



This is my beloved Son. Listen to him.

Icon of the Transfiguration. Joan Brand-Landkamer, Cathedral iconographer.

ST. JAMES CATHEDRAL
The Second Sunday of Lent

March 8, 2009

ORDER OF CELEBRATION FOR THE SECOND SUNDAY OF LENT

OUT OF RESPECT FOR THE LITURGY WE ARE ABOUT TO CELEBRATE,
PLEASE TURN OFF YOUR CELLULAR PHONE.

INTROIT

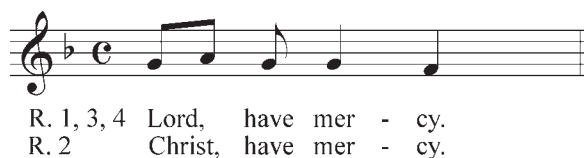
Introit for Lent II *Tibi dixit*

adapt. Stratman



PENITENTIAL RITE Text of Confiteor at No. 231

chant, Vatican XVII



DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

OPENING PRAYER

LITURGY OF THE WORD

READINGS No. 791

GRADUAL PSALM

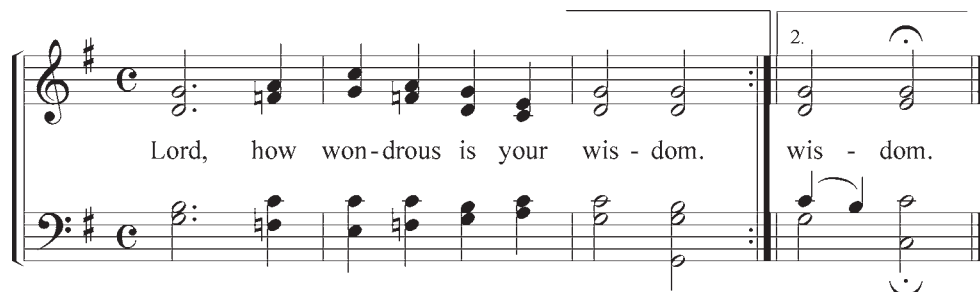
Psalm 116

Kreutz



GOSPEL TRACT

Stratman



HOMILY

Father Paul Janowiak, SJ

DISMISSAL OF THE ELECT (10:00)

adapt. Stratman

Cantor: I give them life long and full;
ALL: And I show them my power to save, says the Lord.

CREED No. 238 *chanted on one tone*
(10:00 and Sunday Evening)

chant, *Jubilare Deo*

Presider Credo in unum Deum,

Schola Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

*We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is seen and unseen.*

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,
Fi - li - um De - i u - ni - ge - ni - tum.

*We believe in one Lord,
Jesus Christ,
the only Son of God,*

Schola Et ex Patre natum ante omnia sæcula.

eternally begotten of the Father,

ALL

De - um de De - o, lu - men de lú - mi - ne,
De - um ve - rum de De - o ve - ro.

*God from God, Light from Light,
true God from true God,*

Schola Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

*begotten, not made,
one in being with the Father:
through him all things were made.*

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram
sa - lú - tem de - scén - dit de cæ - lis.

*For us and for our salvation
he came down from heaven:*

ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,
et homo factus est.

*by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.*

ALL

Cru - ci - fi - xus é - ti - am pro no - bis
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

*For our sake he was crucified
under Pontius Pilate;
he suffered, died, and was buried.*

Schola Et resurrexit tertia die, secundum Scripturas.

*On the third day he rose again
in fulfillment of the Scriptures;*

ALL

Et a - scén - dit in cæ - lum,

se - det ad déx - te - ram Pa - tris.

*he ascended into heaven and is seated
at the right hand of the Father.*

Schola Et iterum venturus est cum gloria,
judicare vivos et mortuos,
cuius regni non erit finis.

*He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.*

ALL

Et in Spí - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -

cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

*We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.*

Schola Qui cum Patre et Filio simul
adoratur et conglorificatur:
qui locutus est per prophetas.

*With the Father and the Son
he is worshiped and glorified.
He has spoken through the prophets.*

ALL

Et u - nam, san - ctam, ca - thó - li - cam

et a - pos - tó - li - cam Ec - clé - si - am.

*We believe in one holy catholic
and apostolic Church.*

Schola Confiteor unum Baptisma in remissionem peccatorum.

*We acknowledge one baptism
for the forgiveness of sins.*

ALL

Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

*We look for the resurrection
of the dead,*

Schola Et vitam venturi sæculi.

and the life of the world to come.

ALL

A - - - - - men.

GENERAL INTERCESSIONS

Litany of Saints

Lord, we ask you, hear our prayer.

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

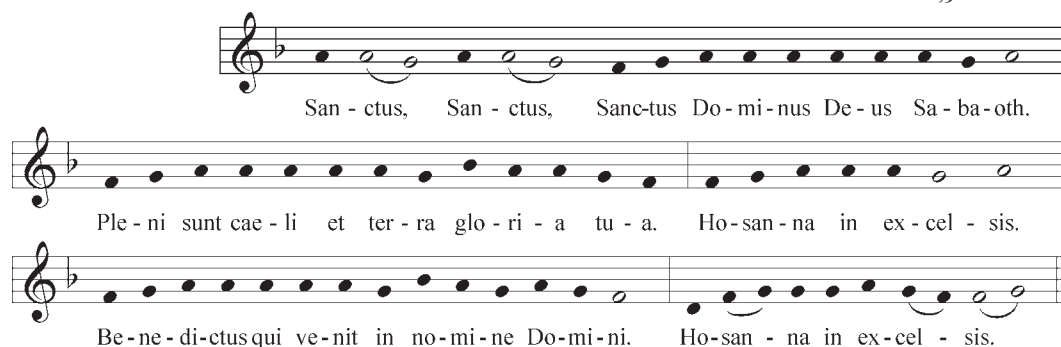
Offertory (10:00 & Sunday Evening) *My eyes for beauty pine*

Howells

My eyes for beauty pine, My soul for God's grace:
No other care nor hope is mine, To heaven I turn my face.
One splendour thence is shed From all the stars above:
'Tis named when God's name is said, 'Tis Love, 'tis heavenly Love.
And every gentle heart, That burns with true desire,
Is lit from eyes that mirror part Of that celestial fire. (Robert Bridges)

SANCTUS

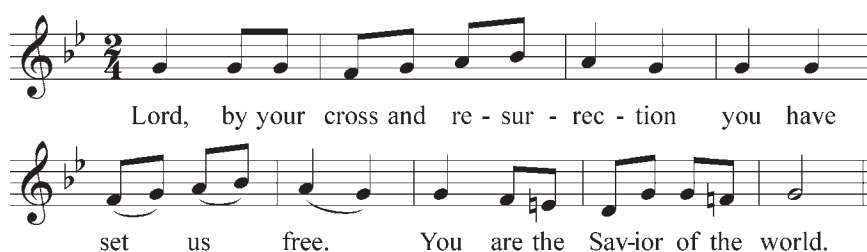
chant, *Jubilate Deo*



San - ctus, San - ctus, Sanc-tus Do-mi-nus De-us Sa-ba-oth.
Ple-ni sunt cae-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis.
Be-ne-di-ctus qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MEMORIAL ACCLAMATION

Proulx



Lord, by your cross and re-sur-rec-tion you have
set us free. You are the Sav-ior of the world.

AMEN No. 350

chant

AGNUS DEI

Vatican XVII



R. 1, 2 mi-se-re-re no-bis.
R. 3 do-na no-bis pa-cem.

COMMUNION

Tell no one about the vision you have seen
until the Son of Man has risen from the dead.

(10:00)

We adore thee

Perti

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

HYMN OF PRAISE No. 700

'Tis good, Lord, to be here

SWABIA

PROCESSION

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Thomas Marti, MM

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Jennifer Ibach (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)
Deacon Joseph Curtis

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy, Sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Clint Kraus, Associate Organist; Director of Youth Music
Stacey Sunde, Music Assistant
Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Tutoring
Jim Hodges, Citizenship
Cecilia Erin Walsh, Refugee Project Coordinator
Lupita Gonzalez, Community Mentors
Mali Main, Development Assistant

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

WEDDING COORDINATORS

Linda Carr, Bev Mauser (206-622-3559 ext. 3979)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)
Marilyn Maddeford, Receptionist (206-622-3559)
Joan McDonell, Marriage Tribunal Advocate (206-622-3559)
Sister Mary Slater, SNJM, Bookkeeper (206-622-3559 ext. 3974)

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

ECUMENICAL PRAYER with music from Taizé, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME: *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

NEW IN THE BOOKSTORE Stop by the Cathedral Bookstore today for a wide variety of Lenten reading, including daily meditations by Henri Nouwen, Thomas Merton, G. K. Chesterton, and many more.

LENTEN HOLY HOURS Each Friday during Lent, join in a special Lenten Holy Hour beginning at 12 Noon. With Exposition of the Blessed Sacrament, Liturgy of the Hours, Rosary, and time for silence, Holy Hour is the perfect Lenten retreat for the end of a busy week.

STATIONS OF THE CROSS DURING LENT There are three opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30 pm Mass, and Fridays following the 8:15am Mass (except on First Fridays). On Sunday, March 15, following the Noon Mass, the children of the Cathedral will pray the Stations of the Cross with Father Ryan.

A LENTEN BIBLE STUDY...ST. PAUL'S LETTER TO THE ROMANS Tuesdays, 1:00-3:00 or 7:00-9:00, Cathedral Place, second floor. We complete our two year review of the writings of St. Paul by studying his letter to the Romans--the most compelling and challenging of all his letters. All are welcome and no bible experience required! (*This Week: Salvation through Faith in Christ (3:21-5:21)*)

OPERATION RICE BOWL calls us to walk in solidarity with our brothers and sisters in need. During this second week of Lent, we focus on the Philippines. In the Philippines, your support of Operation Rice Bowl enables Catholic Relief Services to work with small farmers to improve their farming techniques, which has resulted in tenfold increases in production. CRS also works with small farmers on marketing their produce, and helping successful farmers teach others. Let us accept the challenge of Operation Rice Bowl: to pray that we overcome indifference to the needs of others; to fast in solidarity with those who are hungry by eating simply; to learn about the needs of the poor, and to give money saved by fasting and eating simply to Operation Rice Bowl.



PARISH REMEMBRANCE *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Patrick in Seattle and Tacoma, and St. Louise in Bellevue.*

CONFIRMATION CLASSES for adults and high school students 16 years and older started on Thursday, March 5 and will continue on Thursdays 6:30-8:30 pm in Cathedral Place Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. It is not too late to join in the preparation classes for this important Sacrament. *Information* TerryAnn Bowen, tbowen@stjames-cathedral.org or 206-382-2018.

FINDING WORK... WITH GOD'S HELP! Our parish is offering a series on the art of looking for work that is grounded in prayer and community. Whether you're recently unemployed or just thinking of making a switch, these sessions will help refine your job search strategy and outline concrete steps you can take to improve your visibility in the market. They will take place on Tuesdays, March 10, 17, 24, and 31 from 7:00-9:00 PM in Cathedral Place, second floor. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

DANIEL ROTH, ORGANIST Friday, March 13, 8:00pm. Widely acknowledged as one of the world's greatest organists and improvisors, the Titular Organist of St. Sulpice, Paris, makes his St. James debut on the Cathedral's magnificent organs. Suggested donation is \$15, with students and seniors paying as able. *Information*, 206-382-4874, www.stjames-cathedral.org/music.

FINDING HOPE IN DIFFICULT ECONOMIC TIMES Are you facing unemployment, foreclosure, depletion of retirement funds or some other difficult situation OR are you supporting someone who is? Come for support, fellowship and sharing of ideas on the second and fourth Saturdays of the months to come from 10:00-11:30am in Cathedral Place, second floor. *Next gathering:* March 14. *Information*, TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

DRINKING THE WATER OF LIFE: A LENTEN RETREAT FOR THOSE WHO ENTERED THE CHURCH THROUGH RCIA At your baptism or reception into the Church you were called to become part of this Catholic faith community. Now, it is months, years, perhaps decades later. What does being a baptized Catholic mean now? Join others on Saturday, March 14 from 9:30am-12:30pm at Cathedral Place, 4th floor for a special time of prayer, faith sharing, and fellowship with others. Rosanne Michaels will be our guest facilitator. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

SUMMER MISSION TRIP FOR TEENS The Youth Migrant Project is back! This July, teens from St. James and St. Mary's will head back up north to volunteer in daycare centers and migrant camps, work the fields, and distribute donations. This is a fun and life-changing week that includes volunteer time during the day and activities and reflections in the evening. The trip is

JOURNEY OF THE ELECT



Lent is a particularly special time for the Elect who have been journeying towards baptism, Eucharist and confirmation at the Easter Vigil. As part of their preparation, the Church celebrates anointing with the oil of the Catechumen, blessings and exorcisms. Beginning next Sunday, we will join in prayer for our Elect as they participate in the ancient ceremonies called the Scrutinies that symbolize the spiritual purification taking place in their lives as they prepare for baptism. Through these Scrutinies, blessings and anointings, the Elect are encouraged to reflect more deeply on their own spiritual challenges and weaknesses. At the same time, these rites offer powerful prayers of faith, hope and strength on their behalf, calling upon God's grace and mercy to penetrate their entire lives. Please continue to keep them in your prayers.

LENTEN PRAYER PARTNERS FOR THE ELECT

It is not too late to "adopt" one of our Elect as they prepare to celebrate the sacraments of Baptism, Confirmation and Eucharist. You are asked to pray everyday for him/her asking for God's blessings and guidance. Also, notes and cards will be collected during Holy Week to be given to the Elect before Easter. Prayer cards are available at the place of prayer located in the north aisle of the west nave of the Cathedral (where you can also learn more about each of them in our Book of the Elect), in the bookstore, and in Cathedral Hall during Sunday morning hospitality. You can also meet our Elect by going to our parish website: www.stjames-cathedral.org Your prayers make a difference!!! *Information* Helen Oesterle, 206-382-4514.

open to all incoming 8th graders through graduating 12th graders and will run from July 12-17. Interested teens and their families are invited to attend an information session at St. Mary's (611 20th Ave S, Seattle) on Sunday, March 22 at 2pm. Applications are due by April 5. *Information*, Jennifer Ibach 206-654-4640 or jibach@stjames-cathedral.org.

ST. JAMES ESL BOOK CLUB Join us on Tuesday, March 31 in the Pastoral Outreach Center to discuss *Jasmine* by Bharati Mukherjee. Acclaimed by the *Los Angeles Times Book Review* as "artful and arresting" and "breathtaking," the book tells the riveting story of a young woman's journey and transformation from rural India to Iowa. *Jasmine* is a quick read, and a thought-provoking story of what it means to be American. Now available in the Cathedral Bookstore. *Information*, Christopher Koehler, 206-382-4511, ckoehler@stjames-cathedral.org.



Cathedral Blood Drive

Tuesday, March 10, 2009
Pastoral Outreach Center
1:00pm to 3:30pm, 4:15pm to 7:00pm

Your Community Blood Center

Puget Sound Blood Center is an independent, volunteer-supported, nonprofit community resource. It is a key link in the healthcare network, providing blood, tissue and specialized laboratory services in Western Washington and across the Northwest. Blood Center physicians offer 24-hour consultation to the medical community on transfusion and transplantation medicine issues, and provide valuable education aimed at improving patient care.

Who needs blood?

Most of us will require a blood transfusion at some point in our lifetimes. To meet the transfusion needs of patients in our community, at least 900 people must donate blood through the Puget Sound Blood Center every weekday.

Who can donate blood?


Most people can donate blood. Those who are at least 18 years old and weigh at least 110 pounds may donate blood every 56 days. Those 16 or 17 may donate with a signed Blood Center permission slip; there is no upper age limit. Some health conditions or medications may temporarily or permanently prevent people from donating blood.

The perfect gift for Lent!

Sign up at coffee hours on 2/22, 3/1 and 3/8. Or e-mail jsimpson@stjames-cathedral.org to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. *Madonna & Child with Saints* (detail), Neri di Bicci, ca. 1456

Sponsored by St. James Cathedral's Health and Healing Ministry



*The Health and Healing Ministry presents
Part 2 of a 3-part series on Mental Health*

The Recovery Movement in the Community Mental Health System

Thursday, March 12, 2009

**7:00pm-8:30pm, Pastoral Outreach Center
Community Room**

The Community Mental Health System provides publicly-funded support and services to those with the most serious types of mental illness. **We will review its evolution and focus on the current Recovery Model of Mental Health Support that is transforming the way that people living with mental illness are treated.**

Recovery-based services promote hope and community integration. This type of service challenges the person receiving services, the health care provider, and ultimately the community to view mental illness in a new light. **We will explore how some local faith-based communities are playing an important role in this transformation.**

Mike Donegan, MSW, Manager of Supported Employment at Downtown Emergency Service Center (DESC), has been involved in Community Mental Health Services for more than 35 years. He has worked in state hospitals, community in-patient psychiatric units, day treatment programs, and community mental health agencies. He has been involved in many aspects of Washington State's efforts to transform the system of care to one that promotes recovery. As the developer of Harborview Mental Health's employment program, and now the Employment Services at DESC, he has witnessed many of these changes first hand. He will share his observations and join in a discussion of how members of the community can work together to foster the recovery option for all.

This is the second in a three-part series on Mental Health. Save the date for Part 3: The spiritual perspective: Craig Rennebohm, D.Min. – Tuesday, April 28.

Caregivers, family members and friends of those suffering from mental illness are encouraged to attend this series. *Please note: This is not intended to be a forum for audience members currently suffering from mental illness to share their stories.*

The New American



Please join us for a unique live performance combined with film and audio.

Friday, March 13, 2009

Community Room 7:30PM

Pastoral Outreach Center

907 Columbia Ave, Seattle

Parking is available on the street, in the O'Dea High School parking lot, and for a reduced fee in the Cabrini

Share the journey of a new American, from the turmoil of the old country, to the promise of America. The immigrant journey includes the steamship passage of 1910, the path through Ellis Island, the sweatshops of the lower east side of Manhattan. Learn what American liberty and opportunity mean to people around the world.

*"A powerful and moving experience.
..not to be missed."*

**Stay for the
post-performance
discussion on current
immigration issues and
Catholic Social Teaching**

Presented by Living Voices
www.livingvoices.org

**Co-sponsored by
St. James Cathedral
Outreach Ministries and
ESL Program**

Please RSVP to the ***ESL Program*** at 206-382-4511 or ckoehler@stjames-cathedral.org