



Watercolor drawing of St. James Cathedral by parishioner Patrick White

ST. JAMES CATHEDRAL  
*The Fifth Sunday in Ordinary Time*  
February 5, 2012

## ORDER OF CELEBRATION FOR

# *The Fifth Sunday in Ordinary Time*

CELEBRATION OF THE SACRAMENT OF BAPTISM (Saturday 5:30pm)

FIRST SUNDAY YOUTH CELEBRATION (Noon)

PRELUDE (Saturday & Noon)

(8:00 & 10:00)

“Introduction & Variations” from *Suite*

Alain

*Magnificat II. toni*

Scheidemann

## THE INTRODUCTORY RITES

LIGHTING OF CANDLES (Noon)

Berthier

On February 2, we celebrated the feast of the Presentation of the Lord, the traditional day for the blessing of candles.

Today, the children carry these newly-blessed candles in the procession.



ENTRANCE No. 525

*Joyful, joyful we adore you*

ODE TO JOY

GREETING

Priest The Lord be with you.  
ALL **And with your spirit.**

PENITENTIAL ACT

Vatican XVI

GLORIA

chant, adapt. Lee



Glory to God in the highest,  
We praise you, we bless you,  
we glorify you, we give you thanks  
Lord God, heavenly King,  
Lord Jesus Christ, Only Begotten Son,  
you take away the sins of the world,  
you take away the sins of the world,  
You are seated at the right hand  
of the Father,  
For you alone are the Holy One,  
you alone are the Lord,  
with the Holy Spirit,

and on earth peace to people of good will.  
we a-dore you,  
for your great glory.  
O God, almighty Father.  
Lord God, Lamb of God, Son of the Father,  
have mercy on us;  
re-ceive our prayer;  
have mercy on us.  
you alone are the Most High Jesus Christ,  
in the glory of A - - - men.  
God the Father,

COLLECT (OPENING PRAYER)

# THE LITURGY OF THE WORD

FIRST READING

Job 7:1-4, 6-7

RESPONSORIAL PSALM

Psalm 147

Krisman



Praise the Lord, praise the Lord, who heals the broken-heart-ed.

SECOND READING

I Corinthians 9:16-19, 22-23

ALLELUIA

Berthier



Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia, al-le-

lu-ia, al-le-lu-ia, al-le-lu-ia!

DIALOGUE BEFORE  
THE GOSPEL

Priest The Lord be with you.  
ALL **And with your spirit.**  
Priest A reading from the holy Gospel according to Mark.  
ALL **Glory to you, O Lord.**

GOSPEL

Mark 1:29-39

HOMILY

Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

CREED (except Saturday 5:30)

ALL **I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**  
**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
[ALL BOW]  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
[ALL STAND UPRIGHT]  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

**Lord, we ask you, hear our prayer.**

Litany of Saints

## **THE RITE OF BAPTISM** (Saturday 5:30pm)

INTERCESSIONS AND LITANY OF SAINTS No. 827

BLESSING AND INVOCATION OF GOD OVER BAPTISMAL WATER

PROFESSION OF FAITH All join in the response, **I do.**

ACCLAMATION FOLLOWING THE BAPTISM **Alleluia!**

Herbolsheimer

SPRINKLING WITH BAPTISMAL WATER **Alleluia, alleluia!**

Hurd

ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

## **THE LITURGY OF THE EUCHARIST**

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Psalm 130: *De profundis*

Lasso


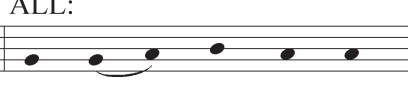




INVITATION TO PRAYER

**Priest** Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

**ALL** **May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

PREFACE DIALOGUE

Presider:	ALL:
	
The Lord be with you. And with your spir - it.	
Presider:	ALL:
	
Lift up your hearts. We lift them up to the Lord.	
Presider:	ALL:
	
Let us give thanks to the Lord our God. It is right and just.	

## SANCTUS

*Compostela Mass*

Holst, adapt. Ryan



Ho - ly, Ho - ly, Ho - ly Lord God of Hosts,  
heav'n and earth are full of your glo - - - ry.  
Ho - san - na in the high - est, ho - san - na in the high - est.  
Blest is he who comes in the name of the Lord.  
Ho - san - na, ho - san - na in the high - - - est.

## MEMORIAL ACCLAMATION

Holst, adapt. Ryan



We pro - claim your death, O Lord and pro - fess your res - sur -  
rec - tion un - til you come, un - til you come a - gain.

## AMEN

Holst, adapt. Ryan



A - men, a - men, a - - - men.

## THE COMMUNION RITE

### LORD'S PRAYER

### SIGN OF PEACE

Priest The peace of the Lord be with you always.  
ALL **And with your spirit.**

### AGNUS DEI

Vatican XVIII



Cantor: ALL:  
A-gnus De - i, \* qui tol-lis pec-ca-ta mun-di: 1, 2. mi-se-re-re no - bis.  
3. do-na no-bis pa - cem.

### INVITATION

Priest Behold... called to the supper of the Lamb.  
ALL **Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.**



## COMMUNION

I will go in to the altar of God,  
the God who gives joy to my youth.

chant

(10:00)

*O Lord, in thy wrath, rebuke me not*  
Gibbons

Upon returning to your place after Holy Communion, please **kneel or be seated**.  
*Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.*

## HYMN OF PRAISE

*New songs of celebration*  
RENDEZ A DIEU



1. New songs of cel - e - bra - tion ren - der To him who  
2. Joy - ful - ly, heart - i - ly re - sound - ing, Let ev - 'ry  
3. Riv - ers and seas and tor - rents roar - ing, Hon - or the

has great won - ders done; Awed by his pow'r his foes sur -  
in - stru - ment and voice; Peal out the praise of grace a -  
Lord with wild ac - claim; Moun - tains and stones, look up a -

ren - der And fall be - fore the might - y One.  
bound - ing, Call - ing the whole world to re - joice.  
dor - ing, And find a voice to praise his name.

God has made known his great sal - va - tion Which all his  
Trum - pets and or - gans set in mo - tion Such sounds as  
Right - eous, com - mand - ing, ev - er glo - rious, Prais - es be

friends with joy con - fess, God has re - vealed to ev -  
make the heav - ens ring: All things that live in earth  
his that nev - er cease: Just is our God, whose truth

'ry na - tion His ev - er - last - ing right - eous - ness.  
and o - cean, Make mu - sic for your might - y King.  
vic - to - rious Es - tab - lish - es the world in peace.

## THE CONCLUDING RITES

### GREETING

Priest The Lord be with you.  
ALL And with your spirit.

### PROCESSION

(Saturday & Noon)

*Fugue sur le nom d'Alain*  
Durufé

(8:00 & 10:00)

*Præludium in C Major, BuxWV 137*  
Buxtehude



# Joy and Hope in Christ

## CELEBRATING 50 YEARS SINCE THE OPENING OF THE SECOND VATICAN COUNCIL

The Second Vatican Council opened on October 11, 1962. Throughout this anniversary year, special events and educational opportunities will help us mark the 50th anniversary of a watershed moment in our Church and our world. This is a time to give thanks for the gifts of the Spirit in our Church, to be renewed in our understanding of the Council, and to look to the future. "Illuminated by the light of this Council, we confidently trust the Church will become greater in riches. Gaining strength and new energies from the Council, she will look to the future without fear" (Blessed John XXIII).

### **Lent, 2012 | Keys to the Council: Living Church**

This Lent, on Tuesday evenings at 7:00pm and Saturday mornings at 9:00am, you're invited to an in-depth study of the great teachings of the Council. This series will combine large group learning and small group reflection. What better way to observe Lent of 2012 than by rediscovering what it means to be the Church and to live out its mission? More information, including registration forms and reading materials, will appear in the bulletin in the coming weeks. *Information*, Corinna Laughlin, [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org).

### **Save the Date! 2012 Vatican II Lecture Series**

A series of lectures by noted local and national speakers will explore different aspects of the Second Vatican Council and what it means to us today. All lectures will begin at 7:00pm; location TBA. *Please note that more events are still being planned, including the dedication of a new shrine honoring Blessed John XXIII. Keep an eye on the bulletin for details!*

**Thursday, March 15 | Father Paul Janowiak, SJ**  
Ever Ancient, Ever New: Vatican II and the Liturgy

**Monday, April 30 | Father James Eblen**  
Dei Verbum: Vatican II and Scripture

**Monday, September 10 | Bishop Bob McElroy**  
Gaudium et Spes: The Church in the Modern World

**Monday, October | Patricia Repikoff**  
Light of the Peoples: the Second Vatican Council's Vision of Church

**Monday, October 29 | John O'Malley, SJ**  
What Happened at Vatican II?

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant  
The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)  
Beth Rose, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)  
Suzanne Lee (206-654-4640)  
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)  
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music  
Joseph Adam, Organist (206-382-4597)  
Dr. Clint Kraus, Associate Organist  
Stacey Sunde, Director of Youth Music  
Thomas Thompson, Coordinator of Special Projects

### FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)  
Marianne Coté, Youth & Family Ministry (206-382-4512)  
Lita McBride, Children's Faith Formation (206-654-4658)  
Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director  
Glenda Caldwell, ESL Specialist  
Jim Hodges, Citizenship  
Cecilia Erin Walsh, ESL Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)  
Elizabeth Falzone, Receptionist (206-622-3559)  
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

### WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)  
Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm  
Weekdays 8:15 & 5:30 pm  
Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104  
Telephone: 206-622-3559 FAX: 206-622-5303  
Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)  
Emergency Number: 206-467-3049  
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**CONFIRMATION CLASSES FOR ADULTS AND HIGH SCHOOL STUDENTS** 16 years and older begin Thursday, February 16, 6:30-8:30 pm in Cathedral Place, Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. *Information*, John Marquez, [jmarquez@stjames-cathedral.org](mailto:jmarquez@stjames-cathedral.org), 206-274-3106.

**CELEBRATING CATHOLIC SCHOOLS – RAINBOW SCHOOLS COALITION** This weekend, we celebrate Catholic Schools, and in particular the Cathedral children who attend one of the five Rainbow Schools. Our parish is a contributing member of the Rainbow Schools Program whereby children from our parish can attend at "parishioner" tuition rates. Approximately 60 cathedral children are enrolled in one of these terrific schools. Today representatives of St. Edward, St. George, St. Paul, St. Joseph and St. Therese Catholics Schools will be available following the 10:00am and Noon Masses during hospitality. In addition, our parish has established the Cathedral Scholarship Fund to assist families in meeting the financial obligation involved in sending their elementary school aged children to any one of the Rainbow Schools. *Information*, TerryAnn Bowen, 206-382-2018, [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org)

**CALLED TO PROTECT FOR MINISTRIES** will be held on Saturday, February 11 at 10:00am in the Cathedral Hall. New volunteers with ongoing unsupervised contact with minors or vulnerable adults are required to take this foundational one-time Safe Environment training. Register online at [www.seattlearchsep.org](http://www.seattlearchsep.org). *Information*, Elizabeth Falzone, 206-654-4650 or [efalzone@stjames-cathedral.org](mailto:efalzone@stjames-cathedral.org).

**THE CATHEDRAL HEALTH AND ECOLOGY FAIR** is coming soon. The Health and Healing Committee is taking applications for health or ecology related educational display-tables at this year's fair. Space is limited! *Information, or to make your application*, John Simpson, Pastoral Care Minister, at 206-274-3173 or [jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org).

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Our Lady of Lourdes in Seattle and Vancouver, the mission church of Our Lady of Lourdes in Wilkeson.*



**CATHOLIC ADVOCACY DAY** Join St. James Cathedral staff and parishioners in Olympia on Wednesday, February 15, for Catholic Advocacy Day. In these times of economic hardship for so many, we need to ensure that the Gospel message to care for our brothers and sisters is heard by our elected officials. The legislative priorities we will be addressing are economic justice, housing and health care. Appointments will be made with individual legislators, and transportation will be provided. Registration required! *Information, and to register,* Patty Bowman, pbowman@stjames-cathedral, 206-382-4515.

**ST. JAMES YOUTH MUSIC PROGRAM IS ACCEPTING NEW SINGERS** in to our acclaimed youth choirs. In the two training choirs (grades 1-4) young people learn to participate fully and actively in the Mass through exciting and innovative musical teaching. Some of the Northwest's most highly recognized music educators will inspire your student with both vocal and instrumental training. No audition is necessary for the training choirs. We are also holding auditions for our other ensembles, the Schola Cantorum (treble voices, grades 5-8) and our Young Women's Ensemble, Jubilate! for upper teens. Scholarships are available. Help us Make A Joyful Noise! *Information,* ssunde@stjames-cathedral.org or 206-382-4874.

**DO YOU SHOP AT BARTELL'S?** St. James Cathedral is now a member of Bartell Drugs 'B' Caring program. Pick up a 'B' Caring Card at Bartell's and designate St. James Cathedral as the beneficiary, and Bartell's will contribute up to 4% of your purchases to St. James Cathedral every time you shop there and present your card.

**SACRIFICIAL GIVING 2012** The pledge cards are back in the pews! If you haven't yet made your pledge for 2012, please do so today. We have received 1,025 pledges, which is great news, but we're still 94 pledges (and \$88,000) behind last year! Your support is urgently needed to help us meet our budget this year. Please drop your completed pledge in the offering basket today, or make your pledge online at [www.stjames-cathedral.org](http://www.stjames-cathedral.org).

**DO YOU WORK AT ADOBE?** The parish needs to upgrade to InDesign software for our Orders of Celebration and special programs. We are looking for Adobe employees who would be willing to help with donations of software. We need three copies of the latest edition of InDesign. *Information,* Renan Jeffereis, rjeffereis@stjames-cathedral.org, 206-622-3559.

**THE SPIRIT OF PROPHECY** The art show in the Chapel will continue through Sunday, February 19. On Saturday, February 18 at 7:00pm, IMAGE Journal of the sacred arts will host a closing reception, beginning with a viewing in the Chapel and continuing with light refreshments in the Rectory. All are welcome. *Information,* Corinna Laughlin, cloughlin@stjames-cathedral.org.

**CATHEDRAL WINDOWS** Friday, February 17, 8:00pm, our own Cathedral Organist Joseph Adam plays a program of chant-based organ works on the Cathedral's two grand pipe organs. He will be joined by Peregrine Medieval Vocal Ensemble, directed by parishioner Bill McJohn. The program will feature Karg-Elert's colorful *Cathedral Windows*, Widor's *Symphonie gothique*, and other music by Bach, deGrigny, and Scheidemann. \$15 suggested donation, students & seniors pay as able. *Information,* 206-382-4874 or [www.stjames-cathedral.org/music](http://www.stjames-cathedral.org/music)

**SEND US YOUR RECIPES** Following up on the enormous success of the first ESL cookbook, we are once again asking parishioners for recipes. This newest edition will be devoted entirely to desserts. We are especially interested in old family recipes that reflect your cultural background. Feel free to include any family stories or cultural history related to your recipe. Mail your contribution to: St James ESL Program, 804 Ninth Ave, Seattle, WA 98104 or email it to [mmain@stjames-cathedral.org](mailto:mmain@stjames-cathedral.org). *Information,* Mali Main at 206-382-4511 or [mmain@stjames-cathedral.org](mailto:mmain@stjames-cathedral.org).

**WOULD YOU CONSIDER ASSISTING A PERSON** who wants to become Catholic? We continue to have new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. The time commitment is reasonable – 2 Wednesday evening sessions a month. Training and support are provided. The rewards are many, including renewal and update of your faith and “kudos” in heaven. *Information,* TerryAnn Bowen 206-382-2018 or [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org).

### *Getting to know Good Pope John*

*Later this year, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral. Throughout the year, keep an eye on this box in the bulletin to learn more about this great saint of modern times.*

“The sense of my smallness and of my nothingness has always been my good companion, keeping me humble and content and granting me the joy of consecrating myself as best I can to the uninterrupted exercise of obedience and charity. I come from humble beginnings, and I was raised in a restraining, blessed poverty whose needs are few and which assures the growth of the highest and noblest virtues, and prepares one for the great ascents of life.”



# Meeting Christ, Knowing Christ, Serving Christ

*A new Vision Statement for St. James Cathedral*

## ***Who we are***

We are the Cathedral  
for the Catholic Archdiocese of Seattle  
and its Archbishop, the Most Reverend J. Peter Sartain.  
We are also a parish church  
for a vibrant faith community  
with a long history that reaches back  
to Seattle's early days.

We are an inner-city parish  
with an outreach to many  
who live on the edge of poverty and loneliness.  
We are a diverse community  
that welcomes, accepts, and celebrates  
the differences we all bring.  
We exist in the heart of the city,  
yet sometimes our parishioners  
come from considerable distances to worship here.

St. James Cathedral is a crossroads  
where ideas and challenges both old and new  
are explored in the light of the Gospel of Jesus Christ.  
Our Cathedral is also the center  
for many cultural and ecumenical events  
which both reflect and help to shape  
a vital metropolitan community.

Above all,  
St. James Cathedral is a community of prayer.

## ***Prayer: Meeting Christ***

Prayer in community  
is at the heart of our Christian identity.  
Our celebration of the Eucharist,  
Sunday after Sunday,  
informs everything we do.  
It offers consolation and meaning,  
but also challenges us and sends us forth.

Prayer transcends the individual.  
It breaks down our isolation  
and carries us from *I* to *we*.

When we gather for prayer,  
we let down our defenses and encounter God's grace.  
In prayer we find Christ,  
dwelling in our hearts,  
and act on that discovery.

### ***Questions for reflection***

- *How important is the Sunday Eucharist to me? Does it truly inform my life outside of the Cathedral? In what specific ways does the Sunday Eucharist shape my life and ministry?*
- *How does the Sunday Eucharist console and challenge me?*
- *What are the gifts I experience from being part of a worshiping community? What are the challenges?*

## ***Faith: Knowing Christ***

Faith is a gift from God:  
a grace, freely given, that brings us  
into communion with Father, Son, and Holy Spirit.  
We come to know Christ not only with our hearts,  
but with our minds.  
As we learn the rich heritage of our Catholic faith,  
we become more deeply rooted in Christ's love.  
Teaching the faith is the responsibility  
of the entire community;  
everything we do as a parish  
is an opportunity to grow in faith.

As members of the body of Christ,  
we form the faith of those  
whose lives intersect with ours,  
whether we realize it or not,  
and we are also formed by our encounters with others.  
We are called to a lifetime  
of learning and conversion.

### ***Questions for reflection***

- *What is an example from my life when I realized my own words and actions could have an impact on the faith of others?*
- *Can I think of an unexpected encounter or experience that has increased my faith? One that has tested it?*

- *Do I see myself as a teacher, a witness to our Catholic faith? How in the past year have I enriched my faith and understanding of our tradition? How might I do so in the coming year?*

## ***Compassion: Serving Christ***

Our compassion flows from the Eucharist.  
We do not choose between prayer and action:  
we are called to both.  
In the spirit of the Beatitudes,  
we reach out to the poor,  
as well as to the poor in spirit.  
We offer not only food and shelter,  
but the gift of being present to one another.  
We inform ourselves  
about pressing moral and social issues  
so we can stand with those in need  
and help them find their voice.  
Through our service we bear witness to Christ,  
and we encounter him in new ways.  
Both those who minister,  
and those who are ministered to,  
receive a gift.

We recognize the immensity of the need  
but we are not discouraged by it,  
knowing that God  
is able to accomplish far more  
than all we ask or imagine.

### ***Questions for reflection***

- *Is service of others part of the rhythm of my faith? How do contemplation and action intersect in my own life/ministry?*
- *Is my service of others influenced by my life of prayer? In what way?*
- *How do I use my voice and presence on behalf of the poor?*

## ***Cathedral: Beacon of Christ***

We are aware that as the Cathedral church,  
we are a model for the diocese,  
in prayer and worship, and in all our ministries.  
We are also a beacon of hope within the city.  
We treasure our art and history,  
but we are not a museum:  
we are an organic, living community  
which responds to the needs of the times.

Like cathedrals throughout the world  
and throughout history,

we embrace our unique opportunity  
to evangelize the culture,  
and to be a crossroads for the exchange of ideas.

### ***Questions for reflection***

- *Where do I experience the tension between the Church and the culture in which we live?*
- *What does the Cathedral have to contribute to our culture? To our city? In what ways am I a part of that?*

## ***Why a new Vision Statement?***

The Pastoral Vision Council offers this Vision Statement in the hopes that it will be a useful instrument in living out our vocation as a Cathedral and as a parish. We invite you not just to read it, but to use it!

To each member of the parish community, the Spirit has been given for a unique purpose. This Vision will come to life in our parish to the extent that each one of us finds ways to put the gifts God has given us at the service of the parish.

*Parishioners* are invited to use it to reflect on how their own service enriches and strengthens the community as a whole, or as a tool to discern how God might be calling them to use their gifts in service.

*Visitors and seekers* of all kinds are invited to use it to meditate on how God might be calling them, and how this parish community might be a companion on their journey.

*Cathedral staff and leadership groups* will use this Vision in their program planning in the coming years.

We pray that the Spirit, who is able to accomplish infinitely more than we ask or imagine, will guide our parish community in the coming years. May we continue to seek ever new ways to know, love, and serve Christ, who is in our midst.

The Pastoral Vision Council  
Laura Arcuino • Angela Arralde • John Eshelman •  
Luisa Gass • Glenn Lux • Maria Laughlin • GiGi  
Nguyen • Susan Patella • Patricia Repikoff • Julia  
Richardt • Father Michael G. Ryan • Mark Schoen •  
Nathan Standifer, *facilitator* • David Unger

# Joy and Hope in Christ: Vatican II

Part 3 in a series

February 5, 2012

This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we'll mark this milestone anniversary by celebrating the Council, and exploring its teachings through bulletin inserts, lectures, and a variety of special events.

## Where did the Council come from?

The Second Vatican Council took the world by surprise, but in hindsight, we can see that the Church had, in a sense, been preparing for it for decades. There had been discussion—and debate—about many of the Council's primary themes for years leading up to the bishops' arrival in Rome in October, 1962.

## The Liturgical Movement

Following the reforms of the Council of Trent, the liturgy remained essentially unchanged for several centuries. But from the middle of the 19th century, there was a growing sense that renewal was needed. A Benedictine, Dom Prosper Guéranger, worked to revive and restore the tradition of Gregorian chant, and established a monastery at Solesmes, France, which became a center for liturgical music and practice. In the early 20th century, what came to be called "the liturgical movement" gathered momentum. There was a surge in liturgical research and experimentation. Scholars like Joseph Jungmann, SJ explored the history of the Roman Rite, showing how the Mass had grown and developed through the centuries. Many advocated *ressourcement* – a "return to the sources," to the roots of Catholic worship and practice. The participation of the people and the use of the vernacular became the keystones of the liturgical movement.

A watershed moment came in 1947 with Pope Pius XII's encyclical *Mediator Dei*, which has been called "the Magna Carta of the liturgical movement." The document touched on many of the major themes which would emerge in the Council's reflections on liturgy, including the presence of Christ in the liturgy, the need for liturgical catechesis, and the active participation of the assembly.

## Ecumenism

Ecumenism—dialogue with Christians of other denominations--was not the invention of the Second Vatican Council. The week of prayer for Christian unity had been observed annually since 1908, and beginning in the 1950s, there was what might be called a "thaw," as Christians of many denominations began to come together in dialogue. In 1952, Bishop Charrière of Switzerland gathered 24 European



theologians for an unprecedented meeting, from which came the "Catholic Conference for Ecumenical Questions." Several prominent Catholic theologians, including Yves Congar and Karl Rahner, were involved in these annual gatherings, which helped to develop a language and a framework for ecumenical dialogue which in many ways made possible the Second Vatican Council's breakthroughs in this area.

## The Church and the World

The attitude within the Church from the Council of Trent into the 19th century has been described as a "siege mentality." That mentality was understandable: the church seemed to be besieged by change, as the Protestant Reformation was followed by the Enlightenment, the French Revolution, and the Industrial Revolution.

While the Church never stopped ministering to the needs of the poor, it was not as comfortable questioning the root causes of the world's problems. That began to change in 1891, with Pope Leo XIII's encyclical *Rerum Novarum*. It was "the Magna Carta of social Catholicism, the movement that more than any other within the Church gradually forced Catholics out of their medievalism... and inspired them to grapple realistically with the problems of the twentieth century" (Bokenkotter, 331). The Church began to distinguish between the givens of modern life—freedom of the press, freedom of religion, the separation of Church and state—and "Modernism," with its philosophies that were at odds with the Church's teaching. With *Rerum Novarum*, the Church began to look to the root causes of poverty and to advocate for justice and for social reform. The Church began to see itself not as apart from the world, but as a part of it.

Corinna Laughlin, Director of Liturgy

## For further reading

- Bokenkotter, Thomas. *A Concise History of the Catholic Church*, Revised Edition. Image, 2004.
- Cassidy, Cardinal Edward Idris. *Ecumenism and Interreligious Dialogue: Unitatis Redintegratio, Nostra Aetate*. Paulist Press, 2005.
- Ferrone, Rita. *Liturgy: Sacrosanctum Concilium*. Paulist Press, 2005.
- Gaillardetz, Richard. *The Church in the Making: Lumen Gentium, Christus Dominus, Orientalium Ecclesiarum*. Paulist Press, 2005.
- Hebblethwaite, Peter. *John XXIII: Pope of the Century*. Continuum, 2000.
- Tanner, Norman. *The Church and the World: Gaudium et Spes, Inter Mirifica*. Paulist Press, 2005.

## **St James Cathedral/Order of Malta Mental Health Ministry Responds to Survey**

**Thank you again to the 250 respondents to the Mental Health Ministry Survey that came out this past October. These results remain posted on the MHM website: [www.stjames-cathedral.org/mhm](http://www.stjames-cathedral.org/mhm) . Here is a brief review of our progress and future plans based on your response.**

**During this last year year, with your encouragement and support, we laid a solid foundation for the Mental Health Ministry at St. James Cathedral.**

- Launched Mental Health Ministry page on the Parish website
- Presented Information Night (introduced the Mental Health Ministry and began to address the stigma of mental illness)
- Created a team of 20 committed volunteers
- Designed training sessions and resource manuals for volunteers
  - Companionship
  - Understanding Mental Illness
  - Healing Conversations
  - Mental Health First Aid: Responding to Crisis of the Mind and/or Spirit
- Established Companion Teams – available to isolated and marginalized for support & resources:
  - Coffee Hour Companions - 3 Coffee Hours at St James
  - Dinner Hour Companions - evening Kitchen Dinners
  - Hospitality Hour Companions - neighboring apartments
- Descriptions of these are available on the website.
- Developed On-line Prayer Partner team to respond to prayer requests via website
- Coordinated a Mental Health Fair
- Partnered with NAMI (National Alliance on Mental Illness), to host a Family-to-Family 12-week course which was completed 12/2011.

**The above programs are intended to be ongoing and occurring at designated times throughout the year.**

**After reviewing the survey responses, the Mental Health Ministry intends to offer the additional services to begin to meet the mental health needs identified in by the congregation in response to the survey.**

- Education and Support for Parishioners and Community Affected by Mental Health Issues
  - Discussion Group (9 week series) based on book, “A Balanced Life: Nine Strategies for Coping With the Mental Health Problems of a Loved One” ~Tom Smith~ Author.
  - Series of workshops each with focus on a different mental health issue, including depression and anxiety.
  - Series of workshops with focus on how to stay healthy by utilizing coping strategies such as mindfulness and humor to reduce stress and create a sense of inner well-being
  - Explore partnering with organizations such as Alcoholics/Narcotic Anonymous to host a support group for persons experiencing addiction.
- Create a Mental Health Resource Center (Gallagher Center)
  - Mental Health Resource Center will be open the 1st Sunday of every month, from 9am – 1pm. Mental Health Ministry Volunteers will be available. Drop in.
- Developing Bible Study and or Spiritual Reading related to Mental Health in collaboration with other Cathedral Ministries.

The ministry's volunteers wish to thank you again and are always open to your questions, feedback, and suggestions. Other programs and support groups are pending. Watch Bulletins for future postings. Thank you.

Beth Rose, RN – Parish Mental Health Nurse. 206-382-4269 or [brose@stjames-cathedral.org](mailto:brose@stjames-cathedral.org) or visit our website at [www.stjames-cathedral.org/mhm](http://www.stjames-cathedral.org/mhm) .



# Wills & Estate Planning Seminar

St. James Cathedral, Pastoral Outreach Center

Wednesday, March 21, 2012 at 2:30pm & 7:00pm

**Did you know that an estimated 65% of Americans do *not* have a will?** Many think that only wealthy people need an estate plan. But this simply isn't true! Even those with no dependents need an estate plan if they have any property and want to decide who receives it. A will can cut delays and probate costs, waive expenses, and help reduce taxes.

The Cathedral parish will provide a free seminar on Wills and Estate Planning on **Wednesday, March 21** from 2:30pm until 4:00pm, and again from 7:00pm until 8:30pm. **JoAnne Strom**, Archdiocesan Director of Planned Giving, and **Celeste McDonell**, Cathedral parishioner and estate planning attorney, will offer their broad knowledge and expertise. You'll have a chance to ask questions and get good advice on what to do next. The whole session is short, simple, and to the point! You'll also receive useful materials to take home and study.

**All are welcome.** This session will benefit people of *all ages* and is offered with no strings attached. Please sign up by detaching the form below and dropping it in the offering basket or returning it to the parish office. For more information, contact Maria Laughlin, Director of Stewardship and Development, 206-382-4284.

**This is a FREE, no-strings-attached presentation which includes**

- Assurance that "putting your affairs in order" is easier than you may think
- Information on how to prepare your will
- Information on distributing your estate
- Information on guardianship issues
- Estate gifting techniques and more information on tax advantages
- Methods of increasing your retirement income
- An attorney available to answer your questions

## RSVP *Wills & Estate Planning Seminar*

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

I AM INTERESTED IN ATTENDING THE SEMINAR ON... (PLEASE CHECK ONE)

- ☐ **Wednesday AFTERNOON, March 21, 2:30pm-4:00pm, Pastoral Outreach Center**
- ☐ **Wednesday EVENING, March 21, 7:00pm-8:30pm, Pastoral Outreach Center**
- ☐ I can't attend, but please send me materials about Wills and Estate Planning.

*Please drop this form in the offering basket or mail to:*

Maria Laughlin, St. James Cathedral, 804 Ninth Avenue, Seattle, Washington 98104  
You may also e-mail [mlaughterlin@stjames-cathedral.org](mailto:mlaughterlin@stjames-cathedral.org) or call 206-382-4284