



Laud, O Zion, your salvation, Christ, your king and shepherd true!  
*Detail of Last Supper Relief, Blessed Sacrament Chapel, St. James Cathedral*

ST. JAMES CATHEDRAL  
**The Most Holy Body and Blood of Christ**  
June 14, 2009

# ST. JAMES CATHEDRAL

June 14, 2009

Dear Friends,

It's always good to have good news to share with you and today I have some very good news. Our parishioner, Todd Strange, was ordained to the priesthood here in the Cathedral yesterday.

Many of you know Todd. He came into the church back in 2001 through our RCIA program. After that he served as one of our Eucharistic Ministers and quietly reached out in loving service to people with special needs, including people in nursing homes and hospitals.

Todd is a gentle servant of the gospel and will be a wonderful priest.

Vocations to the priesthood are formed and fostered in many ways, but I firmly believe that a parish community has a critically important role to play in this regard. And Todd, I am sure, would be quick to affirm that about our parish, about *you*. You have had a part in leading him to the priesthood and his ordination is your celebration as well as his.

Todd will preside at a Mass of Thanksgiving today at the noon Mass here in the Cathedral. The Mass will be followed by a reception in the Cathedral Hall to which you are all invited. I hope you will be able to join Todd and his family as they and we give thanks to God for his vocation to service and leadership in the Church.

  
Father Michael G. Ryan



# The Most Holy Body and Blood of Christ

As a matter of courtesy and respect for the prayer of others,  
please turn off your cell phone when you enter the Cathedral.

PROCESSION WITH THE BLESSED SACRAMENT (10:00am)

MASS OF THANKSGIVING ♦ Father Todd O. Strange, *Presider* (Noon)

PRELUDE

*The Celestial Banquet*

Messiaen

ENTRANCE No. 731

*Draw us in the Spirit's tether*

UNION SEMINARY

PENITENTIAL RITE No. 231

*Confiteor*

Litany of Saints

*Cantor:* *ALL:*

Ky-ri - e e - lei - son. Ky-ri - e e - lei - son.

Chri - ste e - lei - son. Chri - ste e - lei - son.

Ky-ri - e e - lei - son. Ky-ri - e e - lei - son.

GLORIA

LAUDA ANIMA

Glory be to God in heaven,  
Songs of joy and peace we bring;  
Thankful hearts and voices raising,  
To creation's Lord we sing:  
Lord, we thank you, Lord, we bless you,  
Glory be to God our king.

Lamb of God who on your shoulders  
Bore the load of this world's sin;  
Only Son of God the Father,  
You have brought us peace within:  
Lord, have mercy, Christ, have mercy,  
Now your glorious reign begin.

You, O Son of God, are holy,  
You we praise with one accord;  
None in heav'n or earth is like you,  
Only you are Christ the Lord,  
With the Father, and the Spirit,  
Ever worshiped and adored.

*(Text by Edwin LeGrice)*

OPENING PRAYER

# LITURGY OF THE WORD

READINGS No. 863

PSALM RESPONSE

Psalm 116

Murray



SEQUENCE (10:00)

*Lauda Sion*

chant

*Sion, praise thy Saviour singing,  
Hymns with exultation ringing  
Praise thy King and Shepherd true.*

*Honor Him, thy voice upraising,  
Who surpasseth all thy praising;  
Never canst thou reach his due.*

*Let the Bread, life-giving, living,  
Be our theme of glad thanksgiving,  
Now indeed before thee set;*

*As of old the Lord provided  
When the twelve, divinely guided,  
At the holy table met.*

*Very Bread, good Shepherd, tend us,  
Jesus, of thy love befriend us,  
Thou refresh us, thou defend us.  
Thine eternal goodness send us  
In the land of life to see;*

*Thou who all things canst and knowest,  
Who on earth such food bestowest,  
Grant us with thy saints, though lowest,  
Where the heavenly feast thou showest,  
Fellow heirs and guests to be. Amen.*

(Attributed to St. Thomas Aquinas)

ALLELUIA

chant



HOMILY

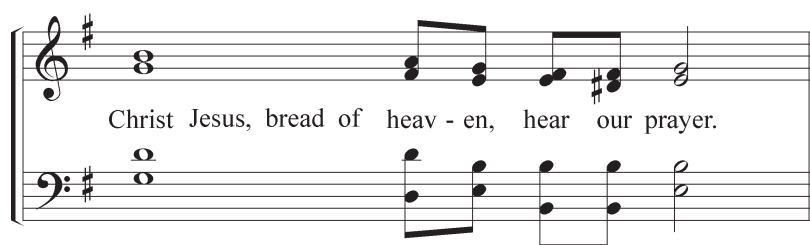
**Father Michael G. Ryan**

**Father Todd O. Strange** (Noon)

CREED No. 238 *chanted on one tone*

GENERAL INTERCESSIONS

Berthier



# LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 & Noon)

*Panis angelicus*

Franck


The bread of angels has become the bread of human beings.  
O miraculous wonder! The poor and humble servant  
consumes his Lord. (Attributed to St. Thomas Aquinas)

## SANCTUS

*Corpus Christi Mass*

Proulx


*Cantor, then All:*



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

*Cantor: Heaven and earth are full of your glory.*


*Cantor, then All:*



Ho - san-na in the high - est, in the high - est.

*Cantor: Blessed is he who comes in the name of the Lord.*

*Cantor, then All:*



Ho - san-na in the high - est, in the high - est.

## MEMORIAL ACCLAMATION

*Corpus Christi Mass*

Proulx

*Cantor, then All:*




Christ has died, Christ is ri - sen, Christ will come a - gain.

## AMEN

*Corpus Christi Mass*

Proulx

*All:*



A - men, A - men, A - - - men.

## LORD'S PRAYER No. 246

### AGNUS DEI

*Corpus Christi Mass*

Proulx

R. 1, 2



have mer-cy on us.

R. 3



Grant us peace, grant us peace.

## COMMUNION

“This is my body which is given up for you; this is the cup of the new covenant in my blood,” says the Lord.  
“Each time that you partake thereof, do it in memory of me.”

(10:00)

*Ave verum corpus*

Mozart

Hail, true body, born of the Virgin Mary!  
Truly having suffered, and been offered on the cross for all,  
whose pierced side flowed with blood and water,  
be an example for us in the trial of death.

(Noon)

*Te Deum laudamus*

Liberto



When you return to your seat after receiving holy communion, **PLEASE KNEEL OR BE SEATED.** This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

## EUCCHARISTIC PROCESSION (10:00)


***PLEASE JOIN IN THE PROCESSION AT THE DIRECTION OF THE USHERS.***

**See the concluding pages of this Order of Celebration for music to sing during the procession.**

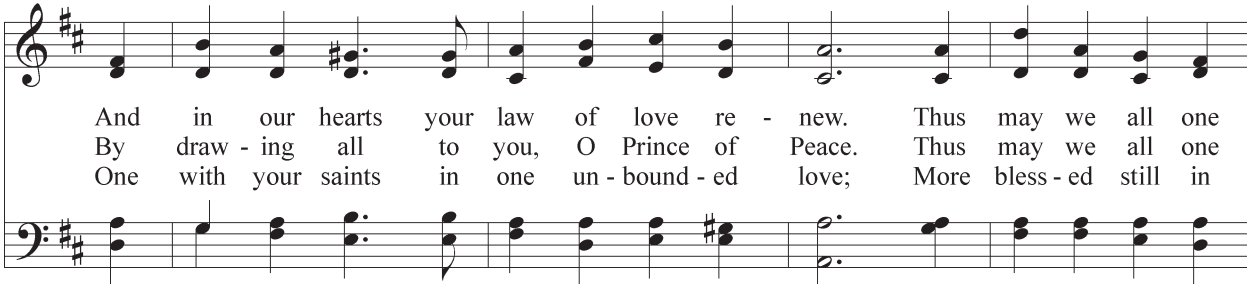
The procession will begin with those seated in the south transept,  
followed by the east nave, the north transept, and the west nave.  
The different groups are led by representatives of Cathedral ministries,  
including EUCHARISTIC MINISTERS, READERS, CHOIRS, CHILDREN'S RELIGIOUS EDUCATION,  
OUTREACH MINISTRIES, RCIA, WELCOME BACK, AND CONFIRMATION.



1. At that first Eu - cha - rist be - fore you died, O Lord, you prayed that  
 2. For all your church, O Lord, we in - ter - cede; O make our lack of  
 3. So, Lord, at length when sac - ra - ments shall cease, May we be one with



all be one in you; At this our Eu - cha - rist a - gain pre - side,  
 char - i - ty to cease; Draw us the near - er each to each we plead,  
 all your Church a - bove, One with your saints in one un - end - ing peace,



And in our hearts your law of love re - new. Thus may we all one  
 By draw - ing all to you, O Prince of Peace. Thus may we all one  
 One with your saints in one un - bound - ed love; More bless - ed still in



Bread, one Bod - y be; Through this blest Sac - ra - ment of Un - i - ty.  
 Bread, one Bod - y be; Through this blest Sac - ra - ment of Un - i - ty.  
 peace and love to be One with the Trin - i - ty in Un - i - ty.

## PROCESSION

(Noon) *Hymne d'Actions de grâces: Te Deum*  
*Now thank we all our God*

Langlais  
 Karg-Elert

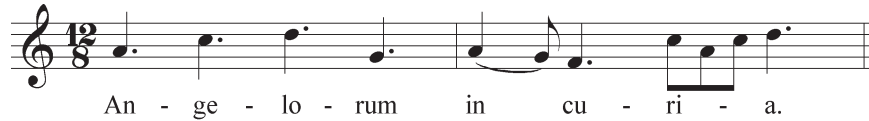
# Procession with the Blessed Sacrament

*PLEASE JOIN IN THE PROCESSION AT THE DIRECTION OF THE USHERS.*

## MUSIC FOR ALL TO SING DURING THE PROCESSION

*Nostra phalans (in the courts of the angels)*

12th c., Santiago de Compostela, Codex Calixtinus



*Jesus here present, our living Savior*

12th c., Cortona, adapt. Stratman

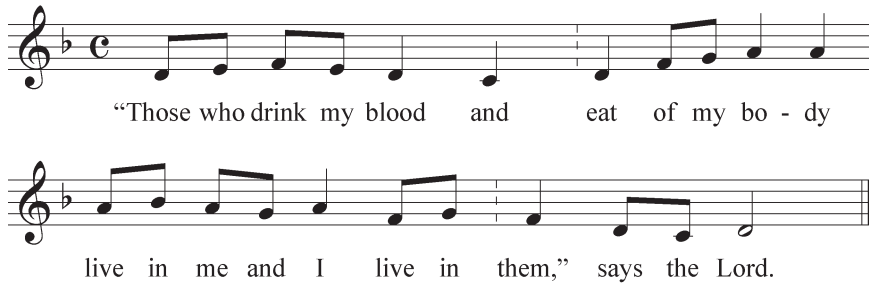
Cantor: Jesus here present, our living Savior,

All:



*Jesus, the font and foundation of loving*

12th c., Cortona, adapt. Stratman



## BENEDICTION OF THE BLESSED SACRAMENT on Terry Avenue

### HYMN

*Pange lingua gloriosi* ALL BOW OR KNEEL

Sing my tongue, the Savior's glory,  
Of His flesh the mystr'y sing,  
Of the blood all price exceeding,  
Shed by our immortal king.  
Destined for the world's redemption,  
From a noble womb to spring.

Tantum ergo sacramentum  
Veneremur cernui,  
Et antiquum documentum  
Novo cedat ritui,  
Præstet fides supplementum  
Sensuum defectui. Amen.

Father Ryan: You have given them bread from heaven.

ALL: Having all sweetness within it.

### EUCCHARISTIC COLLECT

All: Amen.

### EUCCHARISTIC BLESSING

*All make the sign of the cross as Father Ryan blesses the assembly with the Blessed Sacrament, exposed in the monstrance.*

## DIVINE PRAISES

Blessed be God.  
Blessed be God's holy name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be his most Sacred Heart.  
Blessed be his most Precious Blood.  
Blessed be Jesus in the most holy sacrament of the altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious assumption.  
Blessed be the name of Mary, virgin and mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in the angels and in the saints.


## REPOSITION OF THE BLESSED SACRAMENT

### THE CORPUS CHRISTI ACCLAMATION *ALL RISE*

*Christus vincit*, 9th century

*(This ancient acclamation, naming Christ as Victor, Ruler and Conqueror, is begun by the choir and repeated by the assembly.)*

*Choir/ALL*



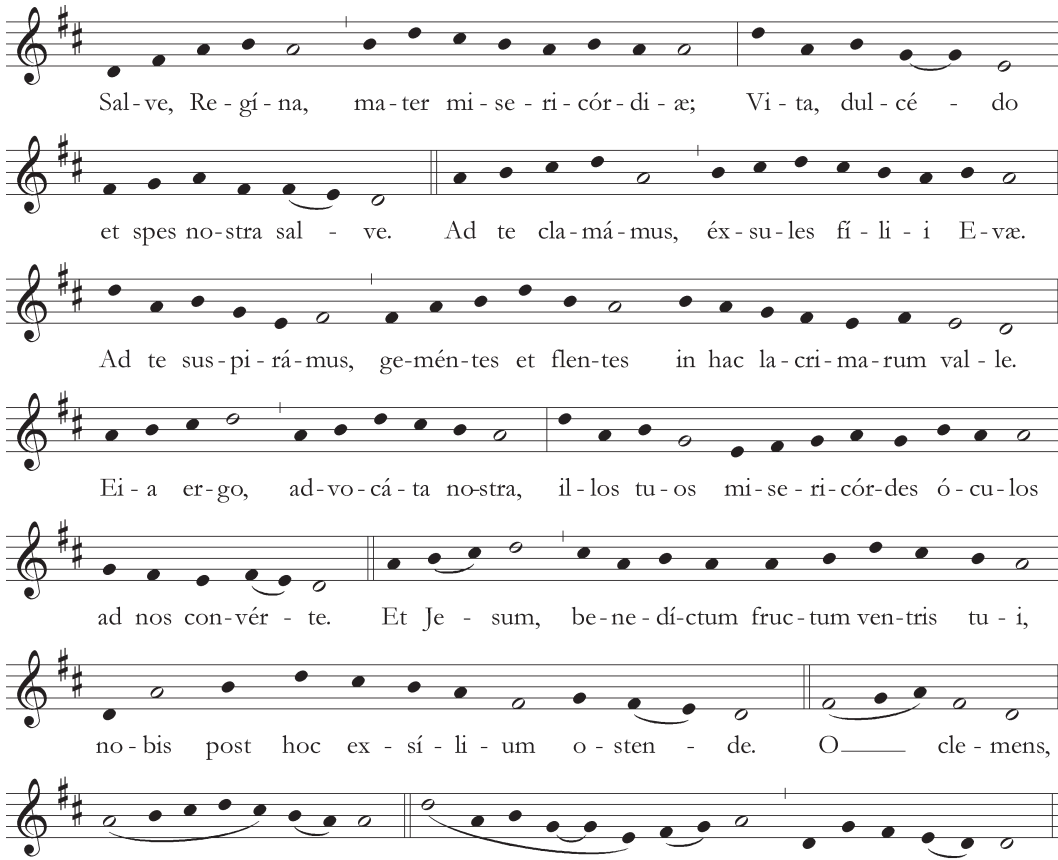
Chris-tus vin-cit, Chris-tus reg-nat, Chris-tus ím-pe-rat.

## FESTIVAL PEAL of the South Tower bells

### MARIAN ANTIPHON

#### *Salve Regina*

chant, 11th century



Sal-ve, Re-gí-na, ma-ter mi-se-ri-cór-di-æ; Vi-ta, dul-cé-do  
et spes no-stra sal-ve. Ad te cla-má-mus, éx-su-les fí-li-i E-væ.  
Ad te sus-pi-rá-mus, ge-mén-tes et flen-tes in hac la-cri-ma-rum val-le.  
Ei-a er-go, ad-vo-cá-ta no-stra, il-lo-s tu-os mi-se-ri-cór-des ó-cu-los  
ad nos con-vér-te. Et Je-sum, be-ne-dí-ctum fruc-tum ven-tris tu-i,  
no-bis post hoc ex-sí-li-um o-sten-de. O——cle-mens,  
o——pi-a, o——dul-cis Vir-go Ma-rí-a.

*Cathedral Pipers - Tyrone Heade, Director*

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant  
The Reverend Thomas Marti, MM

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)  
Jennifer Ibach (206-654-4640)  
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)  
Deacon Joseph Curtis

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)  
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy,  
Sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music  
Joseph Adam, Organist (206-382-4597)  
Dr. Clint Kraus, Associate Organist; Director of Youth Music  
Stacey Sunde, Music Assistant  
Ian Newhall, Coordinator of Special Projects

### FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)  
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)  
Marianne Coté, Youth & Family Ministry (206-382-4512)  
Lita McBride, Children's Faith Formation (206-654-4658)  
Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director  
Glenda Caldwell, ESL Specialist  
Jim Hodges, Citizenship  
Cecilia Erin Walsh, ESL Coordinator  
Lupita Gonzalez, ESL Coordinator  
Mali Main, Development Assistant

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### WEDDING COORDINATORS

Linda Carr, Bev Mauser (206-622-3559 ext. 3979)

### PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)  
Marilyn Maddeford, Receptionist (206-622-3559)  
Joan McDonell, Marriage Tribunal Advocate (206-622-3559)  
Sister Mary Slater, SNJM, Bookkeeper (206-622-3559 ext. 3974)

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm  
Weekdays 8:15 & 5:30 pm  
Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANOIDING of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**ECUMENICAL PRAYER** with music from Taizé, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104  
Telephone: 206-622-3559 FAX: 206-622-5303  
Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)  
Emergency Number: 206-467-3049  
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME, SUMMER VISITORS! *St. James is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. Last Sunday, we had visitors from West Palm Beach, FL; Highland, NY, and Mason, OH, to name a few. The winner of our drawing was from Carmel, Indiana.*

**POSSIBLE PICKETERS** It has come to our attention that St. James Cathedral may be the site of some demonstrations by outside groups following the 10:00am Mass this Sunday. There will likely be picketers from a fringe evangelical group from Kansas which espouses a message of hate toward gay and lesbian people—a message that is completely at odds with Catholic teaching. The Church teaches clearly that homosexual persons “must be accepted with respect, compassion and sensitivity.” Rather than engage the picketers in any kind of conversation, we urge you to ignore them, to pray for them, and to focus your attention on the Corpus Christi procession which is our way of witnessing to the city our faith in Christ’s abiding presence in the sacrament of the Eucharist.

**FLOWERS IN THE CATHEDRAL** are in honor of the graduating class of 2009 from Seattle University. Flowers are also in thanksgiving for the newly ordained priests, from the Archdiocese of Seattle.

**COFFEE HOUR** Please note that because of the Corpus Christi Procession, there will be no coffee hour after the 10:00am Mass today. There will be coffee hour as usual after the 8:00am Mass, and a special reception for Rev. Todd Strange after the Noon Mass (all are welcome!).

**THE CATHEDRAL BOOKSTORE** Stop by the bookstore today for a great selection of Cathedral souvenirs... postcards, note cards, books, mugs, magnets, and more!

**SUMMER TOURS** During the summer months, June, July, and August, we offer a tour of the Cathedral every Wednesday at 1:00pm. This is a great way to show out-of-town guests your Cathedral! *No reservations required.*

**TAIZÉ PRAYER AROUND THE CROSS** Each Friday at 6:30 pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

**PARISH REMEMBRANCE** *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Blessed Sacrament in Seattle, St. Thomas More in Lynnwood, and St. Aloysius in Buckley.*

**FEAST OF THE SACRED HEART OF JESUS** This coming Friday, June 19, the feast of the Sacred Heart of Jesus, also marks the beginning of what Pope Benedict XVI has called The Year of the Priest. We will have Exposition of the Blessed Sacrament beginning immediately after the 8:15am Mass, and continuing until 1:00pm. Beginning at 12 Noon, we will have a Holy Hour for Vocations, with rosary and readings drawn from St. John Vianney, the patron saint of parish priests, and concluding with Benediction of the Blessed Sacrament. All are welcome.

**SUMMER SHELTER TRAINING** This July and August, St. James will be partnering with Noel House and Operation Nightwatch to provide overflow shelter on Friday and Saturday nights to homeless women in our community. We will be holding an orientation for all interested volunteers on Tuesday, June 16 at 7pm in the hall. Volunteers must be female and over the age of 18. *Information*, Jennifer Ibach 206-654-4640 or jibach@stjames-cathedral.org.

**THE ALL PARISH CHOIR NEEDS YOU** Sunday, June 21, at 10:00am, join voices with other parishioners and cathedral choristers in a celebration of our great singing community. Anyone of any age or vocal capability is welcome. Rehearsals are in the Cathedral Thursday June 18, 7:30-9:00 pm and Sunday June 21, 9:05 am. *Information*, Stacey Sunde, 206-382-4874 or musicoffice@stjames-cathedral.org.

**CLOTHING DONATIONS NEEDED FOR YOUTH MIGRANT PROJECT** Next month, a group of teens from St. James and St. Mary's will travel to Lynden, WA to volunteer in the fields, migrant camps, and Head Start daycare center. As part of their trip, the teens collect donations to distribute to migrant families in Lynden. Donations can be dropped off at the Parish Office through June 26. For a list of needed donations, visit [www.stjames-cathedral.org/outreach](http://www.stjames-cathedral.org/outreach). *Information*, Jennifer Ibach 206-654-4640 or jibach@stjames-cathedral.org.

## Annual Catholic Appeal 2009

*Results through June 7, 2009*

Pledges received.....	<b>839</b> (of 2,497 households)
% participation.....	<b>34%</b>
Combined Parish & Archdiocesan goal.....	<b>\$454,000</b>
Percent of goal reached.....	<b>96%</b>

"Annual Catholic Appeal" season is drawing to a close. But as you can see, we're not quite there yet. **We are about \$15,000 short of our goal!** Every dollar that comes in now will be returned to the parish in the form of a rebate to support our Cathedral Kitchen and other outreach ministries. This isn't just a "bonus"—these are funds we actually rely on to make these important ministries happen. Your support is *crucial!*



## Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS to the following young children, baptized at the 10:00am Mass last Sunday: *Mason James Anderson, Thomas Kieran Geary, Genesis Hanna, Cristiano Cruz Mendes, Reilly Grace Novak, Isabella Ann Stangland, Juliano Santana Thompson, and Kenzie Lee Stolmeier.* We welcome with joy these newest members of the family of faith!

CONGRATULATIONS to Fathers Gerald Burns, Bryon Dickey, Jacob Maurer, Patrick O'Hogan, and Todd Strange, ordained to the priesthood on Saturday, June 13. Please keep them in your prayers as they begin their ministry among God's holy people.

**WORLD PREMIERE** Sunday, June 28, 8:00pm Organist Douglas Cleveland, "a brilliant performer with prodigious technique," joins Cathedral Resident Ensemble Seattle Pro Musica in the first performance of an exciting new work by Bruce Neswick, commissioned by the American Guild of Organists for the AGO Regional Convention. Free and open to all.

**10th ANNUAL SUMMER FILM FESTIVAL** Join us on Tuesday, July 14 at 7:00pm in Cathedral Place, second floor, for the second film of the summer, *The Secret Life of Bees*. Haunted by the death of her mother, 14 year-old Lily escapes the dreary life she lives on her father's farm and heads to Tiburon, SC, with her friend and caregiver Rosaleen, setting off on a life-changing journey of self-discovery. Set amidst the hotbed of racial tensions in the South in the 1960s, this dramatic tale is based on the bestselling novel by Sue Monk Kidd. Rated PG-13. Popcorn and lemonade will be provided and you are welcome to bring your favorite movie treats. *Information*, Helen Oesterle 206-382-4514 or hoesterle@stjames-cathedral.org.

**WELCOME, PARENTS WITH YOUNG CHILDREN** We support all of our parishioners who are attending Mass with young children and we welcome those children into our midst. If you find that your child needs a quiet place away from the stimulation of the Mass, please feel free to step into the west vestibule or the cathedral chapel, where we have provided a sound system so that you can continue to participate in the Mass. We appreciate your effort to be with us and to include your child in our worship. *Please note that babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.*

**ARCHBISHOP HUNTHAUSEN LIBRARY** Visit your friendly and accessible Archbishop Hunthausen Library in Cathedral Hall during the Sunday coffee hours. We have a good selection of old favorites and recent releases.

**June 14, 2009**

**FLORAL ARRANGEMENTS AT THE ALTAR** Floral offerings are a venerable custom in the Church, and a wonderful way to remember a deceased loved one, celebrate an anniversary, or give thanks for an answered prayer. *Information* Kay Kaiser, 206-654-4650, [kkaiser@stjames-cathedral.org](mailto:kkaiser@stjames-cathedral.org).

**ARE YOU A REGISTERED PARISHIONER AT ST. JAMES?** Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. *We strongly encourage you to register.* Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's highly acclaimed journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates (and become eligible for Cathedral scholarship money). In addition, if you are a registered parishioner and use envelopes, or are on the direct deposit program, we will mail you a quarterly report of your contributions to the parish. Registration cards can be found in the vestibule. Please drop the completed card in the collection basket or put it in the mail.

*If you're not sure whether you're registered at St. James, call the parish office at 206-622-3559.*

## ST. JAMES CATHEDRAL PARISH

We are the cathedral for the Catholic Archdiocese of Seattle and its Archbishop, The Most Reverend Alexander J. Brunett. We are also a parish church for a vibrant faith community with a long history that reaches back to Seattle's early days.



We are an inner-city parish with an outreach to many who live on the edge of poverty and loneliness. We are a diverse community that welcomes, accepts, and celebrates the differences we all bring. We exist in the heart of the city, yet sometimes our parishioners come from considerable distances to worship here.

St. James Cathedral is a crossroads where ideas and challenges both old and new are explored in the light of the Gospel of Jesus Christ.

Our cathedral is also the center for many cultural and ecumenical events which both reflect and help to shape the fabric of a vital metropolitan community.

Above all, St. James Cathedral is a community of prayer.

## A reminder about parking on Sundays for the Cathedral



We know that parking in this area is at a premium and we are doing our best to make it available to you. In consideration of our neighbors and to ease parking problems on Sundays, please note these important Do's and Don'ts!

You **MAY** park:

- In the O'Dea High School lot.
- In the Cabrini Tower Garage on Marion Street across from O'Dea High School for the Saturday 5:30 pm Mass and all Sunday Masses. The Cathedral pays for parking during these times, and you are encouraged to take advantage of it. (How often are you offered free parking in Seattle?)
- In the P-1 parking lot under the Chancery building at 9th and Marion.

Please **DO NOT** park:

- In the lot adjacent to the Envoy Apartments on 9th Avenue, directly across from the Cathedral.
- In the Blood Bank parking lot at the corner of Terry and Columbia.
- In the Frye Museum parking lots on Terry Avenue.
- In the parking places at the Pastoral Outreach Center.
- In the spaces on Terry Avenue reserved for loading and unloading of the parish vans.



# THE YEAR OF ST. PAUL

## ST. PAUL & THE EUCHARIST

Seventh in a Series

June 14, 2009

**A**s a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. Now the body is not a single part, but many. If a foot should say, "Because I am not a hand I do not belong to the body," it does not for this reason belong any less to the body. Or if an ear should say, "Because I am not an eye I do not belong to the body," it does not for this reason belong any less to the body.... God placed the parts, each one of them, in the body as he intended. If they were all one part, where would the body be? .... If one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy. Now you are Christ's body, and individually parts of it.

*1 Corinthians 12: 12-20, 26-27*

### We are Christ's Body

It is in St. Paul, not the Gospels, that we find the earliest account of the Lord's Supper. Writing to the Christian community at Corinth, St. Paul reminded them that the bread and wine shared in the Eucharistic celebration are no ordinary food, but the very body and blood of the Lord (1 Corinthians 11:23-28). To share in this feast is to profess our faith in the Lord who died, who rose, and who will come again. And it is more: in receiving the body of Christ, we become the body of Christ. We are incorporated into him.

The passage quoted above occurs just a few verses after that first account of the Lord's Supper. Paul, speaking to the troubled Corinthians, shows that division in a Christian community is unthinkable, even absurd. It is as if the foot or the hand, the eye or the ear, were to declare its independence from the body! All the parts are necessary; every member is there by God's plan. Our successes and failures, our joys and our sorrows, are not given to us alone; they are shared by the whole body.

For St. Paul, this image of the body is more than a simile for the Christian community. "*You are Christ's body,*" he says. In receiving the Eucharist, we become part of Christ's body, and that means we become part of each other. As Pope Benedict XVI has written: "Union with Christ is also union with all those to whom he gives himself. I cannot possess Christ just for myself; I can belong to him only in union with all those who have become, or who will become, his own. Communion draws me out of myself towards him, and thus also towards unity with all Christians. We become 'one



body,' completely joined in a single existence. Love of God and love of neighbor are now truly united.... Eucharistic communion includes the reality both of being loved and of loving others in turn. A Eucharist which does not pass over into the concrete practice of love is intrinsically fragmented." (*Deus Caritas Est*, 14)  
—Corinna Laughlin

### Prayer for the Year of St. Paul

Glorious Saint Paul,  
Apostle to the Gentiles,  
when the Lord called, you answered,  
and you spread the good news of the Gospel  
to the very ends of the earth.  
Pray for us, that we may serve Christ as you did:  
proclaiming the name of Jesus  
in good times and bad,  
when convenient and when inconvenient.  
Pray for us, that we may welcome  
all the people we meet  
with compassionate hearts and open minds.  
Pray for us, that Christ may live in us as he lived in you.  
We pray in the name of the One  
who is your Lord and ours,  
Christ Jesus the Lord. Amen.

### Novena in Honor of St. Paul

*We will conclude this Year of St. Paul with a special novena of prayer, beginning Saturday, June 20 and concluding on the Solemnity of Saints Peter and Paul, Monday, June 29. All Masses during the novena will conclude with a special procession to the place of prayer in honor of St. Paul.*

# HELP US HELP THEM

The St. James Youth Migrant Project Volunteers are collecting donations to be distributed to the migrant families during our mission trip on July 5-10. Please help us supply the much-needed items listed below by bringing your donations to Coffee Hour after the morning Masses or by dropping them off in the Parish Office anytime, Monday to Friday, 9:00am to 5:00pm, by June 26. Thank you and God bless you!

—The Youth Migrant Project Volunteers

## Shopping List

- ☐ Checks or cash payable to St. James Cathedral and marked **"Migrant Ministry"**
- ☐ Baby formula, especially Enfamil in powder form with the yellow label
- ☐ Powdered milk
- ☐ Toothpaste and bath soap
- ☐ Disposable diapers in all sizes, wipes, baby bottles, baby blankets
- ☐ Sleeping bags and blankets
- ☐ New or gently-used, **casual** clothing. Please do not donate any torn or stained items. For men's clothing, small and medium sizes are especially needed.
- ☐ Shoes and socks—especially for kids. For adult shoes, size 10 1/2 and under are most needed.
- ☐ Coats, jackets, and sweaters
- ☐ New underwear and children's bathing suits
- ☐ School supplies and new children's books

*Remember, the farm workers' needs do not end with summer. Your donations continue to help families in need year-round until all funds are exhausted.*