplete process, despite time's passage. But although people pass away, the capacity to heal and grow is lasting.

Long-time Cathedral parishioner, Helen Donnelly Goehring, will conduct an interactive workshop on her book-in-process, *Lost and Found: The Transformative Power of Grief*. In it, she weighs the emotional costs of unprocessed childhood deaths against the transformative, unifying, and even uplifting experience of moving through loss as an adult. Over the years, as awareness of fragility and mortality grow, so does compassion's essential presence. Healing, Ms. Goehring asserts, begins in our stories.

Each week attendees will read short segments of the author's work, as a taking-off point for lively, interactive, and creative discussion and journaling. The series will reference C. S. Lewis, Thomas Merton, Teilhard de Chardin, and Frederick Buechner, in this blueprint of assurance that we are not alone, and our stories matter. All are welcome.

Sundays, February 8, 15, 22, and March 1, 2:15pm – 4:00pm
St. James Cathedral Pastoral Outreach Center

*To register, contact Nancy Granger, RN at 206-382-4269
or e-mail ngranger@stjames-cathedral.org*



YOUNG ADULT TAIZÉ EVENING WITH BR. EMILE

Sunday, February 8 • 7pm-8:30pm



How can we live the Gospel in our daily lives?
How can we be in solidarity with those on the margins?
How can we persevere in prayer?

Join with young adults from around the Archdiocese for an evening of scripture reflection and conversation. Brother Emile, of the ecumenical monastic community of Taizé in France, will be the facilitator.

The Taizé Community consists of about 100 brothers from nearly 25 countries. Together, as Protestants and Catholics, they welcome hundreds of thousands of young adults from around the world to their monastery in southern France where they pray together, share daily life, and seek ways of peace and solidarity grounded in the Gospel. The brothers also facilitate the “Pilgrimage of Trust on Earth,” visiting young adults around the world to support the work of trust and reconciliation.

St James Cathedral has had a relationship with the Taizé Community since the early 1990s. At that time, a weekly Friday evening prayer in the style of Taizé was begun. It continues to this day.



Archdiocese
of Seattle

Details:

This event will take place from 7pm to 8:30pm in the Isaac Orr Room at the Archdiocese of Seattle (910 Marion Street, Seattle, WA 98104). You can enter the building through the doors on Marion Street, between 9th Avenue and Terry Avenue.

The Archdiocese of Seattle Young Adult Ministry & St. James Cathedral Young Adults are co-sponsoring this evening.

Contact Information:

Caitlin Lanigan

Director Young Adult Ministry, Archdiocese of Seattle
caitlin.lanigan@seattlearch.org

Tom Frasene

Pastoral Assistant for Young Adult Ministry, St. James Cathedral
tfrasene@stjames-cathedral.org



March 26, 2015

CATHOLIC ADVOCACY DAY



Proclaim Justice and Life for All

The 2015 Washington Legislative Session will make crucial decisions on funding education, housing, mental health, and programs for the most vulnerable. Join Fr. Ryan, St. James Cathedral staff and parishioners, and thousands of Catholics from across the state as we take a message of compassion and justice to Olympia. The day will include Mass, legislative briefings and meetings with legislators. Bus transportation to Olympia provided.

REGISTRATION REQUIRED

Contact Patty Bowman:

•206-382-4515

•pbowman@stjames-cathedral.org

Learn about the issues! Legislative forums will be held:

- *Sunday, February 8, Immaculate Conception Parish, 820 28th Ave, Seattle, 2:00pm–4:00 pm OR*
- *Saturday, February 28, Our Lady of Guadalupe Parish, 7000 35th Ave SW, Seattle, 9:00 am–11:00 am*

Catholic Advocacy Day is sponsored by:

Intercommunity Peace & Justice Center • Washington State Catholic Conference • Catholic Community Services • Archdiocese of Seattle • Pierce

