



Praise the Lord, who heals the brokenhearted

*Detail of the Ceremonial Bronze Doors, St. James Cathedral*

*Ulrich Henn, sculptor, 1999*

ST. JAMES CATHEDRAL  
**The Fifth Sunday in Ordinary Time**

February 8, 2009

# ORDER OF CELEBRATION FOR THE FIFTH SUNDAY IN ORDINARY TIME

Out of respect for the liturgy we are about to celebrate, *PLEASE TURN OFF YOUR CELL PHONE.*

## CELEBRATION OF THE SACRAMENT OF BAPTISM (Saturday 5:30pm)

### PRELUDE

*All Glory be to God on high, BWV 662*  
(8:00) *Soul, adorn thyself with gladness, BWV 654*

Bach

Bach

### ENTRANCE

*Joyful, joyful we adore you*

to the tune HYMN TO JOY



1. Joy - ful, joy - ful, we a - dore you, God of glo - ry,  
2. All your works with joy sur-round you, Earth and heav'n re -  
3. Al - ways giv - ing and for - giv - ing, Ev - er bless-ing,  
4. Mor-tals join the might - y cho - rus, Which the morn-ing

Lord of love; Hearts un - fold like flowers be - fore you,  
flect your rays, Stars and an - gels sing a - round you,  
ev - er blest, Well - spring of the joy of liv - ing,  
stars be - gan; God's own love is reign - ing o'er us,

Open - ing to the sun a - bove. Melt the clouds of sin and  
Cen - ter of un - bro - ken praise; Field and for - est, vale and  
O - cean depth of hap - py rest! Lov - ing Fa - ther, Christ our  
Join - ing peo - ple hand in hand. Ev - er sing - ing, march we

sad - ness; Drive the dark of doubt a - way; Giv - er of im -  
moun-tain, Flow - ery mea-dow, flash - ing sea, Chant-ing bird and  
broth - er, Let your light up - on us shine; Teach us how to  
on - ward, Vic - tors in the midst of strife; Joy - ful mu - sic

mor - tal glad-ness, Fill us with the light of day!  
flow - ing foun - tain, Prais - ing you e - ter - nal - ly!  
love each oth - er, Lift us to the joy di - vine.  
leads us sun - ward In the tri - umph song of life.

## PRESENTATION OF THE CHILDREN TO BE BAPTIZED (Saturday 5:30pm)

### PENITENTIAL RITE

*Missa de angelis*

Vatican VIII



Have \_\_\_\_\_ mer - cy on us.

## DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

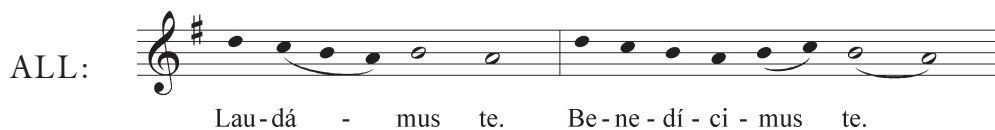
# GLORIA

## Missa de angelis

Vatican VIII



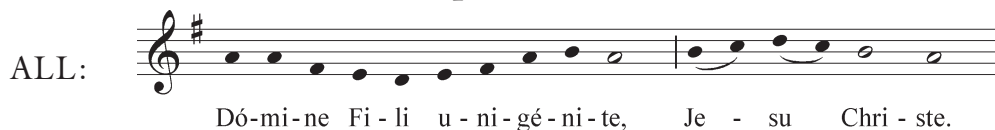
Cantor: *Et in terra pax hominibus, bonæ voluntatis.*



Cantor: *Adoramus te. Glorificamus te.*

*Gratia agimus tibi propter magnam gloriam tuam. REFRAIN*

Cantor: *Domine Deus, Rex celestis, Deus Pater omnipotens.*

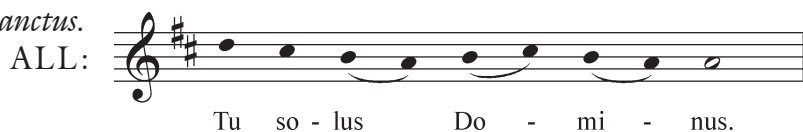


Cantor: *Domine Deus, Agnus Dei, Filius Patris. Qui tollis peccata mundi, miserere nobis.*



Cantor: *suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis. REFRAIN*

Cantor: *Quoniam tu solus Sanctus.*



Cantor: *Tu solus Altissimus, Jesus Christe. Cum Sancto Spiritu, in gloria Dei Patris. REFRAIN*



## LITURGY OF THE WORD

READINGS No. 878

PSALM RESPONSE

Psalm 147

Batastini



ALLELUIA

Vulpius



HOMILY

Father Michael G. Ryan

CREED No. 238

INTERCESSIONS No. 296

Litany of Saints

# RITE OF BAPTISM (Saturday 5:30pm)

LITANY OF SAINTS No. 827

BLESSING AND INVOCATION OF GOD OVER BAPTISMAL WATER

RENUNCIATION OF SIN AND PROFESSION OF FAITH All join in the response, **I do.**

ACCLAMATION FOLLOWING EACH BAPTISM

Herbolsheimer, adapt.



SPRINKLING WITH BAPTISMAL WATER

Hurd



ENTRANCE OF THE NEWLY BAPTIZED

ANOINTING WITH CHRISM

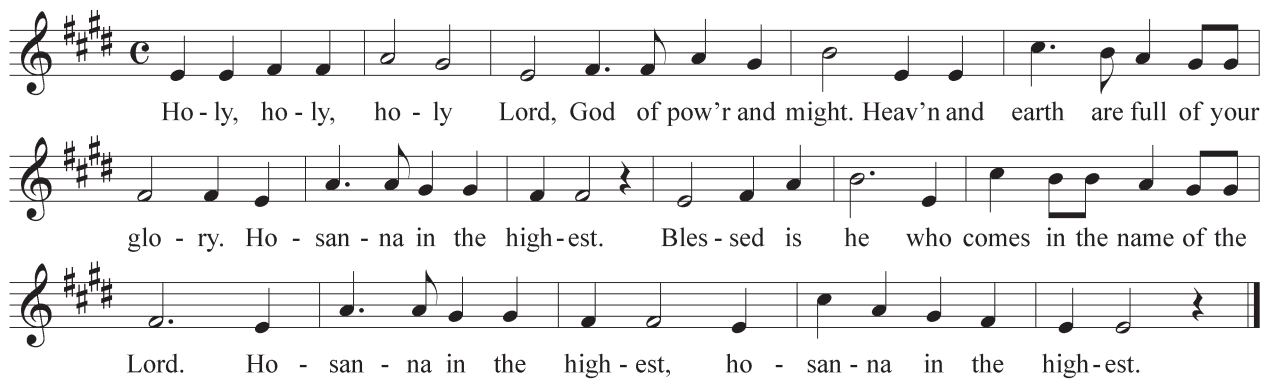
## LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

SANCTUS

*St. James Mass for Peace*

Herbolsheimer



MEMORIAL ACCLAMATION

*St. James Mass for Peace*

Herbolsheimer



AMEN

*St. James Mass for Peace*

Herbolsheimer

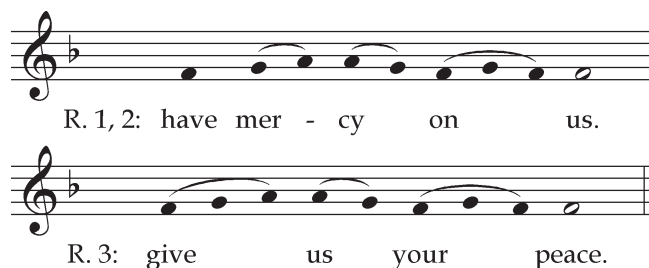


LORD'S PRAYER No. 246

# AGNUS DEI

*Missa de angelis*

Vatican VIII



## COMMUNION

A multitude with diseases, and those who were troubled by unclean spirits, came unto him, because a power emanated from him which healed them all.

(10:00)

*Laudi alla Vergine Maria*

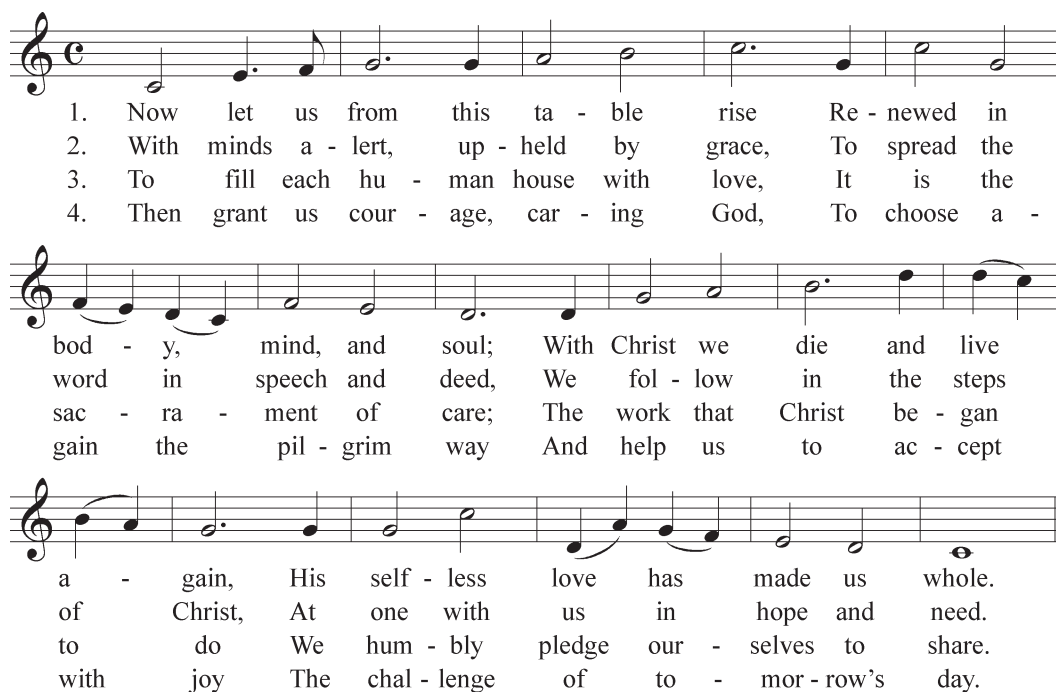
Verdi

AFTER RECEIVING HOLY COMMUNION, please return to your place and **kneel or be seated**. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.

## HYMN OF PRAISE

*Now let us from this table rise*

TRURO



## PROCESSION

(8:00) *Präludium and Fugue in B Minor, BWV 544*  
*Präludium and Fugue in G Major, BWV 541*

Bach

Bach



# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant

The Reverend Thomas Marti, MM

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

### SOCIAL OUTREACH AND ADVOCACY

Patty Bowman, Director (206-382-4515)

Jennifer Ibach (206-654-4640)

Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

Deacon Joseph Curtis

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-622-3559)

Deacon David Olsen, Stephen Pace, Bryan Long, Brenda Bellamy, Sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Clint Kraus, Associate Organist; Director of Youth Music

Stacey Sunde, Music Assistant

Ian Newhall, Coordinator of Special Projects

### FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)

TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)

Marianne Coté, Youth & Family Ministry (206-382-4512)

Lita McBride, Children's Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY TO IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Glenda Caldwell, ESL Tutoring

Jim Hodges, Citizenship

Cecilia Erin Walsh, Refugee Project Coordinator

Lupita Gonzalez, Community Mentors

Mali Main, Development Assistant

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### WEDDING COORDINATORS

Linda Carr, Bev Mauser (206-622-3559 ext. 3979)

### PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650)

Marilyn Maddeford, Receptionist (206-622-3559)

Joan McDonell, Marriage Tribunal Advocate (206-622-3559)

Sister Mary Slater, SNJM, Bookkeeper (206-622-3559 ext. 3974)

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY OF THE HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANOIDING of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**ECUMENICAL PRAYER** with music from Taizé, Fridays at 6:30 pm.

**TOURS OF THE CATHEDRAL** Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**WELCOME:** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**FLOWERS IN THE CATHEDRAL** are from the Friday wedding of Gretchen Diekman and John Voxland.

**FIGHT THE FREEDOM OF CHOICE ACT** The United States Conference of Catholic Bishops is engaged in a postcard campaign to fight a proposed bill which would extend federal funding of abortion. You are invited to write to your Senators and to members of the House of Representatives. Fill-in-the-blank postcards are available in the vestibules and in Cathedral Hall at coffee hour today.

**FEBRUARY IS BLACK HISTORY MONTH** In celebration of Black History Month, pick up a free holy card of St. Josephine Bakhita in the Cathedral Bookstore, courtesy of the Office of African and African American Black Catholic Ministry Services of the Archdiocese of Seattle.

**ECUMENICAL PRAYER WITH MUSIC FROM TAIZÉ** On Friday, February 13, at 6:30pm in the Cathedral, all are invited to join with clergy from many downtown Seattle churches in a service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

**FINDING HOPE IN DIFFICULT ECONOMIC TIMES** Are you facing unemployment, foreclosure, depletion of retirement funds or some other difficult situation OR are you supporting someone who is? Come for support, fellowship and sharing of ideas on Saturday, February 14 from 10:00-11:30am in Cathedral Place, second floor. Last week's gathering was a positive experience for all who attended and our hope is to offer this every other Saturday in the months to come. In addition, we hope to offer other activities and services during this difficult time. *Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org).

**NEW ON THE WEBSITE** View albums of recent parish events, read Father Ryan's homilies, and more! [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**PARISH REMEMBRANCE** *Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Our Lady of Lourdes in Seattle and Vancouver, and Our Lady of Lourdes Mission in Wilkeson.*

**LEARNING TO LOVE EACH OTHER WELL: A MARRIAGE ENRICHMENT OPPORTUNITY** Mark your calendars now for Saturday, February 14 from 9:30am-1:00pm in the Pastoral Outreach Center Community Room! Couples are invited to a workshop to help support and enrich their marriages. Bill and Kathy Collins will be our guest presenters. Bill and Kathy have led retreats and workshops on marriage for years throughout the Archdiocese. Suggested donation is \$10/couple with lunch provided. Babysitting services will also be provided (reservations required). *Information and registration*, Helen Oesterle, hoesterle@stjames-cathedral.org, 206-382-4514.

**SOUL SEARCHING: THE JOURNEY OF THOMAS MERTON** Due to popular demand, a second showing of this award winning documentary is scheduled for Tuesday, February 17 from 1:00-2:00pm or 6:30-7:30pm in Cathedral Place, second floor. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org.

**GREAT MUSIC FOR GREAT CATHEDRALS** February 20 and 21, 8:00pm. This popular Seattle tradition returns with something new! Cathedral Resident Artists Stephen Stubbs, baroque lute and Maxine Eilander, baroque harp join the eight Cathedral choirs, 16-member Cathedral Brass, and three pipe organs in an evening of sound, light, movement, poetry and above all—MUSIC. Directed by James Savage. Jeff Robbins, lighting designer, Kitty Kavanaugh, scenic designs. Suggested donation \$25.00, students and seniors pay as able. Reserved passes available now at [www.stjames-cathedral.org/music](http://www.stjames-cathedral.org/music).

**350TH 250TH 200TH 50TH** Opus 7 Vocal Ensemble, a Cathedral Resident Ensemble, celebrates the anniversaries of Purcell, Handel, Mendelssohn and Villa-Lobos. Loren Pontén, director. Saturday, February 28, 8:00pm. *Information*, 206-782-2899 or [www.opus7.org](http://www.opus7.org).

**CONFIRMATION CLASSES** for adults and high school students 16 years and older begin Thursday, March 5, 6:30-8:30pm in Cathedral Place Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. *Information*, TerryAnn Bowen, tbowen@stjames-cathedral.org or 206-382-2018.

**WELCOME, PARENTS WITH YOUNG CHILDREN** We support all of our parishioners who are attending Mass with young children and we welcome those children into our midst. If you find that your child needs a quiet place away from the stimulation of the Mass, please feel free to step into the west vestibule or the cathedral chapel, where we have provided a sound system so that you can continue to participate in the Mass. We appreciate your effort to be with us and to include your child in our worship. *Please note that babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.*

## I AM IN YOUR MIDST AS ONE WHO SERVES

### *Volunteer Opportunities*

**GLEANERS NEEDED** We are in immediate need of volunteers to assist with “gleaning.” Gleaning teams go out daily between 9:00am and Noon to collect and sort surplus foods from PCC and Madison Market. Without these donations, the Cathedral Kitchen would be unable to offer balanced and nutritious meals. *Information*, Jill McAuliffe, 206-264-2091, [jmcauliffe@stjames-cathedral.org](mailto:jmcauliffe@stjames-cathedral.org).

**VOLUNTEERS NEEDED FOR GREAT MUSIC FOR GREAT CATHEDRALS** Great Music is coming soon and we will need your support once again for this exciting St. James original production. We are in special need of greeters on Friday and Saturday, February 20 and 21. *Information*, Ian Newhall 206-382-4874.

**THE NEW ATHEISM’S CHALLENGE TO 21ST CENTURY RELIGION** On Thursday, March 5 at 7:00pm in Cathedral Hall, Father Michael Raschko, associate professor at Seattle University and a priest of the Archdiocese of Seattle, will give a talk on this timely issue in our culture today. Suggested donation, \$10. *Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org)


**SNOW ANGEL UPDATE** A huge THANK YOU to all who accepted Father Ryan’s invitation to become “snow angels.” Thanks to special gifts from well over three hundred parishioners, we have recovered the entire \$50,000 shortfall the Cathedral experienced during the December snow. *To save on postage, we won’t be sending out individual thank you letters.* But please know how grateful we are!



## THE YEAR OF ST. PAUL

*Each week during the coming Year of St. Paul, watch this space in the bulletin for reflection questions that will lead us deeper into the writings and example of St. Paul. You are also invited to visit the Place of Prayer in the west aisle and on the website.*

- “Woe to me if I do not preach [the gospel],” writes St. Paul in today’s reading from First Corinthians – or, as another translation has it, “I’m in pain if I don’t preach the gospel.” Paul’s preaching is urgent, even breathless. What is it that drives Paul? What drives you?
- “I have become all things to all,” St. Paul writes. Our third bishop, Bishop Edward J. O’Dea, chose these words for his episcopal motto. What do you think Paul means by this? Do you see this approach to the Gospel reflected in Paul’s letters?



*The Health and Healing Ministry presents  
Part 1 of a 3-part series on Mental Health*

# In Our Own Voice

**Tuesday, February 10, 2009**

**7:00pm-8:30pm, Pastoral Outreach Center  
Community Room**

Did you know that in the United States approximately 24% of adults aged 18 and older (40 million people) are disabled by mental disorders? Schizophrenia, for example, affects more than 2 million people every year.

IN OUR OWN VOICE is a unique presentation developed by the National Allegiance on Mental Illness (NAMI). It is an opportunity for those who have struggled with mental illness to gain confidence and to share their individual experiences of recovery and transformation. Two NAMI members will speak about their personal stories living with mental illness and achieving recovery. A video will also be shown.

The presentation is intended for the caregivers, family members and friends of those suffering from mental illness. Throughout the presentation the audience is encouraged to offer feedback and ask questions. Audience participation is an important aspect of the program because the more audience members become involved, the closer they come to understand what it is like to live with a mental illness and stay in recovery.

The Series on Mental Health focuses on the following aspects of mental illness.

- Part 1, Tuesday 2/10: The perspective of those who have suffered from mental illness: NAMI
- Part 2, Thursday 3/12: The perspective of the healer: Mike Donegan, MSW
- Part 3, Tuesday 4/28: The spiritual perspective: Craig Rennebohm, D.Min.

Caregivers, family members and friends of those suffering from mental illness are encouraged to attend this series. *Please note: This is not intended to be a forum for attendees currently suffering from mental illness to share their stories.*





# The Sacrament of Anointing of the Sick

*A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Wednesday, February 11, the World Day of the Sick, at the 5:30pm Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick during the Mass, or have questions, please contact John Simpson, Pastoral Care Minister, at 206-274-3173, or e-mail [jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org).*

## **What is the sacrament of Anointing of the Sick?**

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing.

The Anointing of the Sick has its roots in the healing mission of Christ, who “came to heal the whole person, body and soul” (*US Catholic Catechism for Adults*, p. 251). Jesus’ word and his very touch brought healing and life to the sick and afflicted.

From its very beginnings, the Church has continued Christ’s ministry of healing. “Is anyone among you sick?” the apostle James asked in the first century. “He should summon the presbyters of the church, and they should pray over him and anoint him with oil in the name of the Lord, and the prayer of faith will save the sick person, and the Lord will raise him up. If he has committed any sins, he will be forgiven.” (James 5: 14-15)

Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as “Extreme Unction” – literally, “last anointing” – and was not administered until death was imminent.

With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

## **Who can receive this sacrament?**

Catholics, both children and adults, who are *seriously ill, facing surgery, or experiencing the weakness that comes with old age* should seek this sacrament.

## **What happens during the Rite of Anointing?**

The Rite of Anointing can be celebrated in the context of Mass or separately, as part of a Liturgy of the Word or even in connection with the Sacrament of Reconciliation. Ideally, the sacrament is celebrated in the presence of a community – whether in a church setting with the parish community, or in a smaller community of family, friends, or caregivers, in a home, hospital, or other institution.

The rite itself is quite simple. The priest welcomes the sick person and those present. A penitential rite and opening prayer are prayed, and the scriptures are shared.

After a brief homily, the Liturgy of Anointing begins. The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders.



"I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church" (Colossians 1: 24). Cardinal Joseph Bernardin of Chicago echoed this sentiment when he was dying of cancer. "In an age like our own," he wrote, "marked in part by the quest for instant relief from suffering, it takes special courage to stand on Calvary. Uniting our suffering with that of

After the laying on of hands, the sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.

### What are the effects of the sacrament of Anointing of the Sick?

The United States Catholic Catechism for Adults explains: "When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is not physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age." The spiritual fruits of the sacrament are many:

- **Union of the sick person to the passion of Christ.** For Christians, suffering is not useless, nor is it devoid of meaning. Rather, Christ's suffering on the Cross gives meaning to our suffering, which can be a source of grace for ourselves and for the Church. As St. Paul said,

Jesus, we receive strength and courage, a new lease on life, and undaunted hope for the future."

- **Giving the sick person the strength, peace, and courage** to endure the sufferings of illness or old age.
- **Imparting the forgiveness of sins.**
- **Providing restoration of health**, in accord with God's will.
- **Helping the sick person** to prepare for passing over to eternal life.

### What happened to "last rites"?

We no longer use the terms "last rites" or "extreme unction" in speaking of the Church's prayer with the dying. But even though the terms are no longer used, the Church retains her ancient custom of preparing people for death and praying with and over them in their last moments.

In addition to the Sacrament of Anointing of the Sick, the dying should receive Viaticum if they are able. Literally "food for the journey," Viaticum is the last Holy Communion of the dying person. While only a priest or bishop may confer the sacrament of the Anointing of the Sick, a deacon or lay minister may give Viaticum and pray the Church's prayers for the dying when no priest is available.

*Prepared by Helen Oesterle and Corinna Laughlin,  
St. James Cathedral*