

*Year of Faith*



*Live by the Spirit (Galatians 5)*  
*Dove with Olive Branch. Detail of central East-Apse stained-glass window. Hans Gottfried von Stockhausen, 1994.*

ST. JAMES CATHEDRAL  
*The Thirteenth Sunday in Ordinary Time*  
June 30, 2013

## ORDER OF CELEBRATION FOR

# *The Thirteenth Sunday in Ordinary Time*

### PRELUDE

(8:00)

“Adagio” from *Symphony No. 3*

Widor

“Andante sostenuto” from *Symphonie gothique*

Widor

## THE INTRODUCTORY RITES

### ENTRANCE

*Praise to the Lord, the Almighty*

LOBE DEN HERREN

1. Praise to the Lord, the Al - might - y, the  
2. Praise to the Lord, a - bove all things so  
3. Praise to the Lord, who shall pros - per our  
4. Praise to the Lord — O let all that is

king of cre - a - tion! O my soul,  
might - i - ly reign - ing; Keep - ing us  
work and de - fend us; Sure - ly his  
in us a - dore him! All that has

praise him, for he is your health and sal - va - tion!  
safe at his side, and so gent - ly sus - tain - ing.  
good - ness and mer - cy shall dai - ly at - tend us.  
life and breath come now with prais - es be - fore him!

Come, all who hear: Broth - ers and sis - ters, draw  
Have you not seen All you have need - ed has  
Pon - der a - new What the Al - might - y can  
Let the “A - men!” sound from his peo - ple a -

near, Praise him in glad ad - o - ra - tion!  
been Met by his gra - cious or - dain - ing?  
do, Who with his love will be - friend us.  
gain — Glad - ly with praise we a - dore him!

### PENITENTIAL ACT

Vatican XVI



1 & 3. Ky - ri - e e - lei - son.



2. Chri - ste e - lei - son.

(10:00 and Noon)

Carol Sams

## GLORIA

to the tune LAUDA ANIMA

**Glory be to God in heaven,  
Songs of joy and peace we bring;  
Thankful hearts and voices raising,  
To creation's Lord we sing:  
Lord, we thank you, Lord, we bless you,  
Glory be to God our king.**

**Lamb of God who on your shoulders  
Bore the load of this world's sin;  
Only Son of God the Father,  
You have brought us peace within:  
Lord, have mercy, Christ, have mercy,  
Now your glorious reign begin.**

**You, O Son of God, are holy,  
You we praise with one accord;  
None in heav'n or earth is like you,  
Only you are Christ the Lord,  
With the Father, and the Spirit,  
Ever worshiped and adored.**

*(Text by Edwin LeGrice)*

## THE LITURGY OF THE WORD

### FIRST READING

I Kings 19:16, 19-21

### RESPONSORIAL PSALM

Psalm 16

Joncas

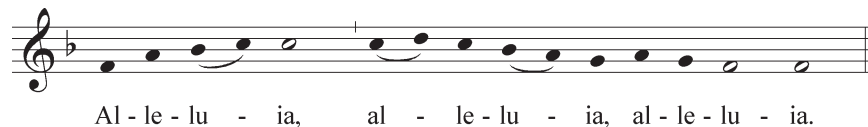


### SECOND READING

Galatians 5:1, 13-18

### ALLELUIA

Mode VII



### GOSPEL

Luke 9:51-62

### HOMILY

Father Michael G. Ryan

### CREED

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,**

*[all bow]*

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

*[all stand upright]*

**For our sake he was crucified  
under Pontius Pilate,**

**he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic  
and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward  
to the resurrection of the dead  
and the life of the world to come. Amen.**



## THE LITURGY OF THE EUCHARIST

### PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 and Noon)

*How fair is thy face*

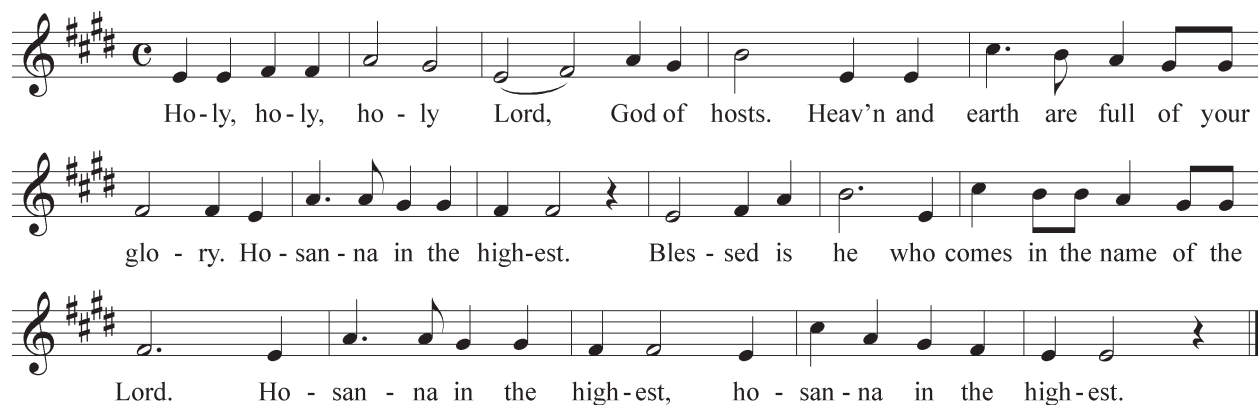
Grieg

How fair is thy face; all that I have is thine.

### SANCTUS

*St. James Mass for Peace*

Herbolsheimer



### MEMORIAL ACCLAMATION

Herbolsheimer



### AMEN

Herbolsheimer



## THE COMMUNION RITE

### LORD'S PRAYER

# AGNUS DEI

Missa de Angelis, Vatican VIII



R. 1, 2: have mer - cy on us.

(10:00)



R. 3: give us your peace.

Vatican XVIII/Carol Sams

## COMMUNION

Lend your ear and make haste to rescue us.

chant

(10:00 and Noon)

*Love bade me welcome*

Carol Sams

Love bade me welcome, but my soul drew back, guilty of dust and sin...  
“you must sit down,” says Love, “and taste my meat.” So I did sit and eat. — George Herbert

Upon returning to your place after Holy Communion, please **kneel or be seated**.  
*Low-gluten hosts are distributed at the credence table near the presider's chair.*

## HYMN OF PRAISE

*O God beyond all praising*

THAXTED

1. O God be-yond all prais - ing, We wor-ship you to - day  
2. Then hear, O gra - cious Sav - ior, Ac - cept the love we bring,  
And sing the love a - maz - ing That songs can-not re - pay;  
That we who know your fa - vor May serve you as our king;  
For we can on - ly won - der At ev - 'ry gift you send,  
And wheth - er our to - mor - rows Be filled with good or ill,  
At bless - ings with - out num - ber And mer - cies with - out end:  
We'll tri - umph through our sor - rows And rise to bless you still:  
We lift our hearts be - fore you And wait u - pon your word,  
To mar - vel at your beau - ty And glo - ry in your ways,  
We hon - or and a - dore you, Our great and might - y Lord.  
And make a joy - ful du - ty Our sac - ri - fice of praise.

## PROCESSION

“March” from *Symphony No. 3*

Widor

(8:00)

*Prelude & Fugue in G Major, BWV 541*

Bach

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)

Lita McBride, Children's Faith Formation (654-4658)

Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Dr. Clint Kraus, Associate Organist

Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Caitlin Lanigan (206-382-4235)

Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

### ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Jim Hodges, Citizenship

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME, SUMMER VISITORS! *St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. Last week, we had visitors from Cranbury, NJ; Roswell, GA; Swansea, MA; and many other places! The winner of our drawing was from St. Augustine, FL.*

**FLOWERS AT THE ALTAR** are from Steve Raab and the Leon family, in loving memory of Anthony Leon on the first anniversary of his death. *Floral donations are a wonderful way to remember a deceased loved one or commemorate an important anniversary, and at the same time enrich the whole parish community! If you would like to offer flowers, contact Jane Mueller, 206-654-4650 or e-mail [jmueller@stjames-cathedral.org](mailto:jmueller@stjames-cathedral.org).*

**CAMINO SEATTLE IS UNDERWAY!** The pilgrimage began last Sunday. Your first stamps are available after all Masses this weekend—in the Bookstore (self service) following the Saturday and Sunday evening Masses; at Coffee Hour following the 8:00am, 10:00am, and 12 Noon Masses. Souvenir t-shirts are also available in the Bookstore for \$10. See the full page in this weekend's bulletin for details on this week's walks. It's not too late to join the adventure! *Information*, Maria Laughlin, 206-382-4284 or e-mail [mlaughter@stjames-cathedral.org](mailto:mlaughter@stjames-cathedral.org).

**FOURTH OF JULY HOLIDAY** The Parish Office will be closed Thursday, July 4 in observance of Independence Day. There will be one Mass in the Cathedral at 9:00am. The Cathedral will be closed immediately following the Mass. The parish office and Cathedral will be open as usual on July 5.

**FIRST FRIDAY HOLY HOUR** On Friday, July 5, we will have Exposition of the Blessed Sacrament immediately following the 8:15am Mass. Exposition will continue until 1:00pm, with Holy Hour, including the singing of hymns and the rosary.

**THE ANNUAL CATHOLIC APPEAL** is winding to a close, but we are not there yet! We are still about \$50,000 short of our parish rebate goal of \$180,000. *We urgently need the rebate to fund our Family and Youth Ministry programs!* Please, if you have not already done so, make a gift to the Appeal. Go online to make your gift, [www.seattlearchdiocese.org/aca](http://www.seattlearchdiocese.org/aca). A gift of any size is welcome.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of SS Peter and Paul in Tacoma and Aberdeen, St. Anne Mission in Blaine and Tulalip; St. Thomas in Tukwila, and the Mission Church of St. Thomas in Clallam Bay.*



**BULLETIN STUFFERS** We are seeking people willing to help stuff our parish bulletins once or twice a month on Friday afternoons and/or Saturday mornings. If you would like to volunteer, contact John Marquez, 206-654-4646 or e-mail [jmarquez@stjames-cathedral.org](mailto:jmarquez@stjames-cathedral.org).

**FAITH BASICS: SIX SIMPLE SUMMER SESSIONS TO STRENGTHEN OUR FAITH** We are so pleased by your response to this new Summer series we are offering. Join us on Sundays 11:15-11:45 for faith refreshers that engage us with challenges, information, and fun. Each session stands alone and does not depend on your attendance at the earlier sessions. Designed for all ages! Remaining sessions are on June 30, July 7, 14, & 21 in Cathedral Place, room 411. *Information*, TerryAnn Bowen 206-382-2018 or [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org).

**YOUTH MIGRANT PROJECT** Attention High School Youth (Grades 9-12)! Are you interested in simple living and humble service? Do you desire to learn more about the justice issues associated with our local migrant workers? If so, God may be calling you to join us on this summer's Youth Migrant Project in the Skagit Valley, July 28–August 2. We will be sharing our week with St. Luke, Shoreline. Space is limited, so sign up now. Friends are welcome! *Information or to register*, Joe Cotton, [jcotton@stjames-cathedral.org](mailto:jcotton@stjames-cathedral.org).

**SUMMER FILM FESTIVAL** Back by popular demand! On Tuesday, July 9 we will host an encore showing of *The Way*, starring Martin Sheen. It is a powerful and inspirational story about family, friends, and the challenges we face while navigating this ever-changing and complicated world. Join the main character, Tom, as he discovers the difference between “the life we live and the life we choose.” This event is part of Camino Seattle. The film will be shown in Cathedral Hall at 7:00pm. Popcorn and lemonade will be provided and you are welcome to bring your favorite movie treats. *Information*, TerryAnn Bowen 206-382-2018 or [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org).

**THANK YOU FROM THE CATHEDRAL KITCHEN** Thanks to **Marci Jewelry** for sponsoring the Cathedral Kitchen's Memorial Day Dinner. Your generous support provided a special meal that served over 150 guests including many veterans. Thank you **Pagliacci Pizza** for serving your magnificent pizza at the Cathedral Kitchen Thursday, June 20. Our dinner guests really enjoyed your pizza and presence!

**CHILDREN'S FAITH FORMATION** Is God calling you to ministry among children and help them grow in their relationship with Jesus? The wonderful children in our parish need volunteers to help in Sunday School as catechists (teachers), assistants, a third supportive presence in class (another guardian angel!!!) or as the welcoming presence at the doors. Interview and background check required; all training is provided. *Information*, Lita McBride, 206-654-4658 or Brenda Bellamy, 206-661-5094.

**ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC?** You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to [www.stjames-cathedral.org/RCIA](http://www.stjames-cathedral.org/RCIA). A new inquiry session will begin Wednesday, July 10, at 7:00 pm in Cathedral Place, second floor. *Information*, TerryAnn Bowen, 206-382-2018 or [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org).

**CHILDREN'S CORNER DONATIONS** Our Babysitting Corner is in need of two new or gently used high chairs and one crib. We also need new toys, games and books for children ages 3 months through five years. Monetary donations to purchase new items will be gladly accepted. *Information*, Margaret Lynch in the Family Ministry Office, 206-382-4288 or [mlynch@stjames-cathedral.org](mailto:mlynch@stjames-cathedral.org).

**THE NEXT SENIOR TRIP** Friday, July 12, will take us back in time aboard a steam train. The all-day trip will include lunch at the Caboose Diner, the lonesome echo of the locomotive's whistle, and round trip travel to pristine Mineral Lake in the shadow of Mt Rainier. Space is limited and priority will be given to registered parishioners! *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or [jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org).

**YOU KNOW THE CATHEDRAL OFFERS ESL TO IMMIGRANTS, BUT DO YOU KNOW HOW THIS IMPACTS SEATTLE'S ECONOMY?** ESL and adult basic education leads to higher earnings which means increased spending and investments and improved job and housing markets. Find out what the fiscal impact is to federal, state, and local governments on page 5 of the report “Why Immigrant Integration is Good for Everyone” at the Cathedral's ESL website [www.stjames-cathedral.org/ESL](http://www.stjames-cathedral.org/ESL). *Information*, Christopher Koehler, 206-382-4511.

**PETER'S PENCE COLLECTION** This weekend, we take up our annual “Peter's Pence” collection, which supports the outreach and ministries of Pope Francis, especially his outreach to the poorest and most vulnerable in our world. Thank you for your generous response!

**DO YOU SEE TROUBLED PEOPLE AROUND YOU**, but feel helpless, and think that there is nothing you can do? Do you have compassion for those experiencing difficult life circumstances? Perhaps you are being called to learn more about the Cathedral's Mental Health Ministry. Meet some of the wonderful volunteers currently participating in this program, and find out how you can be a part of it, by attending the Open House TODAY in Gallagher Center, 9am – 2 pm. *Information*, Nancy Granger, RN, MSN, 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org).

# CAMINO SEATTLE

**Camino Seattle** is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 23, 2013 and ending July 28, 2013, the Feast of St. James.

## WEEK TWO | June 30-July 6

### *Journeying with Mary and Joseph*

#### Scripture

Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled." (Luke 1:39-45)

#### Reflection

The lives of the Holy Family were marked by many journeys. When Mary received the message of the angel, she journeyed to the hill country, to stay with her cousin Elizabeth. It was a journey of hope, love, and care. A few months later, Mary and Joseph went to Bethlehem: a journey driven by the duty to participate in the census of the

Roman Emperor. And then, the young family was forced to flee to Egypt because of persecution of Herod, a journey undertaken in fear and danger. Today, let us pray for families, that in all their journeys they may rely on God and one another for love and support.

#### Prayer

Mary our mother, when you received the message of the Angel, you "set forth in haste" and traveled through the hill country to share the good news with your cousin Elizabeth. May we who walk this Camino through the "hill country" of the beautiful place where we live be heralds of Christ's Gospel, who lives and reigns for ever and ever. Amen.



## This Week's Walks

*All walks are hosted by a Cathedral volunteer. No RSVP is required and the walks are "rain or shine"! Gather with the host at the designated meeting spot (visit [www.stjames-cathedral.org/camino](http://www.stjames-cathedral.org/camino) for details), join in the Camino prayer, and start walking!*

SUNDAY June 30, 11:15am ..... Catholic History Walk--First Hill/Central District (*gather outside bronze doors*)  
SUNDAY June 30, 1:00pm ..... Queen Anne Walk (*gather at Bhy Kracke Park*)  
SUNDAY June 30, 2:15pm ..... Tiger Mountain  
TUESDAY July 2, 7:30am ..... Seward Park and Mount Baker Morning Walk  
TUESDAY July 2, 2:00pm ..... Beautiful Beacon Hill's Chief Sealth Trail and Jefferson Park  
FRIDAY July 5, 7:00pm ..... Discovery Park  
SATURDAY July 6, 8:00am ..... Lincoln Park



*All participants in hosted walks receive a special stamp for their Camino passport.*

[www.stjames-cathedral.org/camino](http://www.stjames-cathedral.org/camino)



## MENTAL HEALTH MINISTRY

**TODAY!** Please drop by the MHM Resource Room Open House 9am 2pm**TODAY!**  
Meet MHM Volunteers, ask questions, get information on mental health resources, and learn about new programs coming to St. James

### **SPECIAL PRESENTATION AT 11:15 AM**

**TOPIC : PEARLS** (Program to Encourage Active, Rewarding Lives)

Learn About a Free, In Home Service For King County Residents and Particularly Veterans, Suffering From Chronic Depression , Isolation, and Low Motivation

**SPEAKER :** Paul Snow, M.A. Experienced Caseworker with City of Seattle

\*\*\*\*\*

### **TIME IS RUNNING OUT ! SIX AVAILABLE SLOTS LEFT**

REGISTER NOW FOR: **Family-to-Family Education Program**

This highly popular 12 week course developed by **NAMI** (National Alliance on Mental Illness) includes:

- Accurate information about Depression, Bipolar Disorder, Panic and Anxiety, Obsessive – Compulsive Disorder, Borderline Personality Disorder and co-occurring brain disorders and addictive disorders
- Up to date information about medications, side effects, and strategies for medication adherence
- Current research related to the biology of brain disorders and evidence based treatments to promote recovery
- Gain empathy by understanding the subjective, lived experience of a person with mental illness
- Learn problem solving, listening and communication techniques
- Acquire strategies for handling crisis and relapse
- How to care for the caregiver: coping with worry, stress and emotional overload
- \*Guidance on location of appropriate supports and services in the community

**BEGINS July 10<sup>th</sup> GALLAGHER CENTER 6:30 – 9:00PM**

Contact Nancy Granger, RN, MSN 206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)



# SENIOR TRIPS



THE NEXT SENIOR TRIP, Friday, July 12, will take us back in time aboard a steam train. The all-day trip will include lunch at the Caboose Diner, the lonesome echo of the locomotive's whistle, and round trip travel to pristine Mineral Lake in the shadow of Mt Rainier. Space is limited and priority will be given to registered parishioners!

If you've never been on one of our Senior Trips, please consider joining us. They are fun outings with fellow parishioners, and offer a chance to see notable northwest places you might not otherwise visit.

*For information, or to reserve a place, contact John Simpson, 206-274-3173  
[jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org)*

**SAVE THE DATE  
for this year's trips!**

- **August 14:** Mount Rainier Sunrise National Park
- **September 11:** Leavenworth
- **October 9:** Museum of Flight

