



Meseta, Spain, on the pilgrim road to Santiago de Compostela
photo by Rev. Dr. Sandy Brown, First United Methodist Church, Seattle

ST. JAMES CATHEDRAL
Sixteenth Sunday of Ordinary Time
July 22, 2012

ORDER OF CELEBRATION FOR

The Sixteenth Sunday in Ordinary Time

PRELUDE

Aubade


Vierne

THE INTRODUCTORY RITES


ENTRANCE

All people that on earth do dwell

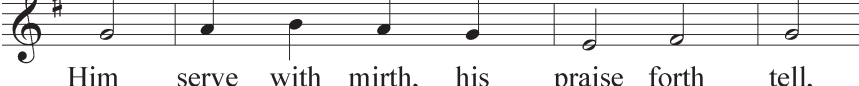
OLD 100TH



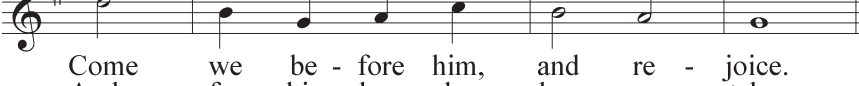
1. All peo - ple that on earth do dwell,
2. Know that the Lord is God in - deed;
3. O en - ter then his gates with praise;
4. For why? the Lord our God is good;
5. To Fa - ther, Son, and Ho - ly Ghost,



Sing to the Lord with cheer - ful voice;
With - out our aid he did us make;
Ap - proach with joy his courts un - to;
His mer - cy is for ev - er sure;
The God whom heav'n and earth a - dore,



Him serve with mirth, his praise forth tell,
We are his folk, he does us feed,
Praise, laud, and bless his Name al - ways,
His truth at all times firm - ly stood,
From us and from the an - gel host



Come we be - fore him, and re - joice.
And for his sheep he does us take.
For it is seem - ly so to do.
And shall from age to age en - dure.
Be praise and glo - ry ev - er - more.

PENITENTIAL ACT

Missa de angelis

Vatican VIII



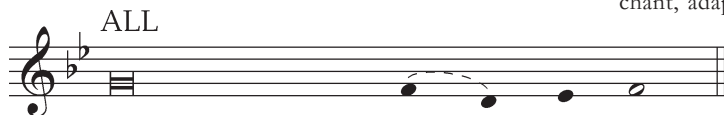
Have _____ mer - cy on us.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

GLORIA (Sunday Evening) *Missa de angelis*, **No. 341 in red** Worship hymnal

GLORIA (all other Masses)

chant, adapt. Lee



*Glory to God in the highest,
We praise you, we bless you,
we glorify you, we give you thanks
Lord God, heavenly King,
Lord Jesus Christ, Only Begotten Son,
you take away the sins of the world,
you take away the sins of the world,
You are seated at the right hand
of the Father,
For you alone are the Holy One,
you alone are the Lord,
with the Holy Spirit,*

and on earth peace to people of good will.
we adore you,
for your great glory.
O God, almighty Father.
Lord God, Lamb of God, Son of the Father,
have mercy on us;
receive our prayer;
have mercy on us.
you alone are the Most High Jesus Christ,
in the glory of
God the Father, Amen.

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Jeremiah 23:1-6

RESPONSORIAL PSALM

Psalm 23
Proulx



The Lord is my shep-herd, there is no - thing I shall want.

SECOND READING

Ephesians 2:13-18

ALLELUIA

Berthier



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le -

lu - ia, al - le - lu - ia, al - le - lu - ia!

GOSPEL

Mark 6:30-34

HOMILY

Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Berthier



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

My shepherd is the living Lord
Tomkins

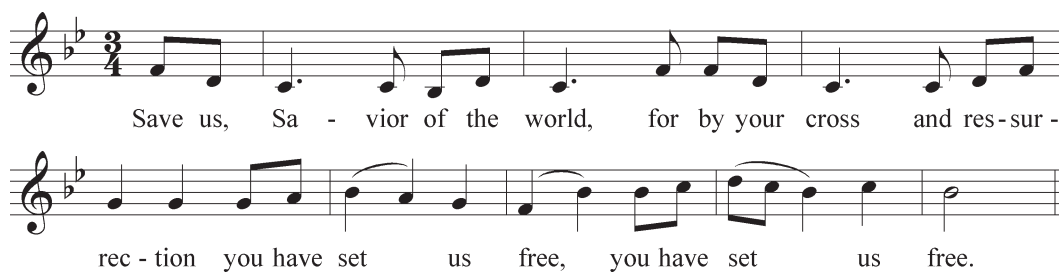
SANCTUS

Compostela Mass
Holst, adapt. Ryan

Ho - ly, Ho - ly, Ho - ly Lord God of Hosts,
heav'n and earth are full of your glo - - - ry.
Ho - san - na in the high - est, ho - san - na in the high - est.
Blest is he who comes in the name of the Lord.
Ho - san - na, ho - san - na in the high - - - est.

MEMORIAL ACCLAMATION

Holst, adapt. Ryan



AMEN

Holst, adapt. Ryan



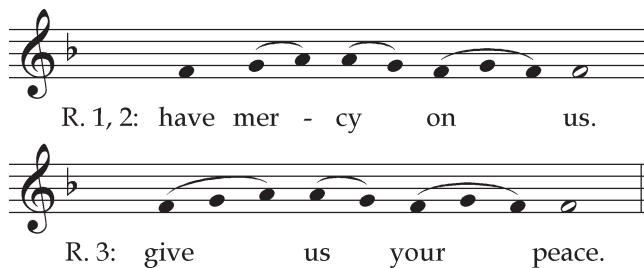
THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Missa de angelis

Vatican VIII



COMMUNION

The sparrow has found herself a home, and the turtledove chant
a nest in which to lay her young: at your altar, O Lord of hosts,
my King and my God! Blessed are they who dwell in your house;
they shall praise you for ever and ever.

(10:00 & Noon)

Ubi caritas et amor

Langlais

Where true love and charity are found, God is always there.

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE **No. 606 in red Worship hymnal**

My shepherd will supply my need

RESIGNATION

THE CONCLUDING RITES

PROCESSION

Toccata in B-flat Minor

Vierne

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Suzanne Lee (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist
Stacey Sunde, Director of Youth Music
Thomas Thompson, Coordinator of Special Projects

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Elizabeth Falzone, Receptionist (206-654-4650)
Lee Bedard, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME, SUMMER VISITORS! *St. James is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. You are most welcome in this holy place! Last week, we had visitors from Toms River, NJ; Clinton Township, MI; Fresno, CA, and many other places. The winner of our drawing was from Brownstown, MI.*

FLOWERS AT THE ALTAR are from the family of José Accardi Oyarzun on the anniversary of his death.

SOUND SYSTEM SURVEY Thank you to all who participated in last weekend's survey about our Cathedral sound system. Given the volume of responses we received, it will take some time to tabulate all of them. However, we intend to report back to you on the results before the end of the summer.

ROSARY WALK TODAY AFTER 10:00AM MASS You're invited to join a special Camino Seattle walk today. We'll gather in the Cathedral Courtyard at 11:30am, and walk to Ignatius Chapel, Immaculate Conception, Holy Names Academy, and St. Joseph's Parish, praying the rosary along the way. The walk is a little over four miles. All are welcome!

CAMINO SEATTLE IS IN ITS FINAL STRETCH You can collect your stamps for the week at coffee hours after the morning Masses, or in the Bookstore following the evening Masses. Be sure to come to the 10:00am or Noon Mass next Sunday, the Feast of St. James, for a special blessing. All Camino Seattle participants will receive a gift at the Parish Picnic as well! www.stjames-cathedral.org/camino.

THE TUDOR CHOIR AND TALLIS SCHOLARS CONCERTS On Sunday, July 22, at 8:00pm, these extraordinary singers of sacred music return to St. James for their annual summer school opening concert. Friday, July 27, 8:00pm, the Tallis Scholar Summer School Chorus will present a closing concert. *Information* www.tudorchoir.org. For "parishioner pay-as-able passes" call the Music Office, 206-382-4874.

ANNUAL CATHOLIC APPEAL We are still \$30,072 short of reaching our Annual Catholic Appeal goal for the year. If you have not yet made a donation, please consider doing so today. The need is urgent! Visit www.seattlearchdiocese.org/aca to make a gift or pledge online.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Mary Magdalene in Everett, St. Ann in Seattle, Tacoma, and Forks; and St. Olaf in Poulsbo.*

ASSISTANT FOR SOCIAL OUTREACH The parish has a job opening for a person to assist in our Social Outreach ministries. This position will involve direct ministry and program supervision as well as administrative support. It is a full time position with an Archdiocesan Benefits package. Excellent computer skills, including Microsoft Office Suite essential; Expression Web helpful. *Information*, 206-622-3559.

CATHEDRAL BOOK GROUP Join us on Tuesday, July 24 at 7:00pm in the Holy Names Room, Pastoral Outreach Center, for a discussion of Father Kevin Codd's illuminating account of his pilgrimage to Santiago de Compostela, *To the Field of Stars*. He describes his thirty-five day walk across Spain, shares stories of fellow pilgrims, and describes with candor his challenges and triumphs along the way. *To the Field of Stars* is available now in the Cathedral Bookstore. *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

AUGUST SUMMER CHOIR Mark your calendars now for our annual come one-come all Summer Choir at the noon mass on the Sundays of August. The rehearsal is at 11:15am. All ages, all voice types are welcome. You can add to the musical joy of our prayer even if you do not have any vocal or choral training. *Information*, Music Office, 206-382-4874.

PARISH PICNIC VOLUNTEERS URGENTLY NEEDED! This year's picnic will be Sunday, July 29 from 11:30am-3:00pm. Many volunteers are needed to help throughout the day, doing everything from setup early in the morning, to popping popcorn, flipping burgers, running a bingo game, and much more! Please contact Alexandra Mummery if you are available to help out! 206-484-8434 or alexandramummery@gmail.com.

CATHEDRAL CHOIR AUDITIONS There are a few openings this coming year in the Cathedral Choir for singers with excellent sight-reading skills. *Information*, 206-382-4874 or musicoffice@stjames-cathedral.org.

THE ST VINCENT DE PAUL conferences of St. James thank cathedral parishioners for their generous donations last month. June was a very busy month. We made a total of 84 home visits to our low income neighbors! Your contributions allowed us to keep 54 individuals and families from being evicted from their homes, and to prevent utility shut-offs for 11 households. We provided food for 26 families, beds and furniture for 11 households, and clothes for 3 people. We also assisted 9 people with transportation costs. Our priority is preventing homelessness, which makes your contributions go a long way. Helping our neighbors pay their rent is far cheaper than picking up the pieces after they lose their homes. Members of the St. Vincent de Paul Society bear witness to Christ's compassionate and liberating love, through person-to-person contact, making our home visits in pairs. Please consider joining our ministry to the poor among us. *Information*, Rob Millar 206-954-8902 and Tammy Bendix 206-595-9158.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to Angela Rassilyer & Travis Greenfield, married in the Cathedral on Saturday, July 14. Please pray for them as they begin their new life together.

REST IN PEACE Please pray for the repose of the souls of Cynthia Allen, Margaret Louise McKay and Hank Harman.

THE CATHEDRAL KITCHEN NEEDS PLASTIC BAGS for our guests who take leftover food with them. Please save your plastic bags and bring them to the Parish Hall kitchen on Sunday morning, or to the Parish Office, Monday-Friday, 9:00am-6:00pm. Thank you for your help. *Information*, Jill McAuliffe, 206-264-2091.

CHILDREN'S FAITH FORMATION We need parishioners who are willing to commit an hour and a half of their Sunday mornings to assist in the Children's Faith Formation program as teachers, assistants, doorkeepers, helpers. Sharing the love of Jesus with his little ones could be your call! *Information*, Lita McBride, 206-654-4658 or lmcbride@stjames-cathedral.org.

WILL YOU ASSIST A PERSON WHO WANTS TO BECOME CATHOLIC? We continue to have new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. The time commitment is reasonable – two Wednesday evening sessions a month. Training and support are provided. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

Getting to know Good Pope John

On September 30, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral.

On his election as Pope: "I remembered Jesus' warning: 'Learn of me, for I am meek and humble of heart.' Dazzled by the television lights, I could see nothing but an amorphous, swaying mass. I blessed Rome and the world as though I were a blind man. As I came away I thought of all the cameras and lights that from now on, at every moment, would be directed on me. And I said to myself: if you don't remain a disciple of the gentle and humble Master, you'll understand nothing even of temporal realities. Then you'll really be blind."

Related in the Wit & Wisdom of Good Pope John



CAMINO SEATTLE

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 24, 2012 and ending July 29, 2012, the Feast of St. James.

STAGE FIVE: Ponferrada

Ponferrada takes its name from the Latin *pons ferratus*, “iron bridge.” In the 11th century, the Bishop of Astorga had an iron bridge built over the river Sil for the convenience of pilgrims to Santiago de Compostela, and after that the town became an essential part of the Camino. The waters here, the 12th century Pilgrim’s Guide points out, “are sweet and healthy to drink.”

Reflection: Building Bridges

“One of the recurring mysteries of this experience is the fascinating manner in which relationships come about. From out of the crowd one first notices others, then one meets those others, then one gets to know the others, then one has friends for life.... The set of random circumstances that collude to bring two or three people together at the same time at the same place, the odd glance, a moment of eye contact here and a simple greeting there, a meeting of one person’s bad morning with another’s freshness on the road, well, it all seems, after the fact, to be too much to be blind coincidence. It seems like a mystery, like God at play.” Father Kevin Codd

On this Camino Seattle, what friends have you made, or what friendships have you deepened? What bridges have you built? How have you seen God at play?



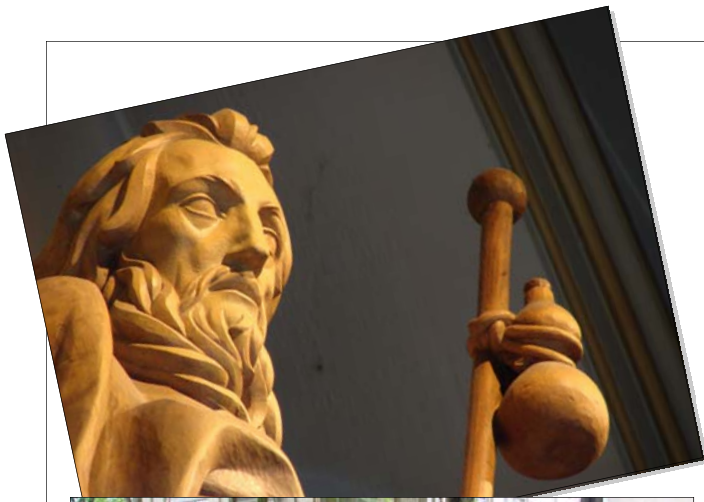
Templar Castle in Ponferrada

Advice for Pilgrims

Pilgrims, whether poor or rich, who return from or proceed to Santiago, must be received charitably and respectfully by all. For he who welcomes them and provides them diligently with lodging will have as his guest no merely the Blessed James, but the Lord himself, who in His Gospels said: “He who welcomes you, welcomes me.” (*From the 12th-century Pilgrim’s Guide*)

Prayer for Today

Lord Jesus Christ,
Divine Pilgrim,
on the road to Emmaus
you walked in hidden glory among your disciples
and revealed yourself to them
in the breaking of the bread.
Be with us on our journey,
to open the Scriptures and break the bread.
You live and reign for ever and ever. Amen.



PARISH PICNIC

on the Feast of
St. James

Sunday, July 29, 2012
11:30am-3:00pm

This year we celebrate our beloved pilgrim patron, Saint James, at Masses on July 28-29.

The celebration continues at the annual parish picnic on Terry Avenue, Sunday, July 29, 11:30am-3pm, with friends, food, games, prizes, and more. This is a great moment to be together and celebrate!

Many volunteers are needed!
Please contact Alexandra Mummery if you are available to help out! 206-484-8434 or e-mail alexandramummery@gmail.com.

Information
www.stjames-cathedral.org





St James Cathedral/Order of Malta Mental Health Ministry

MENTAL HEALTH MINISTRY RESOURCE CENTER

- **July 29th 2012 9am-2pm**
- **MHM Resource Center Open House**

Located in lower level of the Rectory – in the old Gallagher Center

- corner of 9th and Columbia - enter off of Columbia

We offer information and support in many ways:

- **Information** – related to mental health/illness, emotional distress, living well, etc. We have books, brochures, and other materials.
- **Referrals** – related to where one can receive professional and medical assistance. We have reference sheets to take with you.
- **Companioning** – someone to listen, talk to, guide you through.....

We will also offer **Blood Pressure checks** and information related to:

- stress and anxiety
- how to lower your stress and anxiety
- how to control your blood pressure
- learn relaxation techniques

Come and explore and feel welcome as we learn together.

Beth Rose, RN Parish Mental Health Nurse - 206-382-4269 – brose@stjames-cathedral.org
www.stjames-cathedral.org/mhm