



This is my beloved Son... listen to him

*Icon of the Transfiguration of the Lord.
Joan Brand-Landkamer, Cathedral Iconographer*

ST. JAMES CATHEDRAL
The Second Sunday of Lent

March 4, 2012

ORDER OF CELEBRATION FOR *The Second Sunday of Lent*

FIRST SUNDAY YOUTH CELEBRATION (Noon)

PRELUDE (10:00)

And after six days, Jesus took with him
Peter, James and John and led them up into
a high mountain apart by themselves.

Transfiguration
Hovhannes

THE INTRODUCTORY RITES

INTROIT

Introit for Second Sunday of Lent: *Tibi dixit*
adapt. Stratman



At the Noon Mass the children carry icons of saints, who are companions on the journey of Lent.

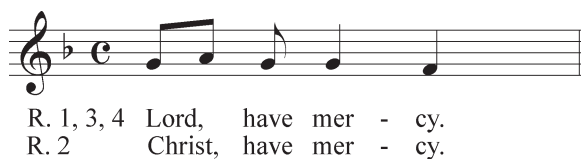
GREETING

Priest The Lord be with you.
ALL **And with your spirit.**

PENITENTIAL ACT

Priest Have mercy on us, O Lord.
ALL **For we have sinned against you.**
Priest Show us, O Lord, your mercy.
ALL **And grant us your salvation.**

Vatican XVII



COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

Genesis 22:1-2, 9a, 10-13, 15-18

RESPONSORIAL PSALM 116

Kreutz

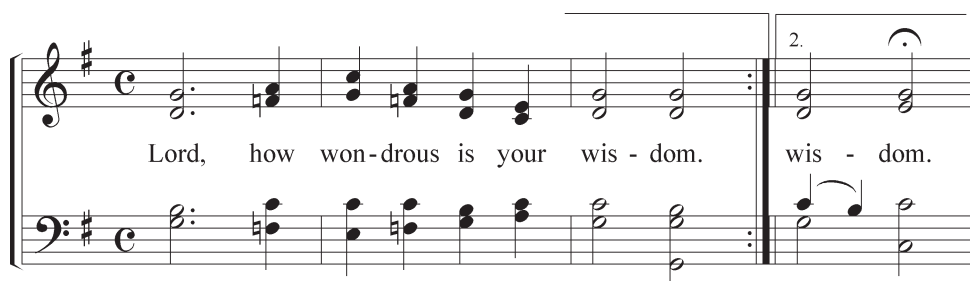


SECOND READING

Romans 8:31b-34

GOSPEL TRACT

Stratman



GOSPEL

Priest: The Lord be with you. ALL: **And with your spirit.**

Mark 9:2-10

HOMILY

Father David Brant

DISMISSAL OF THE ELECT

Cantor: I give them life long and full.

Stratman

ALL: **And I show them my power to save, says the Lord.**

CREED *chanted on one tone*

(10:00 and Sunday Evening)

Credo III

Presider *Credo in unum Deum,*

Schola Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things
visible and invisible.**

**I believe
in one Lord Jesus Christ,
the Only Begotten Son of God,**

**born of the Father
before all ages.**

**God from God, Light from Light,
true God from true God,**

**begotten, not made,
consubstantial with the Father;
through him all things were made.**

**For us men and for our salvation
he came down from heaven,**

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,
Fi - li - um De - i u - ni - ge - ni - tum.

Schola Et ex Patre natum ante omnia sæcula.

ALL

De - um de De - o, lu - men de lú - mi - ne,
De - um ve - rum de De - o ve - ro.

Schola Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

ALL

Qui pro-pter nos hó - mi - nes et prop-ter no-stram
sa - lú - tem de-scén-dit de cæ - lis.

ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,
et homo factus est.

ALL

Cru-ci - fi - xus é - ti - am pro no - bis

sub Pón-ti - o Pi-lá-to; pas-sus et se - púl - tus est.

**For our sake he was crucified
under Pontius Pilate,
he suffered death
and was buried,**

**and rose again on the third day
in accordance
with the Scriptures.**

Schola Et resurrexit tertia die, secundum Scripturas.

ALL

Et a - scén - dit in cæ - lum,

se - det ad dēx - te - ram Pa - tris.

**He ascended into heaven
and is seated
at the right hand of the Father.**

Schola Et iterum venturus est cum gloria,
judicare vivos et mortuos, cuius regni non erit finis.

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

ALL

Et in Spí - ri - tum San-ctum, Dó-mi-num et vi-vi-fí-

cán-tem: qui ex Pa-tre Fi-li-ó-que pro - cé - dit.

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from
the Father and the Son,**

Schola Qui cum Patre et Filio
simul adoratur et conglorificatur:
qui locutus est per prophetas.

**who with the Father and the Son
is adored and glorified,
who has spoken
through the prophets.**

ALL

Et u - nam, san - ctam, ca - thó - li - cam

et a - pos - tó - li - cam Ec - clé - si - am.

**I believe in one, holy,
catholic and apostolic Church.**

Schola Confiteor unum Baptisma in remissionem peccatorum.

**I confess one Baptism
for the forgiveness of sins**

ALL

Et ex-spe-cto re-sur-re-cti - o-nem mor-tu - o - rum.

**and I look forward
to the resurrection of the dead**

Schola Et vitam venturi sæculi.

**and the life
of the world to come.**

ALL

A - - - - - men.

Amen.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

And there appeared unto them, Elias, with Moses,
and there were talking with Jesus. And Peter answered
and said to Jesus: Master, it is good for us to be here.

Transfiguration
Hovhanness

INVITATION TO PRAYER

Priest Pray, brothers and sisters, that my sacrifice and yours
may be acceptable to God, the almighty Father.
ALL **May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

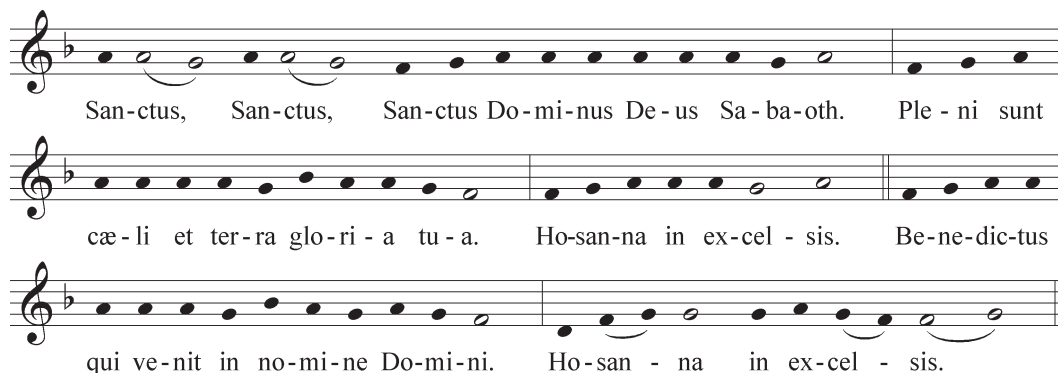
PRAYER OVER THE OFFERINGS

PREFACE DIALOGUE

Priest The Lord be with you.
ALL **And with your spirit.**
Priest Lift up your hearts.
ALL **We lift them up to the Lord.**
Priest Let us give thanks to the Lord our God.
ALL **It is right and just.**

SANCTUS

Vatican XVIII

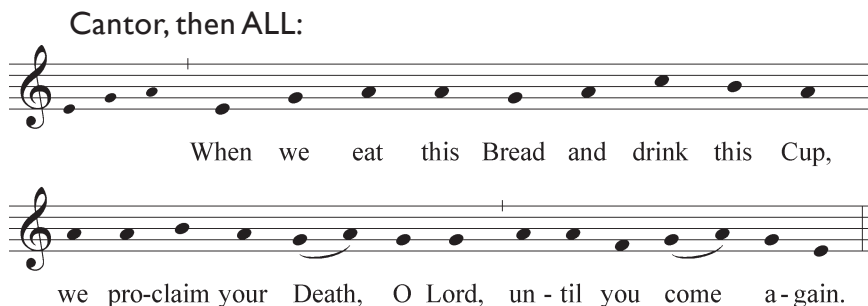


San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MEMORIAL ACCLAMATION

chant, *Roman Missal*

Cantor, then ALL:



When we eat this Bread and drink this Cup,
we pro-claim your Death, O Lord, un-til you come a-gain.

AMEN

chant

THE COMMUNION RITE

LORD'S PRAYER

SIGN OF PEACE

Priest The peace of the Lord be with you always.
ALL **And with your spirit.**



R. 1, 2 mi - se - re - re no - bis.
R. 3 do - na no - bis pa - cem.

INVITATION
TO COMMUNION

Priest Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.
ALL **Lord, I am not worthy**
that you should enter under my roof,
but only say the word and my soul shall be healed.

COMMUNION

(10:00)

Tell no one about the vision you have seen
until the Son of Man has risen from the dead.

And there was a cloud that overshadowed them,
and a voice came out of the cloud, saying:
This is my beloved Son: hear him.

Transfiguration
Hovhanness

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE

'Tis good, Lord, to be here
SWABIA



1. 'Tis good, Lord, to be here! Your
2. 'Tis good, Lord, to be here, Your
3. Ful - fill - er of the past! Prom -
4. Be - fore we taste of death, We
5. 'Tis good, Lord, to be here! Yet



glo - ry fills the night; Your face and gar - ments,
beau - ty to be - hold, Where Mo - ses and E -
ise of things to be! We hail your bod - y
see your king - dom come; We long to hold the
we may not re - main; But since you bid us



like the sun, Shine with un - bor - rowed light.
li - jah stand, Your mes - sen - gers of old.
glo - ri - fied, And our re - demp - tion see.
vi - sion bright, And make this hill our home.
leave the mount, Come with us to the plain.

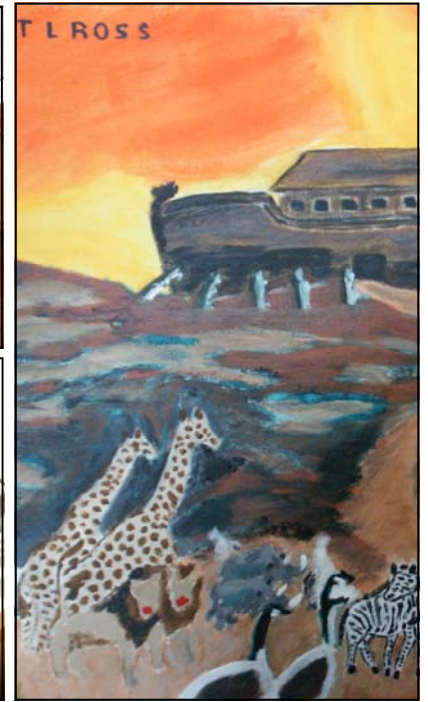
THE CONCLUDING RITES

GREETING

Priest The Lord be with you.
ALL **And with your spirit.**

PRAYER OVER THE PEOPLE

PROCESSION



L'Arche's ARK Builder

A Reception and Silent Auction with artist Robert Ross

Saturday, March 10, 2012 | St. James Cathedral Hall

6:00pm Wine & Cheese Reception | 7:00pm Meet the artist
8:15pm Silent auction closes

Robert Ross, long time member of L'Arche Noah Sealth of Seattle and more recently a resident, is a lifelong, self-trained, creative artist. He has produced hundreds of original arks, churches, dollhouses and architectural reproductions. Robert is also skilled painter, potter and ceramist. These skills alone put Robert as a remarkable artist! However, the uniqueness of Robert's talent goes far beyond variety and originality. Robert has a developmental disability and has lived almost his entire adult life independently. He has no educational degree, no formal art background or training. Being deaf, Robert communicates with limited language and syntax skills, primarily using sign language and simple written notes. Life in general is challenging for someone with disabilities, yet Robert navigates the world expressing himself through his art.



You're invited to view Robert's creations in Cathedral Hall on Saturday and Sunday, March 10 and 11, 2012. This is a wonderful opportunity to meet a unique artist and learn more about the L'Arche community in Seattle. A few pieces will be featured in a silent auction on Saturday evening. All proceeds will go toward establishing a trust fund for Robert to enable him to continue his work.

ST. JAMES CATHEDRAL HALL | 803 TERRY AVENUE | SEATTLE, WA 98104

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Suzanne Lee (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist
Stacey Sunde, Director of Youth Music
Thomas Thompson, Coordinator of Special Projects

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Elizabeth Falzone, Receptionist (206-622-3559)
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

CATHEDRAL ESPRESSO Stop by Cathedral Hall after the 10:00am Mass today for a latte or mocha. All proceeds during Lent benefit our RCIA Program.

LENTEN ART IN CATHEDRAL CHAPEL "The Way of the Cross," a new art work by local ceramic artists Jessi Li and George Rodriguez will be in the Cathedral Chapel throughout Lent.

OUR ELECT DURING LENT At our 10:00am Mass you are seeing our newly Elect wear brown robes while attending Mass and other liturgies during Lent. This helps them to know, in a concrete way, that they have entered a new and significant stage in their final preparations for Easter. It also anticipates another change that will take place when they emerge from the baptismal waters at the Easter Vigil and change to white robes. Seek them out in our midst and, if possible, introduce yourself to them after Mass. Let them know you are praying for them and looking forward to Easter when they will join us at the Eucharistic table.

EXPLORING VATICAN II Our Lenten series, Keys to the Council, is underway. It's not too late to participate in this program – sessions are on Tuesday evenings at 7pm OR Saturday mornings at 9am, in Cathedral Place, Room 1. In addition to the Lenten program, the Cathedral is proud to offer a series of lectures marking the 50th anniversary of the opening of the Second Vatican Council. The first lecture will be on Thursday, March 15 at 7pm in Cathedral Place Hall – noted liturgist Paul Janowiak SJ will speak about the Council and the liturgy. More details can be found on the flyer in this week's bulletin. All are welcome!

GET INVOLVED IN THE LITURGY! Lent is a good time to think about sharing your time and talent to make the liturgy more welcoming and beautiful. At this time we are especially in need of ushers and greeters at the Saturday 5:30pm Mass. We are also looking for altar servers for the 8:00am and 10:00am Masses. Children may begin to serve after their first Holy Communion. Please contact Corinna Laughlin, claughlin@stjames-cathedral.org, 206 622-3559, if you are interested in participating in these or any of our liturgical ministries.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Louise in Bellevue, and St. Joseph in Seattle, Tacoma, and Lynden.*

LENTEN CHORAL PRAYER

DURING LENT THIS YEAR, at the 10:00am Sunday Mass the Cathedral Choir of St. James will pair the choral prayers of the great 16th-century composer, Palestrina, with English prayers set by Seattle composers including Carol Sams, Gerald Kechley, Karen Thomas, Bern Herbolsheimer, Alan Hovhaness, Richard Proulx and Tom Stratman.

ST. JOHN PASSION March 10 and 11, 8:00pm St. James Resident Ensemble, Seattle Pro Musica, performs Bach's St. John Passion. This beautiful and dramatic masterpiece for chorus, orchestra and soloists, sets the passion narrative as a gripping story, told with vivid intensity. Karen P. Thomas, Director. *Information and reserved seating*, 206-781-2766 www.seattlepromusica.org
For parish passes, call 206-382-4874.

YOUNG ORGANISTS CONCERT Monday, March 12, 7:30pm. Four of the region's upcoming organ stars will play a recital in the Cathedral. Free for Cathedral parishioners. *Information*, 206-382-4874.

CAPTIVITY TO THE HOLY CITY March 24, 8:00pm. St. James Resident Ensemble, Opus 7 presents *From Captivity to the Holy City*—an evening of powerful psalms and motets for Lent. Loren Pontén, Director. *Information and reserved seating*, 206-782-2899 www.opus7.org
For parish passes, call 206-382-4874.

SEND US YOUR DESSERT RECIPES Following up on the enormous success of the first ESL cookbook, we are once again asking parishioners for recipes. This newest edition will be devoted entirely to desserts. We are especially interested in old family recipes that reflect your cultural background. Feel free to include any family stories or cultural history related to your recipe. Mail your contribution to: St James ESL Program, 804 Ninth Ave, Seattle, WA 98104 or email it to mmain@stjames-cathedral.org. *Information*, Mali Main at 206-382-4511.

CATHOLIC RELIEF SERVICES' OPERATION RICE BOWL During this second week of Lent, we learn about people in Vietnam who struggle with disabilities. We pray that we may recognize the inherent dignity in all of God's people, and we fast so that our sacrifices may bring new life to others. We give so that CRS can continue to help people with disabilities receive a quality education and find productive work.



NEW ON THE WEBSITE Keep up on many Lenten activities, prayer opportunities, and special events at the Cathedral website. You can also read Father Ryan's homilies, pray the Stations of the Cross, and much more! www.stjames-cathedral.org

ELECT PRAYER PARTNERS Now is the time to "adopt" one of our Elect as they prepare to celebrate the sacraments of Baptism, Confirmation and Eucharist. You are asked to pray every day for him/her asking for God's blessings and guidance. Notes and cards will be collected during Holy Week to be given to the Elect before Easter. Prayer Partner cards are available at the place of prayer located in the north aisle of the west nave of the Cathedral where you can learn more about each of them in our Book of the Elect. Prayer Partner cards are also located in the bookstore and in Cathedral Hall during Sunday morning hospitality. In addition, you can meet our Elect by going to our parish website: www.stjames-cathedral.org. Your prayers make a difference! *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

LENTEN HOLY HOURS Each Friday during Lent, from 12pm – 1pm, we will have a Holy Hour in the Cathedral, with Exposition of the Blessed Sacrament, Liturgy of the Hours, rosary, and silence. All are welcome to join in all or part of this meditative prayer in the presence of Jesus in the Blessed Sacrament.

PRAYING THE STATIONS A wonderful Lenten tradition in the Church. There are three opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). You can also pray the stations online at www.stjames-cathedral.org.

Sacred Steps

Sacramental Celebrations at St. James

REST IN PEACE Please pray for the repose of the souls of *Nellie Everett, Lourdes Dimalanta, and James Stoughton.*

Getting to know Good Pope John

Later this year, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral. Throughout the year, keep an eye on this box in the bulletin to learn more about this great saint of modern times.

Angelo Roncalli, later Pope John XXIII, served for many years as a Vatican diplomat in Bulgaria and later in France. He once said: "In order to be a good diplomat, there are only two possible solutions: either one must be as mute as a mole, or garrulous to the point where one's proposals lose importance. Given the fact that I am an Italian, I prefer the second method."



Joy and Hope in Christ: Vatican II

Part 5 in a series

March 4, 2012

This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we'll mark this milestone anniversary by celebrating the Council, and exploring its teachings through bulletin inserts, lectures, and a variety of special events.

Preparations for the Council

Where did Pope John's idea for the Council come from? There are several accounts. According to some, John XXIII was thinking about the Council even during the days of the conclave that elected him. John himself later reported that the idea of the Council came to him in a burst of inspiration on January 20, 1959, as he spoke with Cardinal Tardini, the Secretary of State, about the anxieties and troubles of the world. "What should the Church do? Should Christ's mystical barque simply drift along, tossed this way and that by the ebb and flow of the tides? Instead of issuing new warnings, shouldn't she stand out as a beacon of light? What could that exemplary light be?... Suddenly my soul was illumined by a great idea which came precisely at that moment and which I welcomed with ineffable confidence in the divine Teacher. And there sprang to my lips a word that was solemn and committing. My voice uttered it for the first time: a Council."

One thing is certain: Pope John XXIII astonished everyone when he announced the Council on January 25, 1959, just three months after becoming Pope. The occasion he chose was a gathering with the Cardinals for the conclusion of the Week of Prayer for Christian Unity at the Basilica of St. Paul Outside the Walls. At the end of the liturgy, the Pope gathered the Cardinals in the adjacent chapter-house. "Trembling with emotion, and yet with humble resolution," he said, "we put before you the proposal of a double celebration: a diocesan synod for Rome and an ecumenical Council for the universal Church." He announced a third project as well – the reform of the Code of Canon Law – and then quietly returned to the Vatican.

What was John's hope for the Council? He did not lay out a specific agenda. Instead, when asked what he expected, it is said that he went to the window, and made a gesture as if to open it. "I expect a little fresh air from it," he said simply. "We must shake off the imperial dust that has accumulated on the throne of St. Peter since Constantine."

By June of 1959, a preparatory commission for the Council had been established. There was much to do, and John was occasionally frustrated at the glacial pace of the



proceedings. ("How many people work in the Vatican, your Holiness?" he was asked. "About half," was his swift reply.) He hoped for a speedy beginning to the Council. When a curial official told him that it would be impossible to convoke the Council in 1963, he replied that it should begin in 1962!

There were several reasons for the slow pace. For one thing, the preparatory commission was enormous, with 800 members. The various subcommittees were headed up by the leaders of the Curia, some of whom were not thoroughly convinced of the need for an ecumenical Council. And then, the careful process took time. Every bishop in the world, along with major Catholic universities and other institutions, received a questionnaire, inviting them to share their thoughts about the Council and the various concerns it might address. More than 75 percent responded, so there were 2,150 responses to sort through (when they were later published, these responses filled 15 volumes). Then, the various subgroups of the commission needed to review all this material and distil it into "schemas," or preparatory documents which would provide a basis for discussion when the bishops finally arrived in Rome.

Slowly but surely, the wheels began to turn. At long last, Rome ready for the Council, and the date for the opening was announced: October 11, 1962.

Corinna Laughlin, Director of Liturgy

For further reading: Hebblethwaite, Peter. John XXIII: Pope of the Century. Continuum, 2000.



Cathedral Blood Drive

Tuesday, March 20, 2012
Pastoral Outreach Center

12:30pm to 6:30pm (*closed 3:00pm-3:45pm*)

A Unique Gift for Lent

What could be a more personal, caring and meaningful Gift this Lenten season than the gift of blood to someone in our community who has the need? The urgent and ongoing need for blood donors invites us to consider yet another aspect of Stewardship, that is, the gift of ourselves in a way that is fundamental and essential to life itself.

Who needs blood?

It is very likely that someone you know at St. James has had a need for blood. People who need blood include those who have been in accidents or require surgery or chemotherapy. In our community, that blood would have come from donors to the Puget Sound Blood Center, including St. James blood drive donors. To meet the needs in our community, over 900 people must donate blood through the Puget Sound Blood Center every weekday.

St. James & the Puget Sound Blood Center

St. James has been sponsoring Lenten and Fall blood drives since 2006. The Puget Sound Blood Center is always enthusiastic about our partnership in this effort, but most especially about the number of new donors at our blood drives. **We ask those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please consider doing so again.**

Sign up at coffee hours on 3/4, 3/11 or 3/18.

Or e-mail jsimpson@stjames-cathedral.org to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. *Madonna & Child with Saints* (detail), Neri di Bicci, ca. 1456

Sponsored by St. James Cathedral's Health and Healing Ministry

Wills & Estate Planning Seminar

St. James Cathedral, Pastoral Outreach Center

Wednesday, March 21, 2012 at 2:30pm & 7:00pm

Did you know that an estimated 65% of Americans do *not* have a will? Many think that only wealthy people need an estate plan. But this simply isn't true! Even those with no dependents need an estate plan if they have any property and want to decide who receives it. A will can cut delays and probate costs, waive expenses, and help reduce taxes.

The Cathedral parish will provide a free seminar on Wills and Estate Planning on **Wednesday, March 21** from 2:30pm until 4:00pm, and again from 7:00pm until 8:30pm. **JoAnne Strom**, Archdiocesan Director of Planned Giving, and **Celeste McDonell**, Cathedral parishioner and estate planning attorney, will offer their broad knowledge and expertise. You'll have a chance to ask questions and get good advice on what to do next. The whole session is short, simple, and to the point! You'll also receive useful materials to take home and study.

All are welcome. This session will benefit people of *all ages* and is offered with no strings attached. Please sign up by detaching the form below and dropping it in the offering basket or returning it to the parish office. For more information, contact Maria Laughlin, Director of Stewardship and Development, 206-382-4284.

This is a FREE, no-strings-attached presentation which includes

- Assurance that "putting your affairs in order" is easier than you may think
- Information on how to prepare your will
- Information on distributing your estate
- Information on guardianship issues
- Estate gifting techniques and more information on tax advantages
- Methods of increasing your retirement income
- An attorney available to answer your questions

RSVP Wills & Estate Planning Seminar

NAME(S) _____

ADDRESS _____ CITY _____ ZIP _____

PHONE _____ E-MAIL _____

I AM INTERESTED IN ATTENDING THE SEMINAR ON... (PLEASE CHECK ONE)

- ☐ **Wednesday AFTERNOON, March 21, 2:30pm-4:00pm, Pastoral Outreach Center**
- ☐ **Wednesday EVENING, March 21, 7:00pm-8:30pm, Pastoral Outreach Center**
- ☐ I can't attend, but please send me materials about Wills and Estate Planning.

Please drop this form in the offering basket or mail to:
Maria Laughlin, St. James Cathedral, 804 Ninth Avenue, Seattle, Washington 98104
You may also e-mail mlaughterlin@stjames-cathedral.org or call 206-382-4284



The Sacrament of Anointing of the Sick

A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Thursday, March 22, at the 5:30pm Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick during the Mass, or have questions, please contact John Simpson, Pastoral Care Minister, at 206-274-3173, or e-mail jsimpson@stjames-cathedral.org.

What is the sacrament of Anointing of the Sick?

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing. Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as “Extreme Unction” – literally, “last anointing” – and was not administered until death was imminent. With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

Who can receive this sacrament?

Catholics, both children and adults, who are *seriously ill, facing surgery, or experiencing the weakness that comes with old age* should seek this sacrament.

What happens during the Rite of Anointing?

The Rite of Anointing will be celebrated in the context of the 5:30pm evening Mass on March 22.

After the homily, the Liturgy of Anointing begins. The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders. After the laying on of hands, each sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: “Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up.” A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.



CELEBRATING THE 50TH ANNIVERSARY OF THE OPENING OF THE 2ND VATICAN COUNCIL

Lecture Series

The Second Vatican Council opened on October 11, 1962. Throughout this anniversary year, special events and educational opportunities will help us mark the 50th anniversary of a watershed moment in our Church and our world. This is a time to give thanks for the gifts of the Spirit in our Church, to be renewed in our understanding of the Council, and to look to the future. "Illuminated by the light of this Council, we confidently trust the Church will become greater in riches. Gaining strength and new energies from the Council, she will look to the future without fear" (Blessed John XXIII).

A series of lectures by noted local and national speakers will explore different aspects of the Second Vatican Council and what it means to us today. *Please note that more events are still being planned, including the dedication of a new shrine honoring Blessed John XXIII. Keep an eye on the bulletin for details!*

Thursday, March 15 | 7:00pm, Cathedral Hall

Father Paul Janowiak, SJ: *Ever Ancient, Ever New: Vatican II and the Liturgy*

Monday, April 30 | 7:00pm, Cathedral Hall

Father James Eblen: *Dei Verbum: Vatican II and Scripture*

Thursday, June 28 | 7:00pm, Cathedral Hall

Father William Treacy: *The Council's vision of Ecumenism & Interfaith Relations*

Monday, September 10 | 7:00pm, Cathedral Hall

Bishop Bob McElroy: *Gaudium et Spes: The Church in the Modern World*

Monday, October 1 | 7:00pm, Cathedral Hall

Patricia Repikoff: *Light of the Peoples: the Second Vatican Council's Vision of Church*

Monday, October 29 | 7:00pm, St. James Cathedral

John O'Malley, SJ: *What Happened at Vatican II?*