



During the month of November, we remember
all the deceased parishioners of St. James Cathedral.
In a special way, we remember our benefactors,
1988-2014, whose generous bequests continue
to sustain the mission of our parish:

Rev. William E. Gallagher • Evelyn Casey Steen • Alberta Corkery •
George Corkery • Betty Hill • Shirley Lambert • Dennis Shea • Naomi
LaVigne • James Lyons • Monica Bambenek • Helen Leonard • Maude D.
Baudizzone • Katherine Baillargeon • Helen Skahill • Bertha Gladys Giffin
• Andy Graytak • Viola M. Maloca • Marie M. Mallon • Clyde Bennett •
Gertrude Wincholt • N. Reinhardt • Sara Hennessey • Frances Irene Bisey
• Mary Winihan • Charles Harmen • Christine Dolence • Alice Henderson
• Arthur Brazil • James Gatling • Harry Folven • Helena Sheridan • Eileen
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Yozamp • Florence Dassel • Margaret Smith • Kathro Kidwell • Barbara
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Arseth • Malvina Foubert • Emil Jobb, MD • Barbara Brown • Edmund S.
Adams • Robert DeWitt • Marie McLaughlin • Mary C. Miller • Margaret
and Marie Purtell • John William Warren • Howard Hoyt • Madeline
Fishbach • Marion C. Smith • Marguerite Campbell-Gambrell • Mary
Alice Kirkpatrick • Patricia Callaghan • Mabel Luby • May Har Luke •
Faye McTague • Robert E. Ricks • Margaret Smith • Wesley Zeman • Iris
Ivey • Carl van Hollebeke • Kevin E. Ryan • David Anderson • Marjorie
Ryan • Elizabeth Grace Scott • Mary Ann Martin • Jeanette Woodward •
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• Florence Foley • Mary L. Forbes • Diane Simperman • Genevieve Albers
• Margaret McDonnell • Frances Dorosh • P. Martin • Leone Beck •
Capitola Rockwell • Joanna Lass • Yvonne Jackson • Frank Robl • Mary
Horrigan • Elsie Martin • Robert Hyssop • Nellie Suchadolski • Marie J.
Franklin • Helen Lamb • Gary Clampett • Ellen Ashmore • Angela Beck •
Francis H. Smith • Timothy Louis Prior • Regina & Eugene Parolik •
Charles Karoly Nemeth • Elizabeth & Rosa Nemmers • Francis H. Smith •
Sophia Stebbins • Virginia Henning • Alma Kramer • Raymond F. Strojny
• Glen Lee Hughes • Lucille Morin • Mary Alice Driscoll • Rose Circo •
Roland J. & Dorothy S. Brennan • Joseph Forte • Thomas Stratman •
Frances Kelly • Mary Beth Kelly • Domenico Christofero • Robert Givens
• Joan Conner McDonell • Marilyn Maddeford • Hank Harman • Cacilia
Zemgalis • Ralph Bruno • Claretta Russell

*The Thirty-Third Sunday
in Ordinary Time*

ST. JAMES CATHEDRAL November 16, 2014

God loves a cheerful giver

2 COR 9:7



SUNDAY GIVING AT ST JAMES CATHEDRAL

Please drop your pledge in the basket TODAY.

Your generous support makes it possible for St. James Cathedral...

- To celebrate the Church's liturgy with beauty and dignity;
- To reach out with love to the poor, the needy, and the elderly;
- To offer educational programs to children, teens, and adults;
- To pay our staff a just and living wage;
- To sustain our highly acclaimed musical and cultural programs;
- To maintain our magnificent cathedral and other parish buildings.

**If you prefer, you can make your pledge online at
www.stjames-cathedral.org.**

SUNDAY GIVING AT ST. JAMES CATHEDRAL 2015

ORDER OF CELEBRATION FOR

The Thirty-Third Sunday in Ordinary Time

RITE OF WELCOMING OF CANDIDATES FOR FULL COMMUNION (10:00)

PRELUDE

(10:00)

Doug Nierman, trombone

Prelude on "Rhosymedre"

Ralph Vaughan Williams

Larghetto in A Minor

Benedetto Marcello/J. S. Bach

THE INTRODUCTORY RITES

ENTRANCE

God, whose giving knows no ending

HYFRYDOL



1. God, whose giv - ing knows no end - ing, From your
2. Skills and time are ours for press - ing Toward the
3. Trea - sure, too, you have en - trust - ed, Gain through

rich and end - less store: Na - ture's won - der, Je - sus'
goals of Christ, your Son: All at peace in health and
pow'rs your grace con - ferred; Ours to use for home and

wis - dom, Cost - ly cross, grave's shat - tered door,
free - dom, Rac - es joined, the Church made one.
kin - dred, And to spread the Gos - pel Word.

Gift - ed by you, we turn to you, Of - f'ring
Now di - rect our dai - ly la - bor, Lest we
O - pen wide our hands in shar - ing, As we

up our - selves in praise; Thank - ful song shall rise for -
strive for self a - lone; Born with ta - lents, make us
heed Christ's age - less call, Heal - ing, teach - ing, and re -

ev - er, Gra - cious do - nor of our days.
ser - vants Fit to an - swer at your throne.
claim - ing, Serv - ing you by lov - ing all.

RITE OF WELCOMING (10:00)

WELCOMING OF THE CANDIDATES FOR FULL COMMUNION

DIALOGUE WITH THE CANDIDATES

AFFIRMATION BY THE SPONSORS AND THE ASSEMBLY All respond, **We are.**

PRAYER OF THANKSGIVING All acclaim, **We praise you Lord, and we bless you.**

PENITENTIAL ACT (except at 10:00)

St. James Mass for Peace

Herbolsheimer



(10:00 & Noon)

“Kyrie” from *Missa brevis*

Stephanie Martin

DISMISSAL TO THE CHILDREN’S LITURGY OF THE WORD (Noon)

GLORIA (Sunday Evening) *Missa de angelis*, **No. 34** | in **Worship hymnal**

(all other Masses)



*Glory to God in the highest,
We praise you, we bless you,
we glorify you, we give you thanks
Lord God, heavenly King,
Lord Jesus Christ, Only Begotten Son,
you take away the sins of the world,
you take away the sins of the world,
You are seated at the right hand
of the Father,
For you alone are the Holy One,
you alone are the Lord,
with the Holy Spirit,*

and on earth peace to peo- ple of good will.
we a- dore you,
for your great glory.
O God, almighty- y Fa- ther.
Lord God, Lamb of God, Son of the Father,
have mer- cy on us;
re- ceive our prayer;
have mer- cy on us.
you alone are the Most High Je- sus Christ,
in the glory of
God the Father, A - - - men.

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Proverbs 31:10-13, 19-20, 30-31

RESPONSORIAL PSALM

Psalm 128

A. Gregory Murray



SECOND READING

I Thessalonians 5:1-6

ALLELUIA

chant, Mode VIII



GOSPEL

Matthew 25:14-30

HOMILY

Father Thomas Lucas, SJ

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

Litany of Saints

CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,**

**true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
All BOW**

and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

All STAND UPRIGHT

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

(Noon)

Out of the depths

Orlando Lassus

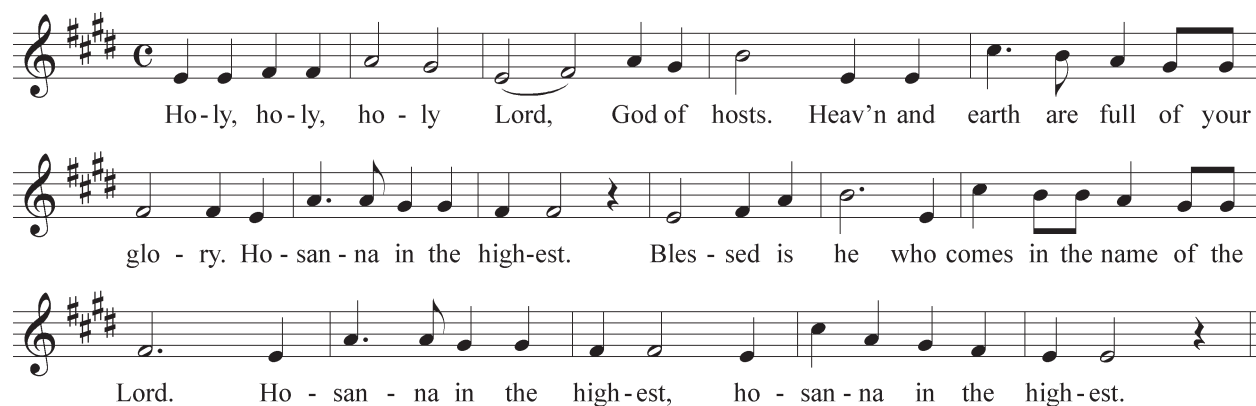
Lo, he comes

Vaughan Williams

SANCTUS

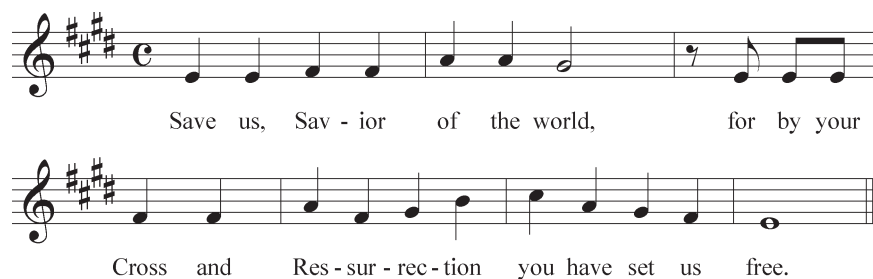
St. James Mass for Peace

Bern Herbolzheimer



MEMORIAL ACCLAMATION

Herbolzheimer



AMEN

Herbolzheimer



THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Herbolsheimer

Response 1, 2



Have mer - cy on us.

(10:00 & Noon)

Response 3



Grant us peace. _____

“Agnus Dei” from *Missa brevis*

Martin

COMMUNION

“Lord, you delivered five talents unto me; behold, I have chant
gained five more.” – “Well done, good and faithful servant;
because you have been faithful over a little, I will set you over much;
enter into the joy of your Lord.”

(10:00)

Well done, good and faithful servant

Jan Pieterszoon Sweelinck

(Noon)

Ave tu plena

Montpellier Codex, 13th c.

Upon returning to your place after Holy Communion, please **kneel or be seated**.

Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE **No. 558 in Worship hymnal**

Father, we thank thee

RENDEZ A DIEU

THE CONCLUDING RITES

PROCESSION (8:00 & 10:00)

Entrée pontificale

Marc Enrico Bossi

(Saturday & Noon)

Prelude on “Hyfrydol”

Vaughan Williams

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, Ward Johnson, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Samuel Libra, Assistant Organist

Stacey Sunde, Director of Youth Music

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Christine Trigg, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-622-3559)

Alan Frasher, Melina McCombs, Dane Nelson, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

FLOWERS AT THE ALTAR are from Edgar Telmo, in loving memory of his mother Irene Telmo on the second anniversary of her death.

THE ESPRESSO MINISTRY welcomes you at coffee hour after the 10:00am Mass! This month, all sales will benefit the Cathedral Kitchen.

WHAT IN THE WORLD ARE SISTERS DOING TODAY?

On Sunday, November 16, after the 10:00am Mass, you are invited to the Rectory Parlors for a presentation by Sisters of the Holy Names Anne Herkenrath, Judy Ryan, Lydia Nikolaisen and SNJM Associate, Sue Wildermuth. How are Sisters and their lay Associates living the Call of the Gospel and responding to the needs of God's People today? Come with your questions for a lively dialogue.

Dear Friends,

Each November our bulletin covers feature the names of parishioners and friends who over the past twenty-five years remembered St. James Cathedral in their will. Each of those names is a person, of course, and each person had a story, and each story, in one way or another, involved St. James Cathedral!

Some of their legacy gifts were large; others were the proverbial widow's mite; still others were somewhere in the middle. But each gift made a difference: each gift helped to keep the Cathedral afloat – helped us fulfill our mission – over these many years.

Every November, I take time to read those names with care and as I do, I see familiar faces and call to mind wonderful stories. And I pray for each of those generous people, giving thanks to God for them. I hope you will do the same. We wouldn't be what we are without them!

Father Ryan

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the communities of St. Frances Cabrini in Tacoma and St. Margaret in Seattle.*

ADVENT BAZAAR On Sunday, November 30, our annual Advent Bazaar after the morning Masses features favorite St. James items as well as the work of Cathedral artists and friends. Join us in Cathedral Hall for coffee, doughnuts, and a wonderful opportunity to start your Christmas shopping while benefiting a good cause! Look forward to fair trade goods, Christmas Wreaths, craft items, and more! There will also be opportunities to give through the Giving Tree and the Warm Hearts and Soles sock drive. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

HOLIDAY WREATHS AND POINSETTIAS For the 10th consecutive year, the Marjorie Ryan circle of the Association for Catholic Childhood (ACC) will be selling fresh, locally grown 22" mixed Noble Fir wreaths for \$20. Wreaths will be available to pick up at the Advent Bazaar on 11/30 or at coffee hours on 12/7, but poinsettias will ONLY be available for pick up on Sunday 12/7, after the 8:00am and 10:00am Masses. Download an order for at www.stjames-cathedral.org, and return by November 17. *Information*, Gayle Kaplan, gayle@kaplan1.com or 206-714-9258

THE POETRY OF GERARD MANLEY HOPKINS On Wednesday, November 19, at 7:00pm in the Rectory Parlors, we conclude our series on poets of the spiritual life with Gerard Manley Hopkins. Hopkins was a Catholic convert, a Jesuit priest, and one of the greatest poets in the English language. Corinna Laughlin will introduce the poets and the poems, which will be read by Cathedral reader Scott Webster. All are welcome. A free packet of poems is available in the Cathedral Bookstore. *Information*, Corinna Laughlin, 206-622-3559 or claughlin@stjames-cathedral.org.

THANK YOU MACRINA BAKERY for supplying, preparing and serving an amazing chicken dinner on Tuesday, November 4 at our Cathedral Kitchen. The dinner (with all the extra vegetables and apple crisp!) was greatly appreciated by our many dinner guests.

ARE YOU INTERESTED IN BECOMING CATHOLIC? If you are an adult who has never been baptized, an adult who has been baptized in another Christian tradition or a Catholic who has been baptized, but not received First Eucharist or Confirmation, you are invited to participate in the RCIA, a process of initiation into the Catholic Church. You can learn more by going to www.stjames-cathedral.org/RCIA. *Information*, Kathleen McCabe, kmccabe@stjames-cathedral.org.

BAPTISM OF INFANTS & YOUNG CHILDREN (under the age of 7) is celebrated monthly at one of the weekend Masses. To prepare for this most important sacrament, parents and godparents participate in a series of classes to update their understanding of baptism, to reflect on their responsibility to guide their children in the practice of the faith, and to learn about the many ways our parish supports families. Please allow at least two months for preparation. *Information*, Suzanne Lee, slee@stjames-cathedral.org or 206-654-4640.

THANKSGIVING DAY FOOD COLLECTION At the Thanksgiving Day Mass (Thursday, November 27, at 9:30am), please bring your offerings of non-perishable food items for St. Mary's Food Bank. In a wonderful Thanksgiving tradition, you will be invited to bring your gift forward at offertory time and place it near the altar. Your support is greatly appreciated! *Information*, Tom Frasene, tfrasene@stjames-cathedral.org or 206-382-4235.

YOUTH MINISTRY

YOUTH NIGHTS Sunday evenings from 6:30–8:30pm in the Pastoral Outreach Center. Open to 7th–12th grade students. Please join us for prayer, catechesis, and fun activities designed to integrate faith into everyday life. All are welcome!

TRI-PARISH FOOD BANK TRIP – November 28–29. As a means to deepen our relationship with migrant families in the Skagit Valley, we will be returning to Burlington to help facilitate the weekend food bank. Please join us for this meaningful service opportunity!

QUESTIONS? Joe Cotton, 206-264-2082
jcotton@stjames-cathedral.org
www.stjames-cathedral.org/youthministry

Sacred Steps

Sacramental Celebrations at St. James

WE CELEBRATE THE RITE OF WELCOME today for Peggy Ghelardi, Natalie Gibbons, Scott Hamilton, Ashley Howard, Janae Woodard & Marty Young. These people were all baptized in other Christian traditions and are preparing to make a profession of faith as Catholics and receive the sacraments of confirmation and Eucharist on January 25. We also welcome Alana Solomon and Brian Tracy, both Catholics who are preparing to complete their sacraments of initiation on January 25. Please keep these eight people in your prayers as they continue their preparation.

CONGRATULATIONS AND GOD'S BLESSINGS to Victor Burton and Nikki Fessenden, married in the Cathedral on Saturday, November 8. Please pray for them as they begin their new life together.

REST IN PEACE Please pray for the repose of the souls of Robert Craves and Dan Starr.

YOUNG ADULT MINISTRY

For parishioners in their 20s and 30s

TODAY: THIRD SUNDAY WINE AND CHEESE

RECEPTION After the 5:30pm Mass, young adults are invited to the Rector Parlors for wine, cheese, and other light refreshments.

THEOLOGY ON TAP WITH FR. BRYAN DOLEJSI Join us for the final round of this fall's Theology on Tap series about the saints! Fr. Bryan Dolejsi will be leading a discussion entitled "St. Francis and St. Dominic: Models of the New Evangelization." The event starts at 7:30pm at The Chieftain Pub (908 12th Ave). Join us for a pre-event Mass at Seattle U's Chapel of St. Ignatius at 6:30pm. Confessions will be available at 6pm.

2nd ANNUAL TURKEY BOWL On Saturday, November 22, we will defend the glory of St. James by playing other young adult teams in flag football! The festivities will begin at 9am at Bishop Blanchet High School. Please RSVP to Tom (see below) if you are interested in playing.

SERVICE OPPORTUNITY AT THE Y Live out the Gospel message! Join us on Sunday, November 23 as we serve lunch to the youth staying at the YMCA shelter. Please RSVP to Tom (see below) if you are interested.

HELP NEEDED FOR ADVENT SOCK DRIVE The young adults have been tasked with the challenge of collecting 2,015 pairs of socks this Advent for people experiencing homelessness! Our campaign kicks off at the Advent Bazar on November 30, and we need enthusiastic young adults to staff a booth after the 8am, 10am, and noon Masses! Help will be needed throughout the season as well. Please RSVP to Tom (see below) if you are interested.

WANT TO LEARN MORE?

Tom Frasene, tfrasene@stjames-cathedral.org
Facebook.com/StJamesYoungAdultMinistry

THE SACRAMENT OF CONFIRMATION Preparation classes for youth aged 16 or older, as well as for adults will begin Wednesday evening, April 8, and continue each Wednesday into June. *Information*, Rosanne Michaels at 206-654-4658, or rmichaels@stjames-cathedral.org.

DO YOU SHOP AT BARTELL'S? If you shop at Bartell's, every purchase you make can benefit St. James Cathedral if you register for their "B" Caring program. Ask at Bartell's for details. If you're already signed up, be sure to use your "B" Caring card when you check out.

MENTAL HEALTH MINISTRY

NEW! HEALTH & SPIRITUALITY GROUP Adults of all ages are invited to participate in a new group which will address topics of interest regarding our physical and spiritual well-being. Join Sr. Dorothy Verna, CSJP & Nancy Granger, RN for an introductory meeting at Gallagher Center, Tuesday, November 18, 10:30am – 12 Noon.

BOOK PRESENTATION AND DISCUSSION - Saturday, November 22, 7:00pm, Pastoral Outreach Center. In a new book, *My Fluorescent God* local personality and therapist Joe Guppy describes his time as a young man in a psychiatric hospital and the treatment that helped. He will discuss his concerns about the present state of the mental health system in our community. No fee or registration required.

VIRTUAL PARENTHOOD: THE SYSTEM FOR LONG DISTANCE AND NON-CUSTODIAL PARENTING Eliminate the frustration and anger associated with separation from your children. Whether your separation is due to divorce, business, incarceration or military service, the Virtual Parenthood Program is a proactive way to ensure that you and your children stay connected and involved in each other's lives. Saturday, November 22, 3:00–5:00pm, Gallagher Center.

DWAYNE STONE, LMHCA (licensed mental health counselor and MHM Volunteer,) will be available to chat with parishioners on Sundays 11:00am–1:00pm, starting November 23.

MENTAL HEALTH FIRST AID (MHFA) Saturday, December 6, 8:30am–4:30pm, Gallagher Center. Learn a simple 5 Step Action Plan on how to respond to individuals who demonstrate signs of mental and substance use disorders. Excellent training for people from all walks of life: professionals, family members of those with mental illness, volunteers, general public. Cost \$100 Full Scholarship available for eligible residents of King County through NAMI.

INTERACTIVE BOOK DISCUSSION: LOST AND FOUND: THE TRANSFORMATIVE POWER OF GRIEF Tuesdays 7:00-8:30 pm. November 18 & 25, December 2 & 9. Helen Donnelly Goehring will conduct an interactive workshop on her book-in-process, in which she explores the emotional costs of the deaths she experienced as a child, and weighs those early losses against those experienced in her adulthood. She has discovered that healing begins by telling one's story. Each week attendees will read from her story in preparation for an interactive discussion. No Fee. *Registration required.*

Information and Registration,
Nancy Granger, Parish Mental Health Nurse,
206-382-4269 or ngranger@stjames-cathedral.org

Holy Things, Holy People

Exploring Catholic history in the Northwest through treasures from the past

PART 19: PROFESSION CROSS OF SISTER JUDY RYAN, SNJM

16 NOVEMBER 2014

Blessed Marie-Rose Durocher established the Sisters of the Holy Names of Jesus and Mary in Montreal in 1843 with a mission to provide education for the poor, especially girls and young women. The community had close ties with Bishop Ignace Bourget of Montreal, whose missionary zeal had already sent two Blanchets to lead the Church in the Pacific Northwest. It was not long before the Sisters came west, too. The Holy Names Sisters arrived in Seattle in 1883.

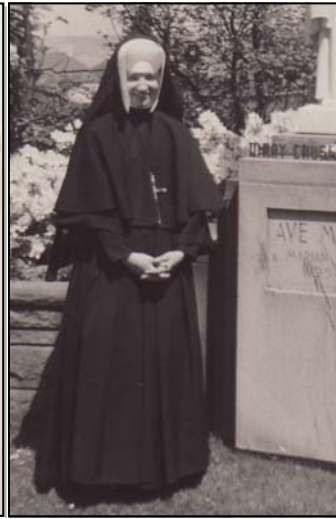
Growing up on Queen Anne, Judy Ryan, along with her twin sister Janet and her brother Michael, was taught by Holy Names Sisters at St. Anne's School. "Religious life was so mysterious," Sister Judy recalls. "You didn't know what they looked like without the habit, didn't know their name, didn't know their story." The Ryans came to love the Sisters, especially favorite teachers who were "so much fun to be with, and marvelous human beings." The twins were very much at home at the convent, where they felt privileged to dust the Chapel after school. She and her sister were also taught by the Sisters of the Holy Names at Holy Names Academy. It came as no surprise to her family when, during her first year at Seattle University, Judy decided to enter the Holy Names novitiate.

Entering religious life was entering a different world. Novices were given a new name: Judy was given the name "Janet Maureen" to honor her sister Janet. It was a highly regimented life. The Sisters followed an horarium, like a monastic community, including rising early for an hour of meditation before Mass--an hour it could be quite difficult for busy young teachers to stay awake for! The Sisters learned to ask permission for everything--even for simple things like doing laundry or replacing worn out linens. Except on special days, meals were taken in silence, or while listening to spiritual reading. Once a month on Friday evenings, there was the Chapter of Faults, as each Sister was called upon to acknowledge not only her own faults and failings, but those of others in the community as well. Sister Judy recalls walking past the chapel early in the novitiate, and seeing a sister praying with her arms outstretched. She thought she was having a vision, while she was simply doing penance while praying the Stations of the Cross.

After first vows, Sisters received the habit, with its distinctive bandeau across the forehead (which in later days sisters were known to reinforce with plastic cut from bleach bottles!) and "coiffes" made of gauze (which were often called "blindings"). The blinders were actually quite transparent, giving the Sisters a reputation for having eyes in the back of their heads--



Left: Profession Cross of Sister Judy Ryan, SNJM. Right: Sister Judy (Janet Maureen) teaching at Holy Names Academy in the 1960s.
Courtesy of Sister Judy Ryan, SNJM.



--a very helpful trait in the classroom! Around their necks they wore the distinctive cross of the community. The cross is similar to the cross worn by Oblate priests, with whom the Holy Names community had close ties at its founding.

The habit was a wonderful link with the tradition, but it could also be a barrier. Though the habit was meaningful for the sisters and Catholics, the Sisters often felt they were "put on a pedestal," "separated" from the people they served. "To non-Catholics," Sister Judy recalls, "we seemed to be from another planet."

Sister Judy entered the community at a time when religious life was undergoing a quiet transformation. The Sister Formation Movement was already underway, with its emphasis on higher education--and greater professionalism--for Sisters, especially those teaching and administering schools. And then, in 1962, the Second Vatican Council began.

The Council took a fresh look at religious life through the two lenses of *ressourcement*, going back to the sources, and renewal in light of the needs of the modern world. For the Holy Names Sisters, it was exciting but also profoundly challenging. Some embraced change; others resisted it. For everyone, the Council called for mature, adult living, and Sisters had to come to new understandings of their vows and internalize the values of Gospel living. Obedience was rediscovered as listening to God and learning to make responsible decisions in dialogue with community leaders. Prayer became a call to live life in personal intimacy with God, expressed in love poured out in service of others.

In the years following the Council, the Sisters of the Holy Names began to expand their ministry beyond classroom teaching. They became faith formation leaders in parishes (including St. James!), chaplains and campus ministers, retreat and spiritual directors, ministers with the poor and marginalized.

Today, Sisters of the Holy Names of Jesus and Mary continue to thrive in many places throughout the world. Sister Judy says, "We are always discerning how God is calling us at this time--desiring to respond with open and joyful hearts to live the 'Good News' of Jesus in our world. The rest is in God's hands."

—Corinna Laughlin, *Pastoral Assistant for Liturgy*

Learn more about the Sisters of the Holy Names of Jesus and Mary in a short presentation after the 10:00am Mass today in the Rectory Parlors. See the bulletin for details!

Advent Bazaar

Sunday, November 30

Cathedral Place Hall



ON SUNDAY, NOVEMBER 30, our annual ADVENT BAZAAR after the morning Masses features favorite St. James items as well as the work of Cathedral artists and friends. Join us in Cathedral Hall for coffee, doughnuts, and a wonderful opportunity to start your Christmas shopping while benefiting a good cause!

HIGHLIGHTS INCLUDE

- **FAIR TRADE ITEMS** from Catholic Relief Services
- **CHRISTMAS WREATHS** (and poinsettias order forms) benefiting the Association of Catholic Childhood
- **NICARAGUAN ROSARIES** to benefit the Youth Ministry's upcoming mission trip
- **CRAFT ITEMS** from Cathedral parishioners
- And much, much more!

OPPORTUNITIES TO GIVE

- Take a tag from the **GIVING TREE** and bring back a gift for a person in need in our neighborhood. This year we are partnering with **Frederic Ozanam House** and the **Youth Migrant Project**.
- The annual **WARM HEARTS & SOLES** (sponsored by St. James Young Adults) sock drive has a goal this year of 2,015 pairs of new socks for homeless men. Drop socks off at coffee hour or at the parish office during the week.

Information, Tom Frasene,
tfrasene@stjames-cathedral.org

A Christmas Carol



You're invited to a dramatic reading of *A Christmas Carol* with Scott Webster. This has become a Cathedral tradition and is a wonderful chance to experience Dickens' classic in a new (old-fashioned!) way. Hot apple cider included!

Monday, December 1, 2014 | 7:00pm

in the Holy Names Room, Pastoral Outreach Center

ALL ARE WELCOME. Please join us!



St. James Cathedral



Warm Hearts and Soles

**Advent Sock Drive
for People Experiencing
Homelessness**

Please bring sock donations to Cathedral Hall after 8:00, 10:00, and Noon Masses November 30, December 7, 14, and 21, or to the Parish office Monday - Friday, 9-5

To volunteer to collect socks,
contact: Tom Frasene, 206-382-4235 or
tfrasene@stjames-cathedral.org



Reflection on Encountering Christ through the Family

The first encyclical issued by Pope Francis focused on faith: *Lumen Fidei* (*The Light of Faith*). A papal encyclical is a letter addressed to the bishops, priests, deacons, consecrated persons, and the lay faithful of the Catholic Church and intended for general circulation throughout the world. Encountering Christ at every age is among the topics addressed in the letter.



In the family, faith accompanies every age of life, beginning with childhood: children learn to trust in the love of their parents. This is why it is so important that within their families parents encourage shared expressions of faith which can help children gradually to mature in their own faith. Young people in particular, who are going through a period in their lives which is so complex, rich and important for their faith, ought to feel the constant closeness and support of their families and the Church in their journey of faith. We have all seen, during World Youth Days, the joy that young people show in their faith and their desire for an ever more solid and generous life of faith. Young people want to live life to the fullest. Encountering Christ, letting themselves be caught up in and guided by his love, enlarges the horizons of existence, gives it a firm hope which will not disappoint. Faith is no refuge for the fainthearted, but something which enhances our lives. It makes us aware of a magnificent calling, the vocation of love. It assures us that this love is trustworthy and worth embracing, for it is based on God's faithfulness which is stronger than our every weakness.

Pope Francis, *The Light of Faith* (June 2013) no. 53.

Pause for a few moments to think about five ways you may have come to know more about Jesus and faith in God through your family. Write or draw examples: What happened? Who was involved? What did you learn?

Encountering Christ Through Family				
Faith accompanies every age of life	Shared expressions of faith	Constant closeness and support of family and the Church in our journey of faith	Faith enhances our lives	Faith makes us aware of a magnificent calling, the vocation of love

Say a prayer of thanks to God for these gifts.

Ask the Holy Family to pray for you for help to grow in those ways you have not yet experienced Christ.