



“Master, it is good that we are here”

*Icon of the Transfiguration of the Lord
Joan Brand-Landkamer, Cathedral Iconographer*

ST. JAMES CATHEDRAL
The Second Sunday of Lent

February 22, 2009

Welcome to St. James Cathedral

This Order of Celebration is provided to help you participate actively in the Mass. It includes many of the sung portions of the Mass. You can find the text for the spoken responses of the Mass at Nos. 229-250 in the red *Worship* hymnal.

ORDER OF CELEBRATION FOR THE SECOND SUNDAY OF LENT

OUT OF RESPECT FOR THE LITURGY WE ARE ABOUT TO CELEBRATE,
PLEASE TURN OFF YOUR CELLULAR PHONE.

INTROIT

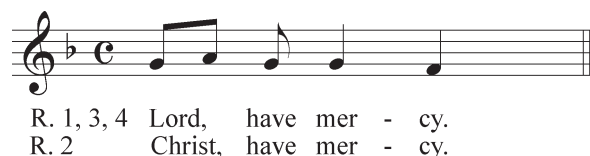
Introit for Lent II *Tibi dixit*

adapt. Stratman



PENITENTIAL RITE Text of Confiteor at No. 231

Vatican XVII



DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

OPENING PRAYER

LITURGY OF THE WORD

READINGS No. 792

GRADUAL PSALM

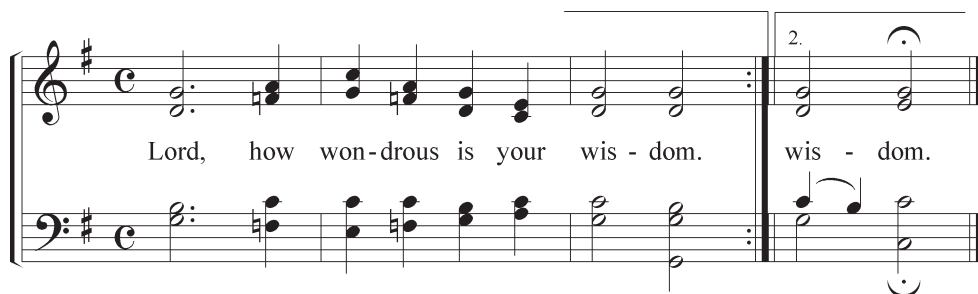
Psalm 27

Kreutz



GOSPEL TRACT

Stratman



HOMILY

Father David A. Brant (Sunday Evening)
Father Michael G. Ryan (all other Masses)

DISMISSAL OF THE ELECT (10:00)

adapt. Stratman

Cantor: I give them life long and full;
ALL: And I show them my power to save, says the Lord.

CREED No. 238 *chanted on one tone*
(10:00 and Sunday Evening)

chant, *Jubilare Deo*

Presider Credo in unum Deum,

Schola Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

*We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is seen and unseen.*

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,
Fi - li - um De - i u - ni - ge - ni - tum.

*We believe in one Lord,
Jesus Christ,
the only Son of God,*

Schola Et ex Patre natum ante omnia sæcula.

eternally begotten of the Father,

ALL

De - um de De - o, lu - men de lú - mi - ne,
De - um ve - rum de De - o ve - ro.

*God from God, Light from Light,
true God from true God,*

Schola Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

*begotten, not made,
one in being with the Father:
through him all things were made.*

ALL

Qui pro-pter nos hó - mi - nes et prop-ter no-stram
sa - lú - tem de-scén-dit de cæ - lis.

*For us and for our salvation
he came down from heaven:*

ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,
et homo factus est.

*by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.*

ALL

Cru-ci - fí - xus é - ti - am pro no - bis
sub Pón-ti - o Pi-lá-to; pas-sus et se-púl - tus est.

*For our sake he was crucified
under Pontius Pilate;
he suffered, died, and was buried.*

Schola Et resurrexit tertia die, secundum Scripturas.

*On the third day he rose again
in fulfillment of the Scriptures;*

ALL

Et a - scén - dit in cæ - lum,

se - det ad déx - te - ram Pa - tris.

*he ascended into heaven and is seated
at the right hand of the Father.*

Schola Et iterum venturus est cum gloria,
judicare vivos et mortuos,
cuius regni non erit finis.

*He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.*

ALL

Et in Spí - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -

cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

*We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.*

Schola Qui cum Patre et Filio simul
adoratur et conglorificatur:
qui locutus est per prophetas.

*With the Father and the Son
he is worshiped and glorified.
He has spoken through the prophets.*

ALL

Et u - nam, san - ctam, ca - thó - li - cam

et a - pos - tó - li - cam Ec - clé - si - am.

*We believe in one holy catholic
and apostolic Church.*

Schola Confiteor unum Baptisma in remissionem peccatorum.

*We acknowledge one baptism
for the forgiveness of sins.*

ALL

Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

*We look for the resurrection
of the dead,*

Schola Et vitam venturi sæculi.

and the life of the world to come.

ALL

A - - - - - men.

GENERAL INTERCESSIONS

Litany of Saints

Lord, we ask you, hear our prayer.

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

“Let all the angels of God” from *Messiah*

Handel

Unto which of the angels said he at any time,
Thou art my Son, this day have I begotten thee?
Let all the angels of God worship him.

SANCTUS

Vatican XVIII

San-ctus, San-ctus, Sanc-tus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MEMORIAL ACCLAMATION

Proulx

Lord, by your cross and re-sur-rec-tion you have
set us free. You are the Sav-ior of the world.

AMEN No. 350

chant

AGNUS DEI

Vatican XVII

R. 1, 2 mi-se-re-re no-bis.
R. 3 do-na no-bis pa-cem.

COMMUNION

Tell no one about the vision you have seen
until the Son of Man has risen from the dead.

(10:00)

“Behold the Lamb of God” from *Messiah*

Handel

Behold the Lamb of God, that taketh away the sin of the world.

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**.
This is the norm for large assemblies in the Archdiocese of Seattle
and we thank you for following our practice.

HYMN OF PRAISE No. 700

’Tis good, Lord, to be here

SWABIA

PROCESSION

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy,
Sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator
Lupita Gonzalez, ESL Coordinator
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Linda Carr, Office Manager (206-622-3559 x3979)
Marilyn Maddeford, Receptionist (206-622-3559)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

ECUMENICAL PRAYER with music from Taizé, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME—AND WELCOME BACK! If you are a visitor or a newcomer, we want you to know how welcome you are at St. James Cathedral. You're invited to visit a welcome table at the coffee hours in Cathedral Hall. You'll have a chance to ask questions and find out more about St. James Cathedral. If you're a Catholic who's been away from the Church, there's an opportunity to talk to a member of our "Welcome Back" team in an informal setting at the "Come Home Café" in Cathedral Hall.



CHORAL MUSIC AT 10:00 Each Sunday during Lent, the Cathedral Choir and Soloists will sing music from the Lenten portion of Handel's Messiah.

NEW IN THE CATHEDRAL BOOKSTORE We have a wide variety of great Lenten reading in stock. Also, if you are a Catholic who may be returning to the practice of your faith, visit our "Catholics Come Home" section for a great selection of books on the faith and guides to understanding and participating in the Mass.

NEW ON THE WEBSITE Relive *Great Music for Great Cathedrals* by visiting the album online. Father Ryan's Ash Wednesday homily is available. And we have a new page geared towards Catholics who are "coming home" to the practice of their faith. Also: St. James is now on Facebook! Follow the link on the main page to become a fan. www.stjames-cathedral.org

LENTEN HOLY HOUR Each Friday during Lent, we will have a Holy Hour with Exposition of the Blessed Sacrament at 12 Noon. Holy Hour includes the Liturgy of the Hours, meditations, rosary, and Benediction of the Blessed Sacrament.

CONFESSION TIMES In addition to our regular confessions on Saturday afternoons (4-5pm), this Lent we are offering two additional opportunities to celebrate this important sacrament: Tuesdays, 7:45-8:10am, and 5:00-5:25pm. Please also mark your calendar for the Day of Reconciliation, Saturday, March 20, when confessions will be heard from 10:00am to 5:00pm.

YOUNG ADULTS (21-30-SOMETHING) "FIRST-THURSDAY" SOCIAL We will go back to one of our favorite locations for our first Thursday in March social gathering... On Thursday, March 4 we will meet at The Capitol Club, 414 East Pine, Seattle, at 7:00pm. Menu is "Tapas Style" with flavors from the Mediterranean. Enjoy great food in a comfortable environment. Serving casual class to the Hill since 1996, the Capitol Club is a favorite of those who enjoy a fun evening out. *Information* youngadults@stjames-cathedral.org or TerryAnn Bowen 206-382-2018.

PARISH REMEMBRANCE *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Joseph in Chehalis, Vancouver, and Pe Ell.*

OPERATION RICE BOWL Jesus' transfiguration was a moment of hope for the disciples, giving them the strength to endure the future sacrifices they would make as they formed the early Church. As we continue our journey with Catholic Relief Services' Operation Rice Bowl, let us be mindful that our Lenten sacrifices help to give hope to our brothers and sisters in need. This week, Rice Bowl focuses on Bolivia, where many work in farming and agriculture. Thanks to CRS programs in Bolivia, farmers are forming cooperatives, learning to diversify their crops, increasing their crop yield, and preserving the environment. For more information on Bolivia, refer to your Rice Bowl calendar or visit CRS online at <http://orb.crs.org/countries/bolivia/>



JOURNEY OF THE ELECT

Lent is a particularly special time for the Elect who have been journeying towards baptism, Eucharist and confirmation at the Easter Vigil. As part of their preparation, the Church celebrates anointing with the oil of the Catechumen, blessings and exorcisms. Beginning next weekend, we will join in prayer for our Elect as they participate in the ancient ceremonies called the Scrutinies that symbolize the spiritual purification taking place in their lives as they prepare for baptism. Through these Scrutinies, blessings and anointings, the Elect are encouraged to reflect more deeply on their own spiritual challenges and weaknesses. At the same time, these rites offer powerful prayers of faith, hope and strength on their behalf, calling upon God's grace and mercy to penetrate their entire lives. Please continue to keep them in your prayers.

LENTEN PRAYER PARTNERS FOR THE ELECT It is not too late to "adopt" one of our Elect as they prepare to celebrate the sacraments of Baptism, Confirmation and Eucharist. You are asked to pray everyday for him/her asking for God's blessings and guidance. Also, notes and cards will be collected during Holy Week to be given to the Elect before Easter. Prayer cards are available at the place of prayer located in the north aisle of the west nave of the Cathedral (where you can also learn more about each of them in our Book of the Elect), in the bookstore, and in Cathedral Hall during Sunday morning hospitality. You can also meet our Elect by going to our parish website: www.stjames-cathedral.org Your prayers make a difference!!! *Information* Helen Oesterle, 206-382-4514.

FOUNDATIONS IN FAITH—SACRAMENTS AND

LITURGY Sunday, March 7 at St. Peter's in Beacon Hill from 1:30-5:30 PM. Participants will explore the seven sacraments and their symbols, ritual actions, and effects. They will understand sacramentals and their use. The class will look at all aspects of Eucharist Liturgy: its relationship to the Paschal Mystery; the Liturgical Year and the Lectionary cycle; its structure; why it is the "source and summit" in the life of the Christian. If possible, please bring your Bible and copy of the Catechism to the class. Cost: \$5 per class. (Co-sponsored by St. James Cathedral with the South Seattle Deanery) *Information*, Helen Oesterle, 206-382-4514.

HELP CREATE A COMMUNITY OF COMPASSION Are you interested in joining other St. James parishioners to provide companionship and assistance to a person living with HIV/AIDS and/or recovering from addiction? To get involved, join our partner Multifaith Works for a volunteer training from 8:45-4:45pm on Saturday, March 20 at Mt. Zion Baptist Church (1634 19th Ave, Seattle). *Information*, Jennifer Ibach, 654-4640 or jibach@stjames-cathedral.org.

MARCH BOOK GROUP SELECTION: WHAT IS THE WHAT Join us on Tuesday, March 23 for a discussion of *What is the What* by Dave Eggers. Valentino Achak Deng, real-life hero of this engrossing epic, was a refugee from the Sudanese civil war. Available in the Cathedral Bookstore. *Information*, Chris Koehler 206-382-4511 or ckoehler@stjames-cathedral.org

A LENTEN RETREAT FOR THOSE WHO ENTERED THE CHURCH THROUGH RCIA At your baptism or reception into the Church you were called to become part of this Catholic faith community. Now, it is months, years, perhaps decades later. What does being a baptized Catholic mean now? Join others on Saturday, March 13 from 9:30-12:30 at Cathedral Place, fourth floor for a special time of prayer, faith sharing, and fellowship with others. *Information*, Helen Oesterle, 206-382-4514.

SACRAMENT OF THE SICK During this Lenten season of penance, healing, and forgiveness we will offer a communal celebration of this sacrament on Thursday, March 18 at the 5:30 Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick, or have questions, please contact John Simpson, Pastoral Care Minister. *Information* 206-274-3173 or jsimpson@stjames-cathedral.org.

"LORD, TEACH US TO PRAY": A REVIEW OF THE LORD'S PRAYER (A Lenten Bible Study) Tuesdays, March 2, 9, 16 & 23, 1:00-3:00 PM or 7:00-9:00 PM, Cathedral Place, second floor. Join us as we reflect upon the rich teachings and insights of the Catholic Church, as articulated in the Catechism, on this great prayer that Jesus gave us. No Bible experience needed! *Information*, Helen Oesterle, 206-382-4514.

CABINET MAKER/FINISH CARPENTER needed for a small repair project in the Rectory. *Information*, Larry Brouse, 206-382-4280 or email lbrouse@stjames-cathedral.org.



Praying at Home

March 2010

On praying together

March 24, 2010 marks the 30th anniversary of the assassination of Archbishop Romero of El Salvador. This month, we let him speak to us about praying the Mass:

How beautiful is the Mass, especially when celebrated in a cathedral filled like ours on Sundays, or even when celebrated simply in village chapels with people full of faith, who know that Christ, the King of Glory, Eternal Priest, is gathering together all that we bring him from the week: sorrows, failures, hopes, plans, joys, sadness, pain! How many things each one of you, brothers and sisters, brings to your Sunday Mass! And the Eternal Priest gathers them in his hands and by means of the human priest who celebrates lifts them up to the Father as the product of the people's labor. United to my sacrifice present on this altar, the people are made godlike, and now leave the cathedral to keep on working, to keep on struggling, to keep on suffering, but ever united with the Eternal Priest, who remains present in the eucharist so that we can meet him the next Sunday also.

Archbishop Oscar Romero, May 28, 1978

Holy Father's Prayer Intentions for March

GENERAL INTENTION: That the world economy may be managed according to the principles of justice and equity, taking account of the real needs of peoples, especially the poorest.

MISSION INTENTION: That the Churches in Africa may be signs and instruments of reconciliation and justice in every part of that continent.

A Lenten Meal Prayer

During Lent, our fasting and abstinence make us mindful of the millions in our world who suffer from hunger and malnutrition. Why not make your Lenten "Rice Bowl" the centerpiece of your table, and use the Rice Bowl Prayer for a Lenten grace before meals?

God of all people,
Hear us as we join in prayer
with our brothers and sisters in need.
Bless our Lenten fasting, learning, and giving.
May your generous love for your people be our guide
as we reach out to all who live with hunger and poverty. Amen.

Prayer to Jesus Crucified

This traditional prayer before a crucifix is well-suited to the season of Lent.

My good and dear Jesus,
I kneel before you, asking you most earnestly
to engrave upon my heart
a deep and lively faith, hope, and charity,
with true repentance for my sins,
and a firm resolve to make amends.
As I reflect upon your five wounds,
and dwell upon them with deep compassion and grief,
I recall, good Jesus, the words the prophet David spoke
long ago concerning yourself:
they have pierced my hands and my feet,
they have counted all my bones!

Catholics Come Home

This Lent, the Archdiocese of Seattle is sponsoring a series of TV ads which invite non-practicing Catholics to "come home" and become part of a faith community once again. This prayer by Thomas Merton speaks powerfully of the faith journey:

MY LORD GOD,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
Nor do I really know myself,
and the fact that I think that I am following your will
does not mean that I am actually doing so.
But I believe that the desire to please you
does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that desire.
And I know that if I do this
you will lead me by the right road
though I may know nothing about it.
Therefore will I trust you always
though I may seem to be lost and in the shadow of death.
I will not fear, for you are ever with me,
and you will never leave me to face my perils alone.

Praying with Mary

The Stabat Mater (At the Cross her station keeping) is a prayer to the sorrowful Mother, attributed to Jacopone da Todi (1230-1306). In this prayer, we ask to share Mary's suffering, love, and compassion.

O thou Mother! fount of love!
Touch my spirit from above;
Make my heart with thine accord.

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ our Lord.


Holy Mother! pierce me through;
In my heart each wound renew
Of my Saviour crucified.

Let me share with thee His pain,
Who for all my sins was slain,
Who for me in torments died.

Night Prayers

In the season of Lent, our examination of conscience at the end of the day is especially powerful. We look at our lives in the light of the Gospel, and ask for the grace to see where we need to grow and change. This short examination of conscience is from the Rite of Penance.

Where is my life really leading me?
What use have I made of time, of health and strength, of the gifts God has given me to be used like the talents in the Gospel?
Am I concerned for the good and prosperity of the human community in which I live, or do I spend my life caring only for myself? Have I been patient in accepting the sorrows and disappointments of life? Have I gone against my conscience out of fear or hypocrisy?



Lenten Choral Prayer

FIVE CENTURIES OF SACRED MUSIC FROM FRANCE Friday, March 5, 2010 8:15pm Saturday, March 6, 2010 8:00pm Seattle Pro Musica, a Cathedral Resident Ensemble, performs Frank Martin's *Mass for Double Choir* as recorded on Seattle Pro Musica's *Music of the Spirit* CD. Also including the beautiful choral works of Poulenc, Villette, Dufay, and other French composers. *Information* 206-781-2766 or www.seattlepromusica.org.

SACRED CHORAL MUSIC FOR LENT Saturday, March 13, 2010 8:00pm St. James Resident Ensemble Opus 7 Vocal Ensemble; Loren Pontén, Founder and Musical Director. *Information* 206-782-2899 or www.opus7.org.

STABAT MATER Saturday, March 20, 2010 8:00pm Choral Arts, a Cathedral Resident Ensemble, presents Frank Ferko's *Stabat Mater*. This mystical setting of the ancient Stabat Mater text is combined with compelling interpolations that bridge the work to our own time. Soprano Juliana Rambaldi joins Choral Arts for an evening that promises to be an unforgettably moving and dramatic collaboration of text and music. *Information* 1-800-404-2269 or visit www.choral-arts.org.

For more information, visit
www.stjames-cathedral.org/music

“Lord, teach us to pray”

A review of the Lord’s Prayer



Tuesdays of Lent, 1:00-3:00pm & 7:00-9:00pm
Cathedral Place, Second Floor

Join us as we reflect upon the rich teachings and insights of the Catholic Church, as articulated in the Catechism, on this great prayer that Jesus gave us.

- February 23** Introduction, “Our Father, Who art in heaven...”
March 2 The First Three Petitions: “Thy name...Thy kingdom...Thy will...”
March 9 The Fourth and Fifth Petitions: “Give us...Forgive us...”
March 16 The Sixth and Seventh Petitions: “Lead us not... Deliver us...”
March 23 The Final Doxology

Information, Helen Oesterle, 206-382-4514 hoesterle@stjames-cathedral.org

www.stjames-cathedral.org