

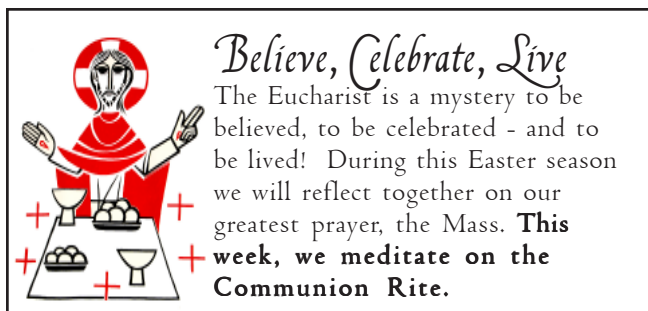
The one who sat on the throne said, “Behold, I make all things new!”

Detail of South Transept Resurrection Window, St. James Cathedral.

Charles Connick, artist

ST. JAMES CATHEDRAL
The Fifth Sunday of Easter

May 2, 2010



ORDER OF CELEBRATION FOR THE FIFTH SUNDAY OF EASTER

What is this bread? The Body of Christ.
What do those who participate in this bread become?
The Body of Christ! –*St. John Chrysostom*

Out of respect for the liturgy, *PLEASE TURN OFF ALL CELLULAR PHONES.*

FLASH PHOTOGRAPHY IS NOT PERMITTED. PLEASE DO NOT LEAVE YOUR PLACE TO TAKE PHOTOGRAPHS.

CELEBRATION OF THE SACRAMENT OF BAPTISM (Saturday 5:30pm)

FIRST COMMUNION SUNDAY (Noon)

rites of Welcoming and Acceptance (Sunday 5:30pm)

PRELUDE

Have mercy on me, O God, BWV 721

Bach

INTROIT FOR EASTER V

Cantate Domino / O sing a new song

ST. MAGNUS

Antiphon 1. O sing a new song to our Lord, Who
Psalm 98 2. God's sav - ing pow'r has been dis - played, With
3. For Is - rael's house God has re - called True
4. Make joy - ful nois - es to the Lord, Break
Antiphon 5. Give glo - ry to our lov - ing God, The
6. O sing a new song to our Lord, Who

has done won - drous deeds. God's strong right hand and
truth and con - stan - cy; God's strength and jus - tice
faith - ful - ness and love. The far - thest ends of
forth in har - mo - ny. Sing prais - es to the
Fa - ther, and the Son, And al - so to the
has done won - drous deeds. God's strong right hand and

ho - ly arm Have gained the vic - to - ry.
are re - vealed For all the world to see.
earth have seen The vic - t'ry from a - bove.
Lord our God With lyre and mel - o - dy.
Par - a - clete, E - ter - nal Three - in - One.
ho - ly arm Have gained the vic - to - ry.

WELCOMING OF THE CHILDREN TO BE BAPTIZED (Saturday 5:30pm)

RITE OF WELCOMING OF CANDIDATES FOR FULL COMMUNION (Sunday 5:30pm)

INTRODUCTION OF THE CANDIDATES FOR FULL COMMUNION

OPENING DIALOGUE WITH THE CANDIDATES

CANDIDATES' DECLARATION OF INTENT

AFFIRMATION BY THE SPONSORS AND THE ASSEMBLY All respond, **We are.**

RITE OF ACCEPTANCE OF CATECHUMENS (Sunday 5:30pm)

INTRODUCTION OF THE CATECHUMENS

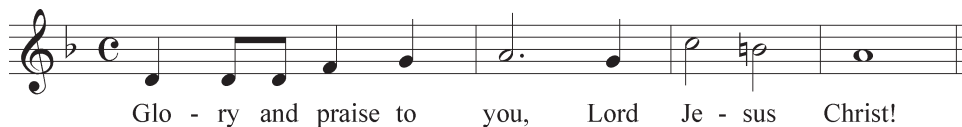
CATECHUMENS' FIRST ACCEPTANCE OF THE GOSPEL

AFFIRMATION BY THE SPONSORS AND THE ASSEMBLY All respond, **We are.**

All join in the response, **We praise you, Lord, and we bless you.**

SIGNING OF THE CATECHUMENS WITH THE CROSS

Young



SPRINKLING RITE

Vidi aquam

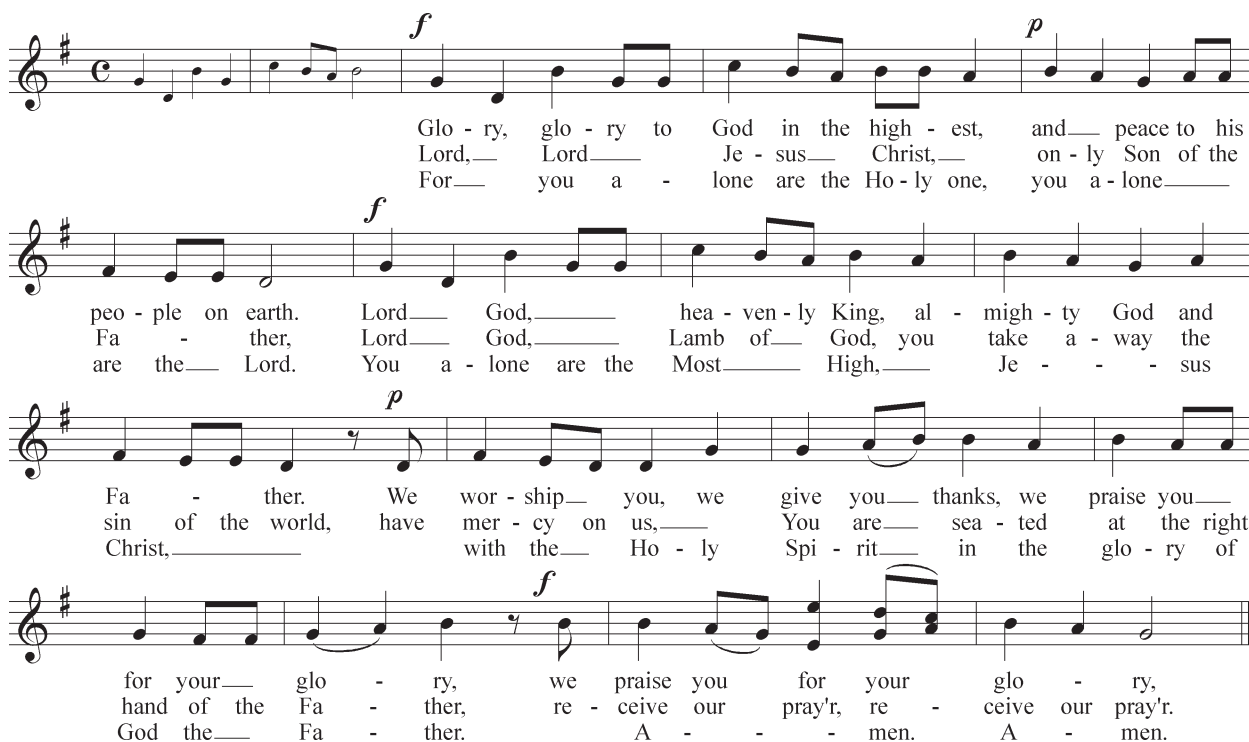
Schubert, adapted



GLORIA

German Mass

Schubert



LITURGY OF THE WORD

READINGS [Acts 14:21-27; Revelation 21:1-5a; John 13:31-35]

PSALM RESPONSE

Psalm 145

Proulx



ALLELUIA

Palestrina/Monk



HOMILY

Father Michael G. Ryan (Sat. 5:30pm & Sunday Noon)
Deacon David Olsen (all other Masses)

LIGHTING OF CANDLES OF THE FIRST COMMUNION CANDIDATES (Noon)

Berthier



RENEWAL OF BAPTISMAL PROMISES OF FIRST COMMUNION CANDIDATES (Noon)

All "echo" the children's response, I DO.

GENERAL INTERCESSIONS

German Mass

Schubert



DISMISSAL OF THE CATECHUMENS AND CANDIDATES (Sunday 5:30pm)

CELEBRATION OF THE SACRAMENT OF BAPTISM

(Saturday 5:30pm)

LITANY OF SAINTS No. 827

THANKSGIVING OVER BLESSED WATER

Herbolsheimer, adapt.



BAPTISMAL ACCLAMATION

Herbolsheimer



SPRINKLING WITH BAPTISMAL WATER

ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

The ANNUAL CATHOLIC APPEAL is an opportunity to participate in the work of the Catholic Church in Western Washington. Your generous response today will support more than 60 Archdiocesan ministries and services that are funded by the Appeal. Everything that is raised above our parish goal will come back to St. James to support parish ministries, like scholarships for parish children to attend area Catholic Schools. Please put your pledge card in the offering basket. Thank you for your generosity.

Offertory (10:00)

A New Song

MacMillan

SANCTUS

German Mass

Schubert

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, _____
Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, _____
heav - en and earth are full, _____ full of your glo - ry. Ho -
san - na in the high - est, ho - san - na in the high - est.
Bless - ed is he who comes _____ in the name of the Lord. _____ Ho -
san - na in the high - est, ho - san - na in the high - est.

MEMORIAL ACCLAMATION

German Mass

Schubert, adapted for St. James Cathedral

When we eat this bread, _____ when we drink this cup, _____
we pro-claim your death _____ un - til you come in glo - ry.

AMEN

German Mass

Schubert

A - men, a - men, a - men, a - men, a - men.

LORD'S PRAYER No. 246

AGNUS DEI

German Mass

Schubert



COMMUNION

I am the true vine, and you are the branches; whoever abides in me, and I in them, bears much fruit, alleluia, alleluia.

(10:00)

I am the vine

Herbolsheimer

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

HYMN OF PRAISE

Love divine, all loves excelling

HYFRYDOL



ANTIPHON IN HONOR OF THE BLESSED VIRGIN MARY (10:00, Noon, Sunday Evening)

10:00

Sunday Evening

Ave virgo sanctissima

Regina celi jublia

Skempton

Praetorius

POSTLUDE

Fuga sopra il Magnificat, BWV 733

Bach

PROCESSIONAL ICON OF THE BLESSED VIRGIN MARY, MOTHER OF GOD. ACKNOWLEDGEMENTS: Introit for Easter V by Christoph Tietze, copyright © 2005 by World Library Publications. Used with permission. Gloria, Amen, and Agnus Dei from *A German Mass* by Franz Schubert, adapted by Richard Proulx, Signing of the Catechumens Response, Psalm Response copyright © 1986 GIA Publications, Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. General Intercessions Response and Memorial Acclamation from *Deutsche Messe* by Franz Schubert, adapted for St. James Cathedral. All rights reserved. Baptismal Acclamations from *St. James Mass for Peace* copyright © 1983 by Bern H. Herbolsheimer. Reprinted with permission. All rights reserved.

THE CATHOLIC CHURCH IN WESTERN WASHINGTON

A FUTURE FULL OF HOPE

Today we are asking...



Photo: Carol Miller

**ALL MEMBERS OF ALL
PARISH COMMUNITIES
THROUGHOUT THE
ARCHDIOCESE OF
SEATTLE TO GIVE TO
THE ANNUAL
CATHOLIC APPEAL.**

**Your ONE gift supports
over 60 ministries and
services in Western
Washington.**

***If you're not doing so already, would you consider [a dollar a day](#), or an annual gift of \$365.00,
to support the many ministries and services of the Church in Western Washington?***



Annual
CATHOLIC
Appeal

St. James Cathedral

Results through April 25, 2010

Pledges received.....	176 (of 2,520 households)
% participation	7%
Combined Parish and Archdiocesan goal	\$470,330
Percent of goal reached.....	20%

Thank you to all who turned in or mailed in your pledge last week. **As you can see, we still have a long way to go to meet our goal!** Please turn in your pledge TODAY and be a part of this important Appeal. You may make a one-time gift or spread your gift out over as many as ten months. Visit www.seattlearch.org/aca for more information.

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

DEACON

David Olsen

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)
Rachael Ross, Administrative Assistant (206-903-4629)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Stephen Pace, Bryan Long, Brenda Bellamy, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator
Lupita Gonzalez, ESL Coordinator
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Linda Carr, Office Manager (206-622-3559 x3979)
Marilyn Maddeford, Receptionist (206-622-3559)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

PRAY FOR IMMIGRANTS This weekend, all across the country, people of various faith traditions will be praying for immigrants. Be a part of this powerful weekend of prayer to continue to move fair and just immigration reform forward for our families, our communities, and for our nation. Stop by our Justice for Immigrants table at coffee hour after the 10:00 mass, or attend our Immigration Dialogue today for an informal discussion on immigration issues from 11:15 - 11:45 am in the Pastoral Outreach Center. Look for the "Prayer for Immigrants and Exiles" on our website at www.stjames-cathedral.org/esl. *Information*, Christopher Koehler, 206-382-4511 or ckoehler@stjames-cathedral.org

COMMUNITY SUPPORTED AGRICULTURE The Environmental Justice Group is pleased to team up with Clean Greens Farm to bring community supported agriculture to St. James. Clean Greens Farm is a local farm that grows chemical- and pesticide-free produce, which will be delivered to St. James for pickup after the weekend masses. Subscribers can sign up for all or part of the growing season, June through October. This is a great way to eat healthy and support the movement for environmentally responsible farming practices. Members of the Environmental Justice Group will be present after masses today with more information and to answer your questions. *Information*, Patty Bowman, 206-382-4515 or pbowman@stjames-cathedral.org.

KATHRYN WELD, MEZZO-SOPRANO Friday, May 7, 8:15 pm Cathedral soloist Kathryn Weld sings sacred songs with texts from the Song of Songs as part of the Cathedral's Song of Songs festival, with Joseph Adam, piano. Compositions by Bern H. Herbolzheimer, Hindemith, Barber, Wolf, and others. Suggested donation \$15, students and seniors pay as able. *Information*, 206-382-4874.

SEATTLE PRO MUSICA Friday, May 14, 2010 8:15pm & Saturday, May 15, 2010 8:00pm Cathedral Resident Ensemble, Seattle Pro Musica continues the Song of Songs Festival with choral settings of texts from the Song of Songs from all over the world, including world premieres by Ivan Moody and Karen P. Thomas. *Information* 206-781-2766 or www.seattlepromusica.org.

PARISH REMEMBRANCE *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Brendan in Bothell, St. Philip in Woodland, and St. Joseph the Worker Mission in Yacolt.*

RCIA SPONSOR INFORMATION MEETING We continue to have many new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. On Wednesday, May 5, 7-9pm, Cathedral Place—second floor, there will be an information meeting to learn more about RCIA and the role of the sponsor. All training and support will be provided and the time commitment is reasonable—a minimum of 2 sessions a month (Wednesday evenings). The rewards are many, including renewal and update of your faith and “kudos” in heaven. *Information*, Helen Oesterle, 206-382-4514.

YOUNG ADULTS (21 - THIRTY-SOMETHING) “FIRST-THURSDAY” SOCIAL... The Capitol Club at 414 East Pine, Seattle continues to be a favorite of ours, so we will gather there for fun conversation, food and drink Thursday, May 6 at 7:00pm. The menu is “Tapas Style” with flavors from the Mediterranean. Enjoy great food in a comfortable environment! Serving casual class to the Hill since 1996, the Capitol Club is a favorite of those who enjoy a fun evening out – so bring your friends. *Information* youngadults@stjames-cathedral.org or TerryAnn Bowen 206-382-2018.

THE NEXT SENIOR TRIP will be Wednesday May 12. We will visit both the Washington State History Museum and the Museum of Glass in Tacoma. The search for Sasquatch, folk art treasures, icons of Washington, and, of course, watching artists transform molten glass into art in the Hot Shop will be just a few of the exhibits we’ll see. In between we’ll lunch at the Renaissance Café. Please join us! Space is limited and priority will be given to registered parishioners. *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

DETENTION MINISTRY “I was in prison and you visited me.” These words of Jesus call us to reach out with compassion to those in detention in our local prisons and jails. Tom Wagner, the Assistant Director of Pastoral Care Services for the Archdiocese, will be speaking on the joys and challenges of detention ministry. Come, learn more, and explore whether you are being called to this important ministry. Thursday, May 13, 7:00 pm, in the Pastoral Outreach Center. *Information*, Patty Bowman, 206-382-4515, or pbowman@stjames-cathedral.org. .

WORLDWIDE MARRIAGE ENCOUNTER It takes much effort just to make ends meet in our world today. Do you wish you could talk about something besides all the stresses in your lives? A Worldwide Marriage Encounter Weekend gives you the time and tools to revitalize romance, deepen communication, and nourish the spirituality in your marriage. Coming weekends are June 4-6, Tacoma area and June 11-13, Seattle area. *Information* John and Martha Ryland (Tacoma), 253-859-9174, jmryland@comcast.net or Rory and Dawn Myers (Seattle), 206-772-2344, seattlewwme@yahoo.com

CANTILENA, A MEDIEVAL OPEN SING Sunday, May 16, 2010 7:00pm Medieval Women’s Choir director Margriet Tindemans will direct several settings of texts from the Song of Songs, mostly in Latin. Scores in modern notation will be provided. Space is limited in the beautiful Chapel at St. James Cathedral. *Registration and information* 206-264-4822 or www.medievalwomenschoir.org.

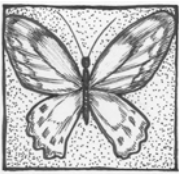
PEOPLE WITHOUT HOMES: FROM AWARENESS TO ACTION Since its inception last year, the St. James Housing Advocacy Committee has worked to increase action within the parish to end homelessness. On Thursday, May 20 we are hosting a presentation by Laura Clark and Rich Gamble at 7pm in Cathedral Hall. Laura will share her experience of living through homelessness and the knowledge she has gained through two decades of work in human services. Rich, a Catholic Community Services employee, will help us learn how our efforts and advocacy can make a difference. Join us as we increase our resolve and deepen our awareness of how to effectively end homelessness in our community. *Information*, Jennifer Ibach 206-654-4640, jibach@stjames-cathedral.org.

MEDIEVAL WOMEN'S CHOIR Saturday, May 22, 2010, 8:00pm The Cathedral Resident Ensemble continues the Song of Songs Festival with medieval settings of texts from the Song of Songs and new settings by Karen P. Thomas and Shira Kammen. Ms. Kammen will be playing medieval fiddle and harp. *Information* 206-264-4822, www.medievalwomenschoir.org.

POST-TRAUMATIC STRESS DISORDER (PTSD)—BEYOND RETURNING HOME Tuesday May 25, 7:00pm, Pastoral Outreach Center. Matthew Jakupcak, PhD and Michelle Upham, MSW, Deployment Health Clinic of the VA Puget Sound Health Care System, will discuss the challenges Iraq/Afghanistan veterans face in reintegrating their personal and professional lives following a combat tour. Anyone interested in or touched by PTSD is invited to come and learn about the physical and mental stressors associated with combat. Sponsored by the Health and Healing Ministry.

SPRING BLOOD DRIVE THANK YOU There were 40 participants in the Spring Blood Drive, for a total potential benefit of up to 81 different patients. This is a powerful support for our community and the help provided to those patients will echo through the relief of families, friends, and care providers. The Puget Sound Blood Center and the St. James Health and Healing Ministry extend a grateful thank you to all who participated.

ART OF THE SONG OF SONGS Now through May 31, the Cathedral Chapel is home to an exhibition by local artists entitled *The Pleasures of the Garden*. The works depict gardens, fruit, flowers, music, light, and shadow – imagery inspired by the Old Testament Song of Songs. Visit www.stjames-cathedral.org/song for more information about the Song of Songs Festival.



Praying at Home

May 2010

During the month of May, we pray in a special way to Mary, the Mother of God. Why is May Mary's month? "Is it only its being brighter than most are must delight her?" Gerard Manley Hopkins asked. "Spring's universal bliss/Much, had much to say/To offering Mary May... This ecstasy all through mothering earth/Tells Mary her mirth till Christ's birth."

The Saints Speak of Mary

Let the soul of Mary be in each one of you to magnify the Lord. Let the spirit of Mary be in each one to exult in God. According to the flesh one woman is the mother of Christ, but according to faith, Christ is the fruit of all people. —St. Ambrose

We know very well that the Blessed Virgin is Queen of heaven and earth, but she is more Mother than Queen.... What the Blessed Virgin has more than we have is the privilege of not being able to sin, she was exempt from the stain of original sin; but on the other hand, she wasn't as fortunate as we are, since she didn't have a Blessed Virgin to love. And this is one more sweetness for us and one less sweetness for her! --St. Thérèse of Lisieux, *Last Conversations*

O Mary, your name has been on my lips and in my heart from my early infancy. When I was a child I learned to love you as a Mother, turn to you in danger, and trust your intercession. I greet you, Mother, morning and evening; I pray to you as I go on my way; from you I hope for the inspiration and encouragement that will enable me to fulfill the sacred promises of my earthly vocation, give glory to God, and win eternal salvation. O Mary! Like you in Bethlehem and on Golgotha, I too wish to stay always close to Jesus. He is the eternal King of all ages and all peoples. Amen. —Blessed Pope John XXIII

A Morning Prayer

The Liturgy of the Hours, the prayer of the Church, is full of wonderful prayers for the morning.

As morning breaks, I look to you, O God,
to be my strength this day. Alleluia!

A Prayer for Workers

May 1 is the feast of St. Joseph the Worker.

God our Father,
work is your gift to us,
a call to reach new heights
by using our talents for the good of all.
Guide us as we work and teach us to live
in the spirit that has made us your sons and daughters,
in the love that has made us brothers and sisters.
Grant this through Christ our Lord. Amen.

from The Liturgy of the Hours

Aspirations for May

Short prayers to memorize and pray throughout the day.

- My Mother, my hope.
- Mother of mercy, pray for us.
- O Mary, make me live in God, with God, and for God.

A Meal Prayer

Blessed be you, tender and loving Lord!
For you have given us the Blessed Virgin Mary,
who gave birth in time to Christ, our Savior.
Through her intercession, we ask you to bless our daily bread
and drink, and to give us health and strength
to do your work. We ask this through Jesus,
Son of God and Son of Mary. Amen.

Adapted from *Blessings of the Table*
by Brother Victor-Antoine d'Avila-Latourrette

Pope Benedict XVI Prays to Mary

From the Holy Father's first encyclical, *Deus Caritas Est*.

Holy Mary, Mother of God,
you have given the world its true light,
Jesus, your Son – the Son of God.
You abandoned yourself completely to God's call
and thus became a wellspring of the goodness
which flows forth from him.
Show us Jesus. Lead us to him.
Teach us to know and love him,
so that we too can become
capable of true love
and be fountains of living water
in the midst of a thirsting world. Amen.

An Evening Prayer: the Magnificat

For centuries, Mary's canticle, the *Magnificat* (Luke 1: 46-55), has been associated with evening prayer.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my savior
for God has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Holy Father's Prayer Intentions for May

GENERAL INTENTION: That the shameful and monstrous commerce in human beings, which sadly involves millions of women and children, may be ended.

MISSION INTENTION: That all involved in apostolic work may understand how to infuse missionary enthusiasm into the communities entrusted to their care.

Believe, Celebrate, Live

#4: COMMUNION

May 2, 2010

The Eucharist is a mystery to be BELIEVED, and CELEBRATED, and LIVED! This Easter season a spoken reflection at each Mass and a series of bulletin inserts will help us explore the Mass more deeply.

The Lord's Prayer

The Lord's Prayer is said or sung almost every time the Church gathers for prayer. Even when communion is taken to the sick, the brief prayers accompanying the rite always include the Lord's Prayer. And it is prayed at every Mass, where it marks the beginning of the Communion Rite.

The Lord's Prayer is a prayer for the coming of the kingdom, an "Advent" prayer, as it were. But it is also a community prayer for reconciliation and forgiveness. When Jesus taught us to pray, he taught us to pray *together*: "we," not "I." He taught us to look, as a community, to the coming of the kingdom, without neglecting to ask for "our daily bread." And he taught us to seek forgiveness, not only from God but from each other: "forgive us our trespasses, as we forgive those who trespass against us." For St. Augustine, these words of forgiveness had special importance when the prayer was said at Mass: "As a result of these words we approach the altar with clean faces; with clean faces we share in the body and blood of Christ."

Sign of Peace

The Sign of Peace "generated perhaps more opposition and controversy than any of the changes in the liturgy after the Second Vatican Council" (Champlin). Shaking hands in church?! And yet it is an ancient practice, vouched for by none other than St. Paul himself, who told the Romans to "greet one another with a holy kiss" (16:16). Tertullian called the kiss of peace "a seal set upon the prayer."

The peace is a ritual moment, not "a greeting or a welcome, but rather a sign and vehicle of reconciliation" (Champlin). As we exchange the sign of peace with those around us, we come face to face with Christ's presence in the assembly of which we are a part, a presence which can be harder to grasp, at times,



than his presence under the veil of a sacrament in bread and wine. The Church provides no specific words and no specific sign for this moment. This rite is celebrated by the faithful, and every community is free to pray this moment of reconciliation in its own way.

The Breaking of the Bread

"Christ's gesture of breaking bread at the Last Supper... gave the entire Eucharistic Action its name in apostolic times" (GIRM 83). The breaking of bread was central to St. Paul's understanding of the church itself: "Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf" (1 Cor 10:17).

As the bread is broken, we pray a litany: "Lamb of God, you take away the sins of the world: have mercy on us.... Grant us peace." This litany has a different function from the Kyrie with which the Mass began,

and which it echoes. As Father Champlin observes, “the word ‘mercy’ means more than our customary English ‘forgiveness’ or ‘compassion.’” It would be a mistake to hear this as a plea to a just judge—a plea not to be punished. Rather, in asking Jesus the Lamb to “have mercy on us,” we are imploring “all of God’s blessings” (Champlin).

The bread is broken; the wine is poured. The priest takes the broken host and raises it, with the chalice, for all to see. And then he invites the people to communion in words that echo the litany just prayed, and the words of the angel to Saint John in Revelation 19: 9: “This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.” At this moment, as we wait to come forward to receive the body and blood of Christ, we are also, in a sense, waiting for the culmination of all things, the marriage supper of the Lamb.

Communion Procession

From the Gospels, we know that the Last Supper was anything but a passive event. Jesus washed the feet of his disciples; they prayed together as he broke the bread; and when he foretold his betrayal, “they began to be distressed and to say to him, one by one, ‘Surely it is not I?’” (Mark 14: 19).

For us, too, communion is a moment of decision and action, a moment when we let Jesus serve us, and when we are challenged to declare our faith in him. Communion is not brought to us where we are; we do not pass a plate along each row. No, we move, we stand up, we go forward to the altar: we make a choice. And we do not receive the body and blood of Christ in silence, but with music and with dialogue. “The body



of Christ.” “Amen.” “The blood of Christ.” “Amen.”

The procession is an expression of community: in it the body of Christ is given under one sign, and formed under another. But at the same time, communion is a private moment, when each Christian individually approaches and, one by one, receives God’s gift of himself. St. Cyril, in his 4th

-century instructions to the neophytes of Jerusalem, captures the wonderful mystery and intimacy of this moment: “When you come forward, do not draw near with your hands wide open or with your fingers spread apart; instead, with your left hand make a throne for your right hand, which will receive the King. Receive the Body of Christ in the hollow of your hand and give the response: ‘Amen’.... Draw near also to the cup of his Blood... and say: ‘Amen’... Then, while waiting for the prayer, give thanks to God who judged you worthy of such mysteries.”

Continue your exploration of the Mass at www.stjames-cathedral.org/believe.

In the next issue: SENDING FORTH.

Corinna Laughlin, Director of Liturgy

For Further Reading

- Joseph Champlin. *Mystery and Meaning of the Mass*
- Lucien Deiss. *The Mass*
- Jeremy Driscoll, OSB. *What Happens at Mass*.
- Lawrence J. Johnson. *The Mystery of Faith: A Study of the Structural Elements of the Mass*
- Cardinal Jean-Marie Lustiger. *The Mass*
- Timothy Radcliffe. *Why Go to Church?*

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For Reflection and Discussion

- BELIEVE IT. How does the Real Presence of Christ in the Eucharist challenge you? Comfort you? Change you?
- CELEBRATE IT. Is the reception of Holy Communion a private moment or a communal moment? Or both?
- LIVE IT. Do you remember your First Communion? How does receiving the Body and Blood of Christ in the Eucharist impact your life?





World Religions AN ENCOUNTER IN SEATTLE II

*How do we come to understand and dialogue
with others from different faith traditions?*

JOIN US FOR TWO SPECIAL EVENINGS OF DIALOGUE AND
PRAYER AS WE EXPLORE DIFFERENT FAITH TRADITIONS:

Tuesday, May 11

Muslim and Sufi Ways of Praying and Living

A panel of “ordinary” women and men [persons from Turkey and a Whirling Dervish from the lineage of the famous poet Rumi] who will share experiences of daily life as a Muslim in this society. The goal is to awaken each of us to the faith of Islam as it is practiced by men and women locally so that we can understand and dialogue more compassionately in our communities.

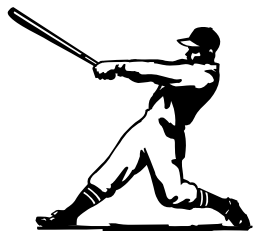
Tuesday, May 18

Visual Journey through Eastern Ways of Praying

Want to see how people pray and seek healing on the island of Bali and beyond? Come on a visual pilgrimage alongside a veteran traveler and teacher who encounter world religions from the inside on a one year pilgrimage in Asia. Meet “holy men”, healers and sacred sites for women and men for more than three millennia. Eastern spiritual traditions come alive on this evening of stories and images.

Both evenings are from 7:00-9:00pm in Cathedral Hall and are open to all who are interested. Presenter and convener: Tim Malone, M.Div. (teacher and spiritual director involved in inter-religious dialogue locally and in Asia). Suggested donation: \$5/event. To assist in planning, please RSVP (if you are not already participating in the series) by contacting Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

At left: Jubilee banner created by Kitty Kavanaugh, inspired by Gustav Klimt



ST. JAMES CATHEDRAL NIGHT
AT SAFECO FIELD

SEATTLE MARINERS

VS

NEW YORK YANKEES

FRIDAY, JULY 9, 7:10 pm

\$17 per person *(includes \$1 for postage)*

Please complete the form below and return with payment *no later than May 30th!* You can drop it off at the Parish Office or mail to : Theresa Van de Ven, 804 9th Ave., Seattle, WA 98104, Attn: Mariners

****Ticket availability based on first come-first serve*

Information: Helen Oesterle, 206-382-4514,
hoesterle@stjames-cathedral.org

.....
Name _____ Date _____

Address _____ Zip _____

Phone numbers, e-mail _____

of tickets _____ X \$17= \$ _____ (Total due)

Special needs, requests** (I.e. accessible seating, no stairs, etc.)

If available, would you like to get van transportation to Safeco Field?

Yes _____ No _____ # of seats _____ (Additional \$1 per person)

***Special needs will be accommodated based on available seating
at time of receiving ticket order.*

Tickets mailed _____ Date mailed _____ Ticket #'s _____