



Icon of the Descent of the Holy Spirit. Joan Brand-Landkamer, Cathedral Iconographer

ST. JAMES CATHEDRAL **PENTECOST**

May 31, 2009



ORDER OF CELEBRATION FOR P E N T E C O S T

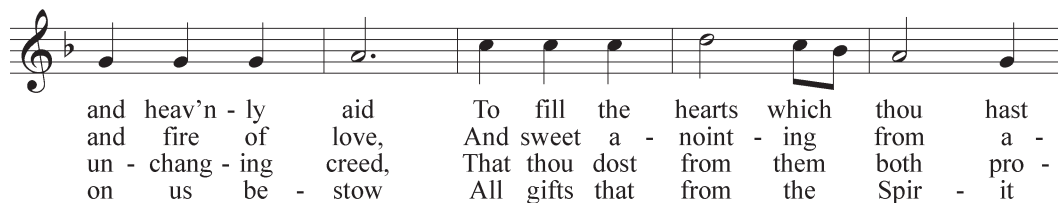
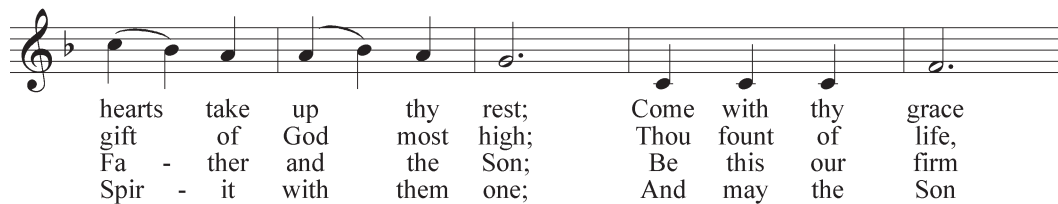
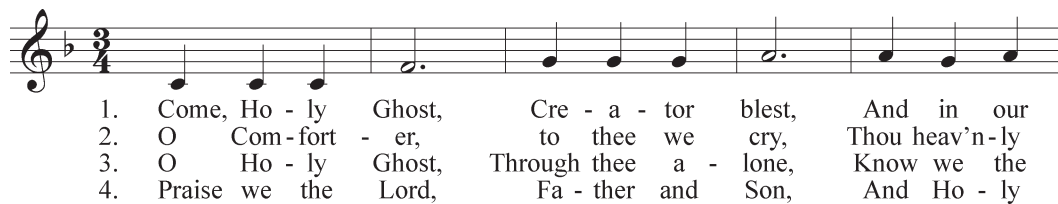
Out of respect for the liturgy we are about to celebrate,
PLEASE TURN OFF ALL CELLULAR PHONES.

RITE OF RECEPTION INTO THE FULL COMMUNION OF THE CATHOLIC CHURCH (Noon)

PRELUDE (8:00, 10:00 & 5:30) *Come, Creator God, Holy Spirit*, BWV 667 Bach
(Noon) *Prélude sur le thème 'Veni Creator'* Duruflé

INTROIT (10:00 & Sunday Evening) The Spirit of the Lord fills the whole world, alleluia.
It holds all things together and knows every word spoken, alleluia.

ENTRANCE *Come, Holy Ghost* LAMBILLOTTE



SPRINKLING RITE *Vidi aquam*

chant



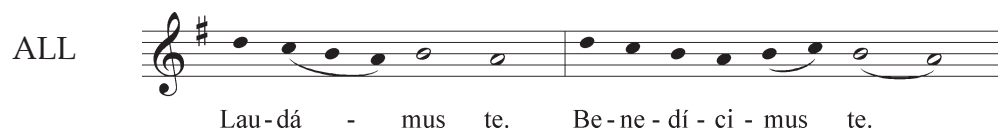
GLORIA

chant, *Mass of Angels*

PRESIDER, THEN ALL:



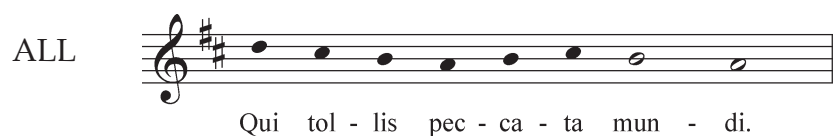
Choir ET IN TERRA PAX HOMINIBUS, BONÆ VOLUNTATIS.



Choir ADORAMUS TE. GLORIFICAMUS TE.
GRATIAS AGIMUS TIBI PROPTER MAGNAM GLORIAM TUAM. *R*
DOMINE DEUS, REX CÆLESTIS, DEUS PATER OMNIPOTENS.



Choir DOMINE DEUS, AGNUS DEI, FILIUS PATRIS.
QUI TOLLIS PECCATA MUNDI, MISERERE NOBIS.



Choir SUSCIPE DEPRECATIONEM NOSTRAM.
QUI SEDES AD DEXTERAM PATRIS, MISERERE NOBIS. *R*
QUONIAM TU SOLUS SANCTUS.



Choir TU SOLUS ALTISSIMUS, JESU CHRISTE.
CUM SANCTO SPIRITU, IN GLORIA DEI PATRIS. *R*



OPENING PRAYER

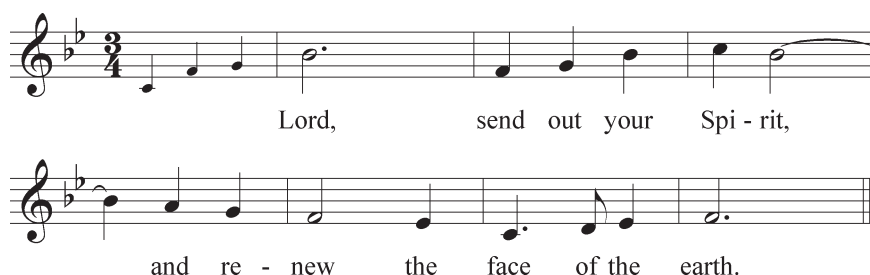
LITURGY OF THE WORD

READINGS No. 857

PSALM RESPONSE

Psalm 104

Proulx



SEQUENCE *PLEASE REMAIN SEATED*

*Come, thou Holy Spirit, come!
And from thy celestial home
Shed a ray of light divine!*

*Come, thou Father of the poor!
Come, thou source of all our store!
Come, within our bosoms shine!*

*Thou, of comforters the best;
Thou the soul's most welcome guest;
Sweet refreshment here below;*

*In our labor, rest most sweet;
Grateful coolness in the heat;
Solace in the midst of woe.*

*O most blessed light divine,
Shine within these hearts of thine,
And our inmost being fill!*

chant, *Veni Sancte Spiritus*

*Where thou art not, we have naught,
Nothing good in deed or thought,
Nothing free from taint of ill.*

*Heal our wounds, our strength renew;
On our dryness pour thy dew;
Wash the stains of guilt away:*

*Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.*

*On the faithful, who adore
And confess thee, evermore
In thy sevenfold gift descend.*

*Give them virtue's sure reward;
Give them thy salvation, Lord;
Give them joys that never end.
Amen. Alleuia!*

ALLELUIA

chant, *O filii et filiae*



HOMILY

Father Michael G. Ryan

RITE OF RECEPTION INTO FULL COMMUNION (Noon)

CALLING OF THE CANDIDATES

CREED No. 238 *chanted on one tone*

ACT OF RECEPTION

CELEBRATION OF THE SACRAMENT OF CONFIRMATION

PRAYER OF CONFIRMATION

ANointing WITH CHRISM

GENERAL INTERCESSIONS

CREED (10:00 & Sunday Evening)

Credo III, chant, *Jubilate Deo*

Presider Credo in unum Deum,

Schola Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

*We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is seen and unseen.*

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,
Fi - li - um De - i u - ni - ge - ni - tum.

*We believe in one Lord,
Jesus Christ,
the only Son of God,*

Schola Et ex Patre natum ante omnia sæcula.

eternally begotten of the Father,

ALL

De - um de De - o, lu - men de lú - mi - ne,
De - um ve - rum de De - o ve - ro.

*God from God, Light from Light,
true God from true God,*

Schola Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

*begotten, not made,
one in being with the Father:
through him all things were made.*

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram
sa - lú - tem de - scén - dit de cæ - lis.

*For us and for our salvation
he came down from heaven:*

ALL BOW AT THE WORDS OF INCARNATION:

Schola Et incarnatus est de Spiritu Sancto
ex Maria Virgine, et homo factus est.

*by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.*

ALL

Cru - ci - fí - xus é - ti - am pro no - bis
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

*For our sake he was crucified
under Pontius Pilate;
he suffered, died, and was buried.*

Schola Et resurrexit tertia die, secundum Scripturas.

*On the third day he rose again
in fulfillment of the Scriptures;*

ALL

Et a - scén - dit in cæ - lum,
se - det ad déx - te - ram Pa - tris.

*he ascended into heaven
and is seated at the right hand
of the Father.*

Schola Et iterum venturus est cum gloria,
judicare vivos et mortuos,
cuius regni non erit finis.

*He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.*

ALL

Et in Spí - ri - tum San-ctum, Dó-mi-num et vi-vi-fi-
cán-tem: qui ex Pa-tre Fi-li-ó-que pro - cé - dit.

*We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
and the Son.*

Schola Qui cum Patre et Filio simul adoratur et conglorificatur:
qui locutus est per prophetas.

*With the Father and the Son
he is worshiped and glorified.
He has spoken through the prophets.*

ALL

Et u - nam, san - ctam, ca - thó - li - cam
et a - pos - tó - li - cam Ec - clé - si - am.

*We believe in one holy catholic
and apostolic Church.*

Schola Confiteor unum Baptisma in remissionem peccatorum.

*We look for the resurrection
of the dead,*

ALL

Et ex-spe-cto re-sur-re-cti - o-nem mor-tu - o - rum.

and the life of the world to come.

Schola Et vitam venturi sæculi.

Amen.

ALL

A - - - - - men.

GENERAL INTERCESSIONS

Berthier

Ve - ni Cre - a - tor Spi - ri - tus.
Come, Creator Spirit.

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

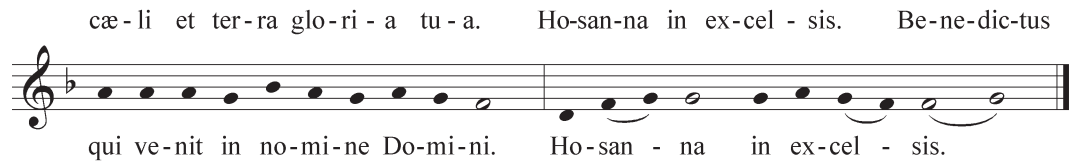
(10:00 ☞ Sunday Evening)

Veni Creator Spiritus (Text at No. 479)

chant

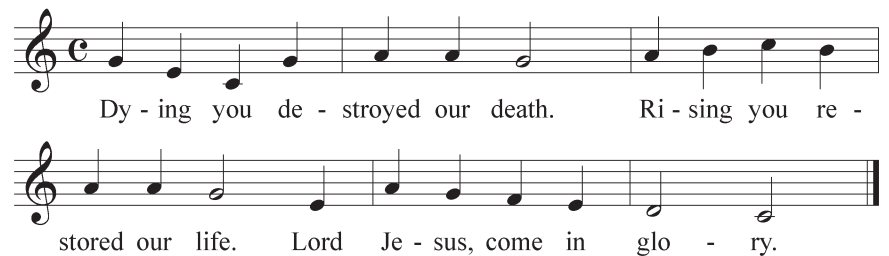
SANCTUS

chant, Vatican XVIII



MEMORIAL ACCLAMATION

Nicolai, adapt. St. James Cathedral



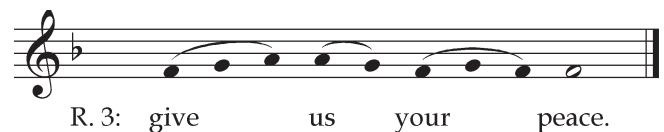
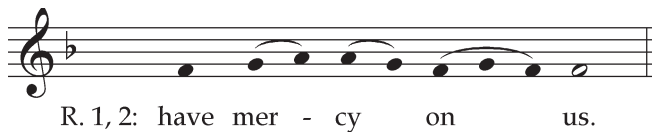
AMEN No. 350

chant

LORD'S PRAYER No. 246

AGNUS DEI

chant, *Mass of Angels*



COMMUNION

chant

Suddenly a sound came from heaven like the rush
of a mighty wind, in the place where they were sitting, alleluia;
and they were all filled with the Holy Spirit,
and announced the great things God had done, alleluia.

Psalm 104

Stratman



When you return to your seat after receiving holy communion, **please kneel or be seated.** This is the norm for large assemblies in the Archdiocese of Seattle, and we thank you for following our practice.

1. Come down, O Love di - vine, Seek now this soul of
 2. O let it free - ly burn, Till earth - ly pas - sions
 3. And so the yearn - ing strong, With which the soul will

mine, And vis - it it with your own ar - dor glow - ing;
 turn To dust and ash - es in its heat con - sum - ing;
 long, Shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, With - in my heart ap -
 And let your glo - rious light Shine ev - er on my
 For none can guess its grace, Till love cre - ates the

pear, And kin - dle it, your ho - ly flame be - stow - ing.
 sight, And clothe me round, the while my path il - lum - ing.
 place Where - in the Ho - ly Spir - it makes its dwell - ing.

SOLEMN BLESSING OF PENTECOST

DISMISSAL **Priest:** Go in the peace of Christ, alleluia, alleluia!

ALL: 

Thanks be to God, al - le - lu - ia, al - le - lu - ia.

ANTIPHON IN HONOR OF THE BLESSED VIRGIN MARY

(10:00)

Totus tuus

Górecki

PROCESSION

Come, Holy Spirit, Lord God, BWV 651

Bach

10:00 AND IT FILLED THE HOUSE WHERE THEY WERE SITTING. Accompaniment for the settings of the Sequence, Veni Creator and Psalm 104 composed by Stephen Cavit.

ICON OF THE FIRST PENTECOST. ACKNOWLEDGEMENTS: Psalm response by Proulx, Vidi aquam response by Hurd copyright © 1986, GIA Publications, Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. Intercessions response copyright © 1979, 1982 Les Presses de Taizé (France), used by permission of GIA Publications, Inc., Chicago, IL, exclusive agent. Reprinted under OneLicense.net #A706828. All rights reserved. Psalm 104 refrain © Thomas B. Stratman; used with permission. All rights reserved.

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)
Deacon Joseph Curtis

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy,
Sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator
Lupita Gonzalez, ESL Coordinator
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

WEDDING COORDINATORS

Linda Carr, Bev Mauser (206-622-3559 ext. 3979)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Marilyn Maddeford, Receptionist (206-622-3559)
Joan McDonell, Marriage Tribunal Advocate (206-622-3559)
Sister Mary Slater, SNJM, Bookkeeper (206-622-3559 ext. 3974)

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOIDING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

ECUMENICAL PRAYER with music from Taizé, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME, SUMMER VISITORS!

St. James is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today.

THE CATHEDRAL BOOKSTORE Stop by the bookstore today for a great selection of summer reading—history, biography, fiction, and more!

GUEST CHOIR Saturday, 5:30pm. We welcome the Holy Trinity Choir from Holy Trinity Lutheran Church, Mercer Island, directed by Chrade Younkin, with organist David Locke.

NEW ON THE WEBSITE Visit www.stjames-cathedral.org for photo albums of recent events, including the celebration of First Communion on May 17 and the celebration of Confirmation on May 23. Also, read or listen to Father Ryan's homilies; make a gift online; take a virtual tour, and much more!

SUMMER TOURS During the summer months, June, July, and August, we offer a tour of the Cathedral every Wednesday at 1:00pm. This is a great way to show out-of-town guests your Cathedral! The first tour of the summer will be offered this Wednesday, June 3. Gather in the west vestibule at 1:00pm. *No reservations required.*

YOUNG ADULTS MONTHLY INFORMAL WINE AND CHEESE gathering will take place this Sunday, May 31 immediately following 5:30 Mass. Young adults over the age of 21, single or married, gather for fun, refreshments, and fellowship in the Fireside Room of the Pastoral Outreach Center. Newcomers and those not new to the parish are all welcome! *Information*, youngadults@stjames-cathedral.org or TerryAnn Bowen, 206-382-2018.

WALK WITH MARY The Health and Healing Committee invites you to walk for your health to shrines of Our Lady around the world. Our goal is to collect 18,000 miles and to travel from St. James to Fatima and Lourdes! If you signed up at the Health and Healing Fair on May 5, you can bring your record sheet for May to the Hall TODAY Sunday, May 31, at coffee hour. If you'd like to join the fun and get healthier at the same time, stop by the table at coffee hour. You will receive a free pedometer to get you going. *Information*, John Simpson, 206-274-3173.

PARISH REMEMBRANCE Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Holy Spirit in Kent, and Sacred Heart in Bellingham, Lacey, and Tacoma.

SANDWICHES FOR ST. MARTIN DE PORRES SHELTER

Sandwiches may be dropped off in Cathedral Hall during the Sunday morning Coffee Hours on Sunday, June 7 or at the Parish Office on Monday, June 8.

FR. BENIGNO BELTRAN: STORIES OF SMOKEY MOUNTAIN AND POVERTY IN THE PHILIPPINES

Father Ben Beltran has worked for 30 years with the poor in Manila, who seek to eke out a living by scavenging on the large garbage dump called Smokey Mountain. Of his work, Fr. Beltran says: *"I have learned that God is speaking through the poor. You should not come to the poor to save them, but to save yourself."* Fr. Beltran will share stories of his ministry Saturday, June 6, at 1:00 pm in the Pastoral Outreach Center. Registration required! *Information, or to register*, Patty Bowman, 382-4515, or pbowman@stjames-cathedral.org.

THE GLOBAL WATER CRISIS: A CHRISTIAN RESPONSE

Seattle University Professor of Christian Ethics Gary Chamberlain, author of *Troubled Waters: Religion, Ethics and the Global Water Crisis*, will speak on the intersection between our faith and the increasing problem of lack of access to water in many areas of the world. Monday, June 8, 2009, 7:00 pm in the Pastoral Outreach Center. Registration required. *Information, or to register*, Patty Bowman, 382-4515, or pbowman@stjames-cathedral.org.

Sacred Steps

CONGRATULATIONS to the thirty-eight candidates confirmed by Bishop Elizondo at the 5:30pm Mass last Saturday: *Gabriel Alexander Benedetto, Nicola Kendra Cardona-Rigor, Maureen Ann Carr, Lydia Euyoung Chun, Mary Anne Coles, Jason Paul Etzel, Jeremiah Matthew Flocchini, Frederick Alfred Peter Gella, Miriam Gomez-Elegido, Johnny Leon Gonzalez, Zoila Portugal Haro, Vjeko Ivankovic, Lauren Amy Kastanas, Olivia Nami Kosaka, Blanca Larsen, Jessica Marie Luna, Maria Susanna Mallory, Duncan Hugh McCoy, Andrew Cyril McUsic, Roger Stephen Mecham, Mary Rachel Castaneda Morales, Sophie Marie Obenza, Sean Michael O'Brien, Laura Crystal Ochoa, Myra Ochoa, Karen Jolene Ombrellaro, Savannah Jane Pasha, Erin Catie Phelan, Zean Antoni Rivera, Britton Elizabeth Rogers, Jermaine James Rosario, Karolina Rynkiewicz, Krystal Hideko Sakagami, Jared Patrick Smith, Jean Ann VanDyne, Thomas Joseph Varas, Patrick David Wagner, and Lillian Josephine Warner.*

CONGRATULATIONS AND GOD'S BLESSINGS to Ann Zubovic and John Salinas, II, married in the Cathedral on May 16, and to Ane Phillips and Donny Mateaki, married in the Cathedral on May 23. Please keep them in your prayers as they begin their new lives together.

REST IN PEACE Please pray for the repose of the soul of Peggy Vanhee.

Annual Catholic Appeal 2009

Results through May 24, 2009

Pledges received 729 (of 2,497 households)
% participation.....29%
Combined Parish & Archdiocesan goal..... \$454,000
Percent of goal reached.....88%

Thank you to all who have turned in or mailed in your pledge. The response has been truly remarkable. **But as you can see, we aren't there yet!** Every dollar that comes in now will be returned to the parish in the form of a rebate to support our Cathedral Kitchen and other outreach ministries. This isn't just a "bonus"—these are funds we actually rely on to make these important ministries happen. Your support is *crucial!*

If you're not sure what to give, would you consider a gift of \$365 (that's just \$1 per day)? You may make a one-time gift or spread your gift out over as many as ten months. There are many options to make it easy and convenient to give. Thank you for your generous response!



SUMMER FILM FESTIVAL Join us on 2nd Tuesdays of the summer months in Cathedral Place, 2nd floor at 7:00pm for the return of this popular summer series. Popcorn and lemonade will be provided and you are welcome to bring your favorite treats. First showing: *The Visitor* (PG-13) on Tuesday, June 9. The film is about an American professor and an immigrant family from Syria, and explores the effects of our immigration and detention system on the lives of immigrants. It has received great reviews! Co-sponsored by St. James ESL Program. *Information*, Helen Oesterle 206-382-4514 or hoesterle@stjames-cathedral.org.

THE NEXT SENIOR TRIP will be Wednesday, June 10, the Point Defiance Zoo. This zoo is large enough to offer an awesome array of animals yet small enough to let you get really close to them. You'll see seahorses and sharks, peacocks and penguins, wolves and walrus, all in one place. Space is limited and priority will be given to registered parishioners! *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

SEATTLE SOUNDERS vs. HOUSTON DYNAMO Tickets are going fast for the Sounders game at Qwest Field on Saturday, July 11 at 1:00pm. \$20/person. Reserve your tickets now! (The game is sold out so this is the only way to see our home team!) *Information*, Theresa Van de Ven, 206-219-5822, tvandeven@stjames-cathedral.org

FLORAL ARRANGEMENTS AT THE ALTAR Floral offerings are a venerable custom in the Church, and a wonderful way to remember a deceased loved one, celebrate an anniversary, or give thanks for an answered prayer. *Information* Kay Kaiser, 206-654-4650.

ALL PARISH CHOIR SUNDAY AND YOU Sunday, June 21 is the annual celebration of our wonderful singing community. Everyone from ages six to 96+, opera singers to “joyful noisers” are welcome to join their voices with members of the cathedral choirs at the 10:00 Mass. Rehearsals are in the cathedral on Thursday, June 18, 7:30-9:00 pm and Sunday, June 15, 9:05am. *Information* 206-382-4874 or musicoffice@stjames-cathedral.org

PART-TIME ASSISTANT BABYSITTING COORDINATOR NEEDED Applications are currently being accepted for this paid position. The job involves assisting the Babysitting Coordinator in caring for Cathedral children on Sunday mornings during the 10:00 and 12:00 Masses, once a month on a Saturday morning for our Baptism Seminars, and at various other events. Averages 10-15 hours per month. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

AMERICORPS OPENINGS WITH THE ST. JAMES ESL PROGRAM! As an AmeriCorps member you will develop job skills in volunteer management and providing services to diverse populations. Specifically, you will provide English instruction to two groups of adult, low-income refugees and/or immigrants in community locations in King County. You will work with program staff to organize groups, plan instruction, conduct intake and on-going support of students, provide English instruction, and assess student learning. You will also assist in the recruitment, intake and support of volunteer tutors. *Information*, Christopher Koehler, 206-382-4511 or ckoehler@stjames-cathedral.org. *To apply, you must first fill out and submit an AmeriCorps application. The application and further information about AmeriCorps is available at www.kcls.org/literacyamericorps.*

WELCOME, PARENTS WITH YOUNG CHILDREN We support all of our parishioners who are attending Mass with young children and we welcome those children into our midst. If you find that your child needs a quiet place away from the stimulation of the Mass, please feel free to step into the west vestibule or the cathedral chapel, where we have provided a sound system so that you can continue to participate in the Mass. We appreciate your effort to be with us and to include your child in our worship. *Please note that babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.*

PRAYER WITH MUSIC FROM TAIZÉ Each Friday at 6:30 pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially

I AM IN YOUR MIDST AS ONE WHO SERVES

Volunteer Opportunities

SUMMER SHELTER TRAINING This July and August, St. James will be partnering with Noel House and Operation Nightwatch to provide overflow shelter on Friday and Saturday nights to homeless women in our community. We will be holding an orientation for all interested volunteers on Tuesday, June 16 at 7pm in the hall. Volunteers must be female and over the age of 18. *Information*, Jennifer Ibach 206-654-4640 or jibach@stjames-cathedral.org.

HABITAT FOR HUMANITY is recruiting teams to help with building homes in the Seattle area. Are you interested in being part of a St. James Cathedral team? We are looking for teams of at least 10 people. Work parties will be on Saturdays this summer—dates to be determined depending on response. No special skills necessary, just a desire to help! *Information*, Martin Goodness, 206-459-0202, or mpgoodness@hotmail.com.

HELP A SENIOR IN NEED Many in our community are in need of help with transportation, shopping, laundry, housework, and more. Age, illness, economics, and disabilities can all be barriers to accomplishing these routine, daily tasks. By volunteering just a few hours a month, you can make a huge difference in someone's life, provide them peace of mind, and help them to stay in their own home rather than going to an institutionalized setting. If you are interested in joining this rewarding ministry, please come to the orientation on the 2nd floor of the Pastoral Outreach Center on Wednesday, June 10 at 6:30pm. *Information* Jennifer Ibach, 206-654-4640 or jibach@stjames-cathedral.org.

registered. *We strongly encourage you to register.* Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's highly acclaimed journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates (and become eligible for Cathedral scholarship money). In addition, if you are a registered parishioner and use envelopes, or are on the direct deposit program, we will mail you a quarterly report of your contributions to the parish. Registration cards can be found in the vestibule. Please drop the completed card in the collection basket or put it in the mail.

If you're not sure whether you're registered at St. James, call the parish office at 206-622-3559.



THE YEAR OF ST. PAUL

ST. PAUL AND THE HOLY SPIRIT

Fifth in a Series

May 31, 2009

We know that all creation is groaning in labor pains even until now; and not only that, but we ourselves, who have the firstfruits of the Spirit, we also groan within ourselves as we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that sees is not hope. For who hopes for what one sees? But if we hope for what we do not see, we wait with endurance.

In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit himself intercedes with inexpressible groanings. And the one who searches hearts knows what is the intention of the Spirit, because he intercedes for the holy ones according to God's will.

(Romans 8:22-27)



The Spirit Understands

The liturgy of Pentecost draws on a huge range of images to describe the Holy Spirit. The Introit takes us back to the dawn of time, to the Spirit of God that hovered over the waters. The reading from the Acts of the Apostles describes the Spirit as a mighty wind, or tongues of flame. In the Gospel reading, the Spirit is the breath of the risen Lord Jesus. And the great sequence of Pentecost, "Veni, Sancte Spiritus," speaks of the Spirit as comforter, guest, refreshment, rest, coolness, warmth, healing, light. At Pentecost, we recall how the Spirit came upon the disciples gathered in Jerusalem, giving them the gift of speaking in new languages; but at the same time the liturgy reminds us that the Spirit cannot be contained in our language or in our imagination.

The passage from the Letter to the Romans show that St. Paul was well aware of this. We are living in an in-between time, he writes – something great is coming, but we are not there yet. Paul uses the image of a woman about to give birth to help us understand this. She is in pain, yet full of hope; and her agony is expressed not in words, but in inarticulate cries. It is the same for all of creation, St. Paul says. The whole cosmos "is groaning in labor pains," and so are we. We "do not know how to pray as we ought" – we do not have the words to express the confusion of pain and hope we feel. But we need not worry, because the Spirit is praying for us, not with words, but with "inexpressible groanings."

In speaking of the Spirit, St. Paul does not speak of a thing but of a person, a loving person who comes to our aid not in our strength, but in our weakness. As

scripture scholar James D. G. Dunn has said, "the Spirit is seen here as typically active not so much in the heights of spiritual rapture as in the depths of human inability to cope."

Prayer for the Year of St. Paul

Glorious Saint Paul,
Apostle to the Gentiles,
when the Lord called, you answered,
and you spread the good news of the Gospel
to the very ends of the earth.
Pray for us, that we may serve Christ as you did:
proclaiming the name of Jesus
in good times and bad,
when convenient and when inconvenient.
Pray for us, that we may welcome
all the people we meet
with compassionate hearts and open minds.
Pray for us, that Christ may live in us as he lived in you.
We pray in the name of the One
who is your Lord and ours,
Christ Jesus the Lord. Amen.

Novena in Honor of St. Paul

We will conclude this Year of St. Paul with a special novena of prayer, beginning Saturday, June 20 and concluding on the Solemnity of Saints Peter and Paul, Monday, June 29. All Masses during the novena will conclude with a special procession to the place of prayer in honor of St. Paul in the Cathedral's west aisle.



HELP US HELP THEM!

Next Sunday, June 7, the St. James Youth Migrant Project Volunteers will be collecting donations and selling tostadas at Coffee Hour. The donations will be distributed to the migrant families during our mission trip on July 5-10 and the funds raised from tostada sales will help to buy books, food, and school supplies for the migrant families, as well as offset trip costs. Please help us supply these much-needed items by bringing your donations to Coffee Hour after the morning Masses or by dropping them off in the Parish Office by June 26.

Thank you and God bless you! — *The Youth Migrant Project Volunteers*

**For I was hungry
and you gave me
food, I was thirsty
and you gave me
drink,
a stranger and you
welcomed me,
naked and you
clothed me.
Matthew 25:35**



Items needed:

- Checks or cash payable to St. James Church and marked "**Migrant Ministry**"
- Baby formula, especially Enfamil in powder form with the yellow label
- Powdered milk
- Toothpaste and bath soap
- Disposable diapers in all sizes, wipes, baby bottles, baby blankets
- Sleeping bags and blankets
- New or gently-used, **casual** clothing. Please do not donate any torn or stained items. For men's clothing, small and medium sizes are especially needed.
- Shoes and socks—especially for kids. For adult shoes, size 10 1/2 and under are most needed.
- Coats, jackets, and sweaters
- New underwear and children's bathing suits
- School supplies and new children's books
- Remember, the farm workers' needs do not end with summer. Your donations continue to help families in need year-round until all funds are exhausted.



St. James Cathedral Schola Cantorum Choir Camp 2009

August 10-14 (9:00-4:00 pm, M-F) and
Sunday, August 16 (9:00 am-12:00 noon)

Led by the region's finest Catholic music educators, this week-long camp is for young singers grades 4-8 (treble voices) in preparation for many Cathedral liturgies at which the Schola Cantorum will sing during the school year. It provides excellent training in liturgical music. Students learn how to sing, and develop and grow their skills in music fundamentals including rhythm and pitch.



Priority enrollment is given to parishioners of St. James Cathedral,
and currently-enrolled Youth Music Program students.

A brief audition is necessary for new students.

Spaces are limited and will fill quickly.

For information e-mail musicooffice@stjames-cathedral.org
or call 206-382-4874.