

Lord, you have the words of everlasting life.
West Nave Clerestory Roundel. Charles Connick, 1916-1917.

ST. JAMES CATHEDRAL
The Third Sunday of Lent

March 15, 2009

ORDER OF CELEBRATION FOR THE THIRD SUNDAY OF LENT

OUT OF RESPECT FOR THE LITURGY WE ARE ABOUT TO CELEBRATE,
PLEASE TURN OFF YOUR CELLULAR PHONE.

FIRST SCRUTINY OF THE ELECT (Saturday 5:30pm)
STATIONS OF THE CROSS WITH CHILDREN (following Noon Mass)

INTROIT

Introit for Lent III *Oculi mei*

adapt. Stratman



I will pour clean wa - ter u - pon you.

SPRINKLING RITE

Psalm 51 *Asperges me*

chant



O wash me, Lord.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

OPENING PRAYER

LITURGY OF THE WORD

READINGS No. 793

GRADUAL PSALM

Psalm 95

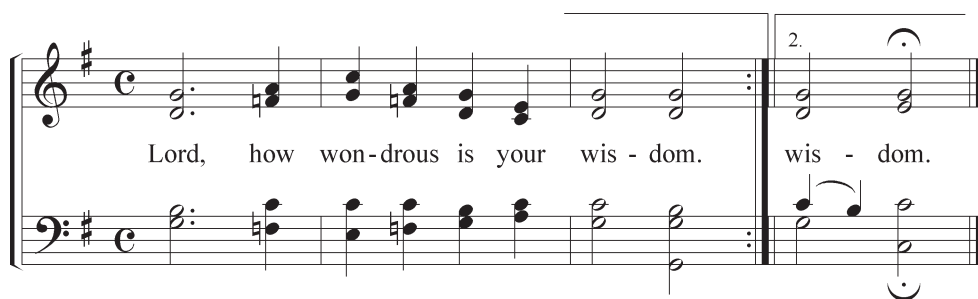
Kreutz



Re - mem - ber your mer - cies, O Lord.

GOSPEL TRACT

Stratman



Lord, how won-drous is your wis - dom. wis - dom.

HOMILY

Father Michael G. Ryan

CREED No. 238 *chanted on one tone*
(10:00 and Sunday Evening)

chant, *Jubilare Deo*

Presider Credo in unum Deum,

Schola Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

*We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is seen and unseen.*

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,

Fi - li - um De - i u - ni - ge - ni - tum.

*We believe in one Lord,
Jesus Christ,
the only Son of God,*

Schola Et ex Patre natum ante omnia sæcula.

eternally begotten of the Father,

ALL

De - um de De - o, lu - men de lú - mi - ne,

De - um ve - rum de De - o ve - ro.

*God from God, Light from Light,
true God from true God,*

Schola Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

*begotten, not made,
one in being with the Father:
through him all things were made.*

ALL

Qui pro-pter nos hó - mi - nes et prop-ter no-stram

sa - lú - tem de - scén - dit de cæ - lis.

*For us and for our salvation
he came down from heaven:*

ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,
et homo factus est.

*by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.*

ALL

Cru - ci - fí - xus é - ti - am pro no - bis

sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

*For our sake he was crucified
under Pontius Pilate;
he suffered, died, and was buried.*

Schola Et resurrexit tertia die, secundum Scripturas.

*On the third day he rose again
in fulfillment of the Scriptures;*

ALL

Et a - scēn - dit in cæ - lum,
se - det ad dēx - te - ram Pa - tris.

*he ascended into heaven and is seated
at the right hand of the Father.*

Schola Et iterum venturus est cum gloria,
judicare vivos et mortuos,
cuius regni non erit finis.

*He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.*

ALL

Et in Spī - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -
cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

*We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.*

Schola Qui cum Patre et Filio simul
adoratur et conglorificatur:
qui locutus est per prophetas.

*With the Father and the Son
he is worshiped and glorified.
He has spoken through the prophets.*

ALL

Et u - nam, san - ctam, ca - thó - li - cam
et a - pos - tó - li - cam Ec - clé - si - am.

*We believe in one holy catholic
and apostolic Church.*

Schola Confiteor unum Baptisma in remissionem peccatorum.

*We acknowledge one baptism
for the forgiveness of sins.*

ALL

Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

*We look for the resurrection
of the dead,*

Schola Et vitam venturi sæculi.

and the life of the world to come.

ALL

A - - - - - men.

FIRST SCRUTINY OF THE ELECT (Saturday 5:30pm)

INTERCESSIONS FOR THE ELECT No. 296

Litany of Saints

PRAYER OF EXORCISM

LAYING ON OF HANDS

At noon you came to Jacob's well

chant

DISMISSAL OF THE ELECT (Saturday 5:30pm)

chant, adapt. Stratman

Cantor: I give them life long and full, ALL: And I show them my power to save, says the Lord.

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

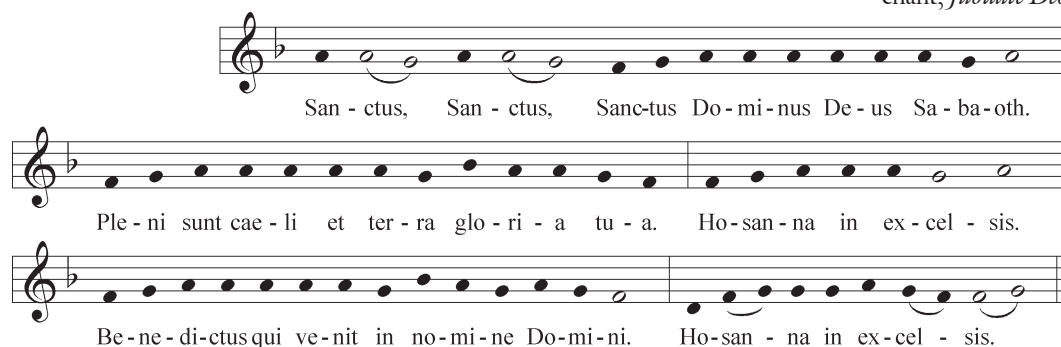
Offertory (10:00)

As the hart pants after the water

Palestrina

SANCTUS

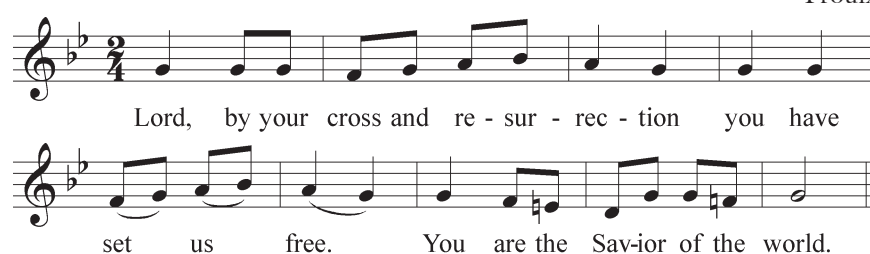
chant, *Jubilare Deo*



San - ctus, San - ctus, Sanc-tus Do-mi-nus De-us Sa-ba-oth.
Ple-ni sunt cae-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis.
Be-ne-di-ctus qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MEMORIAL ACCLAMATION

Proulx



Lord, by your cross and re-sur-rec-tion you have
set us free. You are the Sav-ior of the world.

AMEN No. 350

chant

AGNUS DEI

Vatican XVII



R. 1, 2 mi-se-re-re no-bis.
R. 3 do-na no-bis pa-cem.

COMMUNION “Whoever drinks the water I shall give,” said the Lord to the Samaritan woman,
“shall have a spring of water within welling up to eternal life.”

(10:00)

O sweetest Jesus

Compère

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

HYMN OF PRAISE No. 607

I heard the voice of Jesus say

KINGSFOLD

STATIONS OF THE CROSS (Noon)

Immediately following the Noon Mass, Father Ryan will pray the Stations of the Cross with the children and families of the Faith Formation Program. All are welcome to remain for this prayer. If you choose to leave, please do so as quietly as possible.

DIALOGUE AT EACH STATION

Father Ryan We praise you, Lord, and we bless you.

ALL **Because by your holy Cross you have redeemed the world.**

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)
Deacon Joseph Curtis

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy, Sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Tutoring
Jim Hodges, Citizenship
Cecilia Erin Walsh, Refugee Project Coordinator
Lupita Gonzalez, Community Mentors
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

WEDDING COORDINATORS

Linda Carr, Bev Mauser (206-622-3559 ext. 3979)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Marilyn Maddeford, Receptionist (206-622-3559)
Joan McDonnell, Marriage Tribunal Advocate (206-622-3559)
Sister Mary Slater, SNJM, Bookkeeper (206-622-3559 ext. 3974)

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT
Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOIDING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

ECUMENICAL PRAYER with music from Taizé, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME: *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

NEW IN THE BOOKSTORE Stop by the Cathedral Bookstore today for a wide variety of Lenten reading, including daily meditations by Henri Nouwen, Thomas Merton, G. K. Chesterton, and many more.

LENTEN HOLY HOURS Each Friday during Lent, join in a special Lenten Holy Hour beginning at 12 Noon. With Exposition of the Blessed Sacrament, Liturgy of the Hours, Rosary, and time for silence, Holy Hour is the perfect Lenten retreat for the end of a busy week.

STATIONS OF THE CROSS DURING LENT There are three opportunities to pray the Stations each week: on Mondays following 12:10 pm Midday Prayer, Wednesdays following the 5:30 pm Mass, and Fridays following the 8:15 am Mass (except on First Fridays). On Sunday, March 15, following the Noon Mass, the children of the Cathedral will pray the Stations of the Cross with Father Ryan.

A LENTEN BIBLE STUDY...ST. PAUL'S LETTER TO THE ROMANS Tuesdays, 1:00-3:00 or 7:00-9:00, Cathedral Place, second floor. We complete our two year review of the writings of St. Paul by studying his letter to the Romans--the most compelling and challenging of all his letters. All are welcome and no bible experience required! [*This Week: Salvation and the Christian Life (6: 1-8:39)*]

OPERATION RICE BOWL calls us to walk in solidarity with our brothers and sisters in need. During this third week of Lent, we focus on Tanzania, a country in eastern Africa. Catholic Relief Services supports agricultural development programs that aim to increase farm productivity and household wealth in Tanzania, as well as to assist orphaned and vulnerable children affected by HIV and AIDS. Let us accept the challenge of Operation Rice Bowl: to pray that we overcome indifference to the needs of others; to fast in solidarity with those who are hungry by eating simply; to learn about the needs of the poor, and to give money saved by fasting and eating simply to Operation Rice Bowl.



PARISH REMEMBRANCE Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Peter, Seattle; St. Peter Mission, Deming, Suquamish and Tenino.

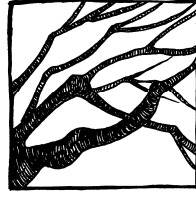
CONFIRMATION CLASSES for adults and high school students 16 years and older started on Thursday, March 5 and will continue on Thursdays 6:30-8:30 pm in Cathedral Place Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. It is not too late to join in the preparation classes for this important Sacrament. *Information* TerryAnn Bowen, tbowen@stjames-cathedral.org or 206-382-2018.

FINDING WORK... GOD'S WAY Our parish is offering a series on the art of looking for work that is grounded in prayer and community. Whether you're recently unemployed or just thinking of making a switch, these sessions will help refine your job search strategy and outline concrete steps you can take to improve your visibility in the market. They will take place on Tuesdays, March 17, 24, and 31 from 7:00-9:00 pm in Cathedral Place, second floor. ***This Week's Topic: Job Search Strategies.*** *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

FINDING HOPE IN DIFFICULT ECONOMIC TIMES Are you facing unemployment, foreclosure, depletion of retirement funds or some other difficult situation, or are you supporting someone who is? Come for support, fellowship and sharing of ideas on the second and fourth Saturdays of the months to come from 10:00-11:30 am in Cathedral Place, second floor. ***Next gathering:*** March 28. *Information*, TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

ST. JAMES ESL BOOK CLUB Join us on Tuesday, March 31 in the Pastoral Outreach Center to discuss *Jasmine* by Bharati Mukherjee. Acclaimed by the *Los Angeles Times Book Review* as "artful and arresting" and "breathtaking," the book tells the riveting story of a young woman's journey and transformation from rural India to Iowa. *Jasmine* is a quick read, and a thought-provoking story of what it means to be American. Now available in the Cathedral Bookstore. *Information*, Christopher Koehler, 206-382-4511, ckoehler@stjames-cathedral.org.

FOUNDATIONS IN OUR CATHOLIC FAITH: THE GOSPELS OF MATTHEW AND MARK Next Sunday, March 22, 1:30-5:30 pm at St. Peter's Parish Hall. In this course, participants will learn the concept of Synoptic Gospels and their sources. They will explore the themes and theological emphases, literary forms, and the social and historical contexts for both Gospels. They will discuss Jesus' Parables and explain what messages can be gleaned for the modern believer. Please bring your Bible and copy of the Catechism to the class. This program is a wonderful opportunity to continue to grow as mature and well-informed Catholics. (Co-sponsored by St. James Cathedral with the South Seattle Deanery) *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org.



JOURNEY OF THE ELECT

This weekend we celebrate the first of the three Scrutinies and the retelling of the story of the Samaritan woman at the well. This Gospel challenges our Elect to be honest about their personal lives just as the woman was with her encounter with Christ. In acknowledging their sinfulness and need for healing, they come to know more fully the mercy and loving acceptance of Christ in their lives. To prepare for their Scrutiny, each is asked to reflect upon what he/she most thirsts for in life, and then to bring that to this ancient rite for God's grace. Continue to enter into these solemn rites in prayer with our Elect as they prepare for baptism.

FATHER RASCHKO'S RECENT LECTURE IN RESPONSE TO THE NEW ATHEISM MOVEMENT IS NOW ONLINE.

You can now download this thought-provoking lecture by going to www.seattleu.edu/theomin.

HELP A SENIOR IN NEED Many in our community are in need of help with transportation, shopping, laundry, housework, and more. Age, illness, economics, and disabilities can all be barriers to accomplishing these routine, daily tasks. By volunteering just a few hours a month, you can make a huge difference in someone's life and provide them peace of mind and the option to stay in their own home rather than going to an institutionalized setting. If you are interested in joining this rewarding ministry, please come to the orientation on the 2nd floor of the Pastoral Outreach Center on Tuesday, March 31 at 6:30pm. *Information* Jennifer Ibach, 206-654-4640 or jibach@stjames-cathedral.org.

LENTEN BLOOD DRIVE There were 34 participants in the Lenten Blood Drive, a great success for a tradition that is only four years old at St. James. The Health and Healing Ministry extends a grateful thank-you to all who participated. You are meeting a great need in our larger community; your donation is helping to save a life. As St James has proven to be a very giving community, look for information toward the end of summer on our Fall Blood Drive.

WELCOME, PARENTS WITH YOUNG CHILDREN We support all of our parishioners who are attending Mass with young children and we welcome those children into our midst. If you find that your child needs a quiet place away from the stimulation of the Mass, please feel free to step into the west vestibule or the cathedral chapel, where we have provided a sound system so that you can continue to participate in the Mass. We appreciate your effort to be with us and to include your child in our worship.

Please note that babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. *We strongly encourage you to register.* Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's quarterly journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates (and become eligible for Cathedral scholarship money). In addition, if you are a registered parishioner and use envelopes, or are on the direct debit program, we will mail you a quarterly report of your contributions to the parish. Registration cards can be found in the vestibule. Please drop the completed card in the collection basket or put it in the mail. *If you're not sure whether you're registered at St. James, call the parish office at 206-622-3559.*

FLORAL ARRANGEMENTS AT THE ALTAR Floral offerings are a venerable custom in the Church, and a wonderful way to remember a deceased loved one, celebrate an anniversary, or give thanks for an answered prayer. *Information* Kay Kaiser, 206-654-4650, kkaiser@stjames-cathedral.org.

NEED PASTORAL CARE? The Cathedral provides a variety of such ministries. Whether you are sick or homebound and in need of communion, whether you would like a CD of Sunday's Mass, or if you need the sacrament of the Anointing of the Sick, we can help! *Information* John Simpson, Pastoral Care Minister, 206-274-3173, jsimpson@stjames-cathedral.org.

PRAYER WITH MUSIC FROM TAIZÉ Each Friday at 6:30 pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

ARCHBISHOP HUNTHAUSEN LIBRARY Visit your friendly and accessible Archbishop Hunthausen Library in Cathedral Hall during the Sunday coffee hours. We have a good selection of old favorites and recent releases.

ST. JAMES CATHEDRAL PARISH

We are the cathedral for the Catholic Archdiocese of Seattle and its Archbishop, The Most Reverend Alexander J. Brunett. We are also a parish church for a vibrant faith community with a long history that reaches back to Seattle's early days.

We are an inner-city parish with an outreach to many who live on the edge of poverty and loneliness. We are a diverse community that welcomes, accepts, and celebrates the differences we all bring. We exist in the heart of the city, yet sometimes our parishioners come from considerable distances to worship here.

St. James Cathedral is a crossroads where ideas and challenges both old and new are explored in the light of the Gospel of Jesus Christ.

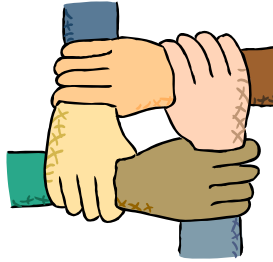
Our cathedral is also the center for many cultural and ecumenical events which both reflect and help to shape the fabric of a vital metropolitan community.

Above all, St. James Cathedral is a community of prayer.



SR.HIGH MISSION TRIP

Lynden, WA



July 5-10, 2009

St. James Cathedral and St. Mary's Parish join hands with the Youth Migrant Project to provide an experience for our teens from incoming freshmen to outgoing seniors.

What is the Youth Migrant Project?

The Youth Migrant Project is a summer long experience that provides senior high youth (class of 2009-class of 2013) a unique and challenging opportunity to live in community and be of service to migrant families in Lynden and the Skagit Valley. Parish youth groups serve for a week at a time throughout June, July and August. Participant jobs include: assisting in the day care centers, visiting the migrant camps, working in the fields, and providing donations. A participant's day also includes prayer, community building, leisure activities, and education about the needs of the poor.

Why are we participating?

As parishioners of St. James know, "I am in your midst as one who serves". We lead by our example. Our youth have this incredible opportunity to actively participate in social justice and hands-on ministry. The Youth Migrant Project's goals include:

1. Discovering and living Jesus' call to a life of loving service.
2. Understanding the importance of respecting the rights and responsibilities of all people
3. Learning that one does not have to travel to a third world country to work for justice and against poverty.
4. Experiencing the richness of the Latino culture.
5. Gaining valuable experience in a controlled setting to prepare youth for future mission experiences.
6. Making new friends, developing and deepening an awareness of their faith, and experiencing the universality of the Catholic Church.

How can I help?

There will be many ways to help both the teens and their mission. Consider becoming a prayer partner for one of the teens, attending a Mass on their behalf, or donating items to take to the migrant community. There will also be opportunities to donate financially to support the mission, a teen, or the migrant families. Watch the bulletin for more information.

Are you an interested teen?

If so, come with your parent or guardian to the **Informational Meeting on Sunday, March 22nd at 2pm at St. Mary's (611 20th Ave. S, Seattle 98144)**. Contact Jennifer Ibach for more information 206-654-4640 or jibach@stjames-cathedral.org.

WOULD YOU CONSIDER BEING A SPONSOR?



SPONSOR INFORMATION MEETING
WEDNESDAY, MARCH 25
7:00-9:00 PM
CATHEDRAL PLACE, SECOND FLOOR

Expectations:

- A love for the Catholic faith and a desire to share that with others, especially in the midst of our parish community
- Ability to attend at least two Wednesday evening sessions a month
- Ability to pray for their "sponsee" everyday and connect with him/her weekly (i.e. at Mass, by phone or e-mail)

Benefits:

- Meeting new people and feeling more a part of the parish
- Growing in your own understanding of the Catholic faith
- Ability to share your gifts and talents with others
- "Kudos" in heaven!

Testimonies:

- *"Being a sponsor enriches my own faith...I get more out of it than I give." Doug and Teri Head*
- *"I enjoy being a part of my candidate or catechumen's growth and I grow at the same time." Fred Armstrong*
- *"It's an honor and a privilege to walk with someone as they discover the Catholic faith." Jane Simpson'*
- *"Being a sponsor brings to mind what Easter is all about." Sally Strausz*
- *"It is amazing to relive my own RCIA experience through the eyes of someone receiving their own Baptism, Confirmation, and first Eucharist." Theresa Diehl*

Information: [Helen Oesterle](#), 206-382-4514