



Do not be unbelieving, but believe

Icon of the Resurrection of the Lord.

Joan Brand-Landkamer, Cathedral Iconographer

ST. JAMES CATHEDRAL
The Second Sunday of Easter

May 1, 2011

ORDER OF CELEBRATION FOR THE SECOND SUNDAY OF EASTER

Out of respect for the liturgy we are about to celebrate,
PLEASE TURN OFF ALL CELLULAR PHONES.

CELEBRATION OF THE SACRAMENT OF BAPTISM (10:00)

Father Michael G. Ryan, Presider

CELEBRATION OF THE BEATIFICATION OF BLESSED POPE JOHN PAUL II
ON DIVINE MERCY SUNDAY (Noon)

Archbishop J. Peter Sartain, Presider

CELEBRATION OF THE SACRAMENT OF CONFIRMATION (Sunday Evening)

Archbishop J. Peter Sartain, Presider

PRELUDE

(Noon) *Jezu Milosci Twej*

traditional Polish

O Matko Milosciwa

trad. Polish, arr. Sykulski

Zdormas Królowno Wyborna

Koszewski


Vivat Musica, Monika Stewart, conductor

(Sunday Evening) Choir of Forest Ridge School of the Sacred Heart
Alison Seaton, *director*


INTROIT FOR EASTER II

Quasi modo / As newborn infants long for milk

ST. ANNE



Antiphon 1. As new - born in - fants long for milk, We
Psalm 81 2. A loud shout raise to Ja - cob's God, Re -
3. Blow on the ram's horn on our feast, The
4. When Jo - seph came from E - gypt, he Re -
5. "I am the Lord who brought you out Of
Antiphon 6. As new - born in - fants long for milk, We



seek our heav'n - ly food, Which strength - ens, gives e -
joice in God our King; Sound tim - brels, pluck the
full moon and the new; This is a law of
ceived the sol - emn charge. A great voice said, "I
E - gypt and I said, If now you o - pen
seek our heav'n - ly food, Which strength - ens, gives e -



ter - nal life; O taste, the Lord is good.
mer - ry harp, And play the lyre and sing.
Ja - cob's God And Is - rael's stat - ute, too.
eased your load, And set your feet at large."
wide your mouth, You will be tru - ly fed."
ter - nal life; O taste, the Lord is good.

RENEWAL OF BAPTISMAL PROMISES (Sunday Evening) All respond, **I do.**

SPRINKLING RITE

Vidi aquam

Schubert, adapted

Al - le - lu - ia, Al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia!

WELCOMING OF THE CHILDREN TO BE BAPTIZED (10:00)

GLORIA

Schubert

Glo - ry, glo - ry to God in the high - est, and peace to his
Lord, Lord Je - sus Christ, on - ly Son of the
For you a - lone are the Ho - ly one, you a - lone

peo - ple on earth. Lord God, hea - ven - ly King, al - migh - ty God and
Fa - ther, Lord God, Lamb of God, you take a - way the
are the Lord. You a - lone are the Most High, Je - - - sus

Fa - ther. We wor - ship you, we give you thanks, we praise you
sin of the world, have mer - cy on us, You are sea - ted at the right
Christ, with the Ho - ly Spi - rit in the glo - ry of

for your glo - ry, we praise you for your glo - ry,
hand of the Fa - ther, re - ceive our pray'r, re - ceive our pray'r.
God the Fa - ther. A - - - men. A - - - men.

LITURGY OF THE WORD

READINGS [Acts 2:42-47; I Peter 1:3-9; John 20:19-31]

PSALM RESPONSE

Psalm 118

Proulx

Al-le-lu - ia, al - le - lu - ia, al-le-lu - ia.

(Noon)

chant

Al-le-lu - ia, al-le-lu - ia, al-le - lu - ia.

ALLELUIA

Palestrina/Monk

Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia.

CALLING OF THE CANDIDATES FOR CONFIRMATION (Sunday Evening)

HOMILY

Archbishop J. Peter Sartain (Noon, Sunday Evening)

Father Michael G. Ryan (10:00)

Father David A. Brant (Saturday, 8:00)

THE SACRAMENT OF BAPTISM (10:00)

GENERAL INTERCESSIONS

Schubert



LITANY OF SAINTS No. 827

THANKSGIVING OVER BLESSED WATER

Herbolsheimer, adapt.



BAPTISMAL ACCLAMATION

Herbolsheimer



SPRINKLING WITH BAPTISMAL WATER

Vidi aquam

Hurd

ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

THE SACRAMENT OF CONFIRMATION (Sunday Evening)

THE LAYING ON OF HANDS

ANOINTING WITH CHRISM

GENERAL INTERCESSIONS

Schubert

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 & Noon) "O'er death, no one could prevail" from

Christ lag in Todesbanden

Bach

O'er death, no one could prevail,
If mortal e'er came near him,
Through guilt all our strength would fail,
Our sinful hearts did fear him.
Therefore death did gain the day,
And lead in triumph us away,
Henceforth to dwell with death emprisoned, Hallelujah.

SANCTUS

German Mass

Schubert

mp
Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, _____
Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, _____
heav - en and earth are full, _____ full of your glo - ry. Ho -
san - na in the high - est, ho - san - na in the high - est.
Bless - ed is he who comes _____ in the name of the Lord. _____ Ho -
san - na in the high - est, ho - san - na in the high - est.

MEMORIAL ACCLAMATION German Mass

Schubert, adapted for St. James Cathedral

When we eat this bread, _____ when we drink this cup, _____
we pro-claim your death _____ un - til you come in glo - ry.

AMEN

German Mass

Schubert

A - men, a - men, a - men, a - men, a - men.

LORD'S PRAYER No. 246

AGNUS DEI

German Mass

Schubert

Have mer - cy on us. Give us your peace.

COMMUNION

Stretch forth your hand, and feel the place where the nails were, alleluia;
and be not doubtful but believing, alleluia, alleluia.

(10:00 & Noon)

“Now Jesus Christ, the Son of God”
“So keep we all this holy feast”
“With grateful hearts we all are met” from
Christ lag in Todesbanden

Bach


When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

HYMN OF PRAISE


O sons and daughters

O FILII ET FILIÆ


Refrain



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.




1. O sons and daugh - ters, let us sing!
 4. That night the a - pos - tles met in fear;
 5. When Tho - mas, first the ti - dings heard,
 6. "My wound - ed side, O Tho - mas, see;
 7. No long - er Tho - mas then de - nied,
 8. How blest are they who have not seen,



The King of heav'n, the glo - rious King,
 A - midst them came their Lord most dear,
 How they had seen the ris - en, Lord,
 Be - hold my hands, my feet," said he;
 He saw the feet, the hands, the side;
 And yet whose faith has con - stant been,

D.C.



O'er death to - day rose tri - umph - ing. Al - le - lu - ia!
 And said, "My peace be on all here." Al - le - lu - ia!
 He doubt - ed the dis - ci - ples' word. Al - le - lu - ia!
 "Not faith - less, but be - liev - ing be." Al - le - lu - ia!
 "You are my Lord and God," he cried. Al - le - lu - ia!
 For they e - ter - nal life shall win. Al - le - lu - ia!

SOLEMN BLESSING (Noon, Sunday Evening)

Archbishop: Blessed be the name of the Lord.

ALL: Now and forever.

Archbishop: Our help is in the name of the Lord.

ALL: Who made heaven and earth.

DISMISSAL



Thanks be to God, al - le - lu - ia, al - le - lu - ia.

ANTIPHON IN HONOR OF THE BLESSED VIRGIN MARY

(10:00)

Ave Maria

Saint-Saëns

(Noon)

Czarna Madonna

Golaszewska

POSTLUDE

Präludium in E Major

Lübeck

PROCESSIONAL ICON OF THE RESURRECTION (CHRIST AND ST. THOMAS) by Cathedral Iconographer Joan Brand-Landkamer.
 ACKNOWLEDGEMENTS: Gloria, Amen, and Agnus Dei from *A German Mass* by Franz Schubert, adapted by Richard Proulx, Psalm Response, and Alleluia copyright © 1986 GIA Publications, Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. General Intercessions Response and Memorial Acclamation from *Deutsche Messe* by Franz Schubert, adapted for St. James Cathedral. All rights reserved. Baptismal Acclamations from *St. James Mass for Peace* copyright © 1982 by Bern H. Herbolzheimer, adapted for St. James Cathedral. Used with permission. Introit for Easter II adapted by Christoph Tietze, copyright © 2004. Used with permission. All rights reserved.

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Suzanne Lee (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Brenda Bellamy, Bryan Long, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator
Lupita Gonzalez, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Peggy Behnken, Receptionist (206-622-3559)
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm, June through August. Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

THE CATHEDRAL ESPRESSO CART is up and running! Your friendly Cathedral baristas will be serving espresso drinks after the 10:00 Mass.

NEW IN THE BOOKSTORE The Women of St. James Schola have released their first CD, *Century of Chant*. Stop in to get a copy (or two!) today. Also: *Monks of Tibhirine*, the story of the Algerian monks Father Ryan referenced in his homily on Easter Sunday, as well as titles by our Tre Ore speaker for this year, Father Paul Murray.

CHORAL MUSIC THIS SUNDAY 12:00 NOON We welcome the Polish community's celebrated Vivat Musika! Conducted by Monika Stewert, the Polish members of the Cathedral Chamber Orchestra and the Radka family youth Psalmists. Sunday Evening we welcome the Forest Ridge School choir, Alison Seaton, director.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC?

You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session will begin Wednesday, May 11 at 7:00 pm in Cathedral Place, second floor. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org.

FINDING HOPE IN A TOPSY-TURVY JOB MARKET Join us on Tuesday, May 3 at 7:00 PM in Cathedral Place, second floor (803 Terry Ave.) This series incorporates efforts to search for a job within a context of faith and hope including sharing strategies and struggles with real life experiences of looking for a job. Sessions are facilitated by parishioners who are professionals in this field. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org (*This month's topic: Cover Letters*)

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Brendan in Bothell, St. Philip in Woodland, and St. Joseph the Worker Mission in Yacolt.*

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS Last week at the Easter Vigil we celebrated the sacraments of Baptism, Eucharist and Confirmation with our Elect, now "newly received." They will continue to wear their white baptismal robes through the Easter season until Pentecost. They are:

Julianne Nicole Arroyo, Bradley James Bambusch, Debra Ann Bicknell, Robert Scott Bugbee, Richard Lee (Francis) Buker, Jack Chang-Huei (Francis) Chen, Nan Chot-Cherberg, Sandy Flugel, Loran John (Christian) Frare, Jason Eric Klaes (Alban) Hoetger, Trevor Michael (Ignatius Loyola) Koba, Rachel Desiré (Sophia) Kortas, Axel Roger Lekea, Ange Charles Lekea, Divine Likele Lekea, Nicholas Charles (Francis) Louie, Henry Junior Mah, Olivia Miren Mathiesen-Sarriugarte, and Thai-Lan Thi (Marie) Nguyen. We welcome them to our parish family with great joy! Join us next Sunday, May 8 after the 10:00 Mass for a special reception to celebrate their initiation into the Catholic Church!

ATTENTION ALL HIGH SCHOOL STUDENTS The Youth Migrant Project is only a few months away where you will have an opportunity to serve the migrant families of Skagit Valley. Mark your calendars for July 24th-30th. Information meeting will be held May 8, 2011 after the noon Mass from 1:30-3:30 at the Pastoral Outreach Center. *Information*, Christine Henderson, 253-973-1441, chenderson@stjames-cathedral.org.

ARE YOU A CATHOLIC WHO HAS BEEN AWAY FROM THE CHURCH? Our Welcome Back program provides a safe place, in the company of others who are also examining their faith, to ask questions about returning to regular church attendance, returning to the sacraments, and to learn about changes in the church. The sessions are offered on Mondays, May 2 through August 1, 7:00-9:00pm on 2nd floor Cathedral Place. Classes are offered without any obligation. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

THE NEXT SENIOR TRIP will be Wednesday May 11. We will visit the Bremerton Naval Museum and explore the naval history of the region. In addition to the fascinating ship-building exhibits experience life as a sailor onboard one of the U.S. Navy's nuclear aircraft carriers. Explore where sailors sleep, what they eat, and how they spend their time. Please join us! Space is limited and priority will be given to registered parishioners. *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

DO YOU HAVE A CHILD WHO IS: At least 7 years old seeking Baptism in the Catholic Church? Or, at least 7 years old baptized in another Christian tradition seeking full communion in the Catholic Church? Or, at least 9 years old, baptized Catholic and needs to prepare for First Holy Communion? Please call for information about RCIA Adapted for Older Children, designed to teach children who fall within these guidelines about our Catholic faith and to prepare them for the Sacraments of Initiation. *Information and registration*, TerryAnn Bowen tbowen@stjames-cathedral.org or 206-382-2018.

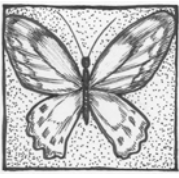
TAKE ME OUT TO THE BALLGAME! Join us for Cathedral Night at Safeco Field as the Seattle Mariners take on the New York Yankees on Friday, May 27 at 7:10pm. \$17/person (some accessible seating is available-first come, first serve). Reserve your tickets now! You can download the ticket order form at our parish website. *Information*, Theresa Van de Ven, 206-219-5822, tvandeven@stjames-cathedral.org

CYO SUMMER CAMPS The Catholic Youth Organization offers Residential Camps, Day Camps (with a new, fun theme each week!), and Adventure Trip for youth first grade through high school. At camp you can make new friends, try something new, sing by the campfire, and grow in your Catholic faith through prayer and the sacraments. CYO offers weekend camps for the whole family as well. Transportation and financial aid are available. This is your summer! *Information and registration*, www.camping.seattlecoyyam.org.

CABRINI MINISTRY TRAINING offers quality training for lay ministers, including five months of weekly sessions with emphasis on pastoral skills, along with ethics, self-awareness, and more. CMT graduates minister in parishes, hospitals, nursing homes, and prisons; giving solace to the elderly, persons with special needs, the homebound, the homeless, the dying, and many more. Plan to attend an Information Meeting on Monday, May 9 at Cathedral Place (7-8:30pm). *Information*, Tom Curran at 206-760-0583 Ext 4 or tomcurran@cabriniministry.org.

NEW ON THE WEBSITE Visit our Cathedral website to read Father Ryan's homilies for Holy Thursday and Easter Sunday online. You can also view photo albums of the great days of Holy Week and Easter, find out about coming events, and much more! www.stjames-cathedral.org

HELP A NEIGHBOR IN NEED Many people in our community need help with transportation, shopping, laundry, and housework. By volunteering just a few hours a month, you can help someone remain in his or her own home and avoid moving to an institutional setting. Training will be held Tuesday, May 3 at 7:00pm in the Mother Mary Rose Room of the Pastoral Outreach Center. *Information* Suzanne Lee, 206-654-4640 or slee@stjames-cathedral.org.



Praying at Home

May 2011

During the month of May, we pray in a special way to Mary, the Mother of God. Why is May Mary's month? "Is it only its being brighter than most are must delight her?" Gerard Manley Hopkins asked. "Spring's universal bliss/Much, had much to say/To offering Mary May... This ecstasy all through mothering earth/Tells Mary her mirth till Christ's birth." The following are two favorite prayers of John Paul II.

Blessed John Paul II on Mary

O Mother, you know the sufferings
and hopes of the Church and the world:
come to the aid of your children in the daily trials
which life brings to each one,
and grant that, thanks to the efforts of all,
the darkness will not prevail over the light.
To you, Dawn of Salvation, we commit
our journey through the new Millennium,
so that with you as guide
all people may know Christ,
the light of the world and its only Saviour,
who reigns with the Father and the Holy Spirit
for ever and ever. Amen.

Mother of the Redeemer,
with great joy we call you blessed.
In order to carry out His plan of salvation,
God the Father chose you before the creation of the world.
You believed in His love and obeyed His word.
The Son of God desired you for His Mother
when He became man to save the human race.
You received Him with ready obedience and undivided heart.
The Holy Spirit loved you as His mystical spouse
and filled you with singular gifts.
You allowed yourself to be led
by His hidden powerful action.
On the eve of the third Christian Millennium,
we entrust to you the Church
which acknowledges you and invokes you as Mother.
To you, Mother of human family and of the nations,
we confidently entrust the whole humanity,
with its hopes and fears.
Do not let it lack the light of true wisdom.
Guide its steps in the ways of peace.
Enable all to meet Christ,
the Way, the Truth, and the Life.
Sustain us, O Virgin Mary, on our journey of faith
and obtain for us the grace of eternal salvation.
O clement, O loving, O sweet Mother of God
and our Mother, Mary!

A Meal Prayer

Blessed be you, tender and loving Lord!
For you gave given us the Blessed Virgin Mary,
who gave birth in time to Christ, our Savior.
Through her intercession, we ask you to bless our daily bread
and drink, and to give us health and strength
to do your work. We ask this through Jesus,
Son of God and Son of Mary. Amen.

Adapted from *Blessings of the Table*
by Brother Victor-Antoine d'Avila-Latourrette

A Morning Prayer

The Liturgy of the Hours, the prayer of the Church, is full of wonderful prayers for the morning.

As morning breaks, I look to you, O God,
to be my strength this day. Alleluia!

A Prayer for Workers

May 1 is the feast of St. Joseph the Worker.

God our Father,
work is your gift to us,
a call to reach new heights
by using our talents for the good of all.
Guide us as we work and teach us to live
in the spirit that has made us your sons and daughters,
in the love that has made us brothers and sisters.
Grant this through Christ our Lord. Amen.
from The Liturgy of the Hours

Aspirations for May

Short prayers to memorize and pray throughout the day.

- My Mother, my hope.
- Mother of mercy, pray for us.
- O Mary, make me live in God, with God, and for God.

An Evening Prayer: the Magnificat

For centuries, Mary's canticle, the *Magnificat* (Luke 1: 46-55), has been associated with evening prayer.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my savior
for God has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me, and holy is his Name.
He has mercy on those who fear him in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Holy Father's Prayer Intentions for May

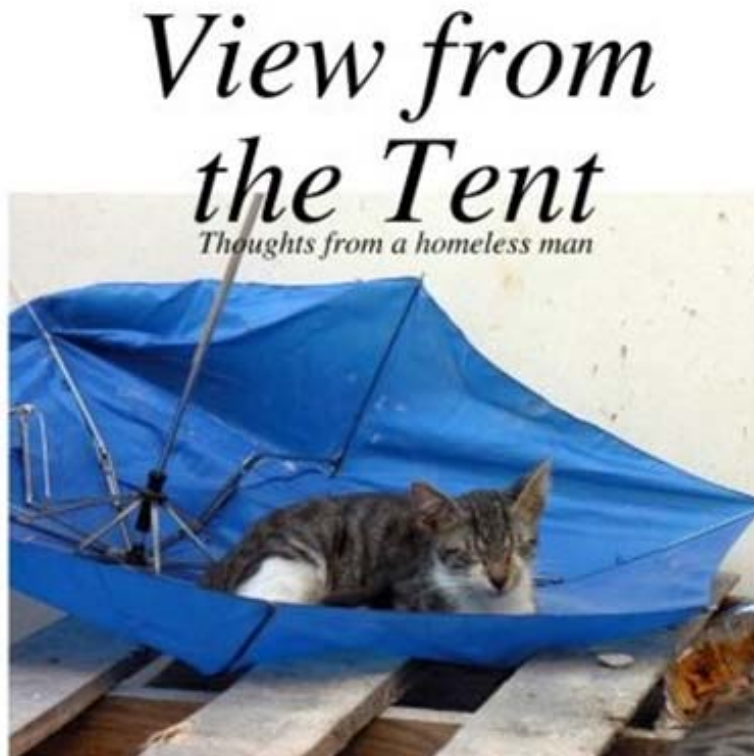
GENERAL INTENTION: That those working in communication media may respect the truth, solidarity, and dignity of all people.

MISSION INTENTION: That the Lord may help the Church in China persevere in fidelity to the Gospel, and grow in unity.

St. James Cathedral Housing Advocacy Committee Presents

A Dramatic Portrayal by Dan Niven of
Atreus, a Homeless Man

Based on M. Barrett Miller's Book *View from the Tent*



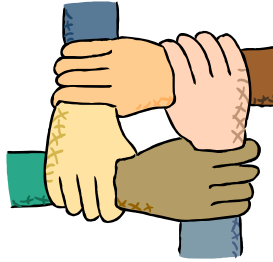
Wednesday, May 4th
7:00 pm in Cathedral Hall

Seattle actor Dan Niven has portrayed a variety of roles in Shakespeare plays, comedies, dramas, musicals, and interactive dinner theatre. He was co-director of *He Would Not Come Down* and stage manager of Stone Soup Theatre productions.

Free Will Offering To Benefit The Cathedral Kitchen & The Winter Shelter

YOUTH MISSION TRIP

Burlington, WA



July 24-30, 2011

St. James Cathedral and St. Mary's Parish join hands with the Youth Migrant Project to provide an experience for our teens from incoming freshmen to outgoing seniors.

What is the Youth Migrant Project?

The Youth Migrant Project is a summer long experience that provides senior high youth (class of 2011 - class of 2014) a unique and challenging opportunity to live in community and be of service to migrant families in the Skagit Valley. Parish youth groups serve for a week at a time throughout June, July and August. Participant jobs include: assisting in the day care centers, visiting the migrant camps, working in the fields, and providing donations. A participant's day also includes prayer, community building, leisure activities, and education about the needs of the poor.

Why are we participating?

As parishioners of St. James know, "I am in your midst as one who serves". We lead by our example. Our youth have this incredible opportunity to actively participate in social justice and hands-on ministry. The Youth Migrant Project's goals include:

1. Discovering and living Jesus' call to a life of loving service.
2. Understanding the importance of respecting the rights and responsibilities of all people
3. Learning that one does not have to travel to a third world country to work for justice and against poverty.
4. Experiencing the richness of the Latino culture.
5. Gaining valuable experience in a controlled setting to prepare youth for future mission experiences.
6. Making new friends, developing and deepening an awareness of their faith, and experiencing the universality of the Catholic Church.

How can I help?

There will be many ways to help both the teens and their mission. Consider becoming a prayer partner for one of the teens, attending a Mass on their behalf, chaperoning or donating items to take to the migrant community. There will also be opportunities to donate financially to support the mission, a teen, or the migrant families. Information on chaperoning, please contact Christine Henderson at the contact information below.

Are you an interested teen?

If so, come with your parent or guardian to the **Informational Meeting on Sunday, May 8th at 1:30pm in the Pastoral Outreach Center**. Contact Christine Henderson for more information 253-973-1441 or chenderson@stjames-cathedral.org.



Eucharist

The Center of Catholic Spirituality

A Day of Prayer and Renewal

Saturday, May 14, 2011 9:30am—2:30pm

Cathedral Place, 2nd Floor

On Saturday, May 14, 2011, join others during the Easter season to reflect on the amazing gift Jesus gives us in the Eucharist and its implications in our everyday lives. It will be a day of learning, sharing and praying. Helen Oesterle, Presenter.

Please bring a bag lunch—drinks & snacks provided.

To register please contact Theresa Van de Ven
206-219-5822, tvandeven@stjames-cathedral.org

“Those who eat my flesh and drink my blood abide in me and I in them.”



Caregiver Burnout

Saturday, May 14, 2011
Pastoral Outreach Center
10:00am—12:00pm

By popular demand, we are bringing STEVE EMMER, MSW, *Director of Care Consultation, ElderHealth Northwest*, back to discuss tips in dealing with caregiver burnout. There are both mental and physical challenges for taking care of those who cannot be independent. This includes taking care of family members, and also can apply to many of us in our everyday lives and employment. Please join us to learn more about how the caregivers can also take care of themselves.

You will learn the signs of burnout, both subtle and not so subtle, as well as tips on how to handle and prevent it. There will be ample time for questions as well.

Information, John Simpson, 206-274-3173
or email jsimpson@stjames-cathedral.org.

Sponsored by St. James Cathedral's Health and Healing Ministry