



*The Lord God planted a garden in Eden, in the east  
Detail of the Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, sculptor.*

ST. JAMES CATHEDRAL

*The First Sunday of Lent*

March 9, 2014

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March 9, 2014

Dear Friends,

I am sorry not to be here this weekend to personally welcome our guest homilist and presider, Fr. Bryan Dolejsi. Fr. Dolejsi is the director of vocations for the Archdiocese and a very effective one.

I feel a real kinship with him since I served as director of vocations for the archdiocese way back in ancient history (1970-1977)! It was an important ministry then; it's even more important now -- one that involves raising awareness among parishioners of the great need for vocations to the priesthood and the religious life (brothers and sisters), helping potential candidates to discern their calling over a period of years, and working with the parishes to help them assume their responsibility with regard to priestly and religious vocations.

And that's where we come in! Vocations to the priesthood and religious life don't drop from the heavens! They come from families like yours and from parishes like ours. I am happy to say that during my years here at St. James, twelve men from our parish have entered seminaries or religious formation programs, and five of them are now serving as priests, four here in Seattle and one in Spokane. And three of those twelve are still in the formation programs of religious orders. Of course I wish the number were larger, but I am grateful that it's as large as it is, and that those five priests are as good as they are!

Fr. Dolejsi's presence here this weekend will, I know, energize you and serve as a strong reminder that God calls forth priests, brothers, and sisters from communities like ours -- prayerful communities that are strong in faith and committed to serving the poor. Knowing this should encourage us to be the best parish we can possibly be. I also hope that his message will resonate with some of our young people who may be wondering if God is calling them to serve as priests or religious, and that it will encourage them to step forward and make themselves known. I know Fr. Dolejsi will be happy to make himself available to them and so will I! Lastly, I hope we will all be reminded this weekend how important it is to do as Jesus told us, "pray the Lord of the harvest to send forth laborers into the harvest."

I am away this weekend on my annual retreat, something I always do at the beginning of Lent. I know I can count on your prayers and I trust you know how grateful I am for them.

  
Father Ryan

ORDER OF CELEBRATION FOR  
*The First Sunday of Lent*

THE INTRODUCTORY RITES

INTROIT

Psalm 91: *Qui habitat*  
adapt. Stratman

Cantor I give them life long and full,



and I show them my power to save, says the Lord.

GREETING

PENITENTIAL ACT

chant, Vatican XVII

Priest Have mercy on us, O Lord.

ALL **For we have sinned against you.**

Priest Show us, O Lord, your mercy.

ALL **And grant us your salvation.**



R. 1, 3, 4 Lord, have mer - cy.

R. 2 Christ, have mer - cy.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Genesis 2:7-9, 3:1-7

RESPONSORIAL PSALM

Cantor I give them life long and full,

Stratman



and I show them my power to save, says the Lord.

SECOND READING

Romans 5:12-19

GOSPEL TRACT

Cantor I give them life long and full,

Stratman

ALL **And I show them my power to save, says the Lord.**

GOSPEL

Matthew 4:1-11

HOMILY

**Father Bryan Dolejsi**

*Director of Vocations for the Archdiocese of Seattle*

DISMISSAL OF THE ELECT, CATECHUMENS AND CANDIDATES (10:00am)

Stratman

CREED *chanted on one tone*

(10:00 and Sunday Evening)

Credo III

*Presider Credo in unum Deum,*

Schola Patrem omnipotentem factorem cæli et terræ,  
visibilium omnium et invisibilium.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things  
visible and invisible.**

**I believe  
in one Lord Jesus Christ,  
the Only Begotten Son of God,**

**born of the Father  
before all ages.**

Schola Et ex Patre natum ante omnia sæcula.

**God from God, Light from Light,  
true God from true God,**

**begotten, not made,  
consubstantial with the Father;  
through him all things were made.**

Schola Genitum, non factum, consubstantialem Patri:  
per quem omnia facta sunt.

**For us men and for our salvation  
he came down from heaven,**

ALL

Qui pro-pter nos hó-mi-nes et prop-ter no-stram  
sa-lú-tem de-scén-dit de cæ-lis.

*ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:*

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,  
et homo factus est.

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

ALL

Cru-ci-fĩ-xus é-ti-am pro no-bis  
sub Pón-ti-o Pi-lá-to; pas-sus et se-púl-tus est.

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death  
and was buried,**

Schola Et resurrexit tertia die, secundum Scripturas.

**and rose again on the third day  
in accordance  
with the Scriptures.**

ALL

Et a - scén - dit in cæ - lum,  
se - det ad déx - te - ram Pa - tris.

**He ascended into heaven  
and is seated  
at the right hand of the Father.**

Schola Et iterum venturus est cum gloria,  
judicare vivos et mortuos,  
cuius regni non erit finis.

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

ALL

Et in Spí - ri - tum San-ctum, Dó-mi-num et vi-vi-fi -  
cán-tem: qui ex Pa-tre Fi - li - ó-quepro - cé - dit.

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from  
the Father and the Son,**

Schola Qui cum Patre et Filio  
simul adoratur et conglorificatur:  
qui locutus est per prophetas.

**who with the Father and the Son  
is adored and glorified,  
who has spoken  
through the prophets.**

ALL

Et u - nam, san - ctam, ca - thó - li - cam  
et a - pos - tó - li - cam Ec - clé - si - am.

**I believe in one, holy,  
catholic and apostolic Church.**

Schola Confiteor unum Baptisma in remissionem peccatorum.

**I confess one Baptism  
for the forgiveness of sins**

ALL

Et ex-spe-cto re-sur-re-cti - o-nem mor-tu - o - rum.

**and I look forward  
to the resurrection of the dead**

Schola Et vitam venturi sæculi.

**and the life  
of the world to come.**

ALL

A - - - - - men.

**Amen.**

## PRAYER OF THE FAITHFUL

Litany of Saints

Lord, we ask you, hear our prayer.

# THE LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

Cantor I give them life long and full,

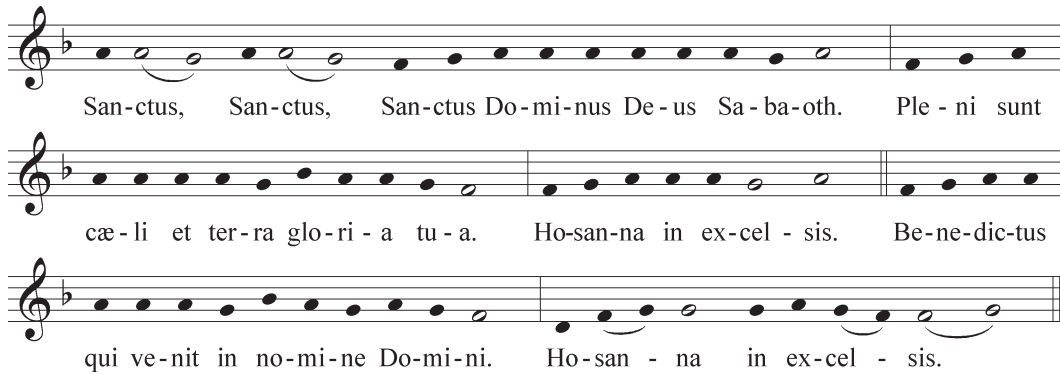
Psalm 91

ALL **And I show them my power to save, says the Lord.**

Stratman

## SANCTUS

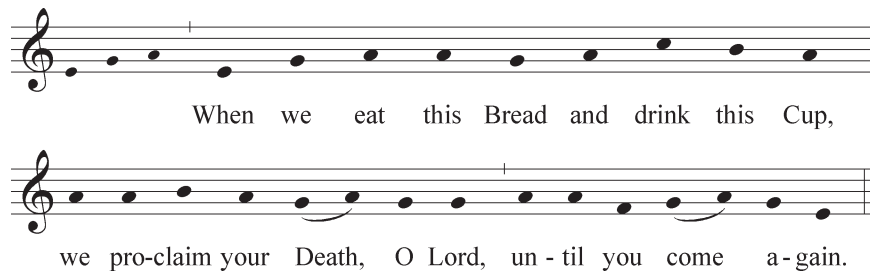
chant



San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

## MEMORIAL ACCLAMATION

chant, *Roman Missal*



When we eat this Bread and drink this Cup,  
we pro-claim your Death, O Lord, un-til you come a-gain.

## AMEN

chant

## THE COMMUNION RITE

### LORD'S PRAYER

### AGNUS DEI

Vatican XVII

### COMMUNION

If you live in the shelter of the Most High,  
make you home in the shade of the Almighty  
you say to the Lord, "my Rock, my Fortress, my God in whom I trust."

Psalm 91

Stratman

Cantor I give them life long and full,

Stratman

ALL **And I show them my power to save, says the Lord.**

Upon returning to your place after Holy Communion, please **kneel or be seated.**

*Low-gluten hosts are distributed at the credence table near the presider's chair.*

## HYMN OF PRAISE **No. 422 in Worship hymnal**

*The glory of these forty days*

ERHALT UNS HERR

## PROCESSION

# An Illustrated History of the Church in Western Washington

It's a story of saints and sinners; of Natives and newcomers, of missionaries, teachers, and builders, working together to build the church in western Washington.... It's a story of spirit and sacrifice for the glory of God.

*Journey of Faith* is an extraordinary new telling of a remarkable story: *our* story! With richly-colored illustrations and meticulously researched text, this new history of the Archdiocese of Seattle brings our inspiring Catholic story to life, from the days when thousands of Native peoples called this land holy ground, to the first explorers and missionaries, to the building of our churches and schools, to the present day. The “graphic novel” format will have a special appeal for young people, but the book will also be ideal for anyone who is interested in history or just wants a simple and accessible overview of how the Church in the Pacific Northwest—and St. James Cathedral—came to be!

*Journey of Faith* was produced by the Office of Catholic Faith Formation of the Archdiocese of Seattle, and was written by our own **Corinna & Maria Laughlin!**

AVAILABLE NOW IN THE  
CATHEDRAL BOOKSTORE!

- PAPERBACK \$10 (tax included)
- HARDCOVER \$15 (tax included)



# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Lita McBride, Children's Faith Formation (206-654-4658)

Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, Ward Johnson, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Dr. Clint Kraus, Associate Organist

Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Caitlin Lanigan, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Jim Hodges, Citizenship

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-622-3559)

Alan Frasher, Melina McCombs, Dane Nelson, Steve Raab

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPER and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**WELCOME!** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**THE LENTEN ALTAR ARRANGEMENT** is the gift of the Corrigan family, in loving memory of Mairead Brigid Corrigan on her nineteenth birthday.

**NEW IN THE CATHEDRAL BOOKSTORE** Hot off the press! *Journey of Faith* is a brand-new retelling of the history of the Church in Western Washington, from the days when native peoples called this place holy ground, right up to the present day. This short history (told in "comic book" or graphic novel format) includes key moments in the life of our Cathedral. You may even spot Father Ryan on a page or two! The book is great for all ages. Paperbound is \$10, hardbound \$15. Pick up a copy today. Also: we have plenty of Lenten reading in stock!

**FATHER RYAN'S TALK ON POPE FRANCIS** is available for a nominal fee in the Cathedral Bookstore. If you missed the talk, or if you want to share it with friends, stop by the bookstore today to pick up a copy!

**THE CATHEDRAL ESPRESSO CART** is open! Please come by after the 10:00 and Noon Masses. All proceeds for the month of March benefit our ministries to the homeless.

**ST. PATRICK'S DAY PANCAKE BREAKFAST TICKETS ON SALE TODAY!** Please stop by coffee hour after the 10:00AM or Noon Masses today to buy tickets for next weekend's Pancake Breakfast benefiting the Solanus Casey Center. You can buy tickets for \$7 each (\$3 for kids 12 and under). We also offer you the option to purchase a breakfast ticket for one of our low-income guests. Tickets will be available next weekend as well but we encourage you to buy today to avoid the lines next weekend! Join us for pancakes next Sunday after the 10:00AM and Noon Masses and help us raise money for Solanus Casey Center. If you have forgotten, Solanus Casey is a drop-in day center for our homeless and low-income neighbors. The Center is staffed by volunteers and a paid director who help those in need of assistance obtaining identification cards, prescription drugs, bus passes, a cup of coffee, a listening ear and so much more!

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Joseph in Chehalis, Vancouver, Pe Ell, Ferndale, Issaquah, Elma, and Sequim, and St. Joseph Mission in Kalama.*

## YOUTH MINISTRY

**SPECIAL HIGH SCHOOL YOUTH NIGHT** Sunday evenings from 6:30 – 8:30 pm in the Pastoral Outreach Center. This week, we will begin the season of Lent by making sandwiches for the St. Martin de Porres shelter. Please join us!

**JUNIOR HIGH SOJOURN** Sunday, March 16 from 6:30-8:30pm in Cathedral Place. Join us in welcoming a special guest from Maryknoll who will introduce us to the exciting missionary Church that Pope Francis is inviting us to embrace. Plus, food, games, and activities! Bring a friend!

**HIGH SCHOOL RETREAT** Save the Date: March 29 and 30, 2014. Join us for a weekend getaway filled with fun, faith, and friends, an opportunity to step away from distractions and get closer to God. (Grades 9-12)

**QUESTIONS?** Joe Cotton, 206-264-2082  
jcotton@stjames-cathedral.org  
www.stjames-cathedral.org/youthministry

**LENTEN HOLY HOUR** is each Friday during Lent, from 12:00pm to 1:00pm, with scripture reading, reflection, and rosary. All are welcome to this simple Lenten prayer in the presence of the Blessed Sacrament.

**OPERATION RICE BOWL** calls us to walk in solidarity with our brothers and sisters in need. Rice Bowls will be available on Ash Wednesday. Please be sure to take home a Rice Bowl and use this fun and easy resource to deepen your Lenten experience and make a difference in the lives of the poor. New this year: the Rice Bowl mobile app! Search "CRS Rice Bowl" to download the free app with prayers, stories of hope, and ways to give.

**SAFE ENVIRONMENT FOR MINISTRY** Are you a volunteer in ministry here at St. James? Do you work with children or vulnerable adults? Have you been asked to take this program? Our next class is on Sunday, March 23 from 1:30pm—4:30pm in the Pastoral Outreach Center. Register online at <http://seattle.setanet.org/>, click on "Register for Classes," scroll down to March 23 and look for St. James. *Information*, Theresa Van de Ven at 206-219-5822 or [tvandeven@stjames-cathedral.org](mailto:tvandeven@stjames-cathedral.org).

**JOIN US AS WE EXPLORE THE IMPACT OF THE DEATH OF A LOVED ONE** through tragic accident, illness or suicide. Beverly Goldsmith, LICSW, coordinator of Child and Family Grief Support Program at Providence Hospice of Seattle, has provided grief support and education to children and families for over 25 years. Sunday, March 23, Gallagher Center, 11am – 12 Noon. *Information*, Nancy Granger, RN, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org).

**IMMIGRANT ASSISTANCE VOLUNTEER INFORMATION SESSION** St. James ministry to immigrants and refugees provides clients with a range of services from learning English to passing the US citizenship exam; from adjusting immigration status to finding resources to address other needs. Learn how you can help by attending our upcoming Volunteer Information Session on Friday, March 7, from 5:30pm-7:00pm. We will meet in the Mother Cabrini Room, Pastoral Outreach Center. At this gathering you will learn about our services and the many roles that volunteers play, and meet staff, volunteers, and clients. Current volunteer openings include advisory board members, bi-lingual Cultural Navigators, ESL Tutors, and experienced ESL Teachers. *Information*, Cecilia Erin Walsh at 206-382-4511 or [cwalsh@stjames-cathedral.org](mailto:cwalsh@stjames-cathedral.org).

**BABYSITTING** is available for children up to four years of age on Sundays during the 10:00am and Noon Masses, during baptism preparation classes, and during special events for parents and families. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. *Information*, Margaret Lynch, [mlynch@stjames-cathedral.org](mailto:mlynch@stjames-cathedral.org) or 206-382-4288

**CREATIVE ARTS WORKSHOP** Every other Saturday, 10am – 12 Noon in the Gallagher Center. Come to our next class on Saturday, March 8 to create Clothespin People!

**GRIEF & LOSS SUPPORT GROUP** Wednesdays 10:30-12:00. Join pastoral counselor and psychotherapist, John Baumann, M.Div., LMHCA as he guides the group in journeying through the complexities of losing a loved one; in the Fireside Room in the Pastoral Outreach Center. A freewill donation of \$15 is suggested; however, attendance is encouraged regardless of ability to pay. *Information*, Nancy Granger, RN, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org).

**ST. JAMES KNITTERS GROUP** meets Monday, March 10 from 6:30pm to 8:00pm in the Mother Cabrini Room, Pastoral Outreach Center. We get together the second Monday of the month to knit or crochet hats and scarfs for the homeless. Some of us are beginners. Some have been knitting for years. Never knitted before? We've taught others to knit, and will help you, too. Want to join in on the fun? Yarn, knitting needles, and other such things can be donated. *Information*, Connie Carlson, 206-518-1623.

**DO YOU KNOW THE MUFFIN MAN?** Sunday Coffee Hour is in need of two volunteers to bake muffins on the first Sunday of each month. Muffin makers come in at 7:00 and are usually finished by 10:00. This is a fun ministry and everyone in the parish is grateful for your service as they enjoy these fresh baked muffins all morning long! We make the baking process very easy, so no experience necessary! *Information*, Caitlin Lanigan [clanigan@stjames-cathedral.org](mailto:clanigan@stjames-cathedral.org) or 206-382-4235.

## Lenten Prayer and Faith Formation Opportunities

**JOY OF THE GOSPEL** This Lent, you are invited to explore Pope Francis' radical vision for the Church. Explore texts from Pope Francis' Apostolic Exhortation, *The Joy of the Gospel*, and discuss how his vision can challenge and inform us as we live our Christian faith in our parish and in our world. Small study groups will meet at different times throughout the week for five 1 1/2 hour sessions. Visit the Cathedral website to sign up for a session that works for you. Finally, on Saturday, April 12, 2014, at 9:00am, we'll gather for a closing retreat. Please consider making this part of your Lenten practice!



**THE RICE BOWL PROGRAM** is a wonderful way to grow in solidarity with the poor and the millions in our world who lack the basic necessities of life. Rice Bowls are available in the vestibules of the Cathedral throughout Lent.

**MASS** The Masses of Lent are the ideal way to grow closer to the Lord Jesus. The scriptural readings for the Sunday and weekday celebrations are particularly rich in their ability to inspire and challenge. Weekday Masses are at 8:15am and 5:30pm.

**STATIONS OF THE CROSS** The unique Stations of the Cross are the work of Cathedral iconographer Joan Brand-Landkamer. They were inspired by the work of 20th-century French artist Georges Rouault. The stations were created from found objects which Landkamer collected near her home in Ocean Shores. Each station is unique, and together they form a stark and intensely moving portrayal of the last journey of Jesus.

**PRAYING THE STATIONS** is a wonderful Lenten tradition in the Church. There are *three* opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). *You can also pray the stations online at [www.stjames-cathedral.org](http://www.stjames-cathedral.org).*

**LITURGY OF THE HOURS** Each weekday at 12:10pm in the Cathedral Chapel, we pray the Liturgy of the Hours. This short community prayer is based on the psalms, and includes readings from scripture and from our rich Catholic tradition.

**LENTEN HOLY HOUR** Each Friday during Lent, we will have a Holy Hour with Exposition of the Blessed Sacrament at 12 Noon. Holy Hour, which includes the Liturgy of the Hours, meditations, and rosary, is the perfect midday retreat at the end of a busy week.

**VESPERS AND BENEDICTION OF THE BLESSED SACRAMENT** This beautiful prayer is part of the Liturgy of the Hours, the official prayer of the Church. It is celebrated in the Cathedral each Sunday afternoon at 4:00pm.

**CONTEMPLATIVE PRAYER ON THE FRIDAYS OF LENT** Every Friday evening at 6:30 pm (with the exception of Friday, March 7), the Cathedral offers a meditative evening prayer of song, scripture, and silence, with the music of the ecumenical community of Taizé in France. The guitar prelude begins at 6:15pm. All are welcome.

**SACRAMENT OF RECONCILIATION** This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions will be heard each Saturday from 4:00 – 5:00pm. Communal penance services will be on Saturday, April 5 at 3:30pm, and Monday, April 7 at 7:30pm. In addition, this year the Cathedral is participating in *The Light Is On*, an Archdiocesan-wide initiative to increase access to the Sacrament of Reconciliation. A priest confessor will be available each Friday of Lent (except Good Friday) from 6:00pm – 7:00pm in the Reconciliation Chapel.

## RCIA During Lent

### JOURNEY OF THE ELECT

Lent is a time of intensive prayer and preparation for our Catechumens, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Soon they will no longer be called *Catechumens*, but "*Elect*," following the celebration of the Rite of Election. This final period of purification and enlightenment, which, since the beginnings of the Church, has taken place during Lent, consists more of interior reflection than catechetical instruction. It is intended to purify the hearts and minds of the Elect as they search their own consciences and do penance. This period is also intended to enlighten their minds and hearts with a deeper knowledge of Christ the Savior.

Please pray for:

**Tony Combs, Young Luu,  
Jaydee Ocon, Patrick Fields,  
Kawika Ramat**

Please pick up a prayer card at the Place of Prayer in the south aisle and pray for our Elect each day during this season of Lent. As Easter draws near, you will be invited to write a note telling our Elect of your prayerful support.



*The following are some important dates in the journey of our Catechumens:*

**RITE OF ELECTION** We begin a season of intensified preparation by celebrating the Rite of Election which will take place on **Thursday, March 6 at 7:00pm**. On the basis of the testimony of sponsors and catechists, the Church judges the state of readiness of the Catechumens for baptism, and decides on their advancement toward the sacraments of initiation. This step is called "election" and is based on the Catechumens' election by God, in whose name the Church acts. From this point on, those preparing for Baptism are referred to as the Elect.

**THE SCRUTINIES** Lent began in the Church as a time of intense spiritual preparation and healing for the Elect. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place on Sunday, March 23 at 5:30pm, Sunday, March 30 at Noon, and Sunday, April 6 at 10:00am.

## Choral Prayer during Lent

### Saturday & Sunday, March 8 & 9, 2014 8:00 pm **Seattle Pro Musica Passio**

Resident Ensemble, Seattle Pro Musica, presents a meditative collection of musical expressions of the Passion story, from the recently rediscovered *Passion Week* by Gretchaninov, to the Pulitzer-Prize-winning *Little Match Girl Passion* by David Lang - a modern-day allegorical take on Medieval mystery plays, in a format inspired by Bach. Information, 206-781-2766 or [www.seattlepromusica.org](http://www.seattlepromusica.org).

**Saturday, March 22, 2014 8:00 pm**  
**Opus 7 Stabat Mater**  
Opus 7 Vocal Ensemble  
[www.opus7.org](http://www.opus7.org)

### Sunday, April 13, 4:00 pm **Palm Sunday Vespers**

Jubilate!, St. James Cathedral's young women's ensemble, Stacey Sunde, conductor.

### Wednesday, April 16, 7:30 pm **Office of Tenebrae**

Internationally-respected artist Margriet Tindemans, viola da gamba, joins St. James musicians in the Office of Tenebrae. Experience the purity of one, two, and three soprano voices and the solemnity of men chanting in the darkening cathedral. You do not need a reserved pass for this remarkable evening of beauty and reflection. Free-will offering.

# Holy Things, Holy People

*Exploring Catholic history in the Northwest through treasures from the past*

PART 5: PORTRAIT OF THE FIVE FOUNDRESSES

9 MARCH 2014

The Archives of the Sisters of Providence contain many documents and objects associated with the beginnings of the Sisters' mission in the Pacific Northwest. Especially treasured are the items related to Mother Joseph of the Sacred Heart, the first superior of the community. This remarkable woman is honored as one of two representatives of Washington State in the Capitol Building in Washington, DC (The other is Dr. Marcus Whitman). Mother Joseph was, like so many of the Sisters, a nurse, a teacher, and an exceptional artisan in needlework and embroidery. But she was also a gifted carpenter, designer, and architect, skills which would—quite literally!—help to build the Church in the Pacific Northwest.

On November 2, 1856, Mother Joseph and her four companions left Montreal with Bishop Blanchet and Father Louis Rossi for the five-week journey to Vancouver. Mother Joseph put on a brave front, but in a letter home she admitted: “the idea of being responsible for leading the others, for running a house, training the young sisters, my lack of experience, my disagreeable nature, my ignorance—everything seemed to overwhelm me... and yet I had to maintain my composure for the sake of the others.” Fortunately she was soon too busy to dwell on her fears. The Sisters were leaving behind the safety of Catholic French Canada for the United States, where the Know-Nothings—a vehemently anti-Catholic movement in American politics—were at their height. Fearful of possible violence, the Sisters dressed in secular clothing so as not to attract notice. Their notions of secular clothing were, however, so odd and outdated that they were pointed out in the streets of New York as “Quaker ladies.” They were very grateful when a local priest reassured them that it would be perfectly safe to wear their habits.

The voyage from New York to Panama was difficult, to say the least. In the words of Sister Blandine, “we began to throw up heartily, one after the other, without exception.” Sister Praxedes, being the least seasick, cared for the others throughout the four-day journey in the hot and crowded cabin, filled with the smells of the kitchen next door.

The group reached Panama City on November 18, traveled across the Panama isthmus by train, and then sailed for San Francisco where they boarded the steamship *Columbia* for the final leg of their journey to Vancouver. It was December 4. The first few days on board were quiet—Sister Blandine devoted the time to practicing on the accordion which the Sisters of Mercy in San Francisco had given her. Everyone looked forward to the end of the long journey.



A composite portrait of the Sisters of Providence who established the community in the Pacific Northwest. Bottom, L-R: Sister Praxedes, Mother Joseph, Sister Mary of the Precious Blood. Top, L-R: Sister Vincent de Paul, Sister Blandine. *Courtesy of Providence Archives, Seattle.*

But on the night of December 7, a storm broke out. The crew, running from one end of the ship to the other, convinced Father Rossi that they were going to sink—he could only lie in his bunk praying, “Oh Holy Virgin, would you allow me to perish in sight of the mission that I have undertaken such a long voyage to reach?” The scene was much the same in the Sisters’ cabin, where Sister Praxedes, overcome with fear, kept asking: “Sister Blandine, are you scared?” The terrified Sister Blandine replied lightly, “no, I am afraid of nothing,” joking that if they were all thrown into the sea at least they would arrive “all that much cleaner to celebrate the Immaculate Conception in heaven.” At the same time, she later wrote, she was

praying, over and over: “do what you did for St. Peter—stop the storm, Lord.”

By 8:00am the worst was over, and the ship safely entered the mouth of the Columbia. Going up on deck, grateful to be alive, they beheld their new land for the first time. It was December 8—the solemnity of Mary’s Immaculate Conception. The Sisters sang the “Stabat Mater” to the accompaniment of Sister Blandine’s accordion.

Father Rossi, meanwhile, filled with missionary fervor, eagerly scanned the landscape for his first glimpse of Vancouver. He later wrote: “When we arrived in sight of Fort Vancouver I turned towards my bishop and asked him where the town was. ‘There,’ said he to me, pointing towards the northern bank of the river. I looked towards where he was pointing and, seeing nothing, climbed on some trunks, stuck out my neck, strained my eyes almost out of their sockets, still hoping to find something. But there was nothing within sight. I had imagined that I was going to arrive in a place, not, perhaps, quite like the big cities I’d seen and visited, but at least something that had the look of a town or a big village.... I came back to my bishop and again asked him where the town was. ‘There, there... Do you see that house, and the other one over there? Take a good look, that’s the town,’ he replied. I confess that a spontaneous and quite involuntary gesture betrayed my disappointment. Burying my head in my hands, I exclaimed, ‘My God! What have I gotten myself into!’”

Mother Joseph, meanwhile, took in the scene with quite different sentiments. “How can I tell you what a joy it was for me?” she wrote. Soon, she and her Sisters “would have the happiness to begin, in this new country, to exercise the ministry of charity.”

*Corinna Laughlin, Director of Liturgy*

*Explore the whole series and link to online archives at the Cathedral website, [www.stjames-cathedral.org/](http://www.stjames-cathedral.org/)*



# THE SECOND ANNUAL ST. PATRICK'S DAY PANCAKE BREAKFAST

BENEFITING THE SOLANUS CASEY CENTER



**Sunday, March 16, 2014**

*following the 10:00am & Noon Masses*  
Cathedral Hall

You're invited to a fun and delicious  
breakfast of...

**Pancakes**

**"Irish" whipped cream**

**Sausages**

**Roast Potatoes**

*...all for a suggested donation of*

**\$7!**

*(\$3 for kids under 12)*

There will also be a raffle with some fun Irish (and not so Irish) prizes; as well as awards for the best "wearin' o' the green." So wear your green and join us!

This event is a fundraiser for our own Solanus Casey Center, with its special mission of providing referrals and basic services for homeless men and women. Last year we raised \$3,500. Let's beat that this year!

*Information, Caitlin Lanigan,*  
206-382-4235 or e-mail  
[clanigan@stjames-cathedral.org](mailto:clanigan@stjames-cathedral.org)

**WWW.STJAMES-CATHEDRAL.ORG**

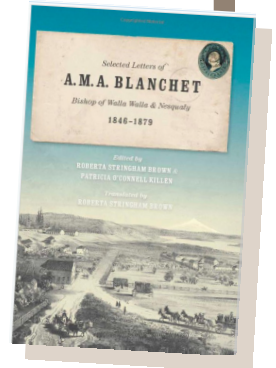
# Resistance & Resilience

*Who were the Catholics in early Washington and what were they up to?  
What can we learn from the past for today's Church?*



**Thursday, March 27, 2014**  
7:00 pm, Pastoral Outreach Center

A Reading and Presentation by  
Roberta Stringham Brown &  
Patricia O'Connell Killen  
from *Selected Letters of A.M.A.  
Blanchet, Bishop of Nesqually & Walla  
Walla, 1846-1879*, followed by  
Book Signing



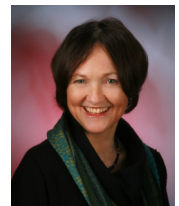
**Insights from the letters of Washington's first Catholic bishop:**

- Collaboration and friendship among Native Americans, peoples of mixed heritage, settlers, and clergy
- Autonomy and ecumenical outreach of pioneer nuns, the Sisters of Providence (including Mother Joseph)
- Ordinary life of practicing Catholics
- Catholic contributions to building Washington State
- Weathering prejudice, near financial disaster and political turmoil

**PATRICIA O'CONNELL KILLEN** is professor of religious studies and academic vice president at Gonzaga University in Spokane, Washington. Her research focuses on Christianity in North America, especially Catholicism and religion and spirituality in western North America.



**ROBERTA STRINGHAM BROWN** is Professor of French at Pacific Lutheran University in Tacoma, Washington, where she has chaired the Honors Program and the Department of Languages and Literatures. Her scholarship and publications focus on the history of French-speaking North America, including francophone inhabitants of the 19th-century Pacific Northwest.



[www.stjames-cathedral.org](http://www.stjames-cathedral.org)