

Year of Faith



Camino Seattle begins!

Photograph of the camino, the pilgrim road, in Meseta, Spain, by Sandy Brown

ST. JAMES CATHEDRAL
The Twelfth Sunday in Ordinary Time
June 23, 2013

ORDER OF CELEBRATION FOR

The Twelfth Sunday in Ordinary Time

PRELUDE

All glory be to God on high, BWV 664

Johann Sebastian Bach

THE INTRODUCTORY RITES

ENTRANCE

Take up your cross

TALLIS CANON



1. Take up your cross, the Sav - ior said, If you would
2. Take up your cross, let not its weight Fill your weak
3. Take up your cross, heed not the shame, And let your
4. Take up your cross, then, in his strength, And calm - ly
5. Take up your cross, and fol - low Christ, Nor think till


my dis - ci - ple be; Take up your cross with
spir - it with a - larm; His strength shall bear your
fool - ish heart be still; The Lord for you ac -
ev - 'ry dan - ger brave: It guides you to a -
death to lay it down; For on - ly those who

will - ing heart, And hum - bly fol - low af - ter me.
spir - it up, And brace your heart and nerve your arm.
cept - ed death Up - on a cross, on Cal - v'ry's hill.
bet - ter home And leads to vic - t'ry o'er the grave.
bear the cross May hope to wear the glo - rious crown.

PENITENTIAL ACT

“Kyrie” from *St. James Mass for Peace*

Bern Herbolzheimer



1. & 3. Ky - ri - e - le - i - son.

2. Chri - ste e - le - i - son.

GLORIA (Sunday Evening) *Missa de angelis*, **No. 341** in Worship hymnal

Emma Lou Diemer/chant, adapt. John Lee

ALL



and on earth peace to peo-	ple of	good will.
we a-	dore	you,
for	your	great glory.
O God, almighty-	y Fa-	ther.
Lord God, Lamb of God,	Son of	the Father,
have	mer- cy	on us;
re-	ceive	our prayer;
have	mer- cy	on us.
you alone are the Most	High Je-	sus Christ,
in the glory of		
God the Father,	A - -	- men.

THE LITURGY OF THE WORD

Zechariah 12:10-11, 13:1

Psalm 63
Richard Proulx

Lord, — thirst - ing for you, my God. —

Galatians 3:26-29

St. James Mass for Peace
Bern Herbolsheimer

Al-le-lu - ia, al-le - lu - ia.

Luke 9:18-24

Father Michael G. Ryan

**consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
[all bow]
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
[all stand upright]**

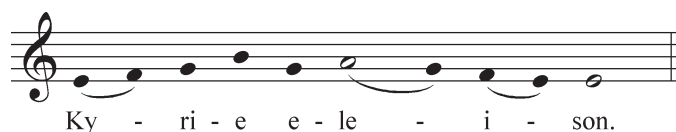
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,

who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

St. Kassia, the nun



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Psalm 42: Sicut cervus

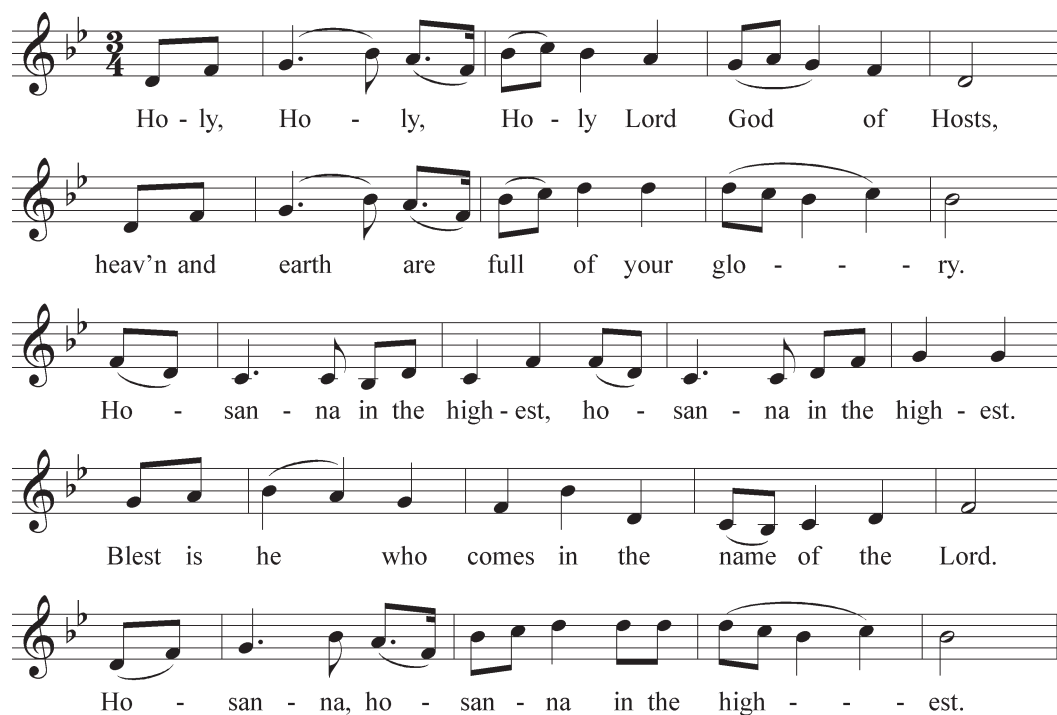
Giovanni Pierluigi da Palestrina

As the hart pants after the waterbrook, so pants my soul for thee, O God.

SANCTUS

Compostela Mass

Gustav Holst, arr. Michael G. Ryan



MEMORIAL ACCLAMATION

Holst/Michael G. Ryan



AMEN

Holst/Michael G. Ryan

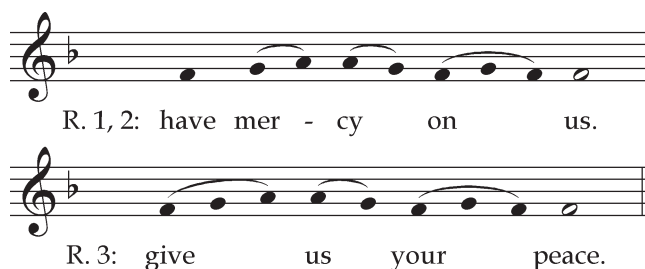


THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Vatican VIII



(10:00)

Vatican XVIII/Carol Sams

COMMUNION

If any man wishes to come after me, let him deny himself chant
and take up his cross and follow me.

(10:00)

His pilgrimage

Bern H. Herbolsheimer

GIVE me my scallop-shell of quiet,
My staff of faith to walk upon,
My scrip of joy, immortal diet,
My bottle of salvation,
My gown of glory, hope's true gage.
And thus I'll take my pilgrimage. – Sir Walter Raleigh

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE **No. 558 in Worship hymnal**

Father, we thank thee
RENDEZ A DIEU

THE CONCLUDING RITES

PROCESSION

Præludium in E Major
Vincent Lübeck

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Lita McBride, Children's Faith Formation (654-4658)
Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist
Stacey Sunde, Director of Youth Music
Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Caitlin Lanigan (206-382-4235)
Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,
Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Jane Mueller, Receptionist (206-654-4650)
Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME, SUMMER VISITORS! *St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. Last week, we had visitors from Estero, FL; Colorado Springs, CO; Ketchikan, AK; and many other places! The winner of our drawing was from Atkinson, NH.*

BE A PART OF CAMINO SEATTLE The pilgrimage begins today, June 23! Passports can be picked up after all Masses this weekend—in the Bookstore following the Saturday evening Mass; at Coffee Hour following the 8:00am, 10:00am, and 12 Noon Masses; and in the Chapel following Sunday evening Mass. Souvenir t-shirts are also available in the Bookstore for \$10. Our goal is to have 500 parishioners participate this year! Be a part of it! We need volunteers to host walks (a great way to share your favorite walk, park, or neighborhood with your parish community) as well as to give out stamps to Camino participants. *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughter@stjames-cathedral.org.

ANNUAL CATHOLIC APPEAL The Annual Catholic Appeal is winding to a close, but we are not there yet! We are still nearly \$70,000 short of our parish rebate goal of \$180,000. We urgently need the rebate to fund our Family and Youth Ministry programs! Please, if you have not already done so, make a gift to the Appeal. Envelopes are in the pews and chairs this weekend, or you can go online to make your gift, www.seattlearchdiocese.org/aca. A gift of any size is welcome.

MASS FOR DECEASED BISHOPS On Thursday, June 27 at 5:30pm, Archbishop Sartain will offer Mass for the deceased bishops of the Archdiocese of Seattle. We will give thanks and pray for those shepherds of this local Church, from Bishop Blanchet to Archbishop Murphy, who have gone home to God. All are welcome.

MINISTRIES DINNER On Thursday, June 27 is our annual Celebration of Ministries Dinner for all Cathedral volunteers. If you are a volunteer, and did not receive an invitation, please contact your ministry coordinator. It's not too late to RSVP!

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Thomas More in Lynnwood and St. John the Baptist in Covington.*

FAITH BASICS: SIX SIMPLE SUMMER SESSIONS TO STRENGTHEN OUR FAITH. Our exciting new summer offering is off to a good start! Join us on Sundays 11:15-11:45 for faith refreshers that engage us with challenges, information, and fun. Designed for all ages! June 23, 30, July 7, 14, & 21 in Cathedral Place, room 411. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

THE SPIRITUAL EXERCISES IN EVERYDAY LIFE is a nine month retreat format of the Spiritual Exercises of St. Ignatius of Loyola, with retreat communities meeting in Seattle and Tacoma, beginning in September and running through May. It is a powerful, life-changing program of prayer and reflection that can be done by busy people of varied backgrounds and Christian traditions in the midst of their daily lives. Retreatants commit themselves to praying everyday (ideally for one hour), meeting twice monthly with a Spiritual Director, and to attending monthly Saturday retreat days. *Information*. www.seelpugetsound.org or 206-721-3518.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session will begin Wednesday, July 10, 2013 at 7:00 pm in Cathedral Place, second floor. *Information*, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

FORTNIGHT FOR FREEDOM Once again, the Bishops of the United States have called on Catholics to pray for the preservation of religious freedom in the weeks leading up to Independence Day, June 21-July 4. You'll find a prayer for religious freedom on the Cathedral website, as well as links to web resources. This time of prayer will conclude with Mass on the Fourth of July at 9:00am in the Cathedral.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to the following children, baptized at the Noon Mass on Sunday, June 16: *Max Simeon Arceo Abanes, Rowan Gordon Buonadonna, Grace Veronica Maria Coluccio, Raphael Giorgio Coluccio, Valeria Chacon-Heredia, Sebastian Paskal Erikson, Owen James Fitzpatrick, Adrian Hugh Lockhart Garcia, Erin Elizabeth Oskar, Audrey Dana Stich, and Jackson James Colbourne.* We welcome with joy these newest members of the family of faith.

BULLETIN STUFFERS We are seeking people willing to help stuff our parish bulletins once or twice a month on Friday afternoons and/or Saturday mornings. If you would like to volunteer, please contact John Marquez, 206-654-4646 or e-mail jmarquez@stjames-cathedral.org.

YOUTH MIGRANT PROJECT Attention High School Youth (Grades 9-12)! Are you interested in simple living and humble service? Do you desire to learn more about the justice issues associated with our local migrant workers? If so, God may be calling you to join us on this summer's Youth Migrant Project in the Skagit Valley. July 28 – August 2. We will be sharing our week with St. Luke, Shoreline. Space is limited, so sign up now. Friends are welcome! *Information or to register*, Joe Cotton, jcotton@stjames-cathedral.org.

ST. JAMES YOUNG ADULTS are headed to Safeco Field to watch the Seattle Mariners take on the Chicago Cubs for a 7:10pm game on Friday, June 28. We have a block of seats reserved for us so it will be a chance to meet new people and watch a great ball game with friends. The evening is sure to end on a high note as the first ever post-game fireworks show will be happening that evening. Tickets are \$15 a person. Please contact Caitlin Lanigan, clanigan@stjames-cathedral.org or 206-382-4235, by Monday, June 24, if you wish to purchase a ticket.

THE ST. JAMES ORDER OF MALTA MENTAL HEALTH MINISTRY is proud to host another session of Family-to-Family Education Program. This highly popular program developed by NAMI (National Alliance on Mental Illness) provides accurate, up-to-date information about brain disorders, treatments, and medications, as well as information about local crisis centers, mental health services and support groups. This 12-week program includes the education and resources to help families through these trying times, as well as support and understanding from people going through similar experiences. Family-to-Family brings families back together. Meetings will take place in the Gallagher Center 6:30 – 9: pm, beginning July 10. Space is limited. Please register soon! *For information on how to register, or any other questions*, Nancy Granger, Parish Mental Health Nurse 206-382-4269 or ngranger@stjames-cathedral.org.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. *We strongly encourage you to register.* Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's quarterly journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates. Registration cards can be found in the vestibule. *If you are not sure whether or not you're registered, call the Parish Office, 206-622-3559.*

CAMINO SEATTLE

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 23, 2012 and ending July 28, 2012, the Feast of St. James.

WEEK ONE | June 23-June 29

Walking with Abraham, our father in faith

Scripture

The Lord said to Abram: "Go forth from your land, your relatives, and from your father's house to a land that I will show you. I will make of you a great nation, and I will bless you; I will make your name great, so that you will be a blessing. I will bless those who bless you and curse those who curse you. All the families of the earth will find blessing in you." Abram went as the Lord directed him, and Lot went with him. Abram was seventy-five years old when he left Haran. (Genesis 12:1-4)

Reflection

Abraham's faith in God is amazing. He is already an old man, and yet when God tells him to set forth for an unknown destination, he goes: from Haran to Egypt, and then north through Canaan to the promised land.



When God promises that he will be the father of a great nation, he believes. Abraham is far from perfect, and along the journey there are doubts and failures. But God is always with him, and Abraham always comes back to God. Today, let us pray that we may face the future with courage and hope. Let us pray for the elderly, that they may continue to welcome the adventure of life with trust in God.

Prayer

Standing on the parted shores of history,
we still believe what we were taught
before ever we stood at Sinai:

that wherever we are, it is eternally Egypt
that there is a better place, a Promised Land;
that the winding way to that promise passes
through the wilderness
that there is no way to get from here to there
except by joining hands, marching
together.

from Mishkan T'Filah, a Reform Siddur

This Week's Walks

All walks are hosted by a Cathedral volunteer. No RSVP is required and the walks are "rain or shine"! Gather with the host at the designated meeting spot (visit www.stjames-cathedral.org/camino for details), join in the Camino prayer, and start walking!

SUNDAY June 23, 7:45am..... Green Lake Loop
SUNDAY June 23, 2:00pm Washington Park Arboretum & Foster Island Trail
TUESDAY June 25, 7:30am Seward Park and Mount Baker Morning Walk
TUESDAY June 25, 6:30pm T.T. Minor and Central District
FRIDAY June 28, 9:30am Ravenna Park and University of Washington
FRIDAY June 28, 7:00pm Olympic Sculpture Park & Myrtle Edwards
SATURDAY June 29, 7:45am Green Lake Loop
SATURDAY June 29, 8:00am Lincoln Park

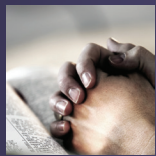


All participants in hosted walks receive a special stamp for their Camino passport.

www.stjames-cathedral.org/camino



A



FUTURE



FULL



OF



HOPE

YOU can impact the lives
of many people.

If you have not given already, will you choose to help, and give generously to support, the many ministries and services of the Church in Western Washington? Please consider **a dollar a day**, or an annual gift of \$365. We need your support - no gift is too small!

Imagine what we can accomplish if **everyone** gives.
Imagine what we can accomplish if **YOU** give.



Annual
CATHOLIC
Appeal 2013

www.seattlearchdiocese.org/donate

Join St. James **MENTAL HEALTH MINISTRY** for a special
RESOURCE CENTER PRESENTATION

Sunday, June 30, 2013

PAUL SNOW, MA, WILL PRESENT INFORMATION ON

PEARLS

(Program to Encourage Active, Rewarding, Lives),

A national evidence-based program

—started in Seattle—

that successfully treats people with
minor depression.

Presentation at 11:15 AM, following 10:00 AM Mass

MHM RESOURCE ROOM (Gallagher Center)

Resource Room Open 9:00 AM—2:00 PM

PEARLS Offers Free, In Home Services to King County Residents 50 and Over
Those with a major mental illness must be receiving psychiatric treatment

COME JOIN IN THE DISCUSSION!

For more information, contact

Nancy Granger, RN, MSN

(206) 382-4269 ngranger@stjames-cathedral.org