



Icon of the Holy Trinity, represented by Abraham's three heavenly visitors
Joan Brand-Landkamer, cathedral iconographer

ST. JAMES CATHEDRAL
Sixteenth Sunday of Ordinary Time
July 21, 2013

ORDER OF CELEBRATION FOR

The Sixteenth Sunday in Ordinary Time

PRELUDE (Saturday)

Petite Prélude

Jongen

(Sunday)

Prière

Messiaen

THE INTRODUCTORY RITES

ENTRANCE

Jesus shall reign

DUKE STREET



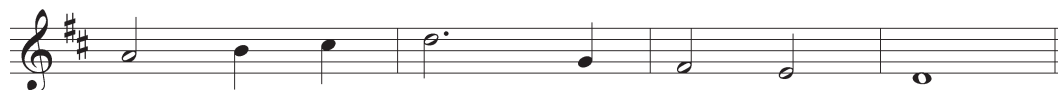
1. Je - sus shall reign wher - e'er the sun
2. To him shall end - less prayer be made,
3. Peo - ple and realms of ev - 'ry tongue
4. Bless - ings a bound wher - e'er he reigns;
5. Let ev - ery crea - ture rise and bring



Does his suc - ces - sive jour - neys run;
And prais - es throng to crown his head;
Dwell on his love with sweet - est song;
The pris - 'ner leaps to lose his chains;
Bless - ing and hon - or to our King;



His king - dom stretch from shore to shore,
His Name like sweet per - fume shall rise
And in - fant voic - es shall pro - claim
The wea - ry find e - ter - nal rest,
An - gels de - scend with songs a - gain,



Till moons shall wax and wane no more.
With ev - 'ry morn - ing sac - ri - fice.
Their ear - ly bless - ings on his Name.
And all who suf - fer want are blest.
And earth re - peat the loud A - men.

PENITENTIAL ACT

Missa de angelis, Vatican VIII



Have _____ mer - cy on us.

GLORIA (Sunday Evening) **No. 341 in Worship hymnal**

Missa de angelis, Vatican VIII

(All other Masses)

to the tune LAUDA ANIMA

**Glory be to God in heaven,
Songs of joy and peace we bring;
Thankful hearts and voices raising,
To creation's Lord we sing:
Lord, we thank you, Lord, we bless you,
Glory be to God our king.**

**Lamb of God who on your shoulders
Bore the load of this world's sin;
Only Son of God the Father,
You have brought us peace within:
Lord, have mercy, Christ, have mercy,
Now your glorious reign begin.**

**You, O Son of God, are holy,
You we praise with one accord;
None in heav'n or earth is like you,
Only you are Christ the Lord,
With the Father, and the Spirit,
Ever worshiped and adored.**

(Text by Edwin LeGrice)

THE LITURGY OF THE WORD

FIRST READING

Genesis 18:1-10a

RESPONSORIAL PSALM

Psalms 15

Proulx



SECOND READING

Colossians 1:24-28

ALLELUIA

Berthier



GOSPEL

Luke 10:38-42

HOMILY

Father David A. Brant

CREED

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

[all bow]

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

[all stand upright]

**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,**

who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Lord, we ask you, hear our prayer.

Litany of Saints

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

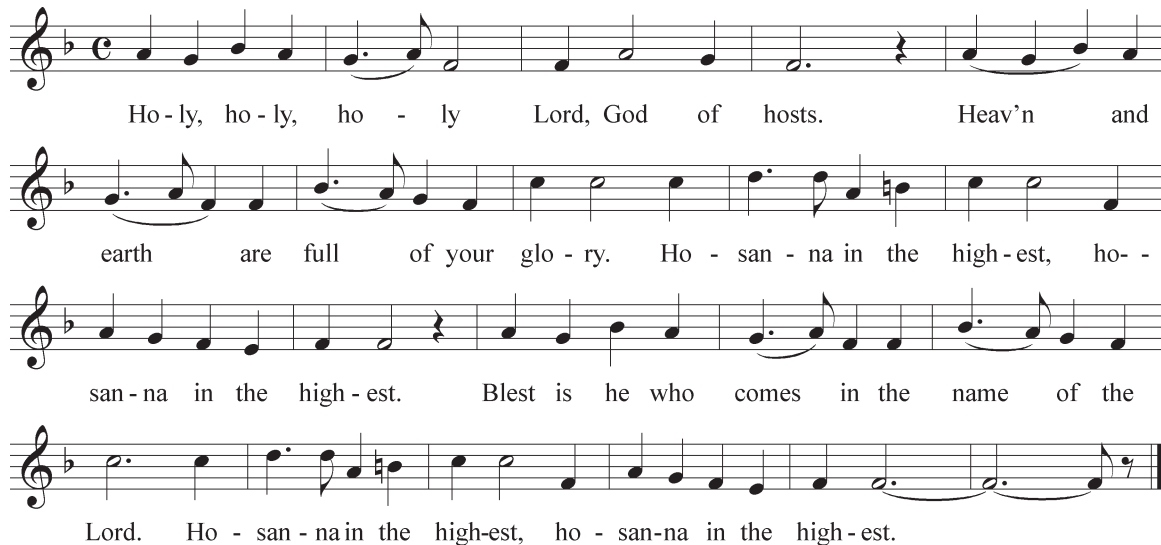
Offertory (10:00 and Noon)

Justitia Domini
Palestrina

The ordinances of the Lord are right, bringing joy to all hearts,
sweeter than honey or the honeycomb.
Therefore your servant will observe them. Ps. 18:9-12

SANCTUS

Community Mass
Proulx



Ho - ly, ho - ly, ho - ly Lord, God of hosts. Heav'n and
earth are full of your glo - ry. Ho - san - na in the high - est, ho -
san - na in the high - est. Blest is he who comes in the name of the
Lord. Ho - san - na in the high - est, ho - san - na in the high - est.

MEMORIAL ACCLAMATION

Proulx



When we eat this Bread and drink this Cup, we pro-
claim your Death, O Lord, un - til you come a - gain.

AMEN

Proulx



A - men, a - men, a - - - - men.

THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Missa de angelis, Vatican VIII



R. 1, 2: have mer - cy on us.



R. 3: give us your peace.

COMMUNION

Mary has chosen for herself the best portion,
which shall never be taken away from her.

Come down, O love divine
Harris

Come down, O Love divine, Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter draw near, Within my heart appear,
And kindle it, thy holy flame bestowing.

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

Lord, grant us grace to know the time
ST. ANNE



1.	Lord,	grant	us	grace	to	know	the	time	Of
2.	We	seek	your	Word,	as	Mar	-	y sought;	We
3.	Your	Word	a	- lone	gives	need	-	ed pow'r	To
4.	But	you	have	taught	that	love		is feigned	That
5.	We	thank	you,	Lord,	for	qui	-	et time	To



ac-	-	tion	or	of	prayer,	Which	hour	to	crowd	with
wait		in	qui-	-	ness,	And	yet	we	ask	for
strength	-	en	wea-	-	hands	And	helps	us	see	in
fails		a	neigh-	-	need,	That	faith	we	claim	is
cast		on	you	our	care,	And	for	your	Word	that



wait	-	ing	work	And	which	with	you	to	share.			
strength		to	serve	With	Mar	-	tha's	faith	-	ful	-	ness.
each		new	day	The	way	of	your	com	-	mands.		
false		un	-	til	Your	Word	be	-	comes	our	deed.	
fol	-	lows	us	When	work	be	-	comes	our	prayer.		

PROCESSION (Saturday & 8:00)

Marche religieuse

(10:00 & Noon)

“Allegro ” from *Symphony No. 6*
Widor

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)

Lita McBride, Children's Faith Formation (654-4658)

Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Dr. Clint Kraus, Associate Organist

Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Caitlin Lanigan, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME, SUMMER VISITORS! *St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today.*

CATHEDRAL BOOKSTORE Stop by the Cathedral Bookstore after Mass for a wide selection of Cathedral souvenirs, books, rosaries, medals, and much more! A new supply of McVan rosaries and medals is in, as well as Bibles, books on the Camino, and much more.

THE ANNUAL CATHOLIC APPEAL We are now just **\$13,330** short of our parish rebate goal of \$180,000. *We urgently need the rebate to fund our Family and Youth Ministry programs!* Please, if you have not already done so, make a gift to the Appeal. A gift of any size is welcome. Visit www.seattlearchdiocese.org/aca.

MHM RESOURCE CENTER is open this Sunday, July 21 from 9am-2pm in the Gallagher Center. Please drop in. The resource center provides information related to mental health/illnesses, emotional distress, living well; referrals to professional and medical assistance, as well as someone to listen, talk to, and guide you through. **ALSO**, this Sunday we will be hosting an educational program on eCPR (Emotional CPR), starting after the 10:00am Mass.

FAITH BASICS: SIX SIMPLE SUMMER SESSIONS TO STRENGTHEN OUR FAITH Please join us for our final Faith Basics session. We will gather once again today, Sunday, July 21, 11:15-11:45, in Cathedral Place, 2nd Floor, for faith refreshers that engage us with challenges, information, and fun. *Information*, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

MUSIC FOR THE FEAST OF ST. JAMES Next week the Cathedral Choir will be back to help us celebrate our patron at the 10:00am and 12:00 Noon Masses!

PARISH PICNIC ON THE FEAST OF ST. JAMES Sunday, July 28, 11:30am-3pm, with friends, food, games, prizes, and more. This is a great moment to be together and celebrate! Many volunteers are needed to make the picnic happen. Please contact Alexandra Mummery if you are able to help out in any capacity. E-mail alexandramummery@gmail.com or 206-484-8434.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parish of St. Bridget in Seattle, St. Ann in Seattle, Tacoma, and Forks, and St. Olaf in Poulsbo.*

TUDOR CHOIR AND TALLIS SCHOLARS AT ST. JAMES

Two concerts featuring renaissance polyphony performed by world renowned singers in the splendid acoustic of St. James: **Sunday, July 21 – 8:00 pm** Seattle's Tudor Choir with members of the Tallis Scholars; and **Friday, July 26 – 8:00 pm** – The Tallis Scholars Summer School closing concert; Peter Phillips, conductor. *Information*, tudorchoir.org or 206-323-9415.

AN EVENING RETREAT ON THE CAMINO DE SANTIAGO

On Monday, July 22, at 7:00pm, in the Holy Names Room, Pastoral Outreach Center, join Father Scott Connolly as he shares his experience as a pilgrim on the Camino to Santiago de Compostela. This presentation of prayer, words, and pictures will take us on the Camino to the great shrine of our pilgrim patron, St. James the Greater, in Spain. *Buen Camino!*
Information, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

CAMINO SEATTLE BOOK GROUP Thursday, July 25, at 7:00pm in the Pastoral Outreach Center, you're invited to gather for a discussion of *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce. This delightful and moving novel tells the story of a man who walks six hundred miles across England to visit an old friend before she dies. *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

SUMMER CHOIR: SUNDAYS OF AUGUST AT 12:00

NOON MASS Come one, come all, everyone is welcome to sing! Trained or untrained; young or very young; old or very old, or somewhere in the middle. You are needed and wanted if you sing like an angel or if you 'think' you don't sing at all, if you sing in tune or in some other tune, if you sing high or low or sort of in one-place—join us starting August 4! Rehearsals in the Choir Room, Sundays of August at 11:15 am.
Information, 206-382-4874.

ARE YOU A TEACHER? Archbishop J. Peter Sartain will honor, recognize and bless Catholics who teach at local public and non-Catholic private schools, colleges and universities as witnesses of the faith. Teachers, staff and their families are invited to attend the Vigil Mass at 5:30 pm on Saturday, August 24, 2013.
Information, Corinna Laughlin, claughlin@stjames-cathedral.org.

HUNTHAUSEN GOLF TOURNAMENT Save the date for this year's tournament, Monday, September 16, 2013 at Newcastle Golf and Country Club. We are currently collecting items for our silent auction and raffle! Event tickets (especially football and baseball games), dinner gift certificates, and bottles of wine are especially welcome. If you have something you'd like to share, contact Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org. To register for golf or dinner, visit www.stjames-cathedral.org/golf.

CATHEDRAL CHOIR AUDITIONS for next year are happening this summer. *Information*, Stacey Sunde, 206-382-4874 or musicoffice@stjames-cathedral.org.

YOUTH MINISTRY

THE MIGRANT PROJECT Please pray for our delegation of cathedral youth who will be serving migrant families in the Skagit Valley between July 28 and August 2. They will be commissioned at the 12:00 Mass on the Feast of St. James, July 28.

SERVICE OPPORTUNITY Interested in serving your neighbor? Please join us on Thursday, August 8 from 2-7pm at the Queen Anne Farmer's Market. We will staff a booth for the Queen Anne Food Bank, helping to garner support for the food bank and also glean leftover food from other market vendors. Are you in?

Information, Joe Cotton, Cathedral Youth Minister, 206-264-2082 or jcotton@stjames-cathedral.org.

VETERANS SUPPORT GROUP open to both veterans and their families will meet Tuesdays, July 23 and 30, 4-5 pm at NAMI Greater Seattle, 802 NW 70th St., Seattle WA 98117. Come to meet other Vets and their families, learn about resources, share stories.
Information, Lindsay Campbell, 206-783-9264

ARE YOU A YOUNG ADULT IN YOUR 20s OR 30s? We are a community of Cathedral Young Adults who gather for spirituality, social, and service events. We'd love to have you join us! *Information*, Caitlin Lanigan, 206-382-4235.

THE ST VINCENT DE PAUL CONFERENCES of St. James thank Cathedral parishioners for their generous donations last month. During June we made 69 home visits to our low income neighbors. Your contributions allowed us to help 51 individuals and families pay their rent and stay safely in their homes. In addition, we prevented 8 utility shut-offs, provided food for 50 families, beds and furniture for 19 households, clothes for 7 people, and transportation assistance for 12 individuals. Our priority is preventing homelessness. Please consider joining our ministry to the poor among us. *Information*, Rob Millar 206-954-8902 and Tammy Bendix 206-595-9158.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to the following children, baptized at the 10:00am Mass on Sunday, July 14: *Abril Valentina Calvo, Charlotte Elizabeth Jurus, Brandon Casey Ramat, Devan Felipe Kanuru Rao, and Julianna Catalina Webster.* We welcome with joy these newest members of the family of faith.

REST IN PEACE Please pray for the repose of the souls of *Gregory Carroll* and *Sam Decena.*

CAMINO SEATTLE

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 23, 2013 and ending July 28, 2013, the Feast of St. James.

WEEK FIVE | July 21-27

On Camino with Mother Cabrini

Scripture

I have learned, in whatever situation I find myself, to be self-sufficient. I know indeed how to live in humble circumstances; I know also how to live with abundance. In every circumstance and in all things I have learned the secret of being well fed and of going hungry, of living in abundance and of being in need. I have the strength for everything through him who empowers me. (Philippians 4:11-13)

Reflection

Francesca Cabrini was born in 1850 in the province of Lombardy, Italy. As a young woman, she was turned down by several religious communities who feared that with her poor health she would not be able to handle the rigors of religious life! Nothing daunted, she established her own religious community with the dream of bringing the Gospel to China—that was when she added “Xavier” to her name in honor of the great Jesuit missionary. But instead of going east, Pope Leo XIII asked her to go west. In spite of her



fear of ocean journeys she crossed the Atlantic and the continent many times, establishing orphanages, schools, and hospitals all over the United States as well as Central and South America. She came closest to China when she arrived in Seattle in 1903: Seattle “enjoys an interminable spring because of the current that comes from Japan,” she wrote.

Today, let us pray for immigrants who come here in search of a better life, and for all refugees, forced from their homelands. And let us pray for ourselves, that we may welcome the stranger in the name of Christ.

Prayer

Mother Cabrini, you let go of your own wishes and desires to minister to those most in need: the orphan, the immigrant, the sick, the poor, the imprisoned. You saw Christ in them; and they met Christ in you. Pray for us, that we may walk with those who are in need, listening to them and caring for them with compassion and love. We ask this through the one who is in our midst as one who serves: Jesus Christ the Lord. Amen.

This Week's Walks

All walks are hosted by a Cathedral volunteer. No RSVP is required and the walks are “rain or shine”! Gather with the host at the designated meeting spot (visit www.stjames-cathedral.org/camino for details), join in the Camino prayer, and start walking!

SUNDAY July 21, 11:15am Rosary Walk through First Hill and Capitol Hill (*meet on west steps of Cathedral near Bronze Doors*)

SUNDAY July 21, 2:30pm Twin Falls Hike

MONDAY July 22, 7:00pm EVENT: *The Dance of Christian Life*: Father Scott Connolly shares his Camino story

TUESDAY July 23, 7:30am Seward Park and Mount Baker Morning Walk

WEDNESDAY July 24, 6:30pm Seward Park Promenade

THURSDAY July 25, 7:00pm EVENT: Book Group: *Unlikely Pilgrimage of Harold Fry*

SATURDAY July 27, 8:00am Lincoln Park

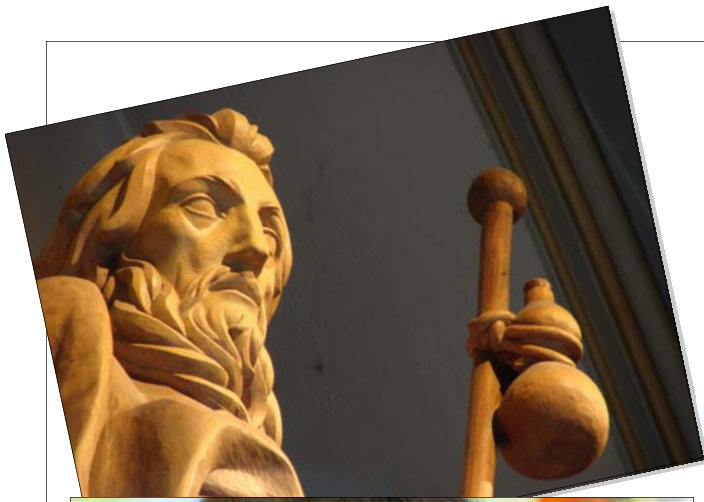
SATURDAY July 27, 3:00pm Saint Mark's to St. James (*reservation required*)

SUNDAY July 28, 8:00am Last pilgrimage through Capitol Hill

All participants in hosted walks receive a special stamp for their Camino passport.



www.stjames-cathedral.org/camino



PARISH PICNIC

on the Feast of
St. James

Sunday, July 28, 2013
11:30am-3:00pm

This year we celebrate our beloved pilgrim patron, Saint James, at Masses on July 27-28.

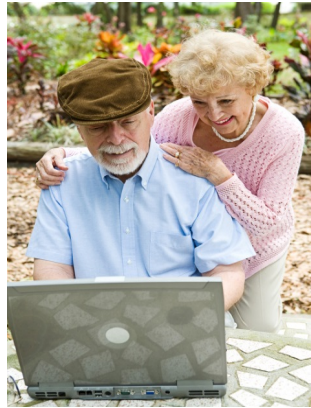
The celebration continues at the annual parish picnic on Terry Avenue, Sunday, July 28, 11:30am-3pm, with friends, food, games, prizes, and more. This is a great moment to be together and celebrate!

Many volunteers are needed!

Please contact **Alexandra Mummery** if you are available to help out! Call **206-484-8434** or e-mail **alexandramummery@gmail.com**.

Information

www.stjames-cathedral.org



Volunteer Chore Services

Current Opportunities to Make a Difference near St. James

Our mission is to assist low-income elders and adults with chronic illnesses or disabilities remain independent in their own home. We match volunteers with clients in need, who provide companionship, light housework, and other simple chores. Opportunities to help are available all over the county. Here are a few clients who have been waiting for help.

A talkative, friendly 77-year-old would love your visits, especially if you speak Spanish! Her English is perfect, but she loves to help others practice and is a native Spanish-speaker. She is frail and would love a visit from a friendly volunteer to help her with some light housework, learning her computer, and laundry. She might want to go shopping with you, too. She has made an instant connection with everyone who visits her! She lives very close to St. James.

A sweet, appreciative senior gentleman who uses a walker and has a hard time getting around because he had spinal surgery last year is hoping for a friendly visitor. He walks to Safeway and QFC in Capitol Hill and ties the grocery bags to his walker. He enjoys the walking, but gets nervous walking alone. He is hoping someone could go with him, and help with laundry and housework too. His apartment is clean and organized. He prefers early afternoon or morning, and weekends work for him as well.

An 89-year-old living near St. James. One volunteer doesn't need to do it all—if you're able to help with one of these chores she'd be delighted.

Help with simple tasks like these can make a real difference in someone's life.

Volunteer Chore Services, a program of Catholic Community Services, is a "safety net" for elders and adults living with disabilities who are unable to afford chore help or are ineligible for state/paid chore services. All recipients are low-income, have health problems or difficulty with mobility, and most live alone. We carefully match volunteers to opportunities based on their personalities, neighborhood, and preferences.

There are hundreds of seniors in Seattle waiting for help, and a shortage of volunteers. As the budgets for human services are in trouble all over the country, programs like Volunteer Chore Services are essential to help our most vulnerable citizens. Volunteers are needed all **over Seattle and King County**, but especially in central neighborhoods of Seattle.

For more information on how you can help, please call Kerrie Carbary, the volunteer coordinator in your area, at **206-328-6858**, Volunteer Chore Services main intake line at **206-328-5787**, or email kerrie@ccsww.org.

