



Whoever wishes to come after me must deny himself,
take up his cross and follow me (Mark 8)

Detail of the Ceremonial Bronze Doors, St. James Cathedral.

Ulrich Henn, sculptor

ST. JAMES CATHEDRAL
Twenty-Fourth Sunday in Ordinary Time

September 13, 2009

ST. JAMES CATHEDRAL

September 13, 2009

Dear Friends,

This is "Back to School" time for many of our children. It may also be "Back to the Cathedral" time for families that have been traveling this summer or perhaps attending church closer to home. In any case, it's wonderful to be together again! While summer brought us the largest number of visitors in my memory, no visitor could ever take your place!

It's good, too, to have the Cathedral Choir back with us at the 10:00 Mass. Next week, we will welcome back the Women's Schola to the Sunday evening Mass.

The special "Build Hope" collection today has an importance beyond what it has had in past years. A major purpose of this collection has long been to fund, at the national level, the use of the media for preaching the gospel message. *This year, however, the emphasis will be on buying time on local media (especially television).* During Lent 2010, the Archdiocese will be undertaking a massive local media campaign called "Catholics Come Home." It will involve a series of very thought-provoking television spots addressed to Catholics who no longer practice their faith as well as others who might be interested in exploring the Catholic faith. Needless to say, the television time is extremely expensive but I think you will agree that the cause is more than worthwhile.

Our parish has been asked to contribute \$12,000 to the "Catholics Come Home" media campaign. In order to meet this, I need to ask that you consider giving a larger gift to the Build Hope collection than you may have done in the past. I know each of you will do what you can because you always do. *A suggestion: a gift of \$35 from each of our regular contributors would allow us to meet our goal.*

Let me thank you in advance. As always, I am deeply grateful for your generosity.



Father Michael G. Ryan

ORDER OF CELEBRATION FOR THE TWENTY-FOURTH SUNDAY IN ORDINARY TIME

*As a matter of courtesy and respect for the prayer of others,
PLEASE TURN OFF ALL CELL PHONES.*

CELEBRATION OF THE SACRAMENT OF BAPTISM (10:00)

PRELUDE


(8:00) “Cantabile” from *Symphony No. 6*
Soul, adorn thyself in gladness

Widor
Brahms


ENTRANCE

I sing the mighty power of God


MOZART



1. I sing the might - y pow'r of God That made the moun-tains rise, That
2. I sing the good-ness of the Lord That filled the earth with food; That
3. There's not a plant or flower be - low But makes your glo - ries known; And



spread the flow - ing seas a - broad, And built the loft - y skies. I
formed cre - a - tion with a word, And then pro - nounced it good. Lord,
clouds a - rise, and tem - pests blow, By or - der from your throne; While



sing the wis - dom that or - dained The sun to rule the day; The
how your won - ders are dis - played Wher - e'er I turn my eye; If
all that bor - rows life from you Is ev - er in your care, And



moon shines full at God's com-mand And all the stars o - bey.
I sur - vey the ground I tread, Or gaze up - on the sky!
ev - 'ry - where that I may be, O God, be pres - ent there.

WELCOMING OF THE CHILDREN TO BE BAPTIZED (10:00)

PENITENTIAL RITE

St. James Mass for Peace

Herbolsheimer



1, 3. Ky - ri - e e - le - i - son.
2. Chri - ste e - le - i - son.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

GLORIA No. 278

chant, adapt. Lee

OPENING PRAYER

LITURGY OF THE WORD

READINGS No. 935

PSALM RESPONSE

Psalm 115

Proulx



ALLELUIA

chant



HOMILY

Father Michael G. Ryan (10:00)

Father David A. Brant (All other Masses)

CREED No. 238 (*except at 10:00*)

GENERAL INTERCESSIONS No. 296

Litany of Saints

RITE OF BAPTISM (10:00)

INTERCESSIONS AND LITANY OF SAINTS No. 827

BLESSING OF BAPTISMAL WATER

PROFESSION OF FAITH *All join in the response, I do.*

ACCLAMATION FOLLOWING EACH BAPTISM

Proulx



SPRINKLING WITH BAPTISMAL WATER

Hurd



ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

“See what love” from *Saint Paul*

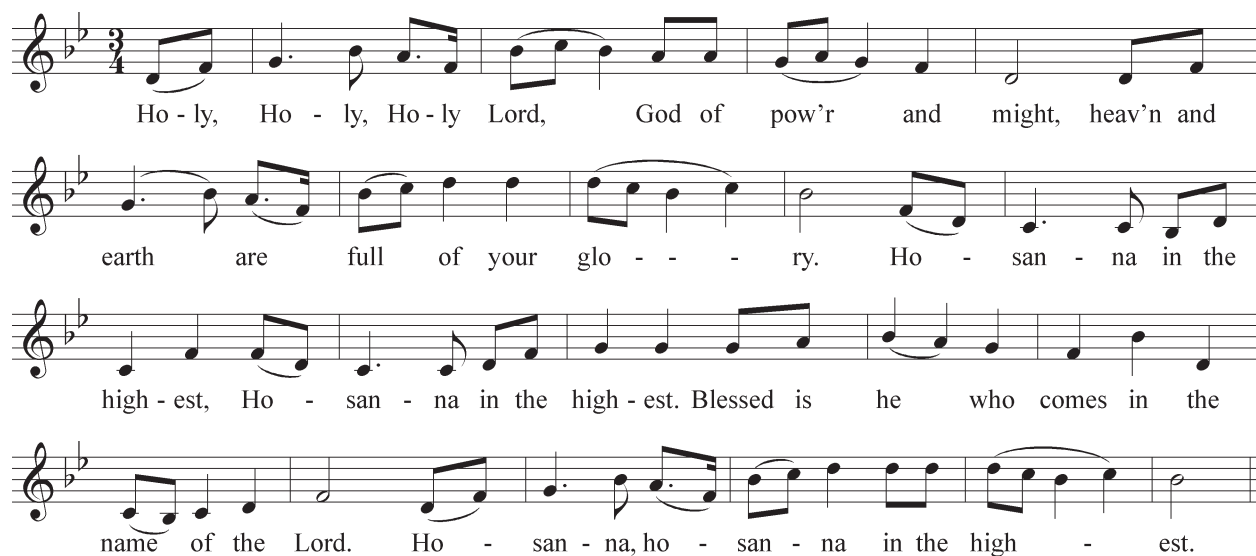
Mendelssohn

See what love hath the Father bestowed on us in his goodness,
that we should be called God's own children.

SANCTUS

Compostela Mass

Holst, adapt. Ryan



Ho - ly, Ho - ly, Ho - ly Lord, God of pow'r and might, heav'n and
earth are full of your glo - - - ry. Ho - san - na in the
high - est, Ho - san - na in the high - est. Blessed is he who comes in the
name of the Lord. Ho - san - na, ho - san - na in the high - est.

MEMORIAL ACCLAMATION

Compostela Mass

Holst, adapt. Ryan



Christ has died, — Christ is ri - sen, Christ will come — a - gain.
Christ has died, — Christ is ri - sen, Christ will come — a - gain.

AMEN

Compostela Mass

Holst, adapt. Ryan



A - men, a - men, a - - - men.

LORD'S PRAYER No. 246

AGNUS DEI

St. James Mass for Peace

Herbolsheimer

Response 1, 2



Have mer - cy on us.

Response 3



Grant us peace. —

(10:00)

“Dona nobis pacem” from *Missa brevis in C*, K. 220

chant/Mozart

COMMUNION

I shall walk round about his sanctuary,
offering a sacrifice of jubilation;
I will sing and recite a psalm to the Lord.

(10:00)

Locus iste

Bruckner

This place was made by God, a priceless mystery;
it is without reproof.

When you return to your seat after receiving Holy Communion, PLEASE KNEEL OR BE SEATED.
This is the norm for large assemblies in the Archdiocese of Seattle
and we thank you for following our practice.

HYMN OF PRAISE

Take up your cross

TALLIS' CANON



1. Take up your cross, the Sav - ior said, If you would
2. Take up your cross, let not its weight Fill your weak
3. Take up your cross, heed not the shame, And let your
4. Take up your cross, then, in his strength, And calm - ly
5. Take up your cross, and fol - low Christ, Nor think till

my dis - ci - ple be; Take up your cross with
spir - it with a - larm; His strength shall bear your
fool - ish heart be still; The Lord for you ac -
ev - 'ry dan - ger brave: It guides you to a
death to lay it down; For on - ly those who

will - ing heart, And hum - bly fol - low af - ter me.
spir - it up, And brace your heart and nerve your arm.
cept - ed death Up - on a cross, on Cal - v'ry's hill.
bet - ter home And leads to vic - t'ry o'er the grave.
bear the cross May hope to wear the glo - rious crown.

PROCESSION

(8:00) “Final” from *Symphony No. 6*
Preludium in G Major; BuxWV 147

Widor
Buxtehude

PROCESSIONAL ICON OF THE CRUCIFIXION OF THE LORD ACKNOWLEDGEMENTS: Psalm Response by Richard Proulx and Alleluia refrain by David Hurd, copyright © 1986 by GIA Publications Inc., Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. Baptismal Acclamations by Richard Proulx, copyright © 1995 by St. James Cathedral. All rights reserved. Eucharistic Acclamations from *Compostela Mass*, adapted from THAXTED by Gustav Holst by Michael G. Ryan, copyright © 2002 by St. James Cathedral. All rights reserved. Penitential Rite and Agnus Dei from *St. James Mass for Peace*, copyright © 1983 by Bern H. Herbolsheimer. Reprinted with permission. All rights reserved.

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy,
Sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator
Lupita Gonzalez, ESL Coordinator
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Linda Carr, Office Manager (206-622-3559 x3979)
Marilyn Maddeford, Receptionist (206-622-3559)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

ECUMENICAL PRAYER with music from Taizé, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

FLOWERS IN THE CATHEDRAL are in memory of David Pettigrew, from his family. Flowers are also from the Saturday wedding of Alana Greenwalt and Timothy Gately.

NEW IN THE BOOKSTORE We have some wonderful books for children, including some titles that make great baptismal gifts. Stop in after Mass today!

NEW ON THE WEBSITE Visit www.stjames-cathedral.org today to read or listen to Father Ryan's homily last Sunday online. You can also download the latest edition of the Cathedral's quarterly journal, *In Your Midst*.

CHILDREN'S FAITH FORMATION REGISTRATION will be TODAY, Sunday, September 13 in Cathedral Hall after the 10:00am and 12 Noon Masses. Registration forms are also available at the Cathedral website, www.stjames-cathedral.org. *Information*, Theresa Van de Ven, 206-219-5822.

BLOOD DRIVE SIGNUP TODAY! Our Fall Parish Blood Drive will be held on Wednesday September 23 in the Pastoral Outreach Center from 1:00pm to 3:30pm and 4:15pm to 7:00pm. Help to make sure that the Puget Sound Blood Center has an adequate supply of blood to meet those in need in our community. Sign up today at the coffee hours after the 10:00am and Noon Masses. Or contact John Simpson, jsimpson@stjames-cathedral.org, 206-274-3173, to sign up or to find out more.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. A new inquiry session began on Wednesday, September 9. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org. Or check out our website, www.stjames-cathedral.org/RCIA.

PARISH REMEMBRANCE *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Holy Cross in Tacoma and Granite Falls, and Our Lady of Sorrows in Snoqualmie.*

SACRAMENT OF THE SICK A communal celebration of this sacrament will take place at St. James Cathedral on Monday, September 14, the feast of the Exaltation of the Holy Cross, at the 5:30 Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick, or have questions, please contact John Simpson, Pastoral Care Minister. *Information* 206-274-3173 or jsimpson@stjames-cathedral.org.

THE NEXT SENIOR TRIP will be Wednesday, September 16 (*not the 9th as posted on the parish calendar*). We will visit the Washington State Capitol Campus, home to the Washington State Legislature and the offices of the Governor, Lieutenant Governor, Secretary of State, and State Treasurer. We will also receive a guided tour of the Governor's mansion. Space is limited and priority will be given to registered parishioners! *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

BAPTISM AND FIRST COMMUNION FOR CHILDREN aged seven and older takes place through RCIA for children. If your child would like to be baptized, or has been baptized into another Christian Church and would like to be received into the Catholic Church, or baptized Catholic but not catechized, call for details about this process. Registration will be on September 13 and 20 following the 10:00am and Noon Masses. Classes begin September 27. *Information* TerryAnn Bowen tbowen@stjames-cathedral.org or 206-382-2018.

ARE YOU A CATHOLIC WHO HAS BEEN AWAY FROM THE CHURCH? Our Welcome Back program provides a safe place, in the company of others who are also examining their faith, to ask questions about returning to regular church attendance, returning to the sacraments, and to learn about changes in the church. The sessions are offered on Mondays, September 14 through December 7, 7:00-9:00pm on 2nd floor Cathedral Place. Classes are offered without any obligation. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

JOURNEY THROUGH GRIEF Are you seeking comfort after the death of a loved one? Join others who have also experienced loss in a prayerful supportive environment. In a six-week guided group process we will journey through our grief and gently embrace our mourning so that ultimately we may find healing. *Information*, John Simpson, Pastoral Care Minister, 206-274-3173 or jsimpson@stjames-cathedral.org.

PART-TIME ASSISTANT BABYSITTING COORDINATOR Applications are currently being accepted for this paid position. The job involves assisting the Babysitting Coordinator in caring for Cathedral children on Sunday mornings during the 10:00 and 12:00 Masses, once a month on a Saturday morning for our Baptism Seminars, and at various other events. Averages 10-15 hours per month. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to Kelly Banker and Joseph Pankiewicz; and Kimberly Roy and Ephraim Rollolazo, married in the Cathedral on Saturday, September 5. Please keep them in your prayers as they begin their new lives together.

CATHOLIC 101: THE TEN COMMANDMENTS: LIVING A MORAL CHRISTIAN LIFE Join us on Tuesdays, September 15, 22, and 29, 1:00-3:00 or 7:00-9:00, Cathedral Place-second floor for an ongoing look at the newly published US Catechism for Adults. Helen Oesterle reviews the foundations of our Catholic faith from our American Catholic experience and facilitates lively conversations among the participants. *Information*, Helen Oesterle, 206-382-4514 hoesterle@stjames-cathedral.org (Next Class: The Eighth Commandment: Tell the Truth)

CABRINI MINISTRY TRAINING If your spiritual journey is leading you to grow deeper in faith and to become more active in ministry, and you desire training and guidance...Cabrini Ministry Training is just for you! CMT has been providing training, guidance and ministerial support to lay people for more than fifteen years. You're invited to attend an Information Meeting on Monday, September 14, 2009 at Cathedral Place or on September 17 at St. Madeline Sophie Parish, Bellevue; both meetings are from 7 - 8:30 pm. *Information or to RSVP*, Tom Curran, 206-760-0583 or tomcurran@cabriniministry.org.

ST. JAMES SUMMER SHELTER CELEBRATES This summer, St. James began a new ministry, hosting an overflow Summer Shelter in collaboration with Noel House and the Women's Referral Center. Over 25 volunteers helped to provide 183 bed nights, 221 meals, and over 500 hours of service. Countless others contributed toiletries each week. Thanks to all who supported this successful ministry to our sisters in need. If you'd like to get involved in homeless ministries, consider helping with our Winter Men's Shelter. *Information*, Jennifer Ibach 206-654-4640 or jibach@stjames-cathedral.org.

OUR RENOWNED YOUTH MUSIC PROGRAM is now registering students for the fall semester. Classes for grades 1-8 begin Thursday, September 17, 4:30 pm, and Jubilate! Young Women's Ensemble (grades 9-12) resumes Monday, September 21, 4:30 pm. For information please contact the Music Office at 206-382-4874 or musicooffice@stjames-cathedral.org. Scholarships are available.

FOUNDATIONS IN FAITH: WHAT DOES THE CATHOLIC CHURCH BELIEVE AND WHAT DIFFERENCE DOES IT MAKE IT MY LIFE?

Sunday, September 20: *Catechizing the Body of Christ* This course will look at various documents from the United States Conference of Catholic Bishops and how they apply to parish and family life. Participants will discuss *Fowler's Stages of Faith Development*, the importance of learning styles, different methods of teaching, and how all this applies to the faith growth of individuals, including children. Bring your Bible and Catechism to the class. Classes take place at St. Peter's in Beacon Hill from 1:30-5:30pm. Cost: \$5 per class. (Cosponsored by St. James Cathedral with the South Seattle Deanery) *Information*, Helen Oesterle, 206-382-4514.

WALKING WITH OUR LADY The Health and Healing Committee invites you to walk for your health to shrines of Our Lady around the world. Our goal is to collect 18,000 miles and to "travel" from St. James to Fatima and Lourdes! If you signed up at the Health Fair May 5, you can bring your mileage record to Cathedral Hall TODAY during coffee hour. Or, if you'd like, you can e-mail them to Pastoral Care Minister John Simpson. *Information*, John Simpson 206-274-3173 or jsimpson@stjames-cathedral.org.

YOUNG ADULTS (21-40) 3RD SUNDAY INFORMAL WINE AND CHEESE gatherings start again on Sunday, September 20. The time has changed to 4:00pm with fellowship from 4:00 to 4:30 followed by guided study of the Scripture readings for the day. The study will finish in time to attend 5:30 Mass. Young adults over the age of 21, single or married, gather in the Fireside Room of the Pastoral Outreach Center. Newcomers and those not new to the parish are all welcome! *Information* youngadults@stjames-cathedral.org or TerryAnn Bowen, 206-382-2018.

HUNTHAUSEN DINNER AND AUCTION The annual Hunthausen Dinner and Auction will be held on Monday, September 28, 2009, at the Inglewood Golf and Country Club in Kenmore, Washington, beginning at 5:00pm. This is a fun evening that benefits Cathedral outreach ministries. Please consider joining Archbishop Brunett, Father Ryan and more than 150 fellow parishioners for a lively auction and a great dinner! Visit www.stjames-cathedral.org/golf for registration materials. *Information*, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org

FUNERAL PLANNING Many people have questions regarding funerals—questions ranging from the Church's position regarding cremation and burial to how and when funerals are scheduled and celebrated in the Cathedral. Since the time of the death of a loved one is likely to be very emotionally draining, it is clearly not the best time for dealing with such questions. In an effort to help parishioners be prepared ahead of time, the Cathedral offers a simple guide, available at our parish website, www.stjames-cathedral.org/funerals. The booklet may also be obtained by calling the parish office.

PARISH CENSUS For the first time in many years, we are conducting a census of our parish families, inviting each registered household to update phone and e-mail information. A huge thank you to the more than 500 families who completed the census via e-mail this past week. If you are registered at St. James Cathedral, look for a letter in the mail this coming week. It will only take a moment or two to review the information and return it to the parish office. You may also bring it with you to Mass and drop it in the offering basket (this will save on postage!). Thank you!

PRAYER WITH MUSIC FROM TAIZÉ Each Friday at 6:30 pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

**I AM IN YOUR MIDST
AS ONE WHO SERVES**
Volunteer Opportunities

THE CATHEDRAL KITCHEN welcomes your extra produce! Did you grow a garden this summer? Do you have too many tomatoes, extra zucchini? The St. James Environmental Justice Group suggests you consider sharing your garden's goodness with those in need. Why let fresh, nutritious food go to waste when the Cathedral Kitchen can transform it into delicious meals for our community? Drop off any washed produce at coffee hour, and thanks for your help!

HELP A SENIOR IN NEED Many in our community are in need of help with transportation, shopping, laundry, housework, and more. By volunteering just a few hours a month, you can make a huge difference in someone's life. If you are interested, please come to the orientation on the first floor of the Pastoral Outreach Center on Tuesday, September 22 at 6:30pm. *Information* Jennifer Ibach, 206-654-4640 or jibach@stjames-cathedral.org.

WINTER SHELTER VOLUNTEER TRAINING Results from the 2009 One Night Count showed nearly 3,000 people living on the streets of King County. With difficult economic times in our nation; we are likely to see even more people facing a homelessness crisis. As part of our response to the need in our community, St. James will again be hosting a Winter Shelter from October to April. We are gearing up for our 18th year of operation and will be holding a training for all new and returning volunteers on Sunday, September 20 at 7pm in Cathedral Hall. We are in need of overnight hosts, van drivers, and volunteers to make breakfast in the mornings. *Information*, Jennifer Ibach (206) 654-4640 or jibach@stjames-cathedral.org.

*St. James Cathedral presents the 13th annual
Archbishop Raymond G. Hunthausen*

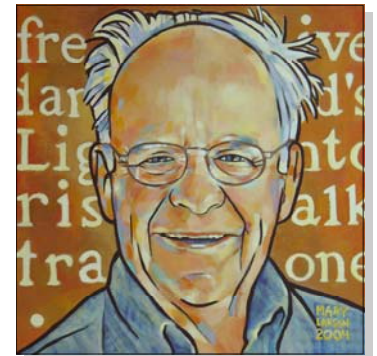
Charity Golf Tournament

*Supporting St. James Cathedral's outreach
programs to children, the elderly & the homeless*

Monday, September 28, 2009
Inglewood Golf & Country Club
Kenmore, Washington



Each year, this tournament provides *urgently needed* support to St. James Cathedral's outreach programs. And you can be a part of it!



GOLFERS, register as a single player or put together a foursome. This is a rare opportunity to play a wonderful course! Shotgun start is at 12 Noon. (\$250 per golfer; \$100 is tax-deductible)

EVERYONE can join in the fun by attending the *Archbishop Hunthausen Benefit Dinner & Auction* — a fun mini-auction and dinner at the beautiful clubhouse. Come on your own or reserve a table for you and friends. Cocktails and Silent Auction, 5:00pm; Dinner, 6:15pm. Note: an interest in golf is *not* required! (\$100 per person; \$50 is tax-deductible)

INDIVIDUAL OR CORPORATE SPONSORSHIPS at any level are needed. This is a great way to support St. James Cathedral and to advertise your business.

AUCTION ITEMS are also welcome. Do you have something fun or beautiful you'd like to share?

*Information, Maria Laughlin, 206-382-4284
or visit www.stjames-cathedral.org/golf
for registration materials*



St. James Cathedral WINTER SHELTER



"Lord, when did we see you hungry and feed you, or see you thirsty and give you drink? When did we welcome you or clothe you?" The King will answer them: "I assure you, as often as you did it for the least of my brothers and sisters, you did it for me." Matthew 25:37-40

During the winter months, shelter for the homeless of Seattle is at a premium. St. Martin de Porres Shelter, which serves homeless men over the age of 50, has facilities to house 212 men per night. Yet during the cold weather, they are full every night and have to turn many away. St. James Cathedral is one of eight churches that provide overflow shelter during winter months. Four nights a week, from October through April, Cathedral Hall is transformed into a shelter for 10-14 men. More than 90 parishioners are involved in the Winter Shelter, now in its 18th year of operation.

Comments from our volunteers

- "I truly felt a connection with this ministry... I left Monday morning with an energized heart."
- "I feel that working at the Winter Shelter helps me put my faith in action."
- "I have been volunteering from the very beginning and have really enjoyed it. I keep coming back because I love working with the men."

INTERESTED? COME TO OUR VOLUNTEER INFORMATION SESSION!

SUNDAY, SEPTEMBER 20, 2009, 7:00PM IN CATHEDRAL HALL

Information, Jennifer Ibach, 206-654-4640 or e-mail jibach@stjames-cathedral.org

Just FAITH *Engaging* SPIRITUALITY



Engaging Spirituality

invites faithful adults to break open their lives, penetrate the realities of our times, and explore the intersection between Christian spirituality and Gospel justice. Participants focus on the practical challenges of following Jesus, engaging contemplation while immersing themselves in the heart of our fragmented world.

Engaging Spirituality includes these unique dimensions:

It is an accessible, practical, and communal process.

It introduces seekers to a breadth of contemporary and ancient wisdom.

It invites people to engage current social realities from their hearts.

Rooted in the Catholic experience, it promotes a “grounded spirituality” for living the Gospel in these times.

All around this blessed-broken world

there is a great hunger for Justice.

In these complex and troubling times there is a deep thirst for Wisdom.

And everywhere people are looking for Integrity.

By Engaging Spirituality we seek to be rooted in love, grounded in justice, and find our bearings in order to follow Jesus with integrity today.

A Small-Group Process for Engaging Spirituality

- Small-group focused 8-12 individuals
- co-facilitated by 2 trained participants
- An extended commitment 21 weekly (2 1/2 hr) sessions
- 2 retreats, 2 immersion experiences, journal-keeping, prayerful dialogue, spiritual reading
- 8 texts, 4 video presentations, exposure to applied wisdom from contemporary teachers
- spiritual practices, lifestyle challenges and outreach ministry

Information Night

Monday, September 14, 2009 at 6:30pm in the Pastoral Outreach Center

Questions, Jennifer Ibach, 206-654-4640 or email jibach@stjames-cathedral.org



The Sacrament of Anointing of the Sick

A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Monday, September 14, the Feast of the Exaltation of the Holy Cross, at the 5:30pm Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick during the Mass, or have questions, please contact John Simpson, Pastoral Care Minister, at 206-274-3173, or e-mail jsimpson@stjames-cathedral.org.

What is the sacrament of Anointing of the Sick?

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing.

The Anointing of the Sick has its roots in the healing mission of Christ, who “came to heal the whole person, body and soul” (*US Catholic Catechism for Adults*, p. 251). Jesus’ word and his very touch brought healing and life to the sick and afflicted.

From its very beginnings, the Church has continued Christ’s ministry of healing. “Is anyone among you sick?” the apostle James asked in the first century. “He should summon the presbyters of the church, and they should pray over him and anoint him with oil in the name of the Lord, and the prayer of faith will save the sick person, and the Lord will raise him up. If he has committed any sins, he will be forgiven.” (James 5: 14-15)

Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as “Extreme Unction” – literally, “last anointing” – and was not administered until death was imminent.

With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

Who can receive this sacrament?

Catholics, both children and adults, who are *seriously ill, facing surgery, or experiencing the weakness that comes with old age* should seek this sacrament.

What happens during the Rite of Anointing?

The Rite of Anointing can be celebrated in the context of Mass or separately, as part of a Liturgy of the Word or even in connection with the Sacrament of Reconciliation. Ideally, the sacrament is celebrated in the presence of a community – whether in a church setting with the parish community, or in a smaller community of family, friends, or caregivers, in a home, hospital, or other institution.

The rite itself is quite simple. The priest welcomes the sick person and those present. A penitential rite and opening prayer are prayed, and the scriptures are shared.

After a brief homily, the Liturgy of Anointing begins. The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders.

After the laying on of hands, the sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.

What are the effects of the sacrament of Anointing of the Sick?

The United States Catholic Catechism for Adults explains: "When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is not physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age." The spiritual fruits of the sacrament are many:

- **Union of the sick person to the passion of Christ.** For Christians, suffering is not useless, nor is it devoid of meaning. Rather, Christ's suffering on the Cross gives meaning to our suffering, which can be a source of grace for



ourselves and for the Church. As St. Paul said, "I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church"

(Colossians 1: 24).

Cardinal Joseph Bernardin of Chicago echoed this sentiment when he was dying of cancer. "In an age like our own," he wrote, "marked in part by the quest for instant relief from suffering, it takes special courage to stand

on Calvary. Uniting our suffering with that of Jesus, we receive strength and courage, a new lease on life, and undaunted hope for the future."

- **Giving the sick person the strength, peace, and courage** to endure the sufferings of illness or old age.
- **Imparting the forgiveness of sins.**
- **Providing restoration of health**, in accord with God's will.
- **Helping the sick person** to prepare for passing over to eternal life.

What happened to "last rites"?

We no longer use the terms "last rites" or "extreme unction" in speaking of the Church's prayer with the dying. But even though the terms are no longer used, the Church retains her ancient custom of preparing people for death and praying with and over them in their last moments.

In addition to the Sacrament of Anointing of the Sick, the dying should receive Viaticum if they are able. Literally "food for the journey," Viaticum is the last Holy Communion of the dying person. While only a priest or bishop may confer the sacrament of the Anointing of the Sick, a deacon or lay minister may give Viaticum and pray the Church's prayers for the dying when no priest is available.

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