



Santo Domingo, Spain, on the pilgrim road to Santiago de Compostela
photo by Rev. Dr. Sandy Brown, First United Methodist Church, Seattle

ST. JAMES CATHEDRAL
Fifteenth Sunday of Ordinary Time
July 15, 2012

ORDER OF CELEBRATION FOR

The Fifteenth Sunday in Ordinary Time

PRELUDE

“Pastorale” from *Sonata No. 1 in D Minor*

Guilmant

THE INTRODUCTORY RITES

ENTRANCE

Lord, you give the great commission

HYFRYDOL



1. Lord, you give the great com - mis - sion, “Heal the
2. Lord, you call us to your ser - vice: “In my
3. Lord, you make the com - mon ho - ly: “This my
sick and preach the word,” Lest the Church ne -
name bap - tize and teach.” That the world may
bod - y, this my blood.” Let us all, for
glect its mis - sion, And the Gos - pel go un -
trust your pro - mise, Life a - bun - dant meant for
earth’s true glo - ry, Dai - ly lift life heav - en -
heard. Help us wit - ness to your pur - pose,
each. Give us all new fer - vor, draw us
ward, Ask - ing that the world a - round us
With re - newed in - te - gri - ty;
Clos - er in com - mu - ni - ty; With the Spir - it’s
Share your chil - dren’s lib - er - ty;
gifts em - pow’r us for the work of min - is - try.

PENITENTIAL ACT

Vatican XVI



1 & 3. Ky - ri - e e - lei - son.



2. Chri - ste e - lei - son.

(10:00 & Noon)

“Kyrie” from *Messe brève in C Major*

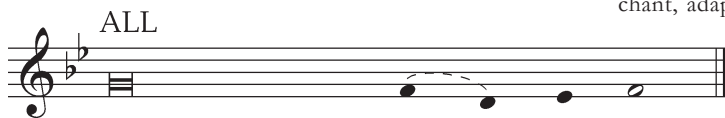
Gounod

DISMISSAL TO THE CHILDREN’S LITURGY OF THE WORD (Noon)

GLORIA (Sunday Evening) *Missa de angelis*, **No. 341** in red **Worship hymnal**

(all other Masses)

chant, adapt. Lee



*Glory to God in the highest,
 We praise you, we bless you,
 we glorify you, we give you thanks
 Lord God, heavenly King,
 Lord Jesus Christ, Only Begotten Son,
 you take away the sins of the world,
 you take away the sins of the world,
 You are seated at the right hand
 of the Father,
 For you alone are the Holy One,
 you alone are the Lord,
 with the Holy Spirit,*

and on earth peace to peo-	ple of	good will.
we a-	dore	you,
for	your	great glory.
O God, almighty-	y Fa-	ther.
Lord God, Lamb of God,	Son of	the Father,
have	mer- cy	on us;
re-	ceive	our prayer;
have	mer- cy	on us.
you alone are the Most	High Je-	sus Christ,
in the glory of		
God the Father,	A - -	- men.

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Amos 7:12-15

RESPONSORIAL PSALM

Psalm 85

Carroll



Lord, let us see your kind-ness, and grant us your sal - va-tion.

SECOND READING

Ephesians 1:3-14

ALLELUIA No. 286

Vulpius

GOSPEL

Mark 6:7-13

HOMILY

Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Berthier



Ky-ri-e, Ky-ri-e e-le-i-son.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS (10:00 & Noon)

Deus Abraham
Saint-Saëns

SANCTUS

Community Mass
Proulx



Ho-ly, ho-ly, ho-ly Lord, God of hosts. Heav'n and



earth are full of your glo-ry. Ho-san-na in the high-est, ho-



san-na in the high-est. Blest is he who comes in the name of the



Lord. Ho-san-na in the high-est, ho-san-na in the high-est.

MEMORIAL ACCLAMATION

Proulx



When we eat this Bread and drink this Cup, we pro-



claim your Death, O Lord, un-til you come a-gain.

AMEN

Proulx



A-men, a-men, a-a-a-men.

THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Proulx



1. 2. Lamb of God, you take a-way the sins of the



world: have mer-cy on us. 3. Lamb of God, you



take a-way the sins of the world: grant us peace.

COMMUNION

The sparrow has found herself a home, and the turtledove chant
a nest in which to lay her young: at your altar, O Lord of hosts,
my King and my God! Blessed are they who dwell in your house;
they shall praise you for ever and ever.

(10:00 & Noon)

O salutaris hostia
Dupré

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE

Forth in the peace of Christ
TALLIS' CANON



1. Forth in the peace of Christ we go; Christ to the
2. Priests of the world, Christ sends us forth The world of
3. Christ's are our lips, his word we speak; Proph - ets are
4. We are the Church; Christ bids us show That in his



world with joy we bring; Christ in our minds, Christ
time to con - se - crate, This world of sin by
we whose deeds pro - claim, Christ's truth in love that
Church all na - tions find Their hearth and home where



on our lips, Christ in our hearts, the world's true King.
grace to heal, Christ's world in Christ to re - cre - ate.
we may be Christ in the world, to spread Christ's name.
Christ re - stores True peace, true love, to hu - man - kind.

THE CONCLUDING RITES

PROCESSION

"Final" from *Sonata No. 1 in D Minor*
Guilmant
Carillon
Vierne

(8:00)

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Suzanne Lee (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist
Stacey Sunde, Director of Youth Music
Thomas Thompson, Coordinator of Special Projects

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Elizabeth Falzone, Receptionist (206-654-4650)
Lee Bedard, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME, SUMMER VISITORS! *St. James is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. You are most welcome in this holy place! Last week, we had visitors from Jersey City, NJ; Orange, CA; Duncan, BC, and many other places. The winner of our drawing was from Loganville, GA.*

CATHEDRAL PAINT AND REPAIR You may have noticed that a significant paint and repair project is taking place in the west nave of the Cathedral. In the 18 years since the Cathedral was renovated, there has been some water damage at the upper level and normal wear and tear at the lower level. *Some gifts from generous parishioners have made it possible for us to take on this project.*

FLOWERS AT THE ALTAR are from the Saturday wedding of Angela Rassilyer and Travis Greenfield.

SATURDAY 5:30 CHOIR We welcome back to St. James the men's chant choir, Peregrine, Bill McJohn, director.

CAMINO SEATTLE IS UNDERWAY! You can collect your stamps for the week at coffee hours after the morning Masses, or in the Bookstore following the evening Masses. Also: t-shirts are back in stock in the Cathedral Bookstore! www.stjames-cathedral.org/camino.

ANNUAL CATHOLIC APPEAL We are still \$36,368 short of reaching our Annual Catholic Appeal goal for the year. This past week, a final mailing went out to those who have not yet responded. If you have not yet made a donation, please consider doing so today! The need is urgent! Visit www.seattlearchdiocese.org/aca to make a gift or pledge online.

CAMINO STORY NIGHT Join us on Tuesday, July 17 at 7:00pm in the Cathedral Chapel, for an evening with pilgrims who have walked the Camino to Santiago de Compostela. They will share the highlights (and the low points!) of the experience, and talk about the spiritual meaning of the pilgrimage as well as some of the practical ins and outs. If you are considering doing the Camino, or if you just want to travel vicariously, this evening is for you. There will be plenty of time for questions and answers as well.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parish of St. Bridget in Seattle and the Carmelite Monastery of St. Joseph in Shoreline.*

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to Gabriel Carlos Malla, Steven Toshi Halasz, Isaac Aran Munro-Lynch, and Jaxon Pahlmeyer Schneider, baptized in the Cathedral on Sunday, July 8. We welcome with joy these newest members of the family of faith.

REST IN PEACE Please pray for the repose of the soul of Dan DeMatteis, Jr., son of Dan & Carol DeMatteis.

BOAT TOUR OF DUWAMISH WATERWAY The St. James Environmental Justice Committee is joining with the Duwamish River Cleanup Coalition and other Seattle faith communities in a prayerful and reflective boat tour of the Lower Duwamish River. The tour will provide an opportunity to learn about the state of Seattle's major river as well as its people, and to explore ways to live out our call to practice environmental justice. Saturday, August 18, 10:00. Registration required; suggested donation: \$20 presale, \$25 day of tour. *Information and to register:* Patty Bowman, 206-382-4515 or pbowman@stjames-cathedral.org.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session began last week, but it's not too late to join! Wednesday, July 18 at 7:00 pm in Cathedral Place, second floor. *Information,* TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

THE TUDOR CHOIR AND TALLIS SCHOLARS CONCERTS On Sunday, July 22, at 8:00pm, these extraordinary singers of sacred music return to St. James for their annual summer school opening concert. Friday, July 27, 8:00pm, the Tallis Scholar Summer School Chorus will present a closing concert. *Information* www.tudorchoir.org. For “parishioner pay-as-able passes” call the Music Office 206-382-4874.

Getting to know Good Pope John

On September 30, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral.

“Give all, but without expectation or hope of recompense.”



I am in your midst.... OPPORTUNITIES TO SERVE

CHILDREN'S FAITH FORMATION We need parishioners who are willing to commit an hour and a half of their Sunday mornings to assist in the Children's Faith Formation program as teachers, assistants, doorkeepers, helpers. Sharing the love of Jesus with his little ones could be your call! *Information,* Lita McBride, 206-654-4658 or lmcbride@stjames-cathedral.org.

WILL YOU ASSIST A PERSON WHO WANTS TO BECOME CATHOLIC? We continue to have new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. The time commitment is reasonable – two Wednesday evening sessions a month. Training and support are provided. *Information,* TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

IS HOSPITALITY YOUR GIFT? WHAT YOU TRULY ENJOY? We are looking for a “few good people” to assist in setting up, greeting participants, and putting things away for our weekly RCIA gathering. The time commitment is once a month from 6:00-9:30pm. It is a great way to meet new people and support an important parish ministry. *Information,* TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

CATHEDRAL CHOIR AUDITIONS There are a few openings this coming year in the Cathedral Choir for singers with excellent sight-reading skills. *Information,* 206-382-4874 or musicoffice@stjames-cathedral.org.

PARISH PICNIC VOLUNTEERS URGENTLY NEEDED! This year's picnic will be Sunday, July 29 from 11:30am-3:00pm. Many volunteers are needed to help throughout the day, doing everything from setup early in the morning, to popping popcorn, flipping burgers, running a bingo game, and much more! Please contact Alexandra Mummery if you are available to help out! 206-484-8434 or e-mail alexandramummery@gmail.com.

CATHEDRAL BOOK GROUP Join us on Tuesday, July 24 at 7:00pm in the Holy Names Room, Pastoral Outreach Center, for a discussion of Father Kevin Codd's illuminating account of his pilgrimage to Santiago de Compostela, *To the Field of Stars*. He describes his thirty-five day walk across Spain, shares stories of fellow pilgrims, and describes with candor his challenges and triumphs along the way. *To the Field of Stars* is available now in the Cathedral Bookstore. *Information,* Maria Laughlin, 206-382-4284 or e-mail mllaughlin@stjames-cathedral.org.

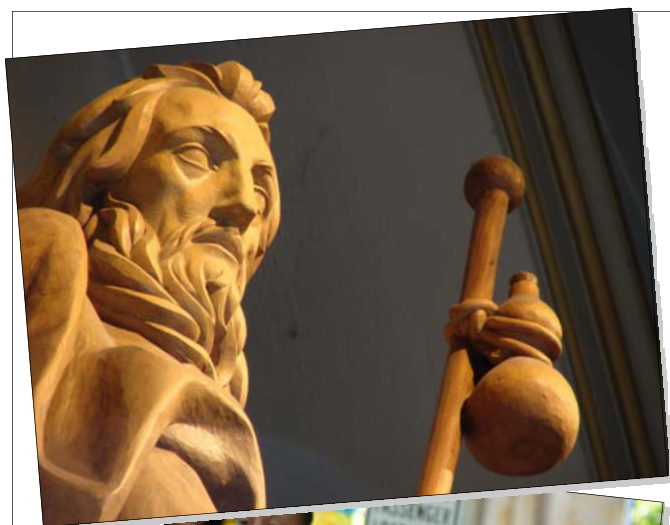
Dear Friends,

We have long been aware of problems with the Cathedral's sound system. It is a large building with huge challenges when it comes to sound delivery and clarity. Over the years we have spent very large sums of money to improve and upgrade the system and many of you have expressed appreciation for the improvements. Nonetheless, we are aware that problems persist and are committed to doing everything possible to address them.

This weekend, at the conclusion of each Mass, we will all take a moment to fill out a simple, brief survey on the sound system. Your input will be very helpful.

Thank you in advance for your participation.


Father Ryan



PARISH PICNIC on the Feast of St. James

Sunday, July 29, 2012
11:30am-3:00pm

This year we celebrate our beloved pilgrim patron, Saint James, at Masses on July 28-29.

The celebration continues at the annual parish picnic on Terry Avenue, Sunday, July 29, 11:30am-3pm, with friends, food, games, prizes, and more. This is a great moment to be together and celebrate!

Many volunteers are needed! Please contact Alexandra Mummery if you are available to help out! 206-484-8434 or e-mail alexandramummery@gmail.com.

www.stjames-cathedral.org

CAMINO SEATTLE

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 24, 2012 and ending July 29, 2012, the Feast of St. James.

STAGE FOUR: LEON

The city of Leon started out as a Roman military garrison about the middle of the first century AD. In later centuries, the city was the site of many battles between the Spaniards and the Moors, and its architecture shows a blend of many styles. Since the Middle Ages, pilgrims stop at the Real Basilica de San Isidoro where the relics of Saint Isidore of Seville are venerated. Saint Isidore was a seventh-century Archbishop of Seville, renowned for his holiness and learning. He is credited with the authorship of the first encyclopedia, and is venerated as the patron saint of the Internet! The Cathedral of Leon is especially noted for its magnificent stained glass windows.

Reflection: Halfway There

We are halfway there. It can be a weary time for the walker, knowing that there is still a long way to go. The first enthusiasm is over, and perhaps the scenery is getting repetitive. We don't stride along – we just put one foot in front of the other.

There are halfway points in the spiritual life as well, when the joy seems to evaporate, and worries prey on us instead. In the guest book at a refugio along the Camino, someone wrote these wise words: "Worrying is praying for what you don't want."

What worries weigh you down as you walk today? Can you let those worries go and concentrate on the present, and the gifts God has given you, just for today? Who most needs your prayers at this midpoint of the journey?



Leon Parador. Photo by Rev. Dr. Sandy Brown. Be sure to visit the Cathedral Chapel for an exhibit of Dr. Brown's photographs of the Camino.

Medieval advice for Pilgrims

If perchance you cross this land in summertime, guard your face diligently from the enormous flies that greatly abound there and which are called in the vulgar wasps or horseflies; and if you do not watch your feet carefully, you will rapidly sink up to your knees in the sea-sand copiously found all over. (p. 91)

Prayer for Today (Thérèse of Lisieux)

My life is but an instant, a passing hour;
My life is a moment that escapes me and flies away.
You know, my God, that to love you here on earth
I only have today!
What does it matter to me, Lord,
if the future is uncertain?
If I dream about tomorrow, I fear my inconstancy,
And my heart grows sad and weary.
My God, let me endure my trials and sufferings
Just for today.

Joy and Hope in Christ: Vatican II

Part 13 in a series

July 15, 2012

This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we mark this milestone anniversary by celebrating the Council, and exploring its teachings through bulletin inserts, lectures, and a variety of special events. You'll find this entire series at the Cathedral website, www.stjames-cathedral.org.

The Council and Christian Unity

Christian Unity was one of the primary themes of the Second Vatican Council. Pope John XXIII announced the Council on January 25, 1959, following a service marking the end of the Week of Prayer for Christian Unity, and his opening address to the Council was called *Toward Christian Unity*. Pope John XXIII spoke of his desire for unity among Catholics, unity with non-Catholic Christians, and "unity of esteem" among Catholics and non-Christians.

Pope John was building on more than half a century of slow but sure progress in this area. The Week of Prayer for Christian Unity had begun in 1908, and had soon spread around the world. But Catholics were wary. In the Catholic view, Protestants were thought of as schismatics (the Orthodox or Anglican) or heretics (other Protestants). Catholics were forbidden to enter a non-Catholic church, even to attend a funeral, and weddings between Catholics and non-Catholics, while permitted, could not take place in the church—they usually happened in the rectory or the priest's office.

In 1927, Catholic theologians were invited to participate in an ecumenical gathering at Lausanne in Switzerland, but were forbidden to do so. "The union of Christians cannot be fostered otherwise than by promoting the return of the dissidents to the one true Church of Christ, which in the past they unfortunately abandoned," wrote Pope Pius XI in 1928 (quoted in *Keys to the Council*, p. 150). This severe approach began to thaw under Pope Pius XII, who allowed Catholics to participate in ecumenical meetings, where they learned from their non-Catholic colleagues, and formed friendships that would bear fruit at the Council.

While the Council did produce one document, *Unitatis Redintegratio*, which dealt specifically with relations with non-Catholic Christians, ecumenical themes emerged again and again in the various constitutions, declarations, and decrees. For example, *Dei Verbum*, the Constitution on Divine Revelation, encourages the joint preparation of Biblical texts and translations "by a common effort shared by our separated brethren... the resulting works can be used by all Christians" (22). And *Lumen Gentium*, the Constitution on the Church, paved the way for



In 1960, Pope John XXIII appointed Cardinal Augustin Bea as the first leader of the Secretariat for Promoting Christian Unity, a newly-established office in the Roman Curia. Cardinal Bea had a profound impact on the Council's teachings in the areas of ecumenism and inter-faith relations.

genuine ecumenical efforts in its acknowledgment of the good that exists outside the Catholic Church.

The Decree on Ecumenism builds on the teachings of *Lumen Gentium*. Christ established one Church, and we believe that one Church to "subsist" in the Catholic Church. But, "some, even very many, of the most significant elements and endowments which together go to build up and give life to the Church itself, can exist outside the visible boundaries of the Catholic Church: the written Word of God; the life of grace; faith, hope and charity, with the other interior gifts of the Holy Spirit, as well as visible elements. All of these, which come from Christ and lead back to him, belong by right to the one Church of Christ" (3). In other words, in spite of "defects," especially around acknowledgment of the See of Peter, the Eucharist, and the other sacraments, especially Holy Orders, we acknowledge that "the Spirit of Christ has not refrained from using them as means of salvation." Having made this important acknowledgment—which was unthinkable only a decade earlier!

—the decree goes on to speak of the practice of ecumenism, recommending shared prayer, though that sharing cannot yet be sacramental; thorough study of each other's traditions; joint missionary work; and clear exposition of Catholic teaching as means towards achieving Christian unity.

A careful distinction is made in the document between separated Churches in the East and in the West. The Eastern (Orthodox) Christians, having retained the apostolic succession and the sacraments, are to be considered as "sisters" (14), and the document points to the beauty of their worship, and the great tradition of the Eastern Fathers, as sources of enrichment for the Church in the west as well.

Before the end of the Council, Pope Paul VI showed how seriously he took the call to ecumenism. On December 7, 1965, at the solemn closing of the Council, he and Patriarch Athenagoras of Constantinople simultaneously lifted the bans of excommunication which each Church had imposed on the other, a first step towards understanding. As a Protestant observer remarked, "if the Church is able to express its regret for the past with such ease and humility, anything is possible."

Corinna Laughlin, Pastoral Assistant for Liturgy

Find out more about ecumenical efforts today by visiting the website of the World Council of Churches, www.oikumene.org. The Cathedral Bookstore has some great reading if you want to learn more about Vatican II.